

# 2025 CENTRAL DISTRICT GYMNASTICS TOURNAMENT

## MORNING SESSION

Competition groups and rotation order for the first event:

<b><u>Flight 1</u></b>	<u>Vault</u> Hilliard Bradley	<u>Bars</u> Fairbanks Fairfield Union	<u>Beam</u> Franklin Heights Westland	<u>Floor</u> Big Walnut
<b><u>Flight 2</u></b>	<u>Vault</u> Dublin Coffman Dublin Scioto	<u>Bars</u> Lancaster Logan Elm	<u>Beam</u> Grove City	<u>Floor</u> St. Francis DeSales
<b><u>Flight 3</u></b>	<u>Vault</u> Worthington Kilbourne	<u>Bars</u> Logan Westerville Central Westerville South	<u>Beam</u> Central Crossing	<u>Floor</u> Buckeye Valley Delaware Hayes

### **Schedule:**

8:00 – 8:30 am	Registration
8:35 a.m.	Coaches meeting
8:35 – 8:55 a.m.	General stretching/bar settings
9:00 – 9:15 a.m.	Timed warm-ups (Flight 1)
9:15 a.m.	Competition (Flight 1)
	Timed warm-ups (Flight 2)
	Bye (Flight 3)

Flights 1, 2, and 3 will continue to rotate between timed warm-ups, competition, and a bye until all four events are completed. Olympic order will be followed.

1:00 p.m.	Processional for all schools
5:45 – 6:30 p.m.	Awards

## AFTERNOON SESSION

Competition groups and rotation order for the first event:

<b><u>Flight 4</u></b>	<u>Vault</u> River View Sheridan Tri-Valley Watkins Memorial West Muskingum	<u>Bars</u> Beechcroft Bishop Watterson Westerville North	<u>Beam</u> Thomas Worthington	<u>Floor</u> Hilliard Darby Marion Harding
<b><u>Flight 5</u></b>	<u>Vault</u> Olentangy Berlin	<u>Bars</u> Olentangy	<u>Beam</u> Marysville North Union	<u>Floor</u> Olentangy Orange
<b><u>Flight 6</u></b>	<u>Vault</u> Olentangy Liberty	<u>Bars</u> Dublin Jerome	<u>Beam</u> Chillicothe Hilliard Davidson Unioto Zane Trace	<u>Floor</u> Upper Arlington

### **Schedule:**

12:00 – 12:30 p.m.	Registration
12:35 p.m.	Coaches meeting
12:35 – 12:55 p.m.	General warm-ups/bar settings
1:00 p.m.	Processional for all schools
1:30 – 1:45 p.m.	Timed warm-ups (Flight 4)
1:45 p.m.	Competition (Flight 4)
	Timed warm-ups (Flight 5)
	Bye (Flight 6)

Flights 4, 5, and 6 will continue to rotate between timed warm-ups, competition, and a bye until all four events are completed. Olympic order will be followed.

5:45 – 6:30 p.m.      Awards