

**THE OHIO HIGH SCHOOL ATHLETIC ASSOCIATION  
2025 CENTRAL, EAST, AND SOUTHEAST  
DISTRICT CHAMPIONSHIP SWIMMING MEET**

This information is available on-line at:  
<https://www.ohsaa.org/Central-Sports-Tournaments/Swimming-Diving> or  
<https://www.cdab.org/> and then **Central Sports & Tournaments** and then **Swimming & Diving**

Ohio Swimming Observed Meet: **OH-XXXX-XXXXX**

District Diving: Please see the meet packet at the link above.

Ohio Aquatic Center Ohio University 13 East Oxbow Trail Athens, OH 45701	Paige Klatt klattpaige1@gmail.com 614-735-5067												
<b>Competition Schedule</b>													
Friday, February 14	<p><b>Boys Division II Swimming</b></p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 70%;">Athlete Area Opens</td> <td style="text-align: right;">9:00 a.m.</td> </tr> <tr> <td>Swimming Warmups in Competition Pool</td> <td style="text-align: right;">9:15-10:15 a.m.</td> </tr> <tr> <td>Spectator seating opens</td> <td style="text-align: right;">9:30 a.m.</td> </tr> <tr> <td>Coaches' Meeting in Grover Building</td> <td style="text-align: right;">10:00 a.m.</td> </tr> <tr> <td>Clear the Competition Pool</td> <td style="text-align: right;">10:15 a.m.</td> </tr> <tr> <td>Competition Begins</td> <td style="text-align: right;">10:30 a.m.</td> </tr> </table> <p>15 Minute Break after the 50 Freestyle  All events are timed finals – Medley Relay through 400 Free Relay  There will be 4 heats with 8 swimmers in each heat for individual events  There will be 3 heats with 8 teams in each heat for relay events  Estimated end time is 1:30 p.m.  The pool deck and spectator seating will close after the 400 Free Relay.</p> <ul style="list-style-type: none"> <li>• There is limited time for this particular session and we will have to be more diligent to keeping to the timeline than adhering to the 15 minute timing used at Canton.</li> </ul>	Athlete Area Opens	9:00 a.m.	Swimming Warmups in Competition Pool	9:15-10:15 a.m.	Spectator seating opens	9:30 a.m.	Coaches' Meeting in Grover Building	10:00 a.m.	Clear the Competition Pool	10:15 a.m.	Competition Begins	10:30 a.m.
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<b>Meet Procedures</b>	<p>All meet information will be posted on the <a href="http://www.ohsaa.org">www.ohsaa.org</a> and <a href="http://www.cdab.org">www.cdab.org</a> websites.</p> <p><b><u>All coaches are responsible for reading and understanding tournament information as presented on the web sites and as discussed at the mandatory rules interpretation meetings.</u></b></p> <p>All swimming competitions shall follow the 2024-2025 National Federation Swimming and Diving Rule Book. Read and understand the rules for competition.</p> <p><b><u>Coaches should make sure that all swimmers are aware of the meet procedures as outlined in both the rule book and this meet information document.</u></b></p>																								
<b>Events and Award Schedule</b>	<table> <tr> <td>E1 Girls 200 Medley Relay</td> <td>E15 Girls 500 Freestyle</td> </tr> <tr> <td>E2 Boys 200 Medley Relay</td> <td>E16 Boys 500 Freestyle</td> </tr> <tr> <td>E3 Girls 200 Freestyle</td> <td>E17 Girls 200 Freestyle Relay</td> </tr> <tr> <td>E4 Boys 200 Freestyle</td> <td>E18 Boys 200 Freestyle Relay</td> </tr> <tr> <td>E5 Girls 200 Individual Medley</td> <td>E19 Girls 100 Backstroke</td> </tr> <tr> <td>E6 Boys 200 Individual Medley</td> <td>E20 Boys 100 Backstroke</td> </tr> <tr> <td>E7 Girls 50 Freestyle</td> <td>E21 Girls 100 Breaststroke</td> </tr> <tr> <td>E8 Boys 50 Freestyle</td> <td>E22 Boys 100 Breaststroke</td> </tr> <tr> <td>E11 Girls 100 Butterfly</td> <td>E23 Girls 400 Freestyle Relay</td> </tr> <tr> <td>E12 Boys 100 Butterfly</td> <td>E24 Boys 400 Freestyle Relay</td> </tr> <tr> <td>E13 Girls 100 Freestyle</td> <td>Team Awards</td> </tr> <tr> <td>E14 Boys 100 Freestyle</td> <td></td> </tr> </table>	E1 Girls 200 Medley Relay	E15 Girls 500 Freestyle	E2 Boys 200 Medley Relay	E16 Boys 500 Freestyle	E3 Girls 200 Freestyle	E17 Girls 200 Freestyle Relay	E4 Boys 200 Freestyle	E18 Boys 200 Freestyle Relay	E5 Girls 200 Individual Medley	E19 Girls 100 Backstroke	E6 Boys 200 Individual Medley	E20 Boys 100 Backstroke	E7 Girls 50 Freestyle	E21 Girls 100 Breaststroke	E8 Boys 50 Freestyle	E22 Boys 100 Breaststroke	E11 Girls 100 Butterfly	E23 Girls 400 Freestyle Relay	E12 Boys 100 Butterfly	E24 Boys 400 Freestyle Relay	E13 Girls 100 Freestyle	Team Awards	E14 Boys 100 Freestyle	
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	<p><b>Awards</b> – Will be presented after the next event. For example, the 200 Medley Relay awards will occur after the 200 Free race.</p>
	<p>Para events will be available for both D1 and D2 sessions for the 50 Free and 100 Backstroke. Entries take a different path, so please pay attention. Only the fastest 16 athletes will compete at the State meet. This may be the last chance for your para athlete to get a best time. Check the OHSAA Swimming &amp; Diving web page for the details and the entry form.</p>

<p><b>General Procedures</b></p>	<p>This meet is a timed finals event. Four, 8 swimmer heats of each individual swimming event will be contested (and 30<sup>th</sup> place ties). Three, 8 team heats of each relay event will be contested. All swimming events will be contested in the deep end of the competition pool.</p> <p><b>Event Order</b> – All events will be contested in chronological order.</p> <p><b>Starting Blocks</b> – Starting blocks are equipped with track-style kick plates and backstroke ledges. Kick plate use is permitted. Backstroke ledges are not approved for NFHS competition.</p> <p><b>Personal Responsibility</b> – There will NOT be a “bullpen”. It is each swimmer’s responsibility to be on the block for his/her event when the event is ready to go.</p> <p><b>Missing an Event</b> – <u>IF AN ATHLETE MISSES AN EVENT, THE ATHLETE IS AUTOMATICALLY DISQUALIFIED FROM FURTHER COMPETITION, INCLUDING RELAYS. THE ATHLETE WILL NOT BE PLACED IN ANOTHER HEAT.</u> Athletes who miss an event will <b>not</b> be retroactively disqualified from the events in which they have already completed.</p> <p><b>Declared False Starts</b> – Coaches may make “declared false start” requests before the meet begins during the designated portion of the coaches’ meeting. Athletes for whom declared false starts are properly requested and recorded with the referee will not be penalized for future events.</p> <p><b>Individual Event Alternates</b> – If an athlete is not going to compete, the psych sheet will list two INDIVIDUAL alternates. They will have passes to be on deck. They should be prepared to swim and report near the referee before the first heat.</p> <p><b>Team Seating</b> – Teams will be seated on the pool deck in bleachers. Team seating will be assigned to one of 10 available seating areas (bleachers or folding chairs). Almost every team will need to share a bleacher with another team. Assigned areas do reduce the need to rush onto the pool deck.</p> <p><b>Coaches</b> – Coaches are permitted to watch races on the pool deck in designated areas, behind the officials’ line. Coaches and athletes are not allowed on the floating bulkhead.</p> <p><b>Relay alternates</b> – Team seating counts are calculated based on the individual athletes that advanced, plus the sectional swimmers who advance as relay only athletes. We do not have room for you to bring all of your relay athletes on deck. If you need alternates to complete their relay, they should buy a student admission and sit in the spectator area. As the relay time approaches, they can bring a form (available at the pool) for deck admission. OHSAA has a process to reimburse the spectator admission for those that compete.</p>
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**Deck Flow** – Teams seated in bleachers on the deck must remain in their team area unless they are in the continuous warm-up or competing. All swimmers, including members of relay teams, must stay behind the timers before and after they swim. Athletes may not interfere with the officials' ability to oversee races or the timers' ability to register and record times.

**500 Lap Counters** – Each swimmer participating in the 500 free may have only one person on the diving board side of the pool to serve as lap counter for their race. There shall be no additional athletes in the area during the 500-yard swim or for any other event.

**Relay Cards** – To improve administrative efficiency at the head table this year each team will receive a copy of their sectional relay entries (as it appears in our database) with their deck pass packet. Relay cards should be submitted to the head table even if no changes have been made. It is important to list all swimmer names for each relay (up to 8 names). Relay names will be printed on the lane timer sheets for updates. Changes must occur before the start of the heat.

**Timing System & Touchpads** – The finish of each heat will be recorded electronically if the swimmer hits the touch pad firmly. The backup system will be two semi-automatic push buttons and two manual stopwatches.

**Relay Judging Platforms** – We expect to have this in use for the District meet.

**Scoreboard Times** – All scoreboard times are unofficial.

**Posting of Meet Results** – Paper results will be posted in the deck level hallway and the lobby area on the second floor. Unofficial meet results will be available on Meet Mobile.

**Meet Mobile** – The meet will be published on Meet Mobile barring any technical issues. Meet mobile times are not official until after awards have been presented and the times have been announced as official.

**Automatic Qualifiers** – The top three finishers in each individual swimming event will automatically advance to the State Meet Prelims. The top two relay finishers will automatically advance to the State Meet Prelims. There will be additional qualifiers based on times to develop 32 individual entries and 24 relay entries.

**Ties & Swim-offs** – A swim-off is required for any event in which a tie for third place is recorded. Swim-offs due to ties for third place and beyond may be necessary (in previous years swim-offs for ties have been deemed necessary as deep as 10<sup>th</sup> place). In such instances, all resources will be used to determine if a swim-off should be held. To reduce the chance of weekend issues in the determination of state meet qualifiers, we will err on the side of caution and if in doubt hold a swim-off.

Swim-offs will be scheduled by the referee and will be held no earlier than 25 minutes prior to the last event in which a swimmer is scheduled to compete.

Note: Need for swim-offs in no way affects any awards to be presented to athletes – swim-offs serve only to determine possible advancement to the state meet.

**Official Meet Results** – Meet results will be sent to Canton immediately following the completion of both days of competition.

	<p>Canton will announce meet qualifiers as soon as possible and after they have each District Tournament Director review the results. Typically, these results will be available early Sunday afternoon.</p> <p>Only results on the OHSAA website are official.</p>
<p><b>Warm-Ups</b></p>	<p>Each seating area will get a 30-minute warm-up session for two lanes in each half of the pool (total of one hour). Half of the athletes will be in the competition lanes and half will be in the shallow end of the pool. After 30 minutes, we will switch sides, so that everyone gets a chance to warm-up in the competition area and practice starts from the blocks.</p> <p>For the switch, please leave the competition pool at the diving board end and head to the shallow end lanes. Swimmers in the shallow end of the pool should exit from the start-end part of the pool and head to the competition lanes.</p> <p>Starts from the blocks are at the discretion of the team coach(es) sharing the lanes.</p> <p>Continuous swimming warm-up/cool-down space will be available in the scoreboard end of the pool (shallow end) during competition. The lane adjacent to the floating bulkhead will be closed.</p>
<p><b>Scoring &amp; Awards</b></p>	<p>Scoring will be as follows:  Relays        40, 34, 32, 30, 28, 26, 24, 22, 18, 14, 12, 10, 8, 6, 4, 2  Individuals 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1</p> <p><b>Awards</b> – Will be presented after the next event. For example, the Girls 200 Medley Relay awards will occur after the Girls 200 Free race.</p>
<p><b>Deck &amp; Pool Access</b></p>	<p>Only Board of Education approved coaches from competing teams are permitted in the facility. All adults, except staff, should have a wristband that they will receive at check-in. If you see anyone that you believe is not Board approved, notify the meet director immediately.</p> <p>Coaches and competing athletes will be permitted into the competition with a participant pass.</p> <p>Passes for coaches and athletes may be picked up by the head coach in the main lobby of the Grover Building</p> <p>Each session is defined as a separate session and the admission fee will be charged to all individuals that wish to enter the facility that are not competing in that specific swimming session.</p> <p>Please instruct all team members that they will not be permitted into the competition area until a designated coach distributes the contestant passes. Athletes are expected to enter the facility via the Grover building main entrance.</p> <p><u>Deck Pass Counts</u>  The quantity of swimmer deck passes that each team will be provided is determined according to this formula: # of swimmers entered in individual events <b>plus</b> # of swimmers listed as relay only swimmers from entries at the sectional meet <b>minus</b> # of swimmers who do not have an individual event <b>and</b> are listed in</p>

	<p>alternate position 5, 6, 7, or 8 from the sectional meet relay card as recorded in the sectional meet database. Individual event alternates listed on the psych sheet will also be provided a ticket. We will NOT have relay TEAM alternates.</p> <p>As listed in the formula above, relay only swimmers will be counted in each teams' swimmer count only if they are listed in position 1, 2, 3, or 4 on the relay entry from the sectional meet. Sectional meet hosts should ensure that all athletes listed on a relay card are entered into the relay in the Meet Manager software.</p> <p>Coach passes will be two for teams with 5 or fewer swimmers, three for teams up to 10 swimmers and four for larger teams.</p> <p>Other team members <u>including relay alternates</u>, and those in supporting roles such as statisticians, cheerleaders, bus drivers, etc. must pay the advanced spectator fee of \$8.00 per session (\$6.00 for students) through OHSAA. Of these, only alternate athletes who are <u>expected to compete</u> in the session will be permitted access to the deck. Coaches will have a form to confirm athlete competition in a relay. All others will pay the spectator fee in advance through OHSAA. Deck access will be tightly controlled, and alternate swimmer deck access is subject to the approval of the meet director.</p> <p>No team or individual will be allowed to warm-up or compete in the boys' or girls' swimming or diving competition unless the coach or representative authorized by the team's Board of Education is always present during the meet. Teams or individuals unaccompanied by such representatives will be disqualified from all competition.</p>
<p><b>Spectator Seating Access &amp; Heat Sheets.</b></p>	<p>Seats are available on a first come first served basis and seats may not be saved. Spectators must purchase tickets <u>in advance</u> through OHSAA at \$8.00. Student tickets are \$6.00. On-site tickets <u>will not be available</u>.</p> <p>Heat sheets will be available (while supplies last) for \$5 each.</p>
<p><b>Team Seating</b></p>	<p>Team seating will be assigned by the Meet Director in advance of the meet and seating assignments will also be posted at check-in.</p> <p><u>Coaches should encourage swimmers to only bring needed items to the meet.</u>  <b>NOTE: Pillows, blankets, sleeping bags, coolers, noisemakers, shakers, helium balloons, and camping chairs are NOT permitted in the aquatic pavilion. Leave all such items in the bus or in the car.</b></p> <p><b>Teams should make a best effort to be courteous to other teams by staying within their seating footprint. Please keep your area clean and tidy. Trash and recycling cans are available.</b></p>
<p><b>USA Swimming Observation</b></p>	<p>All individual times of USA Swimmers with IDs in the meet database will automatically be uploaded into the SWIMS database provided that their swim is in conformance with USA Swimming rules.</p> <p>Relays will NOT be automatically uploaded.</p>
<p><b>Locker Rooms &amp; Deck Cleanliness</b></p>	<p>Changing rooms and restrooms are available.</p>

	<p>Lockers belong to paid Ohio University Recreational Sports members – event participants are NOT permitted to use lockers. COACHES: Remind your athletes to be courteous in the changing rooms, especially in the presence of Rec Sports members.</p> <p>Swimmers are required to take all their belongings to their seating area. Neither Ohio University, nor meet administration, will be responsible for personal valuables. Only bring necessary items.</p> <p><b>Event participants are asked to be respectful of Recreational Sports facilities and members plus the students and staff in the Grove building. Exhibit good behavior and keep their volume level low in member areas (specifically the locker rooms).</b></p> <p>Each school is asked to handle its own discipline and litter problems. Keep areas clean and be sure to fully clean up your area before you leave. Facility staff will provide trash bags for each area.</p> <p>Any contestant or team found guilty of vandalism, theft, or conduct unbecoming to an athlete will be barred from further competition.</p> <p>There a spectator restrooms on the second level of the building near the lobby.</p>
<p><b>Facility Access</b></p>	<p>No swimmer or school swimming team shall utilize Ohio University aquatic facilities 30 days prior to the Boys and Girls District sponsored Swimming &amp; Diving Tournaments, except at the discretion of The Ohio University aquatic pavilion management and the appointed hours announced by the District Tournament manager specifically for swimming practice.</p>
<p><b>State Qualifier Information</b></p>	<p>District Meet results will be posted on the <a href="http://www.ohsaa.org">www.ohsaa.org</a> and <a href="http://www.cdab.org">www.cdab.org</a> websites as soon as all of the times have been verified and as soon as possible on Friday, February 16, 2025 for D2 and Saturday, February 17, 2025 for D1.</p> <p>If you believe there is an error, a coach should contact Jon Reidler, District Tournament Director ASAP at <a href="mailto:reidlej@insight.rr.com">reidlej@insight.rr.com</a>. Jon will only discuss errors, deletions, questions, etc. with the team’s designated coach.</p> <p>The State Meet Qualifiers will be posted <a href="http://www.ohsaa.org">www.ohsaa.org</a> and <a href="http://www.cdab.org">www.cdab.org</a> websites as soon as all of the times have been verified and as soon as possible on Sunday, February 19, 2025. <b>These are the only official meet qualifier websites.</b></p> <p><b>Ordering State Meet Tickets</b> – State meet tickets must be ordered on-line. If your team automatically qualifies athletes to the state competition, or you have athletes who may be in contention for advancement to the state competition, you will need to have a password and school ID.</p> <p><b>School ID and Password</b> – If you do not know your password or school ID, request this information from your school Athletic Director.</p> <p><b>No Coaches Meeting at State Meet</b> – There is no coaches meeting at the State Meet. Instead, there is a 9-minute online video. You are responsible for watching the video as well as reading and understanding the State Meet format that is on the OHSAA website. There are specific forms that you will need to turn in when you register at Canton. Download those forms from the OHSAA web site.</p>

<b>Facility Information</b>	
<b>Pool Information</b>	<p>The Ohio University Aquatic Center consists of a 50 meter pool by 25 yards. Competition will occur in the deeper part of the pool. Warm-ups will be available in the shallow end throughout competition.</p> <p>The competition course has been certified in accordance with 104.2.2C(4). The copy of such certificate is on file with USA Swimming.</p> <p>The water depth is greater than 7 feet from the starting blocks at both ends of the pool. We will use 8 lanes for all sessions of competition.</p>
<b>Facility Information</b>	<p><b>Deck Access</b> Deck access is restricted to competing athletes, registered coaches, officials and meet workers. Parents and spectators will be allowed on the deck only to perform a service or function at the request of meet management.</p> <p><b>Banners</b> One professionally made banner per team may be displayed in the aquatic center. Bring your own zip ties. Your team is responsible for hanging and removal of their own banner. Tape is NOT permitted to hang banners or signs. Doorways may not be blocked. The glass panels on the spectator level may not be blocked. If asked to adjust banner placement by facility staff, please do so immediately and without argument.</p> <p><b>Handicap Access and Assistance Animals</b> There is no elevator access to the spectator level. Accommodations for persons with disabilities may be arranged with five days' notice. On the individual and one caretaker can be on deck. Email the meet director to request accommodations.</p> <p>Pets are not permitted in the facility. Service Animals are permitted if the service animal is trained to perform work tasks to support the person with a disability with whom it is accompanying. Emotional Support and Therapy Animals are only permitted with advanced approval. If you would like to request an accommodation or have questions about assistance animals, please contact the ADA Coordinator's Office at 740-593-2620 or <a href="mailto:access@ohio.edu">access@ohio.edu</a> to review the request or make a referral to the appropriate office. Additional information may be found at: <a href="https://www.ohio.edu/accessibility/notice-under-ada">https://www.ohio.edu/accessibility/notice-under-ada</a></p> <p><b>Concession/Food</b> There will be concessions available for purchase at the meet at the Atrium Café in the lobby of the Grover building. They typically serve sandwiches and soup or chili along with all our convenience items (snacks and drinks)</p> <p><b>Deck Changing</b> Deck changing is not permitted.</p> <p><b>Equipment</b> Swimming equipment (fins, paddles, etc.) is not permitted in the competition pool when timing equipment is in place. Equipment may be used in the adjacent warm-up/cool-down pool as permitted by the officiating team.</p>



	<p><b>First Aid/Training Needs</b> Lifeguards are trained to handle water rescues and first aid on deck. Please report all first aid issues to the Aquatic Staff.</p> <p>If you see someone bleeding, please STOP them where they are and get a staff member to help. We don't want blood tracked around the deck.</p> <p>An athletic trainer will be provided for general care during the meet.</p> <p><b>Photography</b> Flash photography is not permitted at the start of any race. Photography from behind the blocks is not allowed.</p> <p><b>Locker Rooms and Changing Facilities</b> Two on-deck changing rooms are located on the scoreboard end of the pool deck. Please leave these rooms for usage by non-athletes (coaches &amp; officials). Locker room changing space is available at the scoreboard end of the pool at the pool level. Locker space is not available. Belongings may be stored under team bleachers. Ohio University is not responsible for lost or stolen items. Only bring necessary items to the meet.</p> <p><b>Lost &amp; Found</b> Lost and found for the event is kept in a bin at the aquatic center front desk.</p> <p><b>Public Health</b> <b>If you are ill, please stay home.</b> Wash your hands with soap and warm water for at least 20 seconds after changing clothes, using the restroom and before or after eating. If you are exhibiting COVID symptoms (or are mandated to isolate or quarantine), do not come to the meet. <b>Notify the meet director if you have an athlete that cannot participated due to illness.</b></p> <p><b>Prohibited Items</b> The following items are not permitted in the facility; glass, lawn or camping chairs, coolers and outside food, tobacco, alcohol, illegal substances, helium balloons and noise makers.</p> <p><b>Smoke and Tobacco Free Campus</b> Ohio University is a smoke free and tobacco free campus.</p> <p><b>Spectator Seating: The spectator seating level and Grover Facility are not barefoot friendly areas.</b> Please be sure to dry off and wear footwear before leaving the pool deck.</p> <p><b>Water Emergencies</b> Any water emergencies need to be handled by the lifeguards. If you become aware of an emergency, notify a lifeguard immediately.</p> <p><b>Wireless Internet Access</b> Wireless internet access will be available throughout the meet. To connect, select <b>Ohio University Guest</b> and then open your device's browser to accept terms.</p>
<p><b>Directions to the Pool</b></p>	<p>This link will take you to Google Maps:  <a href="https://www.google.com/maps/dir/40.015817,-82.815338/39.323419,-82.1022409/@39.6640945,-83.1504114,9z">https://www.google.com/maps/dir/40.015817,-82.815338/39.323419,-82.1022409/@39.6640945,-83.1504114,9z</a></p>

<b>Drop-off &amp; Parking</b>	<p><b>Parking:</b> Parking will be available at the Peden Stadium lot (Football stadium). From Richland Avenue (after the traffic circle), cross the river and take a right at the first traffic light. The stadium lots will be to your right. Vehicles will be charged \$5 (CASH ONLY) to park in the lot.</p> <p>Athletes, coaches, spectators, and officials will enter via the Grover Building and take the hallway to the pool. Coaches will pickup their meet packet in the Grove lobby and distribute tickets for the athletes to enter the pool.</p> <p>Buses will follow a map to drop off students on Bobcat Lane (see the PDF on the CDAB Swimming and Diving link at the top of this document). Please do not pull into the parking lot adjacent to the pool for drop off. During the sessions, buses should proceed to lot 201 in the Ridges (see OU map) or head to one of the businesses along State Street.</p>
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