



Ohio High School Athletic Association

Doug Ute, Executive Director

Friday, July 15, 2022

ADMINISTRATOR UPDATE

TO: Member Schools' Superintendents, Principals and Athletic Administrators
FR: OHSAA Executive Director's Office

We hope you are having a great summer and are recharging your batteries. With the start of fall practices right around the corner, the following are updates and reminders for member school superintendents, principals and athletic administrators. Please share this update with other interested administrators and coaches on your staff.

Fall Coaching Dates for Practices and Start of Season

<u>Sport</u>	<u>First Practice Date</u>	<u>First Contest Date</u>	<u>OHSAA Sport Administrator</u>
Cross Country	Monday, Aug. 1	Monday, Aug. 22	Dustin Ware (dware@ohsaa.org)
Girls Field Hockey	Monday, Aug. 1	Friday, Aug. 19	Emily Mason (emason@ohsaa.org)
Football	Monday, Aug. 1	Monday, Aug. 15	Beau Rugg (brugg@ohsaa.org)
Golf	Monday, Aug. 1	Thursday, Aug. 4	Tyler Brooks (tbrooks@ohsaa.org)
Soccer	Monday, Aug. 1	Friday, Aug. 12	Kate Barnett (kbarnett@ohsaa.org)
Girls Tennis	Monday, Aug. 1	Friday, Aug. 5	Dustin Ware (dware@ohsaa.org)
Girls Volleyball	Monday, Aug. 1	Friday, Aug. 19	Emily Mason (emason@ohsaa.org)

OHSAA General Sports Regulation and Sport-by-Sport Changes for 2022-23 School Year

At its virtual meeting on May 17, 2022, and regularly meeting on June 9, 2022, the OHSAA Board of Directors approved changes to the OHSAA General Sports Regulations and sport-by-sport regulations that will appear in the 2022-23 *OHSAA Handbook*. These changes become effective August 1, 2022. Here is one of the key changes approved:

General Sports Regulation 7 – NONINTERSCHOLASTIC PARTICIPATION & INDIVIDUAL SKILL INSTRUCTION

Previous General Sports Regulation 7 (Non-Interscholastic Participation) with General Sports Regulation 8 (Individual Instruction Regulation) were combined. The purpose of this combination was to simplify the two subjects since there tended to be a large amount of confusion between the two. A large part of this confusion was that there were previously two numbers being utilized – the “50% limitation” of how many players could participate together on a non-interscholastic team and the individual instruction number (4 for majority of sports, 6 for baseball and softball, etc.) detailing how many players a school coach could provide individual instruction to at one time. With the new General Sports Regulation 7, there is now **one number** that is the same for both scenarios – how many can participate together on with a non-interscholastic program and how many can receive individual instruction from a school coach at one time. That number for team sports moving forward will be:

Baseball – 6	Field Hockey – 6	Ice Hockey – 5	Girls Lacrosse – 6	Softball – 6
Basketball – 3	*Football – 7	Boys Lacrosse – 6	Soccer – 6	Volleyball – 3

*Denotes that football players may NOT participate in non-interscholastic competition from August 1 to May 31. Football players may participate in camps, tryouts, training and/or practices prior to and after the interscholastic team's season but they may NOT play 7-of-7 (except between June 1 and June 31), all activities must be non-contact and the only equipment permitted are helmets and cleats.

For more information, see the 2022-23 *OHSAA Handbook*, which will be sent to member schools in August.

Tournament Divisional Alignments and/or Representation

At its June 9, 2022, meeting, the OHSAA Board of Directors approved tournament divisional alignments and/or representation for the fall and winter sports as follows:

2022 and 2023 Fall Sports: boys cross country, girls cross country, field hockey (representation only), boys golf, girls golf and girls tennis

2022 Fall Competitive Balance Sports: football (divisional alignments only), boys soccer, girls soccer and volleyball

2023 and 2024 Winter Sports: boys bowling, girls bowling, gymnastics (representation only), ice hockey (representation only), boys swimming (divisional alignments only), girls swimming (divisional alignments only), boys wrestling (divisional alignments only) and diving process (gather Real-time data in January 2023)

2023 Winter Competitive Balance Sports: boys basketball and girls basketball

For details: go to <https://www.ohsaa.org/news-media/articles/ohsaa-fall-sports-divisional-breakdowns-announced> for fall sports and <https://www.ohsaa.org/news-media/articles/ohsaa-winter-sports-divisional-breakdowns-announced> for winter sports.

OHSAA Regional Update Meetings and Administrators' Workshops

The Executive Director's Office will be conducting in-person OHSAA Regional Update Meetings in August and September for school superintendents, principals and athletic administrators in each of the six OHSAA athletic districts. The meetings are designed to provide updates and reminders on key issues, and attendance is highly recommended. Registration information will be sent to the membership soon. All meetings will run from 10:00 a.m. to noon. The dates and locations are Thursday, Aug. 25, **Columbus** (Quest Conference Center, Westerville); Tuesday, Aug. 30, **Cincinnati** (Sharonville Convention Center); Wednesday, Sept. 7, **Athens** (Ohio University Inn & Conference Center); Tuesday, Sept. 13, **Northeast Ohio (Site TBA)**; Thursday, Sept. 15, **Cambridge** (Pritchard Laughlin Civic Center), and Wednesday, Sept. 21, **Findlay** (Findlay High School Auditorium).

In addition, the OHSAA will be hosting Administrator Workshops that will provide an overview of important issues in the areas of compliance and sport management. Designed specifically for new administrators but also for those who desire to "brush-up" in these areas as they relate to the OHSAA and your school, in-person Administrator Workshop options at the OHSAA Office in Columbus will take place between 9:30 a.m. and 2:30 on Wednesday, Aug. 10, and Tuesday, Aug. 23, with a virtual Administrator Workshop option available between 9:00 a.m. and noon on Monday, Aug. 29. Registration material will be sent to the membership soon.

OHSAA June 9 Board of Directors Meeting Minutes Available

Here are links to the minutes from June 9, 2022, OHSAA Board of Directors Meeting:

<https://ohsaaweb.blob.core.windows.net/files/Board-of-Directors-Minutes/2021-22/06.09.2022BM.pdf>

Please feel free to share this link with other staff members and coaches that you believe may have an interest in the board minutes.

Athletic Administrators Encouraged to Update Items in myOHSAA

Member school athletic administrators are highly encouraged to login to your *myOHSAA* account this summer to provide updates in **Staff Management** (are all your coaches listed?; is your principal listed and is his/her email correct?) and **Pre-Season Parent Meetings** (have you entered all sport meetings that have already been held?). For more information on how to add staff to your school's *myOHSAA* account, please use the video icons on the 'Staff Management' page in *myOHSAA*. Please contact OHSAA Membership & Compliance Administrative Assistant Alexis Holderman (aholderman@ohsaa.org) if you have questions.

Pupil Activity Permit for Coaches

Ohio law requires coaching or pupil activity permits for individuals (paid or unpaid) who will direct, supervise or coach a student activity program that involves athletics, routine or regular physical activity or activities with health and safety considerations. School districts determine which staff members need to have a permit. Details are available through the Ohio Department of Education (ODE) at: <https://education.ohio.gov/Topics/Teaching/Licensure/Audiences/Coaching-Permits>. As noted on the ODE website, the Coaches' Tool Chest is an online option to receive coaches training. For more information on this OHSAA-recommended option, go to: <https://coachestoolchest.com>; email: info@coachestoolchest.com, or call 513-486-6463.

Preseason Meetings with Student-Athletes and Parents

This is a reminder that a mandatory preseason fall sports meeting must be held with student-athletes and parents no later than two weeks after the beginning of each sports season. Please read Bylaw 3-1-4 for more details. Additional reminders regarding the meetings will also be forthcoming from our Membership Services team. The OHSAA Office has again developed sample meeting agendas and a preseason meeting PowerPoint presentation that are welcome (but not required) to be used for your meetings. For more information, see the School Resources area of the OHSAA website at: <https://www.ohsaa.org/School-Resources>.

Preparticipation Physical Examinations

Bylaw 3-5-1 requires that a form signed by a medical examiner, student-athletes and their parents – certifying the student-athlete has been cleared for athletic participation by a medical examiner – must be on file for all student-athletes before any candidate for a team may participate in a practice. The forms must be certified by the medical examiner no less than once every 13 months. In addition, this bylaw requires that all consent forms – there are four of these – be signed by the student and parents. Please review Bylaw 3-5-1 for more details or see the forms on the OHSAA website at <https://www.ohsaa.org/medicine/physicalexamform>.

Heat Acclimatization and Exertional Heat Illness Prevention

Please review this revised section in the 2022-23 *OHSAA Handbook* (following the Concussion Regulations and Sudden Cardiac Arrest Regulations) with your coaching and sports medicine staffs prior to any interscholastic practices this August. The sport of **football** has a five-day required acclimatization period during the first five days of practice (these acclimatization days may be completed between July 18 and 31). All athletes joining the team at any point of the season also must participate in a five-day acclimatization period prior to any contact drills. In **cross country**, each competitor must practice a minimum of 10 days under the supervision of the coach/individual authorized by the Board of Education before competing in a contest.

Mandatory Online Rules Meetings Requirements

Please remind your coaches that all 10 OHSAA fall sports have a mandatory on-line rules meeting requirement. Rules meetings will be posted soon in *myOHSAA*, and details will be sent from the OHSAA Sport Management team to coaches. Here is the schedule for fall 2022 sports:

Sport	Start Date	Late Fee Begins	End Date	OHSAA Credit Coordinator for Coaches
Football	Wed., July 20, 9:00 AM	Thur., Aug. 25	Sat., Oct. 1, 11:59 PM	Beau Rugg
Field Hockey	Fri., July 22, 9:00 AM	Sat., Aug. 20	Mon., Oct. 3, 11:59 PM	Emily Mason
Volleyball	Fri., July 22, 9:00 AM	Sat., Aug. 20	Mon., Oct. 3, 11:59 PM	Emily Mason
Soccer	Thur., July 21, 9:00 AM	Sat., Aug. 13	Mon., Oct. 3, 11:59 PM	Kate Barnett
Golf	Thur., July 21, 9:00 AM	Fri., Aug. 5	Mon., Sept. 12, 11:59 PM	Tyler Brooks
Girls Tennis	Thur., July 21, 9:00 AM	Sat., Aug. 6	Mon., Sept. 12, 11:59 PM	Dustin Ware
Cross Country	Thur., July 21, 9:00 AM	Tues., Aug. 23	Monday, Oct. 3, 11:59 PM	Dustin Ware
Late Fee Begins	Day after first date of competition			

Preseason Sport Manuals

The OHSAA Sport Management team is again producing preseason sport manuals in cross country, field hockey, football, golf, soccer, girls tennis and volleyball. These manuals contain all sorts of reminders and updates that all coaches and athletic administrators should review prior to the official start date of fall practices and contests. The preseason manuals will be posted soon on each sports' page on the OHSAA website (www.ohsaa.org).

NFHS Learning Center On-Line Courses Available

The OHSAA encourages the membership to utilize the National Federation of State High School Associations (NFHS) Learning Center, which is an outstanding on-line educational tool that offers several courses for coaches, administrators, contest officials, students and parents. Many of the courses are free. Several health and safety courses have been updated with new host videos, featuring the NFHS Sports Medicine Advisory Committee Chair, Dr. Greg Elkins, in "Concussion in Sports," "Heat Illness Prevention," "Sudden Cardiac Arrest," "The Collapsed Athlete" and "Sports Nutrition." Also, the "Bullying, Hazing and Inappropriate Behaviors" course has been revised. In addition, a new free course entitled "Football Tackling" is available that teaches proper tackling skills and techniques to help minimize any risks associated with the sport. For more information, visit www.NFHSLearn.com.

Thank you for your attention to this information. Please contact us if we can be of service!