



Ohio High School Athletic Association

Jerry Snodgrass, Executive Director
Friday May 22, 2020
Administrator Update – Follow Up

To: All OHSAA Member Schools' Superintendents, Principals and Athletic Administrators
From: Jerry Snodgrass, Executive Director

Good afternoon to each of you as we head into a holiday weekend. As mentioned after yesterday's news conference in which it was announced that "Skill Training" and "Conditioning" would be permitted to begin on May 26, we are following up with **guidance** and a few additional reminders for you.

Guidance Documents

We are reaching out in order to provide you with guidance and recommendations that has been put together from input from the NFHS and the OHSAA's Sports Medicine Advisory Committees. As each school district determines its timelines for opening athletic facilities, we are providing this guidance to help you. Obviously, you may choose to follow your own with recommendations from your local Department of Health.

Below, you will find two links. The first contains recommendations for the summer of 2020. We ask that you consider these when conducting individual skills training at your facilities. Again, this may begin on May 26, 2020, with the decision to open facilities being left up to your school district.

The second link contains a monitoring sheet that may be used when coaches gather with their student-athletes for training. This downloadable monitoring sheet can be adjusted to fit your school district, but the one provided has been developed in conjunction with the NFHS.

OHSAA Summer 2020 Recommendations:

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/OHSAAGuidance2020.pdf>

COVID-19 Athlete/Coach Monitoring Form:

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/OHSAACOVIDMONITORING.docx>

Reminders

- **Any baseball, softball, golf, tennis, swimming event that takes place on or after May 26, 2020, is considered a non-interscholastic event. Our guidelines and recommendations are simply that. Any restrictions that are placed on these events will come from the governor's office.**
- For the summer of 2020, the "10-day rule" has been lifted. We do not want coaches to feel that they have to scramble to cover their entire program in those 10 days. We want to work to make this summer safe and successful with smaller groups and social distancing being a driving force. The adjusted language of the "10-day rule" is as follows:

7.5.1) **Team Sports (~~10-Day Rule~~)** – Members of a school team's coaching staff in the team sports of baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball may coach students from their school teams for a maximum of 10 days from **June 1 through July 31, August 31*, 2020 without restriction except that participation cannot be mandatory.** In addition:

a.) The 10-day limitation applies to the entire coaching staff. Each individual coach is not entitled to 10 different days for coaching. Ten days refers to any amount of time utilized during those 10 days (i.e. the regulation does NOT permit 240 total hours of coaching 10 days of 24 hours each).

****Note: The extension of these dates through August 31 is valid only for the 2020 summer period. Beginning with the 2021 summer period, the period of unrestricted coaching for interscholastic team sports coaches with their student-athletes will return to the period from June 1-July 31.***

a.) In the sport of football, only non-contact football is permitted.

e.) The Board of Directors may further limit the number of contact days during this period as specified in the specific sports regulations.

b.) See General Sports Regulation 8.2.1 for regulations pertaining to out-of-season instruction, which is different than this regulation on coaching.

- Weight Training is also part of what the Lt. Gov. has permitted.
- While the permissions granted for the ‘other’ sports identified in Thursday’s announcements provide the opportunity for skill training and physical conditioning, the Lt. Governor (and the released document) clearly states that **no competitions or games are permitted (including no scrimmages or any types of tournaments)**. While the door was opened to great dialogue between the OHSAA and the Governor’s office, there has been no date even considered at this point to open these up for competitions (summer camps, team camps, summer leagues, etc.).