

COACHES' FACT SHEET

THE 2023 SWIMMING AND DIVING DISTRICT MEET SCHEDULE AT THE ROBERT F. BUSBEY NATATORIUM

WEDNESDAY, FEBRUARY 15, 2023

BOYS DIVING DII	WARM-UP	10:30 AM-11:30 AM	COMPETITION	11:30 AM
GIRLS DIVING DII	WARM-UP	5:00-6:00 PM	COMPETITION	6:00 PM

THURSDAY, FEBRUARY 16, 2023

BOYS DIVING DI	WARM-UP	10:30 AM-11:30 AM	COMPETITION	11:30 AM
GIRLS DIVING DI	WARM-UP	5:00-6:00 PM	COMPETITION	6:00 PM

FRIDAY, FEBRUARY 17, 2023

NO ONE PERMITTED ON THE POOL DECK BEFORE 1:15 PM

SWIMMING EVENTS: TIMED FINALS
200 MEDLEY RELAY THROUGH 400 FREE RELAY

DIVISION II	GIRLS AND BOYS	WARM-UP	1:30 PM
		COMPETITION	3:00 PM

*Warm-up will begin as soon as athletes are allowed on the pool deck and lifeguards are in place, but not before 1:15 p.m. on Friday.

SATURDAY, FEBRUARY 18, 2023

NO ONE PERMITTED ON THE POOL DECK BEFORE 10:15 AM

SWIMMING EVENTS: TIMED FINALS
200 MEDLEY RELAY THROUGH 400 FREE RELAY

DIVISION I	GIRLS AND BOYS	WARM-UP	10:30 AM
		COMPETITION	12:00 PM

*Warm-up will begin as soon as athletes are allowed on the pool deck and lifeguards are in place, but not before 10:15 p.m. on Saturday.

SWIM COACHES:

- Athlete check should be completed prior to arrival at CSU. Relay sheets are available at NEDAB.org or will be available in your coaches' packet that you will receive at CSU prior to locker room and pool deck access. Note times for turn-in of relay sheets.
- Please bring the CSU Facility Waiver Forms for your athletes who are swimming for the first time at CSU this season. They will be collected at check-in. The form is available at NEDAB.org under CSU Liability Waiver.

Additional Information:

The first awards' presentation will be after the completion of the Girls' and Boys' Medley Relays and will continue on a one event delay for the remainder of the events and meets.

One 15-minute break will occur after the 50 Freestyle to be consistent with the State Tournament format.

Please make sure your athletes wear their school attire to the awards' podium during the awards' presentations per 2023 State Rules and Regulations for Boys and Girls Swimming Tournaments.