

2025 LAKEWOOD SECTIONAL MEET RELAY SHEET PROCEDURES

RELAY SHEETS- must be turned in either via email to d_wohlfeil@att.net by the date and time listed below or via hard copy 45 minutes prior to the start of the session at the head table.

Relay Entry Deadline

Please submit Relay Cards either

- Electronically by 6:00pm on Friday, February 7, 2025

OR

- Hard Copy to the Head Table 45 minutes prior to session start

(Due by 11:15 am at table)

- **All sheets must be signed or have an electronic signature included**
- **There is to be one sheet for girls' relays and onesheet for boys' relays.**
- **Please write legibly and make sure you fill out all information on the form.**
- **Please send ALL relay cards submitted electronically to d_wohlfeil@att.net.**
- **All relay sheets submitted at the facility must be turned in 45 minutes prior to Session Start.**

2025 Lakewood Sectional Swimming Championship Relay Form

Please circle: Boys Girls

School Name: _____

School Code: _____

Coach's Name: _____

Phone #: _____

Email: _____

200 Medley Relay
1.
2.
3.
4.
5.
6.
7.
8.

200 Free Relay
1.
2.
3.
4.
5.
6.
7.
8.

400 Free Relay
1.
2.
3.
4.
5.
6.
7.
8.

Coach Signature

Date