TO: SWIMMING AND DIVING COACHES, NORTHEAST DISTRICT, SECTIONAL INFORMATION

FROM: Dawn Ferrante, SECTIONAL MEET MANAGER 440-552-1408(Cell); dmferrante@sbcglobal.net (email)

SUBJECT: 2021 NORTHEAST OHIO HIGH SCHOOL SECTIONAL SWIMMING AND DIVING MEET

DATE: February 8-13, 2021

Diving: February 8, 2021 (Dive meet information included)—Both meets will be done on February 8 Swimming: February 13, 2021—Girls & Boys from each school will swim together in one session, the Sectional will be divided into two sessions

LOCATION: SPIRE, 5201 SPIRE Circle, Geneva, OH 44041

 MEET SCHEDULE: Session 1: Warm-up: 8:30 to 9:55 am –Times and lanes will be assigned Meet will begin at 10:00 am
 Session 2: Warm-up: 3:30 to 4:55 pm –Times and lanes will be assigned Meet will begin at 5:00 pm

USING THE OHIO PUBLIC HEALTH ADVISORY STANDARD: IF ASHTABULA COUNTY IS PURPLE, THE EVENT WILL NOT BE CONDUCTED

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

SPIRE INSTITUTE, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS SPIRE INSTITUTE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

- **ENTRANCE**: Everyone will enter and exit the facility between the Aquatics and Track buildings. Facility entrances are marked with blue stars. Following health screening, inclusive of temperature checks, everyone will be directed to their respective areas and will not be permitted to the other section of the facility. For Example: Swimmers will remain on deck; Spectators will remain upstairs. A member or members of the Meet Host shall be present at the Check-In area to assist with social distancing and ensuring that capacity numbers are maintained as well as ensuring only those permitted into the facility are entering the facility.
- **TEAM AREAS**: Each team will be assigned a designated area. We will use the main pool deck area, the space in the small pool that is not on the competition deck and the spectator stands. If your team is assigned to the small pool or the spectator stands, please keep your swimmers in that area when they are not competing.
- **<u>COMPETITION POOL</u>**: The Scoreboard end of the pool will be used for competition. There will be a staging area in the recreation pool. Swimmers may report to the staging area three heats prior to their swim. Swimmers will be permitted behind the blocks as the previous heat steps up to the blocks. Swimmers will enter the competition area from the Lane 0 side of the pool and exit the competition area from the Lane 9 side after they swim.

SWIM ENTRY PROCEDURE:

- Entries should be electronic on Hy-Tek Team Manager
- Electronic swim entries must be emailed to Frank Campbell at <u>frankacampbell@gmail.com</u> by noon on Monday, February 8, 2021
- All coaches must be listed in your electronic entry or they will not be allowed on deck at Sectionals, Districts or States
- Each team is allowed up to 4 entries in each individual event
- Teams are allowed one relay per event
- Divers must be included on the Hy-Tek entry
- Contestants are allowed a maximum of four events (no more than two individuals).
- Being listed on a relay does not count as an event until the swimmer actually swims the event.
- All swimmers and divers entered in Sectionals must be listed on the OHSAA Eligibility Form, including relayonly swimmers
- Entries are due NOON on Monday, February 8, 2021. Entries may be turned in earlier as it would help with the clerical work.
- Be sure to include USA number for any USA swimmer.
- Psych Sheets shall not be posted until Wednesday, February 10, 2021 at 6:00 PM.

WARM UP/COMPETITION:

• Swimmers will follow the arrows at the end of the lane to either (1) return to the blocks for starts (2) return to their seating area and/or (3) speak with their coach following their race. USA Swimming guidelines for number of swimmers per lane will be followed with a maximum of 5 swimmers per lane socially distanced. See diagram below:



- Warm-up lanes will be assigned to each team. You may use the warm-up time however you see fit for your team, including starts. Teams assigned to the small pool will be provided time to do starts in the competition pool.
- **SANITATION:** Starting blocks will be sanitized at the conclusion of warm-ups, between events and at the conclusion of the session. Sanitation will also take place between sessions around the facility before the next session can access the pool area. Lane timers will be issued a spray bottle with disinfectant to spray the blocks at the predetermined times.

DIVING COMPETITION:

Diving information will be posted on the NEDAB.org site on the swimming and diving link. Please refer to each meet document with regard to level of competition and schedule of diving sessions with meet entry instructions and COVID safety protocol.

SITE: Massillon Perry High School 3737 13th St. SW, Canton, Ohio

MEET DIRECTOR:

Phil Barr: philbarr2@gmail.com

Solon Diving Sectional - Monday February 8th, 2021 Girls warm ups 10:00am Meet starts 11:00am Boys warm ups 5:00pm, meet starts 6:00pm *DIVING SCHEDULE SUBJECT TO CHANGE

- Electronic dive entries must be e-mailed to Phil Barr at <u>philbarr2@gmail.com</u> by 6:00 pm on Sunday, February 7, 2021.
- All coaches must be listed in your electronic entry or they will not be allowed on deck at Districts
- Each team is allowed up to 4 entries in each individual event
- Divers must be included on the Hy-Tek entry due to Frank Campbell
- Divers must also submit their diving entry on-line in edive®. Go to <u>http://www.edive.info/index.htm</u> for information about this electronic program.
- All swimmers and divers entered in Sectionals must be listed on the OHSAA Eligibility Form, including relayonly swimmers
- Divers enter an 11 dive score earned at a competition. Coaches may be asked to verify these scores.
- Entries are due 6:00 pm on Sunday, February 7, 2021. Entries may be turned in earlier as it would help with the clerical work.
- Doors open 30 mins prior to each warm up to allow for temperature checks & sign ins.
- One spectator per diver will be permitted.

USA OBSERVATION:

This meet will be USA observed; therefore, all USA Swimming registered athletes' times will be uploaded to SWIMS. Please make sure you have USA Swimming ID # in the database to ensure that the times are uploaded. If you are unsure, please email Dawn Ferrante.

COACHES' MEETING AND RELAY CARDS:

- There will be no coaches' meeting
- All scratches must be done immediately upon your arrival at the computer table and no later than one hour before the start of the session, including relay names and updates.
- Swimmers need to notify timers of relay order at the block.

<u>SCORING</u>: Championship Meet Scoring format will be used to score the meet.

<u>AWARDS:</u> There will be no awards presented at this meet.

DECK CREDENTIALS: Wristbands must be worn by coaches to be permitted on deck.

HOSPITALITY: Individually wrapped snack and bottles of water will be provided for coaches.

LOCKERS: The girls' and boys' locker rooms will be available for the girls and boys, respectively **as restrooms ONLY**

PARKING: Busses must park on the South side of the building after dropping swimmers off by the entrance

SPECTATORS: A limited number of spectators will be permitted based on the number of swimmers entered in the meet. Once numbers are submitted to the Meet Director, information regarding spectators will be finalized.

INFORMATION & RULES REGARDING USE OF THE FACILITY

- The pool is ten lanes, 25 yards long, numbered zero to 9
- No swimmers are allowed on the bulkhead except for one counter per lane during the 500 free
- Swimmers are not allowed in the area immediately behind the starting block area unless they are competing in the event in the water or the event on call. Please keep this area as clear as possible for the timers and officials
- Coaches and swimmers need to remain quiet at the start
- Only coaches, swimmers, meet workers, and officials should be on the deck. It will be up to coaches to monitor swimmers in the assigned team area
- Wristbands must be worn by coaches to be permitted on deck and for admittance into hospitality
- Only volunteers wearing a deck pass will be permitted on deck during the meet
- The girls' and boys' locker rooms will be available for the girls and boys, respectively for restroom use ONLY. A maximum of four people will be permitted in each locker room at one time
- We are not responsible for personal belongings
- Coaches are responsible for seeing their team areas and locker rooms are left clean at the end of the meet
- NO glass containers on the pool deck, please
- There will be no shaving down allowed in the facility

COVID PROTOCOLS:

- Temperature checks and SPIRE health screening shall be required of all athletes, officials, volunteers and spectators.
- SPIRE health screening must be filled out and signed by all athletes, volunteers, officials and spectators DAILY. A parent/guardian must sign the waiver for athletes under the age of 18. Go online @
 https://spirecovidform.paperform.co/ or scan the attached QR code to fill out the health screening. A confirmation screen or email sent after filling out the form must be shown at the health screening station. This online form MUST be filled out every day prior to arrival to the facility on the day of competition. For athletes without access to an email or mobile device, they will be required to bring a printed copy of the confirmation email to the health screening station. Paper versions of the form are not available on site. See information at the end of this document.
- If someone leaves the premises and returns, he/she will undergo a temperature check and screen again.
- Masks shall be worn and social distancing shall be implemented at all times except for when the swimmer is up on the blocks and in the water in which they will be required to social distance but remove their mask to compete. Athletes should bring a bag or Tupperware container with their full name on it to place their mask while in the water.
- Athletes should bring 2-3 extra masks in the event theirs gets wet.
- A locker room that will be available for use by the swimmers for **restroom use only**. A monitor (not allowed inside) will be posted outside the locker room and will limit the number of swimmers inside to 4 athletes per the Ohio Department of Health.
- Swimmers should arrive/depart in their suit. They will not be allowed to share caps, goggles, food and drinks.
- Only two (2) swimmers shall be permitted to wait behind the blocks at any given time. Swimmers may communicate with their coaches by following the posted arrows which will be in a counter-clockwise direction on deck
- Relays will swim in every other lane.
- Heat Sheets will not be printed at the facility.
- Swimmers, volunteers, and officials shall enter the building from the main entrance and through the main pool entrance.
- There will be COVID marshals monitoring all spaces to make sure that proper adherence to social distancing.
- SPIRE Fuel will not be open or accessible to anyone unless emergency evacuation is required. Entrance to the facility is from the East End.

ALL VOLUNTEERS, OFFICIALS AND SWIMMERS ARE REQUIRED TO WEAR MASKS AT ALL TIMES EXCEPT FOR SWIMMERS WHO ARE IN THE WATER

GOVERNING RULES:

The meet will be conducted under the OHSAA 2021 Boys and Girls Swimming and Diving Tournaments rules and regulations located on <u>https://www.OHSAA.org</u>. The official coach or school representative must be with his/her swimmers or divers at all times. This includes the entire warm-up period and all competition. If it is determined that the coach or representative is not in attendance at any time, all competitors from the school will be disqualified from further competition.

UNSPORTSMANLIKE CONDUCT PENALTY:

During participation in OHSAA tournaments, any student or coach ejected for unsportsmanlike conduct shall be ineligible for the remainder of that day as well as for all contests in swimming and diving until the two regular season/tournament contests are competed at the same level as the ejection. Individuals ejected for unsportsmanlike conduct shall be reported to the OHSAA Commissioner by the tournament manager. The Commissioner will investigate the situation and may impose additional penalties in accordance with Bylaw 11 if the situation warrants. Participation in an athletic contest is a privilege. Each individual is expected to conduct himself or herself in an exemplary manner while participating.

ATTENTION COACHES:

PARA ATHLETE COACHES:

Please read the document entitled Para Athlete Entry Instructions for 2021 Para Athlete Competition which will be posted on the OHSAA.org website. Make sure to complete the Para Athlete verification form also found on the OHSAA.org swimming link. Note specific dates for submitting the verification form and how to enter your para swimmers.

ALL COACHES:

It is your responsibility to be versed in the rules and regulations, including the changes and the highlighted areas of the 2020-2021 Swimming and Diving Rules and Regulations. Please read carefully all the highlighted areas in the following document on the OHSAA website, <u>2020-21 OHSAA Tournament</u> <u>Regulations</u>. Direct any questions you have about any rule or regulation to your Sectional Meet Manager or District Meet Manager for clarification.

Additional Information:

Ties up to 12th place within the same session will be resolved in one of three ways: a swim-off, a toss of a coin, or one swimmer may defer to the other swimmer.

One 15-minute break will occur after the 50 Freestyle to be consistent with the District and State Tournament format. The minimum 15-minute time-period from the start of consecutive same gender events has been waived this year. Please plan accordingly.

Coaches should have all medical forms with you for all of your swimmers and divers during competition. For any and all swimmers using the kinesis/medical tape, you must have the properly signed documentation to present at all levels of regular and post-season competition.

Please read in the section entitled ENTRIES (4) the bolded NOTE entry in the 2020 REGULATIONS BOYS AND GIRLS SWIMMING AND DIVING TOURNAMENTS at <u>www.ohsaa.org</u>.

Following session 2, sessions will be merged into one meet. From the combined meet, the top two athletes from each event will automatically qualify for the District meet at SPIRE.

DISTRICT INFORMATION and STATE INFORMATION:

The 2021 Northeast Ohio District Swimming and Diving Tournament schedule has changed. Make sure to go to the NEDAB.org site to access ALL DISTRICT SWIMMING AND DIVING information.

DISTRICT QUALIFIERS:

AUTOMATIC SWIMMING QUALIFIERS / AT-LARGE QUALIFIERS FROM SECTIONALS TO DISTRICTS

	INDIVIDUAL	RELAYS		INDIVIDUAL	RELAYS
GIRLS	2 automatic x 3 = 6	2 automatic x 3 = 6	GIRLS	2 automatic x 2 = 4	2 automatic x 2 = 4
DI	At-large Qualifiers <u>= 34</u>	At-large Qualifiers <u>=</u>	DII	At-large Qualifiers <u>= 26</u>	At-large Qualifiers <u>= 16</u>
	TOTAL: 40	<u>14</u>		TOTAL: 30	TOTAL: 20
		TOTAL: 20			
BOYS	2 Automatic x 3 = 6	2 automatic x 3 = 6	BOYS	2 Automatic x 2 = 4	2 Automatic x 2 = 4
DI	At-large Qualifiers $= 24$	At-large Qualifiers <u>= 14</u>	DII	At-large Qualifiers <u>= 26</u>	At-large Qualifiers <u>= 16</u>
	TOTAL: 30	TOTAL: 20		TOTAL: 30	TOTAL: 20

REMINDER: All events in DI and DII will include the 2 automatic qualifiers from each sectional meet even when the top 30^{th} or 40^{th} time may be faster than the automatic's qualifying time.

<u>STATE MEET QUALIFIERS</u>: The Northeast District Tournament will qualify the following number of athletes to the State Meet as automatic qualifiers.

DI GIRLS:	2 SWIMMERS	/ 2 RELAYS	/ DIVERS - TBD
DII GIRLS:	2 SWIMMERS	/ 2 RELAYS	/ DIVERS - TBD

DI BOYS:	2 SWIMMERS / 2 RELAYS / DIVERS – TBD
DII BOYS:	2 SWIMMERS / 2 RELAYS / DIVERS - TBD

SPIRE Institute is requiring EVERY PERSON who enters the facility to complete an online self health assessment for EVERY DAY they are on the SPIRE Campus.

Once filled out, you must show either the success screen for the day you are coming to SPIRE or bring a printed copy of the confirmation email stating that it was completed successfully on the day you are coming to SPIRE.

Temperatures will be verified at the Health Screening Station when success screen is shown.



Please use your mobile device to scan the QR code. Once the online form is completed you will need to show the confirmation screen with a Green Check, Participant Name and the Date of Your Visit to SPIRE. You can also show the confirmation email sent to the email address that you include with a Green Check, Participant Name and the Date of Your Visit to SPIRE.

** ATTENTION **

All athletes, coaches, officials and spectators (if allowed) are required to complete SPIRE's <u>DAILY</u> COVID-19 health screening <u>prior to entering</u> into the SPIRE facility. You are required to show the green check approval each time you enter into a SPIRE building.

MUST HAVE:		
Green Check — Mark	· · · ·	×
Name	SPIRE Health Screening Successful Thank you Jane Doe	Thank you for your SPIRE Health Screening Responses
Reason you are here Current Date —	You have cleared the SPIRE Health Screeing for Track Practice/Event on 2020-12-04	Due to your responses to the self assessment we ask that you choose a different day for your visit to the SPIRE Campus. 2020-12-04
	Please show this screen at the SPIRE Check In Point to have temperature verified and issued a wristband for the day! You can also show the confirmation email you recieve.	
	You are approved to the enter the facility	You are NOT approved to the enter the facility

If you have received the green check approval please show us the green check approval on your phones screen at the SPIRE building entrance.

You can take a **screenshot (Preferred)** or show us the **email** of the approved health screen.

If you **do not have access to a mobile phone**, please print the email confirmation after the form has been submitted and bring to the health screening station on campus.



