Swim Event at SPIRE Institute

USING THE OHIO PUBLIC HEALTH ADVISORY STANDARD: IF ASHTABULA COUNTY IS PURPLE, THE EVENT WILL NOT BE CONDUCTED

IF A TEAM IS COMING FROM OUT OF STATE, THEY MUST BE COMING FROM A STATE THAT IS NOT ON THE OHIO DEPARTMENT OF HEALTH TRAVEL ADVISORY LIST.

RISK OF EXPOSURE TO COVID 19: An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. SPIRE INSTITUTE, cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS SPIRE INSTITUTE AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

LOCATION OF MEET:

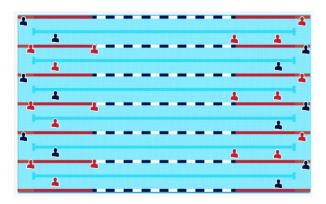
SPIRE Institute Aquatic Center, 5201 Spire Circle, Geneva, OH 44041

ENTRANCE:

Everyone will enter and exit the facility between the Aquatics and Track buildings. Facility entrances are marked with blue stars. Following health screening, inclusive of temperature checks, everyone will be directed to their respective areas and will not be permitted to the other section of the facility. For Example: Swimmers will remain on deck; Spectators will remain upstairs. A member or members of the Meet Host shall be present at the Check In area to assist with Social Distancing and ensuring that capacity numbers are maintained as well as ensuring only those permitted into the facility are entering the facility.

WARM UP/COMPETITION:

Swimmers will follow the arrows at the end of the lane to either (1) return to the blocks for starts (2) return to their seating area and/or (3) speak with their coach following their race. USA Swimming guidelines for number of swimmers per lane will be followed with a maximum of 5 swimmers per lane socially distanced. See diagram below:



CAPACITY LIMITS (As of November 10, 2020):

Capacity limits on the Competition Pool Deck for <u>Athletes, Coaches, Officials AND Volunteers</u> is <u>220</u> persons. Capacity limits for the Spectator Seating Area are <u>130</u> persons <u>per balcony</u>.

SPECTATORS:

If spectators are permitted, the spectator area shall maintain capacity as directed by the Ohio Department of Health. A list of all who are permitted to enter the facility must be supplied and monitored by the host team. Covid Marshalls supplied by the host shall monitor social distancing and mask wearing within the spectator area.

SANITATION:

Starting blocks will be sanitized at the conclusion of warm-ups, between events and at the conclusion of the session. Sanitation will also take place between sessions around the facility before the next session can access the pool area. Lane timers will be issued a spray bottle with disinfectant to spray the blocks at the predetermined times.

COVID PROTOCOLS:

- Temperature checks and SPIRE health screening shall be required of all athletes, officials, volunteers and spectators.
- SPIRE health screening must be filled out and signed by all athletes, volunteers, officials and spectators DAILY. A
 parent/guardian must sign the waiver for athletes under the age of 18. Go online @ https://spirecovidform.paperform.co/ or
 scan the attached QR code to fill out the health screening. A confirmation screen or email sent after filling out the form must
 be shown at the health screening station. This online form MUST be filled out every day prior to arrival to the facility on
 the day of competition. For athletes without access to an email or mobile device, they will be required to bring a printed copy
 of the confirmation email to the health screening station. Paper versions of the form are not available on site.
- If someone leaves the premises and returns, he/she will undergo a temperature check and screen again.
- Masks shall be worn and social distancing shall be implemented at all times except for when the swimmer is up on the blocks and in the water in which they will be required to social distance but remove their mask to compete. Athletes should bring a bag or Tupperware container with their full name on it to place their mask while in the water.
- Athletes should bring 2-3 extra masks in the event theirs gets wet.
- A locker room that will be available for use by the swimmers for <u>restroom use only</u>. A monitor (not allowed inside) will be posted outside the locker room and will limit the number of swimmers inside to 4 athletes per the Ohio Department of Health.
- Swimmers should arrive/depart in their suit. They will not be allowed to share caps, goggles, food and drinks.
- Only two (2) swimmers shall be permitted to wait behind the blocks at any given time. Swimmers may communicate with their coaches by following the posted arrows which will be in a counter clockwise direction on deck
- Relays will be swam in every other lane.
- Entries must be submitted 48 hours prior to the event to allow for advance seeding of the meet.
- Heat Sheets will not be printed at the facility.
- Swimmers, volunteers, guardians and officials shall enter the building from the main entrance and through the main pool entrance. The spectator area is upstairs.
- There will be COVID marshals monitoring both all spaces to make sure that proper adherence to social distancing.
- Parents shall have access to their swimmers and be able to observe them. Swimmers will not be allowed in the spectator area
 on the second floor. Guardians may communicate with their swimmer in the lobby. Please observe social distancing with
 other guardians.
- SPIRE Fuel will not be open or accessible to anyone unless emergency evacuation is required. Entrance to the facility is from the East End.
- ALL SPECTATORS, VOLUNTEERS, OFFICIALS AND SWIMMERS ARE REQUIRED TO WEAR MASKS AT ALL TIMES EXCEPT FOR SWIMMERS WHO ARE IN THE WATER

PUBLIC SERVICE ANNOUNCEMENT:

The following PSA will be read at the beginning, during and conclusion of every event on the SPIRE Campus:

"Welcome to SPIRE Institute for **EVENT NAME**. Due to current health restrictions and guidance by the Ashtabula County Health Department, the Ohio Department of Health and the CDC. All persons on the SPIRE Campus are required to wear a mask at all times as well as maintain social distancing with those who are not of the same household. Thank you for your cooperation and helping by doing your part to stop the spread."

SPIRE Institute is requiring EVERY PERSON who enters the facility to complete an online self health assessment for EVERY DAY they are on the SPIRE Campus.

Once filled out, you must show either the success screen for the day you are coming to SPIRE or bring a printed copy of the confirmation email stating that it was completed successfully on the day you are coming to SPIRE.

Temperatures will be verified at the Health Screening Station when success screen is shown.

SCAN HERE FOR ONLINE HEALTH SCREENING FORM



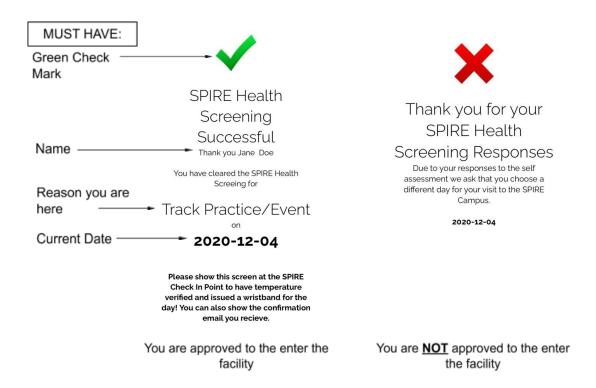


EVERYONE MUST COMPLETE DAILY

Please use your mobile device to scan the QR code. Once the online form is completed you will need to show the confirmation screen with a Green Check, Participant Name and the Date of Your Visit to SPIRE. You can also show the confirmation email sent to the email address that you include with a Green Check, Participant Name and the Date of Your Visit to SPIRE.

** ATTENTION **

All athletes, coaches, officials and spectators (if allowed) are required to complete SPIRE's <u>DAILY</u> COVID-19 health screening <u>prior to entering</u> into the SPIRE facility. You are required to show the green check approval each time you enter into a SPIRE building.



If you have received the green check approval please show us the green check approval on your phones screen at the SPIRE building entrance.

You can take a **screenshot (Preferred)** or show us the **email** of the approved health screen.

If you do not have access to a mobile phone, please print the email confirmation after the form has been submitted and bring to the health screening station on campus.

