

2021 OHSAA NE District Swimming Championships

February 19-20 at SPIRE Institute



Welcome!

Meet Dates:

Division 2 - Friday, February 19th

Division 1 - Saturday, February 20th

Agenda

Josh Ptak - SPIRE Policies and Changes

Sue Lutkus (District Manager) - Meet Information

Pam Cook - Coach and Athlete List Process and Qualifiers Posting Timeline

Sarah Tobin - Relays / Hy-Tek

Meet Referee - Officials Perspective / Notes

D2 Girls - Bob Martens

D1 Girls - Kat Torok

D2 Boys - R. J. Van Almen

D1 Boys - Joy Bacho

What to do before you leave home!

Every person coming to SPIRE must complete a daily Online Self Health Assessment.

This can be found at **spirecovidform.paperform.co** (this is not a typo; it is .co **NOT** .com)

Or by scanning the QR Code in the Meet Information

Or this one!

BRING EXTRA MASKS!

Bring a Tupperware Container or ZipLock Bag



Where are you going?

SPIRE has a new way into the Aquatics Center! Please reference this Map!

DO NOT PULL IN BETWEEN BUILDINGS TO DROP OFF

Busses should drop off and park in the North Lot

There are other activities on the SPIRE Campus. Please be mindful of traffic.



I'm in the building, now what?

First thing you will come to is the SPIRE Health Screening. At this point, you will show that you completed the health screening and have your temperature taken.

When you fill out the Self Health Assessment **AT HOME** the screen will look like this upon completion.

Notice the Must Haves!

Screenshot if need be - Service is limited.

**** ATTENTION ****

All athletes, coaches, officials and spectators (if allowed) are required to complete SPIRE's DAILY COVID-19 health screening **prior to entering** into the SPIRE facility. You are required to show the green check approval each time you enter into a SPIRE building.

<div><div>MUST HAVE:</div><div>Green Check Mark → </div></div>	<div></div>
<div>Name → SPIRE Health Screening Successful Thank you Jane Doe You have cleared the SPIRE Health Screening for</div>	<div>Thank you for your SPIRE Health Screening Responses Due to your responses to the self assessment we ask that you choose a different day for your visit to the SPIRE Campus. 2020-12-04</div>
<div>Reason you are here → Track Practice/Event on Current Date → 2020-12-04</div>	
<div>Please show this screen at the SPIRE Check In Point to have temperature verified and issued a wristband for the day! You can also show the confirmation email you receive.</div>	
<div>You are approved to enter the facility</div>	<div>You are NOT approved to enter the facility</div>

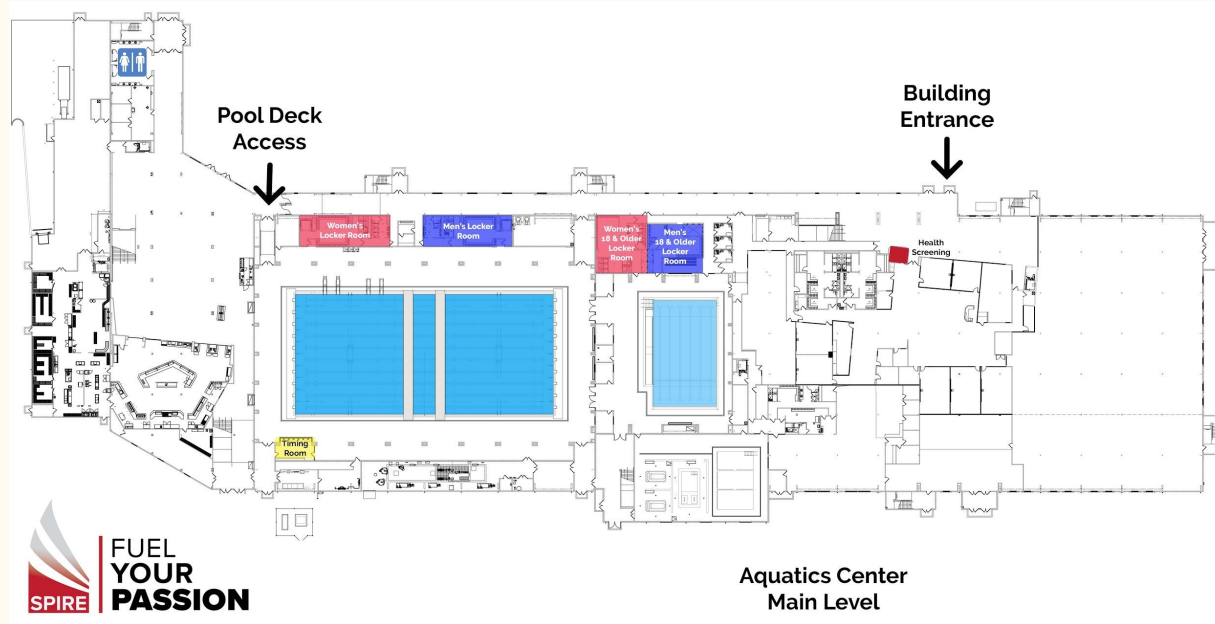
If you have received the green check approval please show us the green check approval on your phones screen at the SPIRE building entrance.

You can take a **screenshot (Preferred)** or show us the **email** of the approved health screen.

If you **do not have access to a mobile phone**, please print the email confirmation after the form has been submitted and bring to the health screening station on campus.

How do I get to the pool?

There will be one way **onto** the pool deck. Athletes will need to stage in the hallway until the pool deck opens.



Mask Wearing-

Everyone need to wear a mask at all times. Please reference the following photo.

Swimmers should not remove their mask until they are on the Bulkhead/Headwall Platform.

Masks need to be worn properly covering the nose and chin at all times.



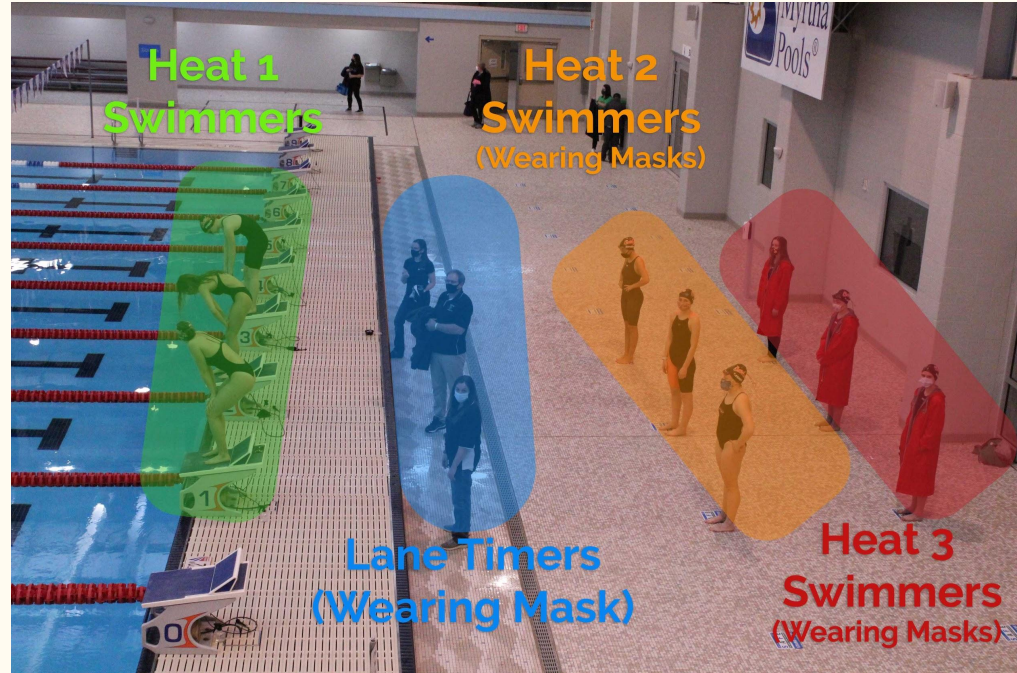
Mask Wearing (Continued)

Do not move from your spot till the short whistles.

Remain behind timers till that point.

Mask stays on till you are on the platform (there will be plenty of time to adjust the wedge and take your mask off)

No crowding behind the blocks.



Mask Wearing (Continued)

**FAILURE TO WEAR MASK PROPERLY AT ALL
TIMES AND IN PLACES DESCRIBED ABOVE WILL
RESULT IN 1 (ONE) WARNING. IF HAVING TO BE
TOLD A SECOND TIME WILL RESULT IN REMOVAL
FROM MEET!**

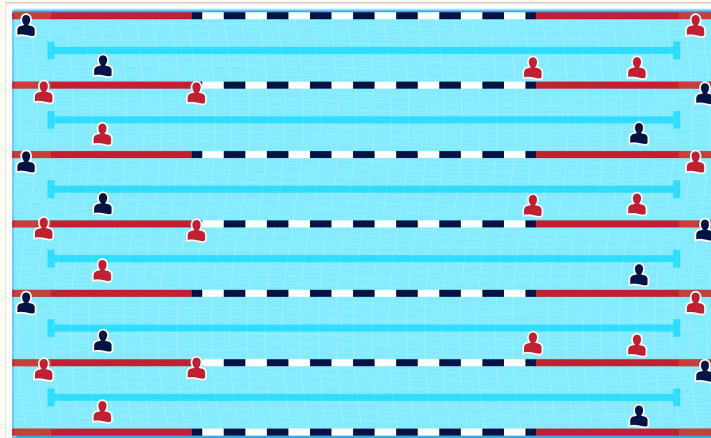
THIS APPLIES TO BOTH ATHLETES & COACHES

Social Distancing (Warm Ups)-

Athletes and Coaches should maintain social distancing around the facility.

This includes during warm ups.

Warm Ups are limited to 5 swimmers per lane per the diagram below.



Locker Rooms-

Locker Rooms are limited to no more than 4 persons in the locker room at one time.

All 4 Locker Rooms will be changed to the gender which is competing that session.

There will be a monitor located at the door to the locker room ensuring that there are no more than 4 persons in the locker room.

Locker Rooms should be limited to restroom use only.

Swimmers should arrive to the facility in their suit ready to be in the water.

Deck Changing is not permitted.

**WE WILL NOT DELAY THE MEET BECAUSE A
SWIMMER IS NOT IN THEIR SUIT!**

Other Items

- Water Fountains are **NOT** available due to current Covid Restrictions.
- Bring Plenty of Water and Snacks in your bag.
- BRING EXTRA MASKS & TUPPERWARE CONTAINER WITH YOUR NAME ON IT!

Coaches



General Information

- Heat Sheets will NOT be available Print your own heat sheet for your use and team use
- Meet Mobile will be live
- No results or heat sheets will be posted on walls of the pool
- Seating is not available in all deck areas. Swimmers may need to sit on the deck.
- Snacks & water will be available for coaches near the head table. Remember there are no concessions for swimmers or spectators.
- If you have a special needs swimmer who needs accommodations, notify the meet manager and meet referee.
- Meets will be live streamed; links will be shared with you and posted on the NEDAB.org site.
- EA Graphics will be on site for purchase of championship/tournament gear.
- Aquatic Outfitters will be on site as well for tech suit, goggle, and cap emergency needs.
- Coaches will need to pick up swimmers' medals to give to his/her swimmers
- States tickets will be purchased online from HomeTown ticketing. Check OHSA.org for more information on how to order your tickets.

Coaches



Prior to Meet Day

- Read all pertinent information posted on NEDAB.org - **Coaches Check-in Information and Relay Entry Procedure** and follow the listed directions.
- Print heat sheets for you and your athletes.
- Remind your swimmers to follow all safety protocol to ensure everyone's safety and to bring extra masks.
- Check the NEDAB.org for warm up session and pod assignments.

Check-in



Coaches:

- Temperature Check
- Check-in Table
- Turn in Relay “Cards” if not already turned in the day before
- Receive wristbands
- Enter pool through doors closest to the diving board end on the Lane 9 side of the pool

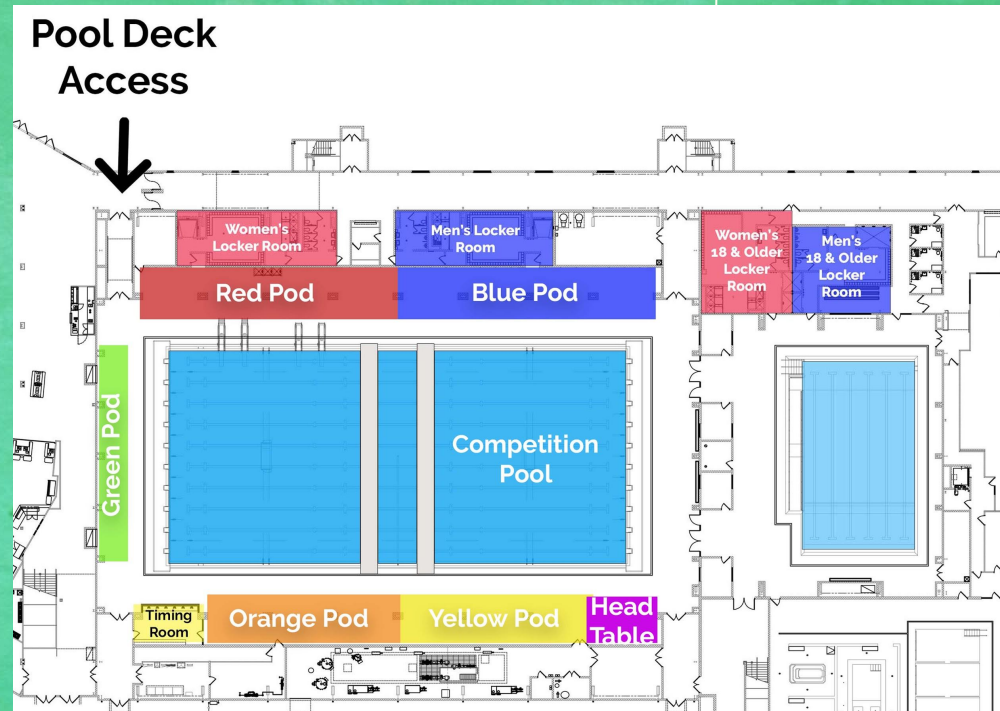
Swimmers:

- Temperature Check
- Team Check-in person will verify swimmer
- Enter pool through doors closest to the diving board end on the Lane 9 side of the pool

Team Seating



- Teams will be assigned colored pods on deck.
- Multiple teams will be assigned to the pods based on team size.



Warm-ups



- An appropriate number of lanes will be assigned to each team
- Each team will have access to at least 2 lanes in the 50 Meter pool
- Starts/Sprints--1 lane down, 1 lane back
- No walking around the pool

- Teams will be assigned a warm-up time in one of two sessions.
- Show up no earlier than 15 minutes before your assigned warm-up time, not before

Swimmers/Teams



- Current heat on bulkhead
- Next 2 heats behind the timer
- Additional heats organize in 25 Yard Pool
- Remain spaced on marks with mask on.
- Short Whistles will call the swimmers in front of the timer and to the bulkhead



- Wear tech suits to the pool
- Locker rooms are for restroom use ONLY
- Wear mask everywhere except on the bulkhead and while swimming
- Bring extra masks; a wet mask does not provide protection
- Bring food & drinks

Administrative Items



Coach/Athlete List Process Relay Only Swimmers Qualifiers / Timelines

- Relay Cards for Districts
 - Electronically submitted Relay Cards
 - E-mail to ccsmeetentries@gmail.com
 - DII Thursday 2/18 before 6pm
 - DI Friday 2/19 before 6pm
 - Hard Copy Relay Cards
 - Turn in to Head Table, 45 minutes prior to Session Start
 - 9:15am Girls Relays
 - 3:15pm Boys Relays

Spectators



- Doors open for Spectators:
Session 1--9:15 am
Session 2--3:15 pm
- One spectator per swimmer permitted
- Heat Sheets will be posted on NEDAB.org or shared by the coach
- Ticket codes will be sent to families using Hometown Tickets
- Spectators must wear a mask and maintain the 6' social distancing guideline
- Live Stream information will be sent and posted on NEDAB.org



Officials Notes