

Track & Field and Cross Country FAQs

This document is a listing of the most common questions/situation that have come up over the past several years to the State Rules Interpreters (SRIs). It will be updated as new items are brought forward. All officials and coaches are encouraged to check the document regularly and reference it when looking for answers to questions.

To view the most up to date version of the FAQ document, please follow the below link. The link will take you to a Google Docs document that is updated regularly by the SRIs

<https://docs.google.com/document/d/16U2TOBj14DjNigKcl8K7lrSxGwNnflBvwlBHzJHoGQ/edit?usp=sharing>

