



Ohio High School Athletic Association

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Basketball Coaches Memo May 22, 2020

OHSAA Guidance for Summer 2020

Please see the links below. These include the guidance, as well as a downloadable monitoring sheet. **Any specific policies should be created and approved within your school district.**

OHSAA Guidance:

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/OHSAAGuidance2020.pdf>

OHSAA Monitoring Sheet:

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/OHSAACOVIDMONITORING.docx>

May 26- No-Contact Period Lifted

The no-contact period currently in place for school coaches will be lifted on May 26, 2020. You may begin working with your athletes at that time. Please be sure to work with your Athletic Administrator regarding specific school policies.

Reminder: 10-Day Rule (lifted)

For the summer of 2020, the "10-day rule" has been lifted. We did not want coaches to feel that they had to cram their entire program of kids into just 10 days. **The driving force to this being a successful and safe summer is the smaller groups with social distancing being the focus of every workout/training session.** The adjusted language of the "10-day rule" is as follows:

7.5.1) **Team Sports (10-Day Rule)** – Members of a school team's coaching staff in the team sports of baseball, basketball, field hockey, football, ice hockey, lacrosse, soccer, softball and volleyball may coach students from their school teams for a maximum of 10 days from **May 26 through July 31, August 31*, 2020 without restriction except that participation cannot be mandatory.** In addition:

a.) The 10-day limitation applies to the entire coaching staff. Each individual coach is not entitled to 10 different days for coaching. Ten days refers to any amount of time utilized during those 10 days (i.e. the regulation does NOT permit 240 total hours of coaching 10 days of 24 hours each).

***Note: The extension of these dates through August 31 is valid only for the 2020 summer period. Beginning with the 2021 summer period, the period of unrestricted coaching for interscholastic team sports coaches with their student-athletes will return to the period from June 1-July 31.**

a.) In the sport of football, only non-contact football is permitted.

c.) The Board of Directors may further limit the number of contact days during this period as specified in the specific sports regulations.

b.) See General Sports Regulation 8.2.1 for regulations pertaining to out-of-season instruction, which is different than this regulation on coaching.

Questions:

-If you have any questions regarding development of your workouts/training sessions, please feel free to reach out. I am happy to offer assistance. **Remember, if it can't be done with 6ft of social distancing, then it should not be happening at this time.**

Board of Directors Meeting Update:

Next week a memo will be sent regarding changes to the general sport regulations, as well as the basketball regulations that were approved this week.

National Federation (NFHS) Updates (again):

Please see the link below regarding changes that have been made at the national level, these were released on May 11, 2020.
<https://www.nfhs.org/articles/game-forfeiture-process-clarified-in-2020-21-high-school-basketball-rules-changes/>

Mental Health: Please remember that this is a very difficult time for all (adults and student-athletes alike)

-ODH Mental Health & Addiction Services: website: <https://mha.ohio.gov/>, phone: 1-800-985-5990, Text: 66746