



Ohio High School Athletic Association

Kathleen Coughlin, Director of Sport Management

Basketball Coaches Memo August 19, 2020

OHSAA Covid-19 Update Page: Our organization has created a page where all 'Administrator Update' communications can be found, along with return to play guidance, and a record of them will live. Additionally, there are resources that may also be helpful. <https://www.ohsaa.org/Home/OHSAA-COVID-19-Correspondance>

Reminder:

Reminder from the June 1st basketball memo:

Below is the list of regulation changes that will affect how you can coach from **June 1-August 31**.

1. The 10-day rule has been eliminated
2. The 50% limitation has been eliminated
3. The August no-contact period has been eliminated

Remainder of August- Since the Governor's announcement yesterday

Please speak with your Athletic Administrator but recognize that they are very consumed with FALL sports. So much continues to change quickly, and they are having to adjust on the fly. They are doing an amazing job! If they permit, you may move forward with INTER, not just INTRA-squad scrimmages during the remainder of August. You will need to follow ALL Covid-19 mandates. *Please note that just as in the summer, these events cannot be mandatory, and you may not use a student-athlete's performance as an indicator of which team they will make in the winter.

Beginning September 1st:

Regular out-of-season regulations are back in effect

- Coaches may only work with 4 of their student-athletes in individual skill workouts
- 2 athletes may participate together in non-interscholastic play
- Open gyms may occur

NFHS Covid-19 Course: (Informative, free, takes about 20 mins)

The COVID 19 pandemic presents a myriad of challenges to high school athletic and activity programs. To help address some of those challenges, the National Federation of State High School Associations has developed "COVID-19 for Coaches and Administrators."

<https://nfhslearn.com/courses/covid-19-for-coaches-and-administrators>

Mental Health: *Please remember that this is a very difficult and uncertain time for all.*

-ODH Mental Health & Addiction Services: website: <https://mha.ohio.gov/>, phone: 1-800-985-5990, Text: 66746

General Sport Regulation Change:

I will continue to 'copy/paste' in ALL communications leading up to the season, as I DO NOT want anyone being surprised by this change.

- Any student or coach ejected from a contest for fighting will now be ineligible for **4 games** (rather than the previous penalty of 2 games). Fighting is defined by the NFHS as any attempt by a player or non-player to strike or engage an opponent in a combative manner unrelated to basketball. Such acts include, but are not limited to, attempts to strike an opponent(s) with the arm(s), hand(s), leg(s) or foot (feet).