

# 2023-24



## Basketball Coaches Manual

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Coach

THANK YOU! While we have always known the value of our coaches, and how much they impact our student-athletes, it has NEVER been truer than now. There is so much uncertainty in the world, and everyone (kids and adults alike) is looking for something stable. For many of our kids, even if their sporting events are in question, their relationship with their coach is ALWAYS felt. We appreciate the time and effort you have given and will continue to give and ask that you remain flexible and positive as we move into this winter together.

It is important that we work **together** to ensure this information is in the hands of ALL coaches – not just head coaches. In essence, this guide is a detailed written version of the online meeting that all head coaches are required to take.

And, speaking of ‘online meetings’, these rules meetings remain **mandatory** for Varsity Head Coaches and are offered **online**. Directions and availability are detailed in the early pages of this manual. We hope you’ll encourage your assistant and junior high coaches to view this also. The purpose of the “Rules Interpretation Meetings” is to give EVERYONE a thorough understanding of the interpretations of OHSAA Regulations as well as the changes and “points of emphasis” to the National playing rules written by the NFHS.

Rules governing OHSAA basketball stem from the National Federation (NFHS) *and* the OHSAA. NFHS Rules govern all playing rules while OHSAA Sport Regulations govern specific rules to Ohio as well as the various administrative regulations and interpretations. Our elected Board of Directors approves these regulations annually and serve as the basis for ALL schools playing by the same rules.

Practices for the 2023-24 season starts on October 27, 2023 (Girls) and November 3, 2023 (Boys) and concludes with the state basketball tournaments on March 14-16, 2024 for girls and March 22-24, 2024 for boys.

Communication is key in the successful administration of any of our sports. To assist in the administration of basketball, I have selected four individuals to serve as Regional Coordinators:

Kevin Calver, Northwest	<a href="mailto:kcalver@ohsaa.org">kcalver@ohsaa.org</a>
Jim Hayes, Central/Southeast	<a href="mailto:jhayes@ohsaa.org">jhayes@ohsaa.org</a>
Scott Kaufman, Southwest	<a href="mailto:skaufman@ohsaa.org">skaufman@ohsaa.org</a>
Don Spinell, East/Northeast	<a href="mailto:dspinell@ohsaa.org">dspinell@ohsaa.org</a>

I encourage you to ask questions or seek assistance by *first* going through your Athletic Administrator. We encourage YOUR communication with them to help us operate as efficiently as possible. My team will try to keep you informed of changes and current information with ‘Coach Memos’ that are emailed and posted on the basketball pages. Nearly all information can be found on the “Basketball” web pages (boys or girls). ***Please*** take the time to review the materials provided here, and I encourage coaches to ‘check the website’ periodically.

This is wishing each of you a successful basketball season. I commend you for your time and effort working with the student-athletes in Ohio.

*Doug Ute*

Doug Ute  
OHSAA Executive Director  
Basketball Sports Administrator

***The Ohio High School Athletic Association Mission Statement***  
*To serve our member schools and enrich interscholastic opportunities for students.*

## Important Basketball Dates

### GIRLS BASKETBALL

First day for online rules meeting	Wednesday, October 12, 2023 – 9:00 AM
First day of coaching	Friday, October 27, 2023
Regular Season contest begins	Wednesday, November 22, 2023
Sectional/District Tournament Draw	Sunday, February 4, 2024
Sectional Tournament	February 12-24, 2024
District Tournament	February 26-March 2, 2024
Regional Tournament	March 4-9, 2024
State Tournament	March 14-16, 2024
Season ends	March 16, 2024
No contact periods (two periods)	1. First day after last interscholastic contest and continuing for 28 Days. 2. August 1 -31, 2024

### BOYS BASKETBALL

First day for online rules meeting	Wednesday, October 12, 2023 – 9:00 AM
First day of coaching	Friday, November 3, 2023
Regular Season contest begins	Friday, December 1, 2023
Sectional/District Tournament Draw	Sunday, February 11, 2024
Sectional Tournament	February 19-March 2, 2024
District Tournament	March 4 -9, 2024
Regional Tournament	March 11-16, 2024
State Tournament	March 22-24, 2024
Season ends	March 24, 2024
No contact periods (two periods)	1. First day after last interscholastic contest and continuing for 28 Days. 2. August 1 -31, 2024

## OHSAA Basketball Resources

**Doug Ute**, Basketball Sport Administrator: [dute@ohsaa.org](mailto:dute@ohsaa.org)

**Beau Rugg**, Director of Officiating and Sport Management (Officiating Administrator): [brugg@ohsaa.org](mailto:brugg@ohsaa.org)

**Dennis Morris**, Director of Officiating Development: [dmorris005@woh.rr.com](mailto:dmorris005@woh.rr.com)

**Jim Hayes**, Regional Coordinator – C/SE – [jhayes@ohsaa.org](mailto:jhayes@ohsaa.org)

**Don Spinell**, Regional Coordinator – E/NE: [dspinell@ohsaa.org](mailto:dspinell@ohsaa.org)

**Kevin Calver**, Regional Coordinator – NW: [kcalver@ohsaa.org](mailto:kcalver@ohsaa.org)

**Scott Kaufman**, Regional Coordinator – SW: [skaufman@ohsaa.org](mailto:skaufman@ohsaa.org)

**OHSAA Basketball Webpage (Girls')**: <https://www.ohsaa.org/sports/girlsbasketball>

**OHSAA Basketball Webpage (Boys')**: <https://www.ohsaa.org/sports/boysbasketball>

**OHSAA Handbook:**

<https://ohsaaweb.blob.core.windows.net/files/SchoolResources/Handbook.pdf>

**NFHS (Rules, Court Diagrams, etc.):** <http://www.nfhs.org>

**Ohio High School Basketball Coaches' Association:** <https://oh.nhsbca.org>

## Looking Ahead to Tournament Time

OHSAA tournament divisions are determined by processes set forth in OHSAA General Sports Regulation 16. Changes to tournament division enrollment cutoffs after Board of Directors approval may occur if there was an error during this process that would apply to all schools. Therefore, changes to an individual school's data and/or tournament participation will NOT modify the approved tournament divisions. More information can be found at: <https://www.ohsaa.org/School-Resources/Divisional-Breakdowns-2023-24-School> year

<u>Enrolled</u>			<u>Total Schools</u>		
I	346 and more	198	I	320 and more	192
II	193-345	198	II	191- 319	192
III	121-192	201	III	113-190	191
IV	120 and less	<u>202</u>	IV	112 and less	<u>192</u>
		799			768

### Tournament Draw Dates

The draw date for tournaments is established by the Board of Directors. The approved dates for the 2022 Tournament are:

<b>Girls' Sectional/District Draw: February 4, 2024</b>	<b>2 p.m.</b>
<b>Boy's Sectional/District Draw: February 11, 2024</b>	<b>2 p.m.</b>

### State Tournament Dates

<b>Girls' State Tournament:</b>	<b>March 14-16, 2024</b>	<b>University of Dayton Arena</b>
<b>Boys' State Tournament:</b>	<b>March 22-24, 2024</b>	<b>University of Dayton Arena</b>

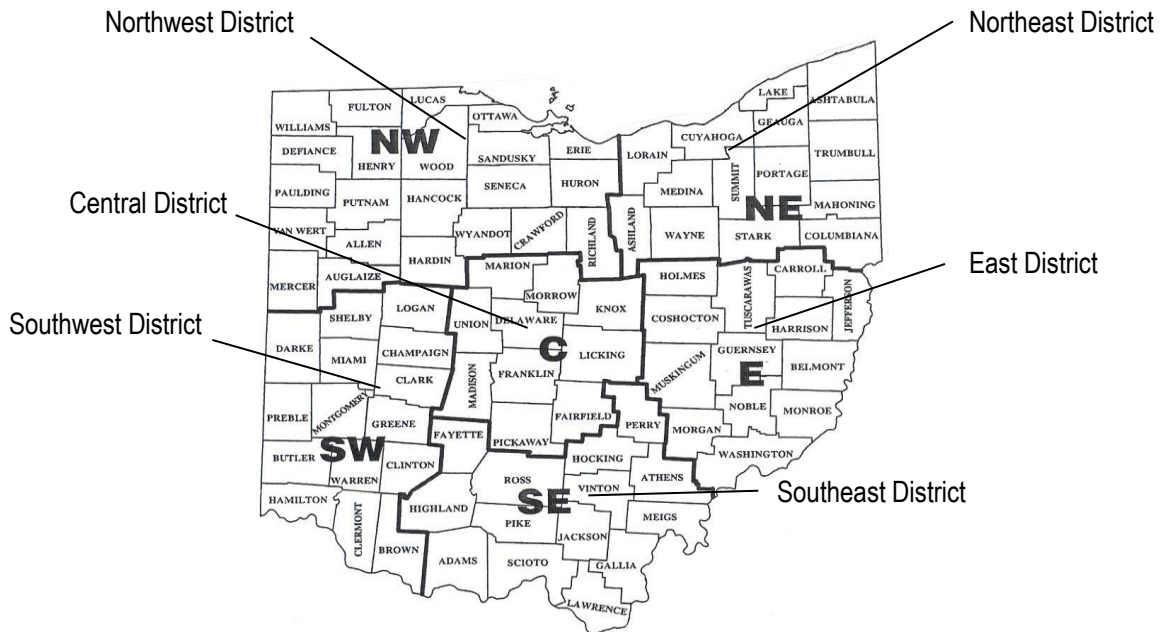
## Regional Tournament Representations

Tournament representations in basketball are based on the number of teams that participated in the tournament the previous year. Once the formula is applied, if a district does not have enough teams to earn a Regional Qualifier, the teams in that district are assigned to complete in another district.

Boys	D-I	D-II	D-III	D-IV		Girls	D-I	D-II	D-III	D-IV
C	4	2	2	2		C	4	2	2	1
E	w/C	2	1	1		E	w/C	2	1	1
NE	6	5	4	3		NE	6	5	4	3
NW	2	3	3	5		NW	2	2	3	6
SE	w/C	1	2	2		SE	w/C	2	3	2
SW	4	3	4	3		SW	4	3	3	3
	16	16	16	16			16	16	16	16

## Athletic Districts

Representation to the Regional tournament (the number of Regional ‘qualifiers’) from District winners is determined by a formula based upon the number of teams participating in the previous year’s tournament. The complete tournament regulations that will be adopted by the Board of Directors at its’ October meeting will be able to be read in their entirety by logging on to [www.ohsaa.org](http://www.ohsaa.org) and navigating to the boys’ or girls’ basketball site under the “Sports and Tournaments” pull down menu. With a few exceptions, most schools in the counties listed below are assigned sites from the respective District Athletic Boards. You are encouraged to visit their websites for additional information.





## The Ohio High School Basketball Coaches Association

The Ohio High School Basketball Coaches Association is voluntary, non-profit organization that was formed in 1947 by basketball coaches in Ohio. Today, the OHSBCA is one of the largest coaches' associations in the country with more than 4,000+ members. The OHSBCA is organized into 16 separate districts and are governed by officers. The objectives of this body include:

- To promote a harmonious relationship between principals and coaches in their respective schools concerning the administration of the game of basketball.
- To promote pure, wholesome, amateur interscholastic basketball in the schools of Ohio.
- To help maintain the highest possible standards in interscholastic basketball and the basketball coaching profession, and to work together for the improvement of conditions in Ohio High School Basketball.
- To secure a better understanding of the problems of high school basketball coaches and to place at the disposal of coaches, sources of information.
- To have a representative group of coaches to which may be referred basketball problems of general interest in the hope of creating better relationships between high schools and a sympathetic understanding of all basketball problems.

### Joining the OHSBCA

1. The Ohio High School Basketball Coaches Association holds a membership drive each September, the membership drive lasts until December 31 of that year. No memberships will be accepted between January 1 and August 31.
2. Annual membership fees are only \$25.00.
3. Memberships are active one current season

### The Value of Joining the OHSBCA

1. The OHSBCA maintains a strong Mentoring Program in each District.
2. Mentors are there to help with designing practice plans to helping interpret the rules of the game. They maintain a strong interest in the importance of high school basketball and insuring strong coaches from generation to generation. Mentoring lists are available from the website  
[http://www.ohiobkcoaches.com/Information/Mentoring\\_List.htm](http://www.ohiobkcoaches.com/Information/Mentoring_List.htm).
3. The OHSBCA maintains a listing of state records and assists with the publication of these records.
4. The OHSBCA promotes the student-athlete in basketball through various programs that include:
  - Academic All-Ohio Teams
  - All-State and All-District Teams including "Coaches of the Year"
  - Coaches Awards (100 game winners, 200 game winners, The Paul Walker Award, The Bob Arnzen Award
  - Scholarship Programs providing \$15,000.00 to members sons/daughters
5. OHSBCA has partnered with LUCEO SPORTS and the PLAYBOOK ANIMATION iOS app in order to provide every member access. This app enables a coach the option of drawing, storing and viewing plays from any electronic device (iphone, ipad, laptop, tablet, etc).



## OHSBCA EXECUTIVE COMMITTEE

<b><u>Role</u></b>	<b><u>Name</u></b>	<b><u>School</u></b>	<b><u>Email Address</u></b>
Executive Director/Awards Director	Joe Balogh	Retired	joe.balogh@ohiobkcoaches.com
President/Midwest Live Boys Director/Girls Coach of the Year Director	Doug Graham	South Point	dgraham@southpoint.k12.oh.us
Vice-President	John Feasel	Olentangy	john_feasel@olsd.us
Past President/Boys Coach of the Year Director	David Sheldon	Colonel Crawford	sheldon.david@cck12.org
Treasurer/Web Master/Newsletter	Pat Carroll	Lake	hoopmaster@ohiobkcoaches.com
Secretary/Boys Assistant Coach of the Year Director/Paul Walker Award Director	Bob Von Kaenel	Dover	vonkaenel@dovetornadoes.com
District 1 Director	Jeff Brink	Springfield	brinkj@hudson.k12.oh.us
District 2 Director	Sean O'Toole	Gilmour Academy	otooles@gilmour.org
District 3 Director	Brett Larrick	Elyria	larrickbrett@elyriaschools.org
District 4 Director	Tom McBride	Lake	mcbridetom@lakelocal.org
District 5 Director	Joe Dunlevy	Indian Creek	joseph.dunlevy@iclsd.org
District 6 Director	Roger Jury	Hopewell-Loudon	rjury@hlschool.net
District 7 Director	Dave Boyce	Perrysburg	dboyce@perrysburgschools.net
District 8 Director	Aaron Elwer	Delphos St. Johns	aelwer@delphosstjohns.org
District 9 Director	Kris Spriggs	Kenton Ridge	krisspriggs@nelsd.org
District 10 Director	Pat Murphy	DeSales	patmurphy@desales.co
District 11 Director	Chris Powell	Granville	powell.425@gmail.com
District 12 Director	Mark Romick	River	mark.romick@omeres.net
District 13 Director	Travis Wise	South Point	twise@southpoint.k12.oh.us
District 14 Director	Josh Arey	Peebles	josh.arey@ovsd.us
District 15 Director/Girls North-South All-Star Game Director	Adam Priefer	Centerville	adam.priefer@centerville.k12.oh.us
District 16	Ricardo Hill	Indian Hill	coachricardohill@yahoo.com
District 1 & 4 Girls Director/Girls Player of the Year Director	Mike Miller	Triway	coachmiller234@gmail.com
District 2 & 3 Girls Director/Top 20 Director	Andrew Booth	Wadsworth	abooth@wadsworthschools.org
District 5 & 12 Girls Director	Troy McClellan	Strasburg	troy.mcclellan@strasburgtigers.org
District 6 & 7 Girls Director/Midwest Live Girls Director	Natalie Lantz	Shelby	natalie.lantz@gmail.com
District 8 & 9 Girls Director/Girls Assistant Coach of the Year Director	Greg Rickard	Crestview	gprickard24@gmail.com
District 10 & 11 Girls Director	Dave Butcher	Reynoldsburg	butcherdave06@gmail.com
District 13 & 14 Girls	Jon Buchanan	Fairland	jonathan.buchanan@fairland.k12.oh.us



Director			
District 15 & 16 Girls Director	Beth Simmons	Summit Country Day	simmons_b@summitcds.org
OHSBCA Gold/Silver Awards Director	Blake Balogh	Worthington Kilbourne	bbalogh@wscloud.org
Hall of Fame Director	Paul Wayne	Retired	wayno14@embarqmail.com
NHSBCA Rep	Tom Barrick	Retired	Tom@nhsbca.org
OHSBCA Advisor	Larry Wilson	Retired	wilson120@cox.net
Public Relations Director/Clinic Director/Academic Director/Podcast	Adam Hall	Canton South	ohsbcapublicrelations@gmail.com
Boys North-South All-Star Game Director/Boys Player of the Year Director	Greg Nossaman	Olentangy Liberty	greg_nossaman@olsd.us
Midwest Live Boys/Girls Assistant Director	Joe Bogdan	Canton McKinley	joe.bogdan.44@gmail.com
OHSBCA Scholarship Director	Scott McVeigh	Retired	smcveigh@perkinsschools.org
Podcast	Walt Cerrato	Canton South	wc32124@gmail.com

## Rules Interpretation Meeting Information

Rules affecting basketball coaches/team are classified as being “Administrative Rules” or “Playing Rules”. There are limited RULE **changes** for the 2023-24 season and as a result, meetings will be held ONLINE only again this year. It is more efficient to deliver specific Administrative Rule changes/highlights to coaches and officials separately through an **online delivery of the Mandatory State Rules Meetings**. A significant amount of the meeting will be spent detailing specific General Sports Regulations affecting basketball. Completion of the Rules Meeting remains mandatory for 2023-24. The Rules Meeting for Coaches is geared exclusively FOR coaches.

OHSAA Basketball Sports Regulations will be covered as well as General Regulations and Bylaws as they pertain to coaches and players. Though the main purpose is to provide knowledge and advice on the various OHSAA regulations, this is the education mechanism to ensure compliance with the various rules and regulations. Considering many infractions that occur throughout the year, information provided in these meetings is designed to reduce and prevent these infractions.

**NOTE: YOU MUST USE A DESKTOP OR LAPTOP COMPUTER TO VIEW THIS MEETING, OTHERWISE YOUR ATTENDANCE WILL NOT BE RECORDED. (CHROME TABLETS WILL NOT RECORD YOUR ATTENDANCE)**

### Instructions and Tips for Completing the Rules Meeting Online

#### **For Coaches:**

Rules meetings are ONLY available through the coach’s individual myOHSAA Account.

IF you do not have your account already, you will obtain your myOHSAA Account in this way:

1. Your Athletic Director adds the staff member’s name by using the “Add New Staff” button.
2. Your AD follows the prompts to add the:
  - a. New Staff Member’s FIRST NAME
  - b. New Staff Member’s LAST NAME
  - c. New Staff Member’s EMAIL ADDRESS
  - d. Check box(es) to assign the appropriate roles/positions
  - e. Click the “INVITE NEW STAFF” button
3. The invited staff member (you) receives an email from [info@myohsaa.org](mailto:info@myohsaa.org) . **The invite is ONLY GOOD FOR 10 DAYS!**
4. Once the new staff member (you) opens the email,
  - a. Click the link inside and follow the prompts to either ‘login’ or ‘create an account’

Once you login to your myOHSAA profile, click on the “Rules Meetings” tab and then ‘Find a State Rules Meeting’. Please note that all screens of the presentation must be viewed for attendance credit to be provided. PLEASE note that this is NOW INSTANTANEOUS and you can check your myOHSAA account for attendance. Go to the Rules Meetings Tab and “My State Meeting Attendance” on the left-hand side. There will be a date and time stamp indicating completion of the meeting. If you do not see your attendance in your account after completing the meeting, please email [membershipservices@ohsaa.org](mailto:membershipservices@ohsaa.org) so we can make the proper adjustment.

**The ONLINE Rules Meeting link will be live on Wednesday, October 11, 2023 at 9 a.m.**

The last day for completion of the online version is **November 23, 2023 at 11:59 pm** or a \$50.00 late fee is charged for access to the online version. The final deadline, with penalty, is Monday, **January 29, 2024**, at 11:59 pm. **AFTER JANUARY 24 at 11:59 pm, THE BASKETBALL RULES MEETING WILL NO LONGER BE AVAILABLE.**  
*Should you not take the Basketball Rules Meeting by this date, you will be removed from the tournament.*

## Pre-Season Parent Meetings

Pre-Season meetings are required before every sport season, specifically this year many of these may be done in an online format. Most of these occur in conjunction with other winter sports and it is a great time to inform parents of expectations before the season begins. The OHSAA provides several materials to be used at these meetings, one of which is a PowerPoint presentation. Additionally, there are more resource materials on our website under School Resources: <https://www.ohsaa.org/School-Resources>. We also have encouraged coaches to invite local officials to meet with their team during pre-season workouts, early practices or at your pre-season meeting. It allows the officials to meet the athletes and discuss new rules. Again, it provides a forum for healthy discussions and an opportunity for parents to learn more about the game.

## Coach Certification & Education Requirements

As outlined in Ohio Administrative Code, all Coaches of Middle School/Jr. High and High School teams **MUST** possess a “Pupil Activity/Coaching Permit” to coach in Ohio. This includes paid coaches AND volunteer coaches. School administrators are responsible for maintaining records on compliance and most schools provide opportunities for their coaches to obtain the necessary coursework. Information on obtaining your Permit can be found at: <http://education.ohio.gov/Topics/Teaching/Educator-Licensure/Audiences/Coaching-Permits>. To obtain the required certificate through the ODE, one must:



- Have completed a Sports' First Aid Course
- Possess a valid CPR Card
- Completion of the ODH/ODE Sudden Cardiac Arrest Certification (Lindsay's Law)  
The approved training includes (1) viewing the coach video and reading the coach handout. Training **MUST BE COMPLETED ANNUALLY**
- Have been approved by their local Board of Education or similar governing body
- Complete the NFHS Fundamentals of Coaching course
- Complete 1 of the 2 approved Concussion Recognition/Management Courses
- Complete Mental Health support training (effective July 4, 2023)

## Concussion Legislation as it relates to Coaching Requirements

Though the entire law is explained later, all coaches today **MUST** complete one of two (2) approved Concussion Education programs online upon renewal of their Pupil Activity Permit any time after April 26, 2013. Individual student-athletes removed from contests with a suspected concussion are no longer permitted to return to play on the same day of the contest – regardless of the diagnoses. If they are removed by one of the individuals given this authority, they simply cannot return to play the same day. Written authorization **IS** required to return anytime thereafter and must be kept on file with the school Athletic Administrator.

## Lindsay's Law- Sudden Cardiac Arrest

ODE Website: <http://www.odh.ohio.gov/landing/Lindsays-Law.aspx>

Lindsay's Law, Ohio Revised Code 3313.5310, 3707.58 and 3707.59 became effective on August 1, 2017. In accordance with this law, the Ohio Department of Health, the Ohio Department of Education, the Ohio High School Athletic Association, the Ohio Chapter of the American College of Cardiology, and other stakeholders jointly developed guidelines and other relevant materials to inform and educate students and youth athletes participating in or desiring to participate in an athletic activity, their parents, and their coaches about the nature and warning signs of sudden cardiac arrest. The following resources were developed to implement Lindsay's Law:

For parents/guardians and student- athletes in grades 7-12 in Ohio schools

- Required video
- Required SCA Informational Handout
- Required Signature Form

### For coaches:

If you are a coach for an interscholastic sport and are licensed by the Ohio Department of Education (all paid and volunteer coaches in Ohio), please visit their website for information about their training requirements around Lindsay's Law <http://www.odh.ohio.gov/landing/Lindsays-Law.aspx>. The required video, informational handout and a post assessment test will be available through the ODE's website.

## Coaches' Toolchest

The OHSAA has partnered with Coaches' Toolchest as a one stop shop for coaches to obtain certifications. The program helps ensure that coaches have the knowledge they need to best serve their student athletes and to position those athletes for success in sport, and in life. For administrators, it provides an efficient, simple method of ensuring all the school coaches are compliant with their PAP requirements. More than just meeting the legally mandated minimum requirements the program adds in a professional development piece as well. For more information, please check out the link [HERE](#)



Website: [Coachestoolchest.com](http://Coachestoolchest.com)

## Helping with Military Appreciation Night

The OHSAA has designated **Friday/Saturday January 26/27, 2024** as Military Appreciation weekend. We are asking that ALL Schools across the state band together for one consistent theme night – Military Appreciation Night. Your school will hear more about this through various communications; however, we are asking YOUR HELP as the head coach to encourage participation in this night. The event has experienced an incredible success in previous years. YOUR leadership will go a long way into making this a successful night that has been recognized **nationally**. THANK you for your encouragement to your student leaders.



## 2023-24 Rules Information

### Rules Changes

**2-1-3 NOTE (NEW):** Requires the shot clock operator to sit at the scorer's and timer's table, if using a shot clock. (Not in effect in Ohio)

**Rationale:** Establishes the placement of the shot clock operator for those states utilizing the shot clock and the growing use of video boards that allow tablet control from anywhere in the gym.

**3-4-5:** Requires uniform bottoms on teammates to be like-colored while allowing different styles of uniform bottoms among teammates.

**Rationale:** Clarifies that teammates must all wear like-colored uniform bottoms but may wear Multiple styles while aligning language with other NFHS rules codes.

**3-5-6:** Allows undershirts worn under visiting team jerseys to be black or a single solid color similar to the torso of the jersey. All teammates wearing undershirts must wear the same solid color.

**Rationale:** Allows schools with hard-to-find colors to wear black under visiting team jerseys while continuing to require all team members to match.

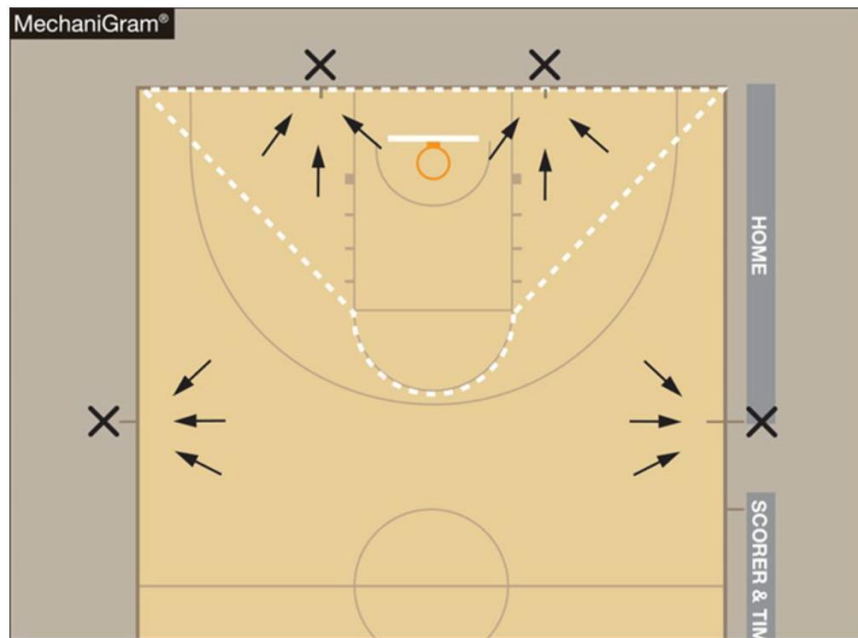
**4-8-1:** Eliminates the one-and-one for common fouls beginning with the seventh team foul in the half and establishes the bonus as two free throws awarded for a common foul beginning with the team's fifth foul in each quarter and resets the fouls at the end of each quarter.

**Rationale:** Improves flow by providing an opportunity for teams to adjust their play by not carrying over fouls from quarters 1 and 3 to quarters 2 and 4 while significantly reducing the opportunity for correctable errors to occur. Minimizes risk of injury by eliminating the one-and-one and reducing opportunities for rough play during rebounding opportunities.

**7-5-2 thru 5:** Establishes four throw-in spots (the nearest 28-foot mark along each sideline or the nearest spot 3-feet outside the lane line on the end line) when the ball is in team control in the offensive team's frontcourt and the defensive team commits a violation, a common foul prior to the bonus, or the ball becomes dead.

**Rationale:** Simplifies throw-in procedure when there is team control in the frontcourt and the defensive team commits a violation.

**Proper frontcourt throw-in locations:**



**7-6-6:** Allows the official administering a throw-in to the wrong team to correct the mistake before the first dead ball after the ball becomes live unless there is a change of possession.

**Rationale:** Allows for a correction of an official's mistake in a more reasonable timeframe.

**9-3-3:** Establishes that a player may step out of bounds without penalty unless they are the first player to touch the ball after returning to the court or if they left the court to avoid a violation.

**Rationale:** Allows a player to step out of bounds if they gain no advantage and penalizes a team only if they gain an advantage by leaving the court and returning to avoid a violation or to be the first to touch the ball.

## Points of Emphasis

*Points of emphasis are specific rules that need more attention by players, coaches, and officials. Generally, when a “Point of Emphasis” does not show significant improvement, rule changes result to further correct an identified issue. The “Points of Emphasis” for Coaches and Officials for 2023-24 are listed below with an explanation of each.*

### Uniforms, Equipment and Apparel

The NFHS regularly receives questions regarding the legality of uniforms, equipment and apparel. It is imperative that not only officials understand the rules governing uniforms and equipment, but coaches and players as well. Uniform jerseys must comply with the rules listed in 3-4, 3-5 and 3-6. The rules are concise and clear regarding what is and is not permissible on the jersey. An NFHS basketball uniform guide was created to illustrate the proper uniform design graphically. That document and an animated presentation can be found on the NFHS website.

#### Uniforms

- A. Requests to make an exception to Rule 3-4, Uniforms (e.g., Pink Out night, Retro/ Throw Back night, Military Appreciation night) must be submitted to the state association before the event for approval. Uniform requirements MAY NOT be altered by mutual agreement between schools or coaches.
- B. As has been the rule in the past, uniform bottoms do not have to match the torso of the uniform; however, with the adoption of Rule 3-4-5, uniform bottoms must be like-colored among teammates. To provide clarity, the following examples are provided:
  - Teammates may wear multiple styles of uniform bottoms, which may include shorts, skirts or pants.
  - The color of the uniform bottoms are not required to be the same as the uniform top; however, the bottoms must be a consistent color among teammates. The bottom style may differ for every player, but the color must be the same.Example – A1 is wearing a white jersey and red shorts. A2 is wearing a white jersey and a red skirt. Legal, as long as the bottom is red for all five players.
- C. Rolling and/or tucking of uniform bottoms is permissible, as long as the compression tights/sleeves, if worn, are color compliant.

#### Equipment and Apparel

- A. Undershirts, if worn, must adhere to the following:
  - Home Team – Shall be white, shall be hemmed, and shall not have frayed or ragged edges. If the undershirt has sleeves, they shall be the same length.
  - Visiting Team – Shall be a single solid color similar to the torso of the jersey OR be solid black. The undershirt shall be hemmed and shall not have frayed or ragged edges. If the undershirt has sleeves, they shall be the same length. Team members may wear either a single solid color similar to the torso of the jersey or black, but not both.Example – Visitor B1 wears a purple jersey and a black undershirt. Visitor B2 is wearing a purple jersey and purple undershirt. Illegal. Both undershirts are a legal color; however, teammates must wear the same color undershirt. This situation would be legal if all teammates wore a black undershirt or if all teammates wore a purple undershirt.
- B. Arm sleeves, knee sleeves, lower leg sleeves, compression shorts and tights are permissible:
  - Anything worn on the arm and/or leg is a sleeve, except a knee brace, and shall meet the color restrictions.
  - The sleeves/tights and compression shorts shall be black, white, beige or the predominant color of the jersey, and the same color sleeves/tights shall be worn by teammates.
  - All sleeves/tights and compression shorts shall be the same solid color and shall be the same solid color as any headband or wristband worn.



Coaches and school administrators must ensure that legal uniforms are being ordered and purchased from manufacturers/distributors. If in doubt, PRIOR to purchasing uniforms, equipment or apparel, confirm legality with the local state association.

### **Bench Decorum**

The rules committee is concerned about bench decorum rule violations by coaches and bench personnel. Only through enforcing existing rules will coaches and bench personnel exhibit appropriate and acceptable behaviors. Coaches are expected to remain in the coaching box. The extension of the coaching box six years ago was intended to allow coaches to communicate with their players near the end line without violating the Coaching Box rule or creating a need to come onto the playing court.

Coaches who go beyond the 28-foot line, or more importantly, onto the playing court, gain a distinct advantage, which is not within the spirit and intent of the rules. Coaches are reminded that while the bench area expands during a time-out, the bench area does not extend beyond the 28-foot line. Coaches and other bench personnel may not move to the expanded bench area until the time-out begins to ensure bench personnel do not create inadvertent contact with opposing players still out on the playing court. Coaches who leave the expanded bench area to engage officials inappropriately are subject to a warning or a bench technical foul.

Misconduct by players, coaches and bench personnel is not permitted. There is continued support for officials to use all the tools at their disposal. These tools include promptly issuing an administrative warning for misconduct by coaches and bench personnel or assessing a technical foul if warranted. Players' taunting, baiting, finger-pointing, trash-talking, and using inappropriate gestures have increased during the past several seasons. Specifically, trendy hand gestures and body language meant to demean, and single-out opponents is not a reflection of good sporting behavior and has no place in the interscholastic setting. Players and coaches are permitted to celebrate an individual or team accomplishment, but they cannot direct that celebration toward their opponent. Also, players and coaches are not allowed to disrespectfully or inappropriately address and/or gesture at an official after a ruling is made on the court.

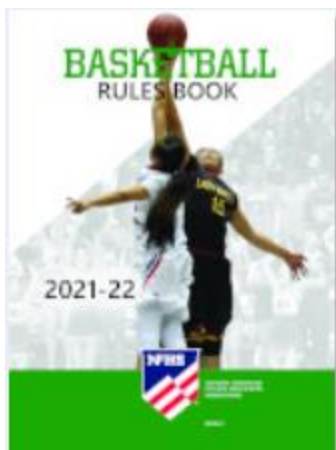
Player and coach behavior, which in the official's judgment is determined to be a taunt of an opponent or a disrespectful act toward an official, shall be penalized by assessing a technical foul. Assistant coaches are not authorized to approach the scorer's table at any time. The head coach is permitted to go to the scorer's table to request a 60-second time-out to confer with personnel regarding a correctable error or to prevent or rectify a timing or scoring mistake/error or an alternating possession mistake.

### **Throw-Ins – Proper Locations**

Proper inbound spots contribute to the overall flow and fairness of the game. When the ball is inbounded from the correct location, it ensures that the offense and defense have an equal chance to contest the possession. It prevents teams from gaining an unfair advantage by manipulating the inbound spot, which could disrupt the balance of the game. Coaches design specific plays and offensive/defensive strategies based on where the ball will be put in play. It is, therefore, essential for game officials to be diligent in administering the ball at the proper throw-in location.

With the adoption of Rules 7-5-2 through 7-5-4 coaches, players and officials are reminded of the following rules governing throw-in locations:

- A. Anytime a team causes the ball to go out of bounds in either the front court or the backcourt, the throw-in occurs from the spot where the ball went out of bounds.
- B. When a violation by either team, a foul before the bonus or either team or dead ball (i.e., an inadvertent whistle or a held ball) occurs that will result in a throw-in, officials must ask themselves three questions: Where did the violation/foul occur? Is the throw-in team in its front court or backcourt? Where was the ball when the interruption occurred?
  1. If the throw-in is to be in the team's front court, it shall be at either the nearest 28-foot mark along each sideline or the nearest spot 3 feet outside the lane line and the end line. (Diagram 5)
  2. If the throw-in is to be in the team's backcourt, the throw-in shall be at the designated spot nearest to where the foul, violation or other stoppage in play occurred.



## State Adoptions Permitted by NFHS Rules

The National Federation has identified specific items that may or may not be adopted by each state association. These are found on page 71 of the NFHS Rules Book. The following State Adoptions are permitted to be made and either “adopted” or “not adopted” in the state of Ohio.

### **Determining ball size for junior high boys’ competition – Adopted in Ohio**

**Comment:** The NFHS Playing Rules permit states to determine on a state-by-state basis what ball is best suited to be used at the Junior High level. The OHSA has determined that the ‘smaller’ COMPOHIO285CB is the best for players that age.

### **Authorizing use of replay equipment at the conclusion of a state championship series contest – Adopted in Ohio**

**Comment:** This will be used at the state tournament Final Four. The NFHS Rule permits it on a state-by-state basis, however it may only be used at the end of regulation (or overtime) and only to determine if an attempt was released in time AND whether it was from behind the 3-point line or not. It has been tested and the use of a minimum of 3 camera angles has shown that it CAN be utilized without flaw.

### **Authorizing rule exceptions to provide reasonable accommodations– Adopted in Ohio.**

**Comment:** The NFHS allows reasonable accommodations to be made to individual participants with disabilities and/or special needs, as well as those individuals with unique and extenuating circumstances. If permission is granted, you will keep that to show officials prior to a contest.

### **Authorizing use of a running clock when a specific point differential is reached – Adopted in Ohio for all games.**

**Comment:** Any time a score differential reaches 35 points during the second half, a running clock shall be utilized. After the 35-point score differential has been met but the score drops below 30 points, the clock reverts to regular NFHS timing. (This eliminates timing issues in a faster paced contest). The clock shall be stopped only for an injured player on the court or when there is any unusual delay deemed necessary by the officials.

### **Determining the number of electronic media time-outs – Adopted in Ohio.**

**Comment:** This is primarily a concern at the state tournament level since it is the only level in which LIVE television is permitted. At the state tournament level, the number of “TV Timeouts” is carefully reviewed with finalists prior to the state tournament.

### **Authorizing use of one commemorative/memorial patch on the jersey – Adopted in Ohio.**

**Comment:** The patch shall not exceed 4 square inches, shall not be a number and must be located above the neckline or in the side insert.

## Rawlings & Game Ball Information

The Rawlings Basketball (see below) is required for use during the OHSAA tournament. Rawlings continues to be the official ball provider for boys' and girls' basketball as well as supporting the OHSBCA with various products.

Official OHSAA Girls' Tournament Ball: **COMPOHIO285CB ("Contour")**

Official OHSAA Boys' Tournament Ball: **COMPOHIOCB ("Contour")**

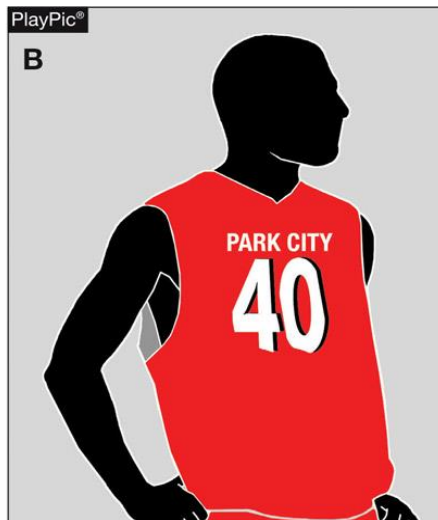
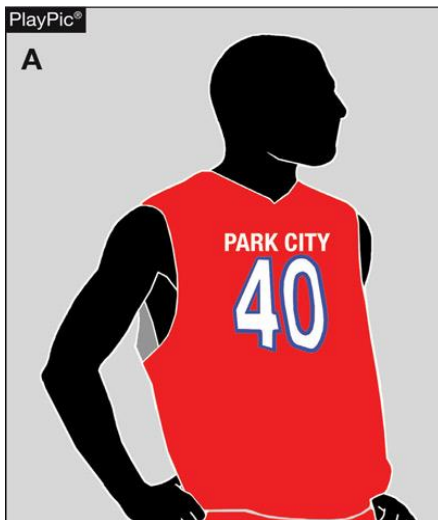
The smaller basketball (28.5 – 29" circumference and 18-20 oz.) is mandatory for use in girls' basketball grades 7-12 and in boys' basketball for grades 7-8.

Please note that a **PINK BASKETBALL IS NEVER PERMITTED FOR USE.**

## Uniform Requirements

### UNIFORM NUMBERING CHANGE EFFECTIVE 2024-25 SEASON

- Beginning in the 2024-25 season, the body of the number must clearly contrast from the body of the uniform regardless of trim.
- Two legal jersey numbering options will remain:
- A solid contrasting number with no more than two solid color  $\frac{1}{4}$ -inch borders around the entire number (PlayPic A);
- A solid contrasting color with a "shadow" trim of a contrasting color on part of the number not to exceed  $\frac{1}{2}$  inch in width and may be used with one  $\frac{1}{4}$ -inch border (PlayPic B).



## GENERAL UNIFORM GUIDELINES



Many websites allow players and coaches to design uniforms, which has increased the need to pay close attention to uniform regulations. Uniform regulations are developed as part of the National playing rules by the National Federation (NFHS). NBA and Olympic team uniform styles seldom meet the NFHS regulations, so you are encouraged to review these uniform regulations when ordering new uniforms. The NFHS has detailed uniform diagrams here: [https://www.nfhs.org/media/1020279/basketball-uniforms\\_22-23.pdf](https://www.nfhs.org/media/1020279/basketball-uniforms_22-23.pdf)

A few key points of the Uniform Regulations are listed below:

- Numbers must be centered horizontally and vertically on the front and back with at least a 6" number required on the back and a 4" number on the front.
- Approved uniform numbers shall not include BOTH "0" and "00". One or the other is permitted...not both.
- Home team uniforms MUST BE WHITE while visiting team uniforms must be a contrasting dark color. **The 'dark' color of away uniforms should be the darker of the school colors.** This would eliminate gray, orange, or yellow/gold for away uniforms in most instances. This is not mandated for sub-varsity teams (but eventually will).
- The American flag may be worn on the team shirt provided it does not exceed 2 x 3 inches and does not interfere with the visibility of the player's number
- A visible manufacturer's logo/trademark is permitted on the jersey and the short but is not permitted on the undershirt
- A player's team jersey designed to be worn inside the pants shall be tucked inside the pants and the pants shall be above the hips and worn properly. A player not conforming to this uniform policy shall be directed to leave the game.
- A commemorative/memorial patch may be worn on the jersey provided it is not a number and must be worn above the neckline or in the side.

## SHOOTING SLEEVES

"Shooting Sleeves" are addressed in the NFHS Rules Book in Rule 3, Section 5, Article 3. A simplified document on the legality of sleeves, tights, compression shorts, etc., can be found at: [https://www.ohsaa.org/Portals/0/Sports/Basketball-Girls/Uniform\\_Rules12-11-15.pdf](https://www.ohsaa.org/Portals/0/Sports/Basketball-Girls/Uniform_Rules12-11-15.pdf). *Arm Sleeves, knee sleeves, lower leg sleeves, compression shorts and tights are permissible:*

- *Anything worn on the arm and/or leg is a sleeve, except a knee brace and shall meet the color restrictions.*
- *The sleeves/tights, compression shorts shall be black, white, beige or predominant color of the jersey and the same color sleeves/tights shall be worn by all teammates*
- *All sleeves/tights, compression shorts shall be the same solid color and must be the same color as any headband or wristband worn*

- *Meet all logo requirements (only 1 manufacturers logo OR school logo with size limitation of 2 ¼ square inches and shall not exceed 2 ¼ inches in any dimension)*



Legal



NOT Legal



NOT Legal



NOT Legal

## HEADWEAR – OTHER EQUIPMENT

Nearly all equipment issues are addressed in Section 5 of the NFHS Basketball Rules in Rule 3. Some important items:

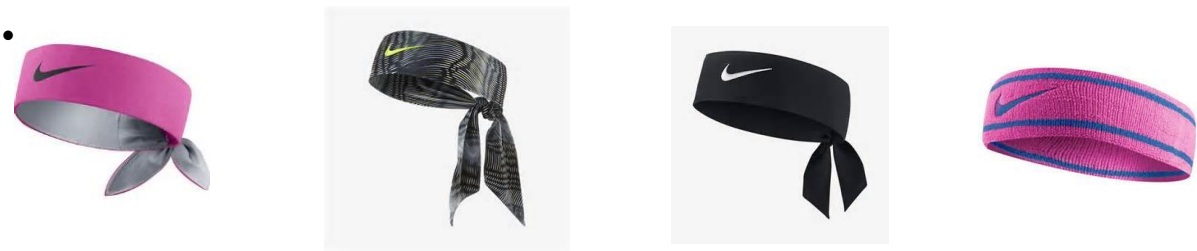
**Braces, casts, splints, etc. are NEVER PERMITTED TO BE WORN on the elbow, hand, finger/thumb, wrist, or forearm, EVEN if it were covered with padding. Simply NOT permitted.** Many find this difficult to understand and often will provide a 'physician's note' that indicates it is necessary. However, even if a physician DID provide a medical note – it is still NOT permitted. This is basically due to the risk of eye injury to others on the court.

NOT Legal



**Wristbands and Headbands must meet the following requirements outlined in Rule 3 Article 4 of the NFHS Playing Rules:**

- Headbands and Wristbands must be a single solid color of **white, black, beige or the predominant color of the jersey.** Headbands and wristbands that are worn must be the same color for each item and all participants and must be the same color as any sleeve or tight that is worn.
- Only 1 wristband may be worn on each wrist with it being no more than 4 inches wide. It must be worn on the arm **below the elbow** and must be unadorned (no writing of any kind on the wristband).
- **HEAD COVERINGS** 3-5-4d: Allows hair adornments provided they are securely fastened close to the head and do not present an increased risk to the player, teammates, or opponents. Rubber, cloth or elastic bands, beads, barrettes, and bobby pins may be used to control hair.
- Only 1 headband may be worn, and it must be worn on the forehead/crown. It must be unadorned and can be **no more than 3 inches wide.**
- The Headband that became popular that ties in the back is **NOT LEGAL – since the tie in the back hangs down below 2 inches.**



**ALL of the Headbands shown above are NOT LEGAL**

**Head decorations are prohibited.**

**REMINDER:**

**Head Decorations and Headwear Refer to the National Playing Rules of the sport to determine what head decorations or headwear are permissible.**

Exception: In the event a head coach represents to the referee in advance of the start of the competition that a player wishes not to expose his/her uncovered head, the referee shall approve a covering or wrap which shall not:

1. Fundamentally alter the sport.
2. Be abrasive, hard or dangerous to any other participant.
3. Be attached in such a way that it is likely to come off during play, and
4. Be deemed to be unsporting/offensive. For other exceptions not addressed above, school administrators and/or head coaches shall contact the OHSAA sport administrator via email well in advance of the competition date to discuss if a waiver is available and, if so, the details of the waiver process.

Note: If there are any concerns about head decorations or headwear well in advance of the start of competition on that day, contest officials shall approach the head coach (or assistant coach if the head coach is not available) to address the issue

## **“Special Event” Contests**

“Coaches vs Cancer”, the Kay Yow/WBCA Cancer Fund, and other events through the National Basketball Coaches Association have become part of many schools’ basketball contests. These “Game for a Cause” often desire to have uniforms not permitted within the NFHS uniform regulations. Obviously, the OHSAA supports these events and schools/coaches’ efforts to become involved in the “OHSAA Foundation Service Week” was instituted with this concept in mind, giving schools through the sport of basketball the opportunity to generate support and funds for **local** charities. We continue to support the OHSAA’s Foundation in that endeavor and continue to encourage student-athlete involvement for support that stays within the local communities, while applauding coaches’ efforts to orchestrate these events.

In the event schools choose also to be part of an event in which exceptions are requested to NFHS Basketball Uniform Regulations, the request may be made to wear an alternate uniform color (pink for example), headbands, wristbands, etc. (No request is needed for shoelace or shoe colors). However, number requirements (size, location) must still meet NFHS Uniform Requirements. If you wish to do this, after working out details with the opposing school, please utilize the Waiver Request Form located online on the “Basketball” web pages. Upon approval, please then contact game official

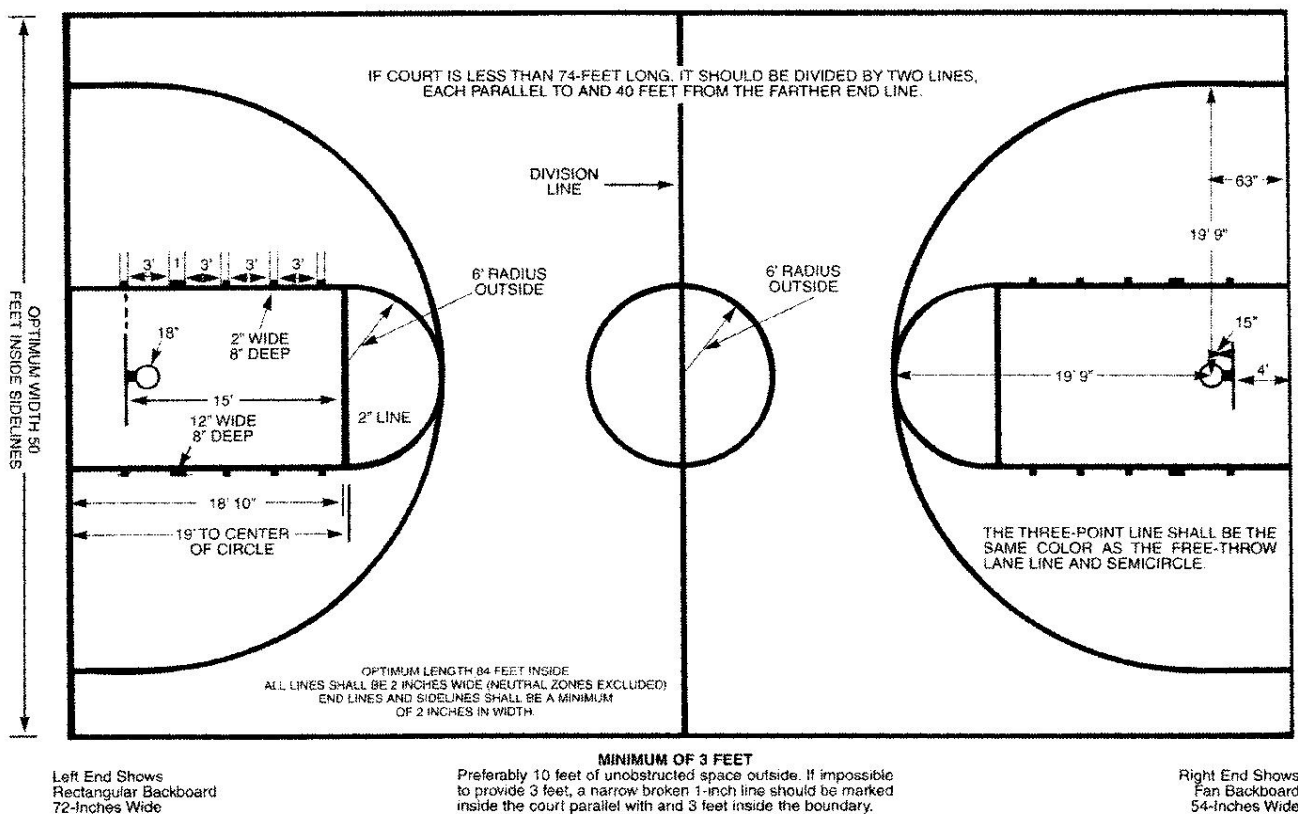
**A PINK (or other alternate color) BASKETBALL IS NOT PERMITTED for use during any basketball contest.**

## “Running Clock” – Score Differential

**NFHS Playing Rules permit the use of a running clock when a specific point differential is reached by STATE ADOPTION**

This has been adopted in Ohio that will authorize a running clock anytime the score reaches a 35-point differential in the second half in all regular season and tournament games.

## The Court & Related Information



## Important Note Regarding “Buffer Zones”

### (From NHS Rule Book)

More and more schools are placing chairs near the court to use as the ‘team bench’ instead of the front row of the bleachers. Though it is certainly acceptable to do so, special note should be made to the Playing Court Dimensions (Rule 1, Section 1) and the Supplement to the Court Diagram. *This rule and supplement require a **minimum** of 3 ft. of unobstructed space outside boundaries (sidelines and end lines) between those lines and the seating. The **preferred** amount of space is 10 ft. This simply means that IF you utilize chairs for bench seating, you MUST insure adequate space (3 ft.) from those chairs to the sideline. The design of many older courts does not permit this and players’ feet and/or chair legs are within a foot or so of the sideline, which is not permissible.*



# OHSAA Sports' Regulations

Regulations governing the sport of basketball are divided into two basic categories: **GENERAL Sports' Regulations** and **BASKETBALL Regulations (sports specific)**. These are reviewed annually and approved by the OHSAA's Board of Directors.

## General Sports' Regulations

These "General" regulations address regulations that affect *all sports* governed by the OHSAA. They include, but are not limited to, such things as Instructional Programs outside the window of the season, Physical Fitness (Conditioning) Programs, Open Gym Regulations, No Contact Periods, Player, and Coach Ejection Policies. These are important and *most* areas of concern can be addressed simply by reading through these Regulations or contacting your Athletic Administrator. They are easily accessed via the web by navigating to the "Basketball" webpage (boys' or girls') and clicking on "General Sports' Regulations" on the left hand side. They are also available by clicking on the link below:

<https://ohsaaweb.blob.core.windows.net/files/Sports/GeneralSportsRegulations.pdf>.

You are **strongly encouraged** to take the time to read these to familiarize yourself and your staff with the various rules approved by the Board of Directors that govern all sports. Though there are far too many to list in this manual, a *few* of the more common ones that affect basketball squads are:

## General Sports Regulation 7.3 -7.5 -Student Participation on Non-interscholastic teams and Coaching

School coaches are permitted to coach non-school (AAU, AYBT, GYB, etc.) outside the season with players from your school teams on it. Before you start thinking you can coach and have voluntary practice outside the season (such as in September or October) read further:

First, there are 3 regulations that must be followed:

1. The No-Contact Period must be followed. It still exists and that STILL means that during those 2 periods of time you will NOT be permitted to coach. According to the General Sports Regulation any coach, paid or volunteer, approved by the Board of Education shall not coach or provide skill instruction to team members in the sport of basketball during two periods of no-contact. This includes any type of tryouts in or out of school for purposes of non-interscholastic.
  - a. the first day after the school's last interscholastic contest and ending 28 days later.
  - b. August 1 - 31
2. General Sports Regulation 7-3-1 has changed the number of team members that can participate on non-interscholastic teams. Non-interscholastic teams may now have 3 players that played for the same school team. Whether a school coach or a non-school coach is coaching a non-school team, the **player limitation rule** applies.
3. There can be no rotating players from your school teams from one non-school game to another. In other words, your permission to coach a team that consists of 3 players from your school does NOT give you the permission to use 3 different players in each game you play in. This is true whether you are coaching the non-school team or not, rotating players to 'get around' the 3-player limit is not permitted. You simply cannot have 4 or more on a non-school roster and only play 3 in each game.
4. A **student** who played for a different school the previous year, then transfers, will be counted in the **player limitation** of team members permitted on the same non-school team. As soon as that student-athlete transfers, he/she WILL be counted in **the player limitation** from the same school team IF he/she participated in basketball at their previous school.

5. Coaches have a maximum of 13 days (formerly 10 days) to provide coaching and/or instruction, including video and film study, to any number of their players in excess of the limitations set forth in General Sports Regulation 7.3 from May 15 through July 31.

### **General Sports Regulation 7.6 - All-Star Games**

An “All-Star” game *is nothing more than a “non-Interscholastic” event*. If it is not a regular season/tournament OHSAA game, it is a NON-INTERSCHOLASTIC contest. The limitations outlined in General Sports Regulation 7 shall apply to underclassmen. There is a limit of **three (3)** per team that played for the same school teams the previous season. This limit is not in affect in June and July if the team is coached by a coach not employed by the school in which the team members are participating. A school coach could coach up to **three (3)** of their players on an all-star team. Seniors would not count in that limitation. There is no limitation by the NCAA or the OHSAA of permitting a player to only play in ‘2’ of these. They can play in as many as they wish. *\*\*Coaches may coach their student-athletes in these games, even if they occur during the 28-day no-contact period.*

### **General Sports Regulation 7.8 through 7.10 - “Individual Instruction” Regulation –**

This regulation permits school coaches the opportunity to provide individual skill instruction outside the season of play and outside of their sport’s defined no-contact period from August 1 through May 14. (Reminder - Basketball has a no-contact period from August 1 – August 31.) It is written with the intent of providing SKILL INSTRUCTION to individuals. It is intended to provide an affordable alternative to ‘private’ instructors. This regulation clearly limits the number of individuals (regardless of age or gender) present while the instruction is taking place to **THREE**.

There may be multiple groups, with no more than three individuals in each group, receiving individual skill instruction at the same time in the same facility. The following must be followed:

1. The number of students working together in each specific group cannot exceed three in the sport of basketball.
2. The students, in their specific groups, remain in their specific groups during the entire instruction period. This is interpreted to mean that students cannot change groups. Groups may rotate together to different coaches teaching a different skill, but the group should be three or less working together with any one coach or group of coaches.
3. The students, in their specific groups, do not engage in team play against students in any of the other specific groups.

ALL coaches, whether paid OR volunteer, must follow the guidelines established within this regulation. It is built upon the assumption that ANY individual that works with individuals in a school has a Pupil Activity Coaching Permit and falls under these guidelines. Special attention should be given to the Ohio Ethics Law as it relates to school individuals using school facilities outside the normal work environment. (See your school administration on the Ohio Ethics Law and how it relates to you as a coach).

### **General Sports Regulation 9 -Pre-Season Conditioning/Training & Weight Training Programs**

This regulation references training for strength, cardiovascular, flexibility/agility but does NOT include specific sport skills training or instruction. Specifically, these programs may:

- Be conducted anytime and are not a violation of the OHSAA bylaws and regulations so long as no coaching and instruction of sports techniques and skill is provided.
- Be supervised by any individual approved by the Board of Education (or governing body) including coaches, providing the oversight by coaches does not occur during a designated no-contact period.
- NOT include the use of any equipment used in the playing of that sport.
- Include the use of mats for safety purposes only.

### **Open Gyms at Member Schools - General Sports Regulation 10**

- Open Gyms (or facilities) are clearly defined in Rule 10 of the OHSAA Sports' Regulations. An abbreviated version state:
- A school may open its athletic facilities for **unstructured free play** provided the activity is supervised by a school employee who may remove participants or spectators for disciplinary reasons.
- The school may designate the sport or sports that will be played during the free play period but **may not limit participation** to a select group of students from within the school. Participation **may** be limited to students enrolled in that specific school.
- There can be no designation of who will play on which team or who will play whom. Only those students participating may be involved in the selection of teams.
- No individual invitations, written or oral, are permitted. However, school coaches may send an invitation to other school coaches to invite their students to an open gymnasium or facility.
- A coach, paid or volunteer, violates the provision of these regulations when the coach requires, suggests or in any way implies that a student's chance to be selected for an interscholastic squad is contingent upon participation at an open gymnasium or facilities program.
- Mandatory attendance at open gyms is **not permitted**.
- Transporting athletes to a school or non-school open gym is a violation for any member of the coaching staff, paid or volunteer.
- Coaches **may participate** in unstructured free play in the open gym/facilities.
- Schools MAY restrict individuals from observing the open gym activity.

### **General Sports Regulation 11 - No Contact Period**

Basketball coaches have two non-contact periods:

1. 28 days following their team's last interscholastic contest.
2. The month of August each year

### **General Sports Regulation 13 - Ejection Procedures for Schools**

#### **Why Ejections Cannot Be Appealed or Overturned**

Though EVERY ejection has a valid story...appeals are not heard or filed. Ejections are like any other call made by an official that is permitted by NFHS Rule. No call made can be overturned, whether it is a traveling call, a basket interference call, a Technical Foul, OR two Technical Fouls, resulting in Ejection

#### **13.1) Ejections by OHSAA Contest Officials**

After a contest official provides electronic notification of an ejection, the OHSAA shall electronically notify the school's athletic administrator, who shall have seven days to respond to the notification and outline the subsequent contests in which the ejected individual(s) shall fulfill their mandatory suspension(s). If no response has been received after seven days, the OHSAA shall electronically notify the school's athletic administrator a second time, and the athletic administrator shall be given seven additional days to respond to the notification.

If no response has been received after the second 7-day period lapses, the OHSAA shall electronically notify the school's principal, who shall have seven additional days to respond to the notification. If no response has been received after the third 7-day period lapses (21 total days), the OHSAA shall electronically notify both the principal and athletic administrator one final time, and the school shall have seven additional days to respond to the notification. If no response has been received after the fourth 7-day period lapses (28 total days), the OHSAA shall assess the school a \$150 fine per

unanswered report. Failure to adhere to this procedure shall result in the school being subject to additional penalties as outlined in Bylaw 11.

#### **13.2) Ejections by Non-OHSAA Contest Officials (Out-of-State Ejections)**

It is the responsibility of each member school to notify the OHSAA Office each time a coach or player(s) has been ejected from a contest played out of state within seven days once the team has returned to the school. Failure to adhere to this procedure shall result in the school being fined \$150 and subject to additional penalties as outlined in Bylaw 11.

### **General Sports Regulation 14 - Ejection for Unsporting Conduct (Disqualification for unsporting conduct or flagrant violation)**

#### **14.1) Players**

##### **14.1.1) Standard Ejection Penalty**

Any player ejected or disqualified from a contest (including scrimmages and previews) for unsporting conduct or flagrant foul shall be ineligible for all contests for the remainder of that day. In addition, the player shall be ineligible for all contests at all levels in that sport until the student has sat out two regular season/tournament contests (one in football) at the same level as the ejection or disqualification and may be subject to additional penalties as deemed appropriate under Bylaw 11 by the Executive Director's Office.

##### **14.1.2) Sub-varsity Ejections**

Ejections that occur at sub-varsity levels must serve the same ejection consequence as stated above or until the passage of 10 calendar days following the ejection, whichever occurs first.

##### **14.1.6) Ejections for Fighting**

Any player ejected for fighting shall be ineligible for all contests for the remainder of that day. In addition, the player shall be ineligible for all contests at all levels in that sport until four regular season/tournament contests are played at the same level as the ejection or disqualification.

The definition of fighting is found in the NFHS playing rules and reads as follows: "Fighting is any attempt by a player or non-player to strike or engage a player or non-player in a combative manner unrelated to the sport. Such acts include, but are not limited to, attempts to strike an opponent(s) with the arm(s), hand(s), leg(s), or foot (feet), whether or not there is contact."

If video is presented to the Director of Officiating, or their designee, and the video clearly shows the ejection action did not meet the NFHS definition of fighting (as written above), the suspension length may be reduced. The player(s) in question is ineligible until such time as the designee rules on the submitted video or the four-game penalty has been fulfilled.

##### **14.1.7) Guidelines for Ejected Athletes**

A student who has been declared ineligible for two games may be on the sidelines/team bench, accompany and/or travel with the team but may not participate in pregame warmups and may not wear a team warmup or game uniform while on the sidelines/team bench, accompanying and/or traveling with the team.

See Bylaw 4-1-3 for additional regulations regarding what ineligible athletes are permitted to do during their period of ineligibility. When ejection or disqualification of a player results from illegal substitution in basketball, the two-contest ineligibility does not apply.

##### **14.1.8) Ejections Occurring at the End of Season**

If the ejection or disqualification occurs in the last contest of the season, If the ejection or disqualification occurs in the last contest of the season, the student shall be ineligible for the same

period as stated above in the next sport in which the student participates and may be subject to additional penalties as deemed appropriate under Bylaw 11 by the Executive Director's Office.

#### **14.1.9) Ejection for a Second Time**

A student who is ejected or disqualified a second time in a scrimmage, preview, regular season contest or OHSAA tournament contest shall be suspended for the remainder of the season in that sport and may be subject to additional penalties as deemed appropriate under Bylaw 11 by the Executive Director's Office. A student who has been ejected or disqualified for unsporting conduct for the second time in the season during the last contest shall be ineligible for a period/ number of contests subject to the discretion of the Executive Director. The period of ineligibility shall commence during the next sport in which the student participates.

#### **14.1.10) Enforcement of Ejection Policy**

It is the responsibility of the local school authorities to ensure this regulation is enforced. When an ineligible student is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Executive Director as specified in the OHSAA tournament regulations. In accordance with Bylaw 8-3-1, the decisions of contest officials are final.

Note: When national playing rules (see the specific national playing rules) refer to a disqualification for unsporting conduct or a flagrant violation, this is considered an ejection as referenced in this regulation.

### **14.2) Coaches**

#### **14.2.1) Standard Ejection Penalty**

Any coach ejected or disqualified from an interscholastic contest (including scrimmages and previews) for unsporting conduct shall be suspended from coaching in all contests for the remainder of that day. In addition, the coach shall be ineligible for all contests at all levels in that sport until the coach has sat out two regular season/tournament contests at the same level as the ejection or disqualification. Further, the coach shall be fined \$100, with the fine payable to the OHSAA no later than 30 days after the OHSAA's 'Season Ends' date, and the coach shall take the National Federation of State High School Association's "Teaching and Modeling Behavior" course, which must be completed no later than 30 days after the OHSAA's "Season Ends" date and can be taken at [www.nfhslearn.com](http://www.nfhslearn.com). Additionally, the coach may be subject to additional penalties as deemed appropriate under Bylaw 11 by the Executive Director's Office.

#### **14.2.2) Sub-varsity Ejections**

Ejections that occur at sub-varsity levels must serve the same ejection consequence as stated above or until the passage of 10 calendar days following the ejection, whichever occurs first.

#### **14.2.5) Ejections Due to Fighting**

Any coach ejected for fighting shall be ineligible for all contests for the remainder of that day. In addition, the coach shall be ineligible for all contests at all levels in that sport until four regular season/tournament contests are played at the same level as the ejection or disqualification. In the sport of wrestling, any coach ejected for fighting shall be ineligible for all wrestling contests for the remainder of that day and event. In addition, he/she shall be ineligible for all contests at all levels in wrestling until four regular season/ tournament contest points or four event days at the same level as the ejection or disqualification have been completed. The definition of fighting is found in the NFHS playing rules and reads as follows: "Fighting is any attempt by a player or non-player to strike or engage a player or non-player in a combative manner unrelated to the sport. Such acts include, but are not limited to, attempts to strike an opponent(s) with the arm(s), hand(s), leg(s), or foot (feet), whether or not there is contact."

If the video is presented to the Director of Officiating, or their designee, and the video clearly shows the ejection action did not meet the NFHS definition of fighting (as written below), the suspension length may be reduced. The player(s) in question is ineligible until such time as the designee rules on the submitted video or the four-game penalty has been fulfilled.

#### **14.2.6) Guidelines for Ejected Coaches**

On the day of the ejection, a coach who has been disqualified shall be ejected from the vicinity of the playing area and is prohibited from further contact, direct or indirect, including electronic communication with team members, managers, and other coaches during the remainder of the contest. The coach must return to the locker room or team bus or leave the premises. The coach shall not go to the spectator area. After the initial ejection and suspension, a coach who has been suspended from coaching for the next contest(s) may attend the next contest(s) but must be seated in the spectator area and may not give instructions to the players or to the individual who has been assigned to coach the team any time prior to or during the contest including halftime or any intermission. A suspended coach shall not travel with the squad to an away contest.

#### **14.2.7) Ejection Occurring at End of Season**

If the ejection or disqualification occurs in the last contest of the season, the coach shall be ineligible for the same period as stated above in the same sport during the following season in the next school year and may be subject to additional penalties as deemed appropriate under Bylaw 11 by the Executive Director's Office.

#### **14.2.8) Failure to Comply with Ejection Regulations**

The penalty for failure of the coach to comply with the ejection regulation shall result in the forfeiture of the contest.

#### **14.2.9) Ejection of Coach When No Other Coach Present**

If a coach is ejected/disqualified from a contest and no other coach or a person authorized by the Board of Education from that school is present (Bylaw 3-2-1), the contest shall be forfeited.

#### **14.2.10) Ejection for a Second Time**

A coach who has been ejected or disqualified for unsporting conduct for the second time in a scrimmage, preview, regular season contest or OHSAA tournament contest shall be suspended indefinitely and required to attend a mandatory conference with the Executive Director at the OHSAA headquarters. The principal of the school shall be required to attend this conference as well. Any penalty shall be determined in accordance with Bylaw 11.

#### **14.2.11) Enforcement of Ejection Policy**

It is the responsibility of the local school authorities to ensure this regulation is enforced. When a suspended coach is allowed to participate, forfeiture of the contest is mandatory. This regulation shall apply to all regular season and tournament contests and shall in no way limit the discretionary authority of the Executive Director as specified in the OHSAA tournament regulations. In accordance with Bylaw 8-3-1, the decisions of contest officials are final.

### **General Sports Regulation 15 - Participants Leaving the Playing Area — Spectators Entering the Playing Area**

**15.1)** No member of any school-sponsored interscholastic athletics squad shall leave the 'playing area' in which a contest is being conducted and enter the 'spectator area' of the facility to engage in any type of conflict—verbal or physical. If a student-athlete leaves the 'playing area' and enters the 'spectator area' of a facility to so engage a person, the maximum penalty may include ineligibility for up to one calendar year.

**15.1.1)** The school shall immediately report the situation to the Executive Director's Office and investigate to report what happened, what caused it to happen, what was done by the school to diffuse what happened and what 'safeguards' have been implemented by the school to prevent future occurrences. The school and/or student athlete shall be subject to additional penalties as outlined in Bylaw 11.

**15.2)** No spectator at any school-sponsored interscholastic athletics squad shall leave the 'spectator area' in which a contest is being conducted and enter the 'playing area' of the facility to engage in any type of conflict—verbal or physical. If a spectator leaves the 'spectator area' and enters the 'playing area' of a facility to so engage a person, the minimum penalties shall be:

**15.2.1)** The OHSAA shall recommend to the member school sponsoring the contest that the individual shall be denied admission to any contests sponsored by the member schools of the OHSAA for a period to be determined in consultation with school administration and the Executive Director's Office.

**15.2.2)** The school shall immediately report the situation to the Executive Director's Office and investigate to report what happened, what caused it to happen, what was done by the school to diffuse what happened and what 'safeguards' have been implemented by the school to prevent future occurrences. The school shall be subject to additional penalties as outlined in Bylaw 11

## **Basketball Specific Regulation Explanations**

Aside from the “General Sports Regulations” covered above, each sport has SPECIFIC regulations affecting that specific sport. These ‘specific’ sport regulations are reviewed and approved by the Board of Directors for every sport the OHSAA sponsors. These address areas such as (but not limited to) the number of contests (game, scrimmage, or preview) that are permitted for each sport, season start and end dates, out of state travel, etc. All coaches should familiarize themselves with these regulations. Coaches should familiarize their entire staff with the importance of these Regulations as they directly affect the eligibility of student-athletes. Upon approval, they are submitted for printing to the annual OHSAA Handbook (which every administrator has been provided).

### **BASKETBALL — BOYS AND GIRLS**

#### **A. GENERAL REGULATIONS**

##### **1) Interscholastic Participation**

###### **1.1) Mandatory practice may begin:**

1.1.1) Girls – October 27

1.1.2) Boys – November 3

###### **1.2) Grades 9-12 are allowed 5 scrimmages plus 1 preview (See 1.13 for Foundation Games).**

1.3) **PREVIEW/SCRIMMAGE** — A preview may be scheduled and played only starting on the first day after the official start date of coaching and ending with the date of the first regular season game of the teams involved. Each team may schedule one preview and no player may participate in more than one preview. Previews must be played according to the National Federation Basketball Rules and shall meet all definitions in Sports Regulation 23.

1.4) **SPECIAL WAIVER** — A scrimmage or preview scheduled against a Special Olympics team, or a team of similar designation, may be approved by the OHSAA to be played in addition to the maximum allowable number of scrimmages or previews. A waiver for approval of such contests can be found on the “Basketball” section of the OHSAA website. This waiver must be submitted to, and approved by, the OHSAA Basketball Administrator prior to the contest taking place.

1.5) Any scheduled regular season basketball game which is not started due to unforeseen circumstances such as failure of team to arrive, strikes or school closings is considered “No Contest.” Games not played are not included in won-lost statistics and cannot be considered “Forfeits.”

1.6) A student athlete in grades 9-12 may play in a maximum of 132 quarters plus OHSAA sponsored tournament. (Penalty — See General Sports Regulation 20.)

1.7) A student-athlete in grades 7-8 may play in a maximum of 96 quarters plus one postseason or league/conference tournament not to exceed four games by one team. (Penalty — See General Sports Regulation 20.)

1.8) A student shall not be permitted to participate in more than six quarters during any one day. Any part of a quarter is to be considered as a full quarter. In an overtime game, the extended time shall be considered an extension of the fourth quarter.

1.9) Penalty for participation in more than six (6) quarters per day:

- When discovered during a contest, the student shall be disqualified from the game and the game shall continue to completion. The contest will result in a forfeiture by the offending team. All quarters played by the individual shall count toward the maximum permitted. The OHSAA Basketball administrator shall be notified.

- When discovered after a contest is completed, the contest will result in a forfeiture by the



offending team. Additionally, all quarters played by the individual shall count toward the maximum permitted for the player in a season. The OHSAA Basketball administrator shall be notified.

1.10) Length of quarters:

- a. Varsity — 8-minute quarters.
- b. Freshman, reserve, or junior varsity — 6 minutes recommended, maximum of 7 minutes.
- c. Grades 7 & 8 — 6 minutes maximum.
- d. Overtime — 8-minute quarters – 4-minute overtime; 6- or 7-minute quarters – 3-minute overtime.

1.11) Member schools electing to participate in the *Basketball Service Week Foundation Game* are permitted to use one of their five allotted scrimmages to play a regulation game under all normal game conditions. Foundation games do not count against a team's won-lost record and may be played any time between November 9 and the first Sectional tournament contest (Girls) and November 16 and the first Sectional tournament contest (Boys). Each participating school is required to make a \$250 contribution to the OHSAA Foundation.

1.12) Game Ball: The official game ball adopted by the OHSAA is the Rawlings CompOhioCB (boys) and the Rawlings CompOhio28.5CB (girls) and is required to be used for all regular season and tournament contests in grades 7-12.

**Note:** If a school is under a current contract (a contract executed before May 1, 2013, and still in "term") for its use of a ball other than Rawlings, that school may continue with said ball in honor of its current contract.

1.13) Rule 5, Section 5, Article 3 - Note in the NFHS Rule Book states: A state association, by adoption, may institute a running clock when a specified point differential is reached at a specific time in the game." Ohio has adopted this rule and is defined as follows: Any time a score differential reaches 35 points during the second half, a running clock will be utilized. After the 35-point differential has been met but the score drops below 30 points, the clock reverts to regular timing. Should a game reach the 35-point differential in the second half, the clock shall only be stopped for an injured player on the court, team timeouts or when there is an unusual delay deemed necessary by the contest officials.

2) **Out-of-State Travel**

A basketball team may travel out of state to compete in contest scrimmages, previews and games in states or provinces in Canada that are contiguous to Ohio regardless of distance to travel. The states include Indiana, Kentucky, Michigan, Pennsylvania, and West Virginia. The province includes Ontario. Additionally, a basketball team may travel out of state one time per interscholastic season (Bylaw 9-2-1). Schools must complete the form from the following link when they are participating in a non-contiguous state: <https://ohsaaweb.blob.core.windows.net/files/Eligibility/forms/NonBorderingStateApproval.pdf>

Penalty for violation: The school shall be ineligible for the OHSAA postseason tournament in the sport in which the out-of-state travel was involved and could be subject to additional penalties as referenced in Bylaw 11.

**Note:** A basketball team may not travel out of state to practice only. However, teams may practice out of state while there to compete in contests.

### 3) Ejection for Unsporting Conduct

See *Ejection Policies for Players and Coaches* under Sections 13 and 14 of the General Sports Regulations.

### 4) Transfer Bylaw

Due to the many questions regarding this bylaw and its application to students wishing to play basketball please go to this link <http://www.ohsaa.org/Eligibility/Transfer> to assist in understanding this bylaw. Note that students who transfer and do not meet an exception to this bylaw are ineligible for all varsity regular season contests and including the OHSAA tournament beginning with varsity regular season game #12.

### 5) Non-Interscholastic Participation

5.1) Basketball Players Who Have Not Competed for Their School This Season: A sports regulation identified as the Individual Non-Interscholastic Competition Date stipulates that a basketball athlete who has not participated for the school team in basketball that season must cease non-interscholastic basketball participation by the first allowable competition date in basketball in order to be eligible for OHSAA Tournament competition provided all other applicable bylaws and regulations have been followed.

In addition, an athlete who has participated for the school in basketball who violates this non-interscholastic competition date by participating in a non-interscholastic contest in basketball shall be ineligible for OHSAA tournament competition in basketball in addition to any other penalties that may be prescribed.

Girls: November 18, 2022 – No non-interscholastic competition permitted on or after this date

Boys: November 23, 2022 – No non-interscholastic competition permitted on or after this date

5.2) A member of an interscholastic basketball squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education shall not participate in a non-interscholastic program (tryouts, practice or contest) as an individual or a member of a team in the sport of basketball during the school's season (Sports Regulation 7.2).

5.3) A member of an interscholastic basketball squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic basketball prior to and after the school season under the conditions of General Sports Regulation 7.3 and 7.5.

5.4) All-Star Games — "All-Star" events are non-interscholastic events by rule. Student-athletes in team sports who wish to participate in one of these "all-star" competitions outside the school basketball season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulations 7.3 and 7.6 that address Non-School Team Competition.

The purpose of this special "All-Star" regulation is to provide an opportunity for the interscholastic team sport coach to coach players from his or her school. Coaches are permitted to coach in "All-Star" contests if they meet all the provisions of General Sports Regulation 7.6.

Participation during the no-contact period for coaches is permitted.

6) **Instructional Programs**

See **Regulations for Instructional Programs** under Section 7 of the General Sports Regulations.

7) **No Contact Period — Coaches**

See **Regulations for No Contact Period — Coaches** under Section 11 of the General Sports Regulations.

8) **Penalties**

8.1) The maximum penalty for violation of Sports Regulation 7.2 (participation with a non-interscholastic basketball squad while a member of the school's interscholastic basketball squad) or any OHSAA regulations for any member of the school squad, EXCEPT a senior, is ineligibility for the remainder of the interscholastic basketball season or the ensuing basketball season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

8.2) The penalty for a coach for violation of Sports Regulation 7 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence or such other penalty as the Executive Director may deem appropriate.

B. **SPECIFIC REGULATIONS — GRADES 9-12**

1) **Tryouts, coaching, instruction and first game:**

Girls — **1<sup>st</sup> Practice - October 27, 2023- First game – November 22, 2023**

Boys — **1<sup>st</sup> Practice - November 3, 2023; First game – December 1, 2023.**

2) **Deadline date for OHSAA Tournament — Girls – January 29, 2024**

Boys – **February 5, 2024**

3) **Tournament draw/seeding meeting - Girls – February 4, 2024**

Boys – **February 11, 2024**

4) **Coaching and Regular Season end - Girls – March 16, 2024**

Boys – **March 24, 2024**

5) **Scrimmages or Previews – maximum of five scrimmages plus one preview.**

(Note: An approved OHSAA Foundation Game may replace one scrimmage).

6) **Regular season games — Maximum of 22 games.**

7) **Rules — National Federation Basketball (NFHS).**

8) **Officials:**

8.1) Varsity — Class 1 Basketball Only. In the event only one OHSAA registered basketball official arrives to officiate the game, the game may be played provided the participating coaches agree.

8.2) Reserve/Junior Varsity — Class 1 or Class 2 Basketball Only. In the event only one OHSAA registered basketball official arrives to officiate the game, the game may be played provided the participating coaches agree.

8.3) Freshman — Minimum of one OHSAA Class 1, Class 2 or Class 3 basketball official required. All other officials are required to be OHSAA Class 1, 2 or 3 or basketball official in training.

C. SPECIFIC REGULATIONS — GRADES 7 & 8

1) Tryouts, coaching and instruction may begin:

Girls – October 27, 2023

Boys – November 3, 2023

2) First Game - Girls – November 22, 2023

Boys – December 1, 2023

3) Coaching and season end: Girls February 26, 2024

Boys – March 4, 2024

4) Scrimmages or Previews — Maximum of two scrimmages plus one preview.

5) Regular season games — Maximum of 16 games.

6) Postseason games — 1 league/conference tournament or 1 postseason tournament not to exceed 4 games- Maximum of two (2) contests can be played in one calendar day.

7) Rules — National Federation Basketball (NFHS).

8) Basketball — The approved ball shall have a circumference minimum of 28 1/2 inches to a maximum of 29 inches for 7th & 8th grade competition.

9) Officials — One OHSAA Class 1, Class 2 or Class 3 basketball official required. All other officials are required to be an OHSAA Class 1, 2 or 3 or basketball official in training.

The Basketball Sport Regulations se are also available through the boys' and girls' basketball web pages at <https://www.ohsaa.org/sports/girlsbasketball> or <https://www.ohsaa.org/sports/boysbasketball>.

Basketball specific AND the General Sports' Regulations are found on the left side of the page. A few of the Sports' Regulation **highlights** are listed but you are encouraged to read the entire regulations at the above listed website.

**Game/Quarter Limitations**

Maximum Number of Games Permitted for Teams 9-12: **22 games.**  
Maximum Number of Quarters Permitted for Players PER DAY: **6 quarters/day.**  
Maximum Number of Quarters Permitted for players (Regular Season) grades 9-12: **132 quarters.**

**Additional Game/Quarter Limitations**

**Sub-Varsity (Freshmen & JV):** Any freshmen or JV level tournament must count in the 22 total games permitted.

Scrimmages/Previews: Maximum of 5 scrimmages and 1 preview.  
Length of Quarters: 8 minutes for Varsity. Freshmen and Junior Varsity (max. of 7 minutes)  
Length of Overtime: 4 minutes for 8-minute quarters; 3 minutes for 6 or 7-minute quarters

**Junior High School/Middle School (7-8) Game & Quarter Limitations**

Maximum number of games permitted: **16**

**Note:** Teams are permitted to play in 1 Post-Season tournament in addition to the 16 games **not to exceed 4 games.**

**Post-Season Tournaments** are defined as any tournament in which the last game is the last game of the season for that school OR any league/conference sponsored tournament. Any “Christmas Tournaments” or “Holiday Tournaments” or other in-season tournament must count in the regular season games.

Maximum number of Quarters permitted for Players PER DAY: **6 quarters/day.**  
Maximum number of Quarters permitted per player per season: **96 quarters/season\*#**  
**\*This does not include the number permitted in a post-season/conference tournament**  
**# No player may participate in more than 1 post-season/conference tournament**

Scrimmages/Previews (7-8): Maximum of **2** scrimmages plus **1** preview  
Length of Quarters: **6 minutes**  
Length of Overtime: **3 minutes**

#### **Quarters Permitted & Penalty for Violation**

A player is not permitted to participate in MORE than **SIX** quarters during any one day. Any part of a quarter is considered a full quarter. Any overtime is considered an extension of the fourth quarter. Players are permitted a total of **132 quarters** (high school) or **96 quarters** (Junior High) for the season plus any played in post-season tournament play.

#### **Penalty for Violating Quarters/Day:**

**If detected DURING a contest:** The student shall be disqualified from the game and the game shall continue to completion. The contest will result in a forfeiture by the offending team. All quarters played by the individual shall count toward the maximum permitted. The OHSAA Basketball administrator shall be notified.

**If detected AFTER a contest:** The contest will result in a forfeiture by the offending team. Additionally, all quarters played by the individual shall count toward the maximum permitted for the player in a season. The OHSAA Basketball administrator shall be notified.

#### **Sub-Varsity -2 quarter games policies**

- Games shall consist of two quarters of either 6 or 7 minutes maximum.
- Teams will shoot at the same basket in both quarters.
- There shall be no overtime. If tied after two quarters, the game is over.
- Time outs – three full time outs per game, no 30 second time outs.
- Fouls accumulate through quarter 1 to quarter 2 towards the bonus.
- For a team – counts as a game; for an individual – quarters of participation count towards the maximum permitted.

#### **Non-Interscholastic Competition**

A member of an interscholastic basketball squad sponsored by the Board of Education **cannot participate in a non-interscholastic Basketball program** (such as ‘club, AAU, or ‘travel’), which includes tryouts, practice, and contests as an individual OR a member of a team in the sport of Basketball anytime during the school team’s season. A student-athlete becomes a member of the school team when he/she participates in a scrimmage, preview OR regular season or tournament game as a substitute OR as a starter.

A member of an interscholastic basketball team sponsored by the Board of Education **MAY** participate in non-interscholastic basketball (such as 'club', AAU, or 'travel') **PRIOR TO** and **AFTER** the school season under the following conditions:

- The number of interscholastic basketball players from the same school on a non-interscholastic team is limited to **THREE (3)** on the roster of that non-interscholastic team. This number includes all players that played on the school team in the previous season from grades 9-11\*.
- **Participation in "3 on 3" tournaments (such as but not limited to "Gus Macker" tournaments) must follow the player limitation rule limiting the team to THREE (3) players from the same school program. Rotating players throughout the tournament is not permitted.**
- A player may continue to play with a non-interscholastic squad in a national qualifying tournament only in excess of the THREE player limit until the squad is eliminated but no later than Labor Day.
- A player may play in non-interscholastic basketball **ONLY WHEN** the student's team has completed its season.

\*Graduating seniors are exempt from this player limitation.

Also, keep in mind, Sport Regulation 8.2.1 that permits individual instruction does not conflict with the non-interscholastic regulations. **It does not change the number permitted on a non-school team out-of-season.** That number for basketball is three (3).

### **Videotaping Regulations**

The improvement of various electronic devices, especially cell phones, has drawn much attention to the rules regarding recording basketball contests. Complete regulations are available in the OHSAA Handbook or through the General Sports Regulations on the web at <https://ohsaaweb.blob.core.windows.net/files/Sports/GeneralSportsRegulations.pdf> under Section "A" of the Media Regulations. A few highlights of this include but are not limited to:

- It is **not permissible for a school or school representative to videotape or photograph regular season contests, scrimmages, previews, OR tournament contests of other schools** without the written consent of the schools participating in the contest.
- The NFHS Playing Rule Regulations have addressed the use of Electronic Devices during contests themselves for use by the school team. Please pay special attention to this rule that **DOES** permit the use of electronic devices on a limited and defined basis for coaching purposes during a contest (NFHS Rule 1-19 and 10-2-3).

### **Scrimmage Regulations**

In addition to the scrimmage limitations for teams mentioned throughout this guide, the following are important:

1. Scrimmages may be used ANYTIME throughout the season, including tournament time.
2. Any practice with another school is considered a scrimmage by definition.
3. Any scrimmage between two schools must be considered a scrimmage for BOTH schools. In other words, if Team A counts it as one of their 5 permitted scrimmages, it must be counted as one of the 5 permitted scrimmages for Team B as well. It cannot be counted as a 'scrimmage' for one school and a 'game' for another school.
4. Each player is prohibited from participating in more than 5 scrimmages (4 if playing in a Foundation Game). This prohibits a JV player from playing in 4 "JV Scrimmages" and 1-5 Varsity Scrimmages.
5. All scrimmages are limited to 3 hours of scrimmage time.
6. Practicing with a team of alumni players is considered a scrimmage.
7. Admission may be charged for any scrimmage, regardless of who is conducting the scrimmage.
8. Scrimmages vs multiple teams are permitted. If they are on the same day, they count as one scrimmage, but there is a limit of 3 total hours of scrimmage participation.

### Interrupted Game/Scheduled Game Not Started

Any game interrupted for any reason shall be resumed from the point of interruption. Any scheduled regular season game which is not started due to unforeseen circumstances *including but not limited to* failure of a team to arrive is considered a “NO CONTEST”. Games not played are not included in won-lost statistics.

### Freshmen Basketball Squads

The number of contests permitted for Freshmen teams is:

- **22** total contests
- Any non-OHSAA state tournament game played by a freshman team must be counted in the total of 22. (***This includes Freshman tournaments, regardless of when the tournament is held***)
- **5** scrimmages and 1 preview.
- **132** total quarters of participation during the regular season. Should a freshman be ‘moved up’ to the Varsity for tournament time, those quarters do not count toward their 132 permitted. Freshmen may ‘move up’ to a JV or Varsity team and back down again at any time. The individual must simply stay within the 132 total quarters permitted to him/her. Please check the penalty for exceeding quarter limitations.
- Freshmen teams may NOT combine with 7<sup>th</sup> or 8<sup>th</sup> grade players, nor may they scrimmage or have contests vs. 7<sup>th</sup> and 8<sup>th</sup> grade teams.
- A minimum of one OHSAA Class 1, 2, or 3 official is required, and it is recommended that all other officials be Class 1, 2, or 3 officials.
- A freshmen team’s “No-Contact Period” begins at the conclusion of the Freshmen season and lasts for 28 days. IF a player ‘moves up’ to JV or Varsity after the freshmen season, the no-contact period for that individual(s) would begin upon the conclusion of his/her season.

### Middle School/Junior High Basketball Squads

The number of contests permitted for 7<sup>th</sup> and 8<sup>th</sup> grade teams is:

- **16** total contests plus one **post-season/conference** tournament not to exceed 4 games.
- **2** scrimmages PLUS 1 Preview
- **90** total quarters of participation plus any in a **post-season or league/conference** tournament.
- No player may participate in more than 1 post-season/conference tournament. So, if a 7<sup>th</sup> grader participates in any part of an 8<sup>th</sup> grade post-season or league/conference tournament, he/she would be ineligible to participate in a 7<sup>th</sup> grade post season or league/conference tournament for the school. Scrimmages for Junior High teams are limited to TWO hours of competition time.

#### Special Note About 7<sup>th</sup> graders on 8<sup>th</sup> grade teams and vice versa:

7<sup>th</sup> and 8<sup>th</sup> graders are permitted to play together, just as 9-12 graders are permitted to play together. Therefore, it is permissible for a 7<sup>th</sup> grader to play on an 8<sup>th</sup> grade team, and they may play on BOTH teams but are limited to 6 quarters per day and 90 on the season. And...an 8<sup>th</sup> grader may play on a 7<sup>th</sup> grade team as OHSAA rules do not prohibit this. **BUT....** since most 7<sup>th</sup> grade games are contracted just as that; 7<sup>th</sup> grade games.... the opposing school contractually has agreed to play against 7<sup>th</sup> graders. Since our regulations do not prohibit 8<sup>th</sup> graders from ‘playing down’, *due to contractual obligations, you should ALWAYS get the permission of the opposing school and redraw a contract.*

### Protests/Appeals

Bylaw 8, Section 3(1) of the OHSAA Constitution and Bylaws reads in part, “*Protests arising from the decisions of interpretations of the rules by officials during the game will **not be considered**.* Their decisions and interpretations are final.” This means that correctable errors must be corrected during the game and within the time established by playing rules. **Ejections are NOT Appealable (Sports Regulation 14.1 & 14.2)**

### Officials’ Jurisdiction

Officials’ jurisdiction begins a minimum of 15 minutes prior to the scheduled starting time of the game. National Federation (NFHS) rule 2-2-2 and the OHSAA’s Board of Directors “*recommends that officials in Varsity high school basketball games arrive on the floor when the first team appears on the floor for pre-game warm-up.*”



## Rating & Voting for Officials

The tournament officials have been selected by a process approved by the Board of Directors. That process is an important one for both coaches AND officials and is the basis for officials' assignments to OHSAA Tournaments.

General Sports Regulation 3 requires Athletic Directors to vote for officials. Failure to participate in the voting process results in a fine. Head Coaches are also strongly encouraged to rate officials on a game-by-game basis through myOHSAA.

To make this process work it requires Coaches and Athletic Directors to do their part. Officials take this process seriously and it is in everyone's best interest to have the correct input for the assignment of officials. A few important things to note:

1. Coaches RATE Officials, 3 other categories of approved individuals VOTE for Officials. Those categories are athletic administrators, each local Officials' Association and a group considered Leaders of Officiating.
2. District Athletic Boards utilize the various pools to assign officials to sectional and district tournaments in their respective Athletic Districts. The process of assignment from approved pools is at the discretion of each District Athletic Board.
3. The OHSAA Office utilizes the pools to assign officials to the Regional and State Tournament.

**Please Note:**

Officials' ratings/voting are used for the NEXT season. The officials you rate during the season THIS YEAR, will be assigned pools for NEXT YEAR'S tournament.



## Coaches' Code of Ethics

### From the NFHS Basketball Rules Book

The function of a coach is to educate students through participation in interscholastic competition. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect and his or her welfare should be considered in decisions by the coach at all times. Accordingly, the following guidelines for coaches have been adopted by the NFHS Board of Directors.

**The Coach** shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

**The Coach** shall uphold the honor and dignity of the profession. IN all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

**The Coach** shall take an active role in the prevention of drug, alcohol, and tobacco abuse.

**The Coach** shall promote the entire interscholastic program of the school and direct the program in harmony with the total school program.

**The Coach** shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

**The Coach** shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

**The Coach** shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

**The Coach** should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.

**The Coach** shall not exert pressure on faculty members to give students special consideration.

**The Coach** shall not scout opponents by any means other than those adopted by the league and/or state high school athletic association.

## Sportsmanship

### ***Sportsmanship is EVERYONE'S Responsibility!***



#### ***NFHS Sportsmanship Mission Statement***

Good sportsmanship is viewed by the National Federation of State High School Associations (NFHS) as a commitment to fair play, ethical behavior, and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship.

#### ***The OHSBCA & Sportsmanship***



The Ohio High School Basketball Coaches Association stands tall in its commitment to good sportsmanship. The school-based experience is one that affords tremendous opportunities to student-athletes that they will remember for a lifetime. Those experiences are dependent on the role model the head coach provides. The OHSBCA encourages all coaches to exhibit behavior that serves as a role model for the student-athletes we serve. In conjunction with the OHSAA's Sportsmanship, Ethics, and Integrity (SEI) Committee, the OHSBCA annually selects a recipient of the SEI Award that is recognized at the boys' and girls' state tournament.

#### ***The Official's Role in Sportsmanship***



The National Association of Sports Officials (NASO) conducted a survey of 550 sports officials and asked, "what is the number-one problem in our games today?" Not too surprising, the number one response was "Poor Sportsmanship". As a result, the NASO brought together some of the best and brightest in youth, high school, collegiate and pro sports to examine the issue and explore the official's role in promoting positive on field/on court behavior. The results were published in the book at the right and identified 3 critical ideas:

1. What exactly is at stake?
2. What is expected of Officials? and
3. What steps need to be taken?

As a result, the following are important results of this study and publication:

1. 65% of respondents indicated their respective associations do not do *enough* to help improve sportsmanship.
2. 89% of officials responding consider themselves PARTNERS with players, coaches and administrators in improving sportsmanship.
3. 54% of officials responding indicated they felt they DO have the training, authority, and knowledge to make an impact.



## *Sportsmanship for Parents*

The NFHS has made a NO COST online course available to PARENTS...to help them understand their role in their son/daughter's athletic career. The course is titled "The Role of the Parent in Sports" and is easily accessible through the "Learning Center" at [www.nfhslearn.com](http://www.nfhslearn.com). And again...it is FREE and a good tool for coaches to use in dealing with parents.

## *The OHSAA & Sportsmanship*

**Respect  
THE  
GAME**

As we prepare for the upcoming seasons, the Ohio High School Athletic Association (OHSAA) wishes to emphasize to each of you the importance of your leadership role in the promotion of sportsmanship, ethics, and integrity. The professional way officials and coaches conduct themselves prior to, during and following a contest unquestionably impacts the behavior of others who may be involved.

The OHSAA has joined the National Federation of State High School Associations (NFHS) in its quest to improve sportsmanship, ethics, and integrity. We are involved in an ongoing campaign in every sport to do just that. Printed below is the mission statement of the NFHS concerning sportsmanship, ethics, and integrity. Please take the time to read and digest this statement and then carefully consider your impact upon students, officials, coaches, and fans. Thank you and have a great season!

The Ohio High School Athletic Association challenges all of us in the basketball community to take positive steps toward the goal of attaining the high ideal of good sportsmanship. It is the responsibility of each of us to serve as a positive role model and set high expectations for others.

### **ADMINISTRATORS**

Athletic departments are comprehensive, pre-eminent teaching departments with a subject matter all their own: self-confidence, leadership, teamwork, discipline, perseverance, respect for others, strategic thinking, dedication, the importance of rules, and sportsmanship. These are true life lessons and participation in athletics provides another forum for learning. Coaches and Officials are responsible for promoting sportsmanship and positive behavior on the field. Administrators, we need your continued assistance in promoting sportsmanship and controlling fan behavior in the stands! Let the parents and fans know what you expect!

### **COACHES**

Your athletes will demonstrate the attitudes and behaviors they have learned from you, either through direct instruction or through observation of your actions. ***Never underestimate the influence you have on your players!*** You must:

- Abide by and teach the rules of the game in letter and in spirit.
- Set a good example for players and spectators to follow.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.
- Display modesty in victory and graciousness in defeat.

- Develop a program that rewards participants and spectators for displaying proper sportsmanship and enforces penalties on those who do not abide by sportsmanship standards.

It is difficult to develop a great shooter, a great rebounder, or a great free-throw shooter. That is true. However, your greatest challenge is to develop mature young adults who will become great citizens and role models in your community.

### **OFFICIALS**

Your job is not an easy one, but the official must be aware that they are an important component in the educational development of students. To carry out this responsibility, you must:

- Know the rules and mechanics of our sport and the philosophy behind them.
- Get fit and stay fit. An official with all the rules and mechanics knowledge and people skills in the world does no good if he or she cannot physically keep up with play.
- Maintain professional and ethical relationships with athletic administrators, especially in fulfilling game contracts.
- Work cooperatively with fellow officials during games and within the referees' association to improve members' performances.
- Always maintain, and when interacting with all participants, an attitude of civility and professionalism.
- Practice effective preventive officiating as much as possible before, during, and after a match. The quiet word, proper signals, timely verbal instructions, a simple thank-you to a player for avoiding an unsporting act, and well-thought-out pre-game conferences with the teams and other game officials will result in an improvement of sportsmanship by eliminating the chance for things to go wrong.

### **STUDENT-ATHLETES**

You serve as a role model for your younger siblings, young fans in the stands, your teammates, and your classmates. Set high expectations for everyone and help them follow-through! You must:

- Accept and understand the seriousness of your responsibility, and the privilege of representing your school and the community.
- Live up to the standards of sportsmanship established by the school administration and the coaching staff.
- Learn the rules of the game thoroughly and discuss them with others. This will assist everyone in the achievement of a better understanding and appreciation of the game.
- Treat opponents as you would like to be treated.....with respect.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.

### **CONCLUSION**

Good sportsmanship is everyone's responsibility. It is the essence of interscholastic athletics. Remember...some may question an official's call or a coach's substitution, but no one can question the value of good sportsmanship.

## OHSAA Resources

On our website ([www.ohsaa.org](http://www.ohsaa.org) – click on “Sportsmanship” on the right side of the screen) you will find **Fair Play Codes** for athletes, coaches, and fans, as well as additional information regarding **parents’ role in interscholastic athletics**. The sportsmanship page also includes information about the Harold A. Meyer Sportsmanship Award, the newly adopted “Respect the Game Challenge” and the Archie Griffin Sportsmanship Award. Please feel free to contact us with any additional questions.

## Comments to Media – Think First!

### Please read this carefully!

Blame it on professional sports, blame it on the media. It doesn’t matter WHO is to blame – **think first before comments are given to media**. This is covered in the Rules Interpretation Meeting as well. You may not agree with the officiating; you may use the overused “I fear for my kids’ safety” statement. Regardless.... comments to the media (including Social Media) regarding officiating or unsporting comments about an opponent are **strictly prohibited**. Think twice before speaking. Fines are administered for violations of this OHSAA Board of Directors adopted regulation and are not appealable.



### Cautions on Social Media

*Regardless of your age, every coach today knows the power of social media, especially in the sports’ world. Players, coaches & officials need to exercise extreme caution with remarks on social media sites. I urge coaches to have this repeated discussion with players throughout the season.*

## Concussion Management

### Concussion Regulations - Implementation of State Law and NFHS Playing Rules Related to Concussion

It is important for all individuals involved in interscholastic athletics to recognize the potential for catastrophic injury and even death from concussions. Thus, it is extremely important that each coach, administrator, contest official and medical support personnel review their responsibilities in protecting students. Further both students and parents have responsibilities in this area as well.

**Note:** It has always been the ultimate responsibility of the coaching staff, in all sports, to ensure that students are only put into practice or contests if they are physically capable of performing. However, all individuals involved in the conduct of interscholastic competition have responsibilities in this endeavor.

In January 2011, the OHSAA Board of Directors adopted a sports regulation which incorporated the National Federation of State High School Associations (NFHS) playing rules related to concussion recognition and management. On April 26, 2013, legislation adopted by Ohio's General Assembly on concussion and head injuries in youth sports became effective. On February 14, 2013, the OHSAA Board of Directors mandated that these regulations become effective on April 26, 2013, for the remainder of the spring sports season and thereafter. This OHSAA regulation, as amended to incorporate this recent legislation, now reads:

Any student, while practicing for or competing in an interscholastic contest, who exhibits signs, symptoms, or behaviors consistent with having sustained a concussion or head injury (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from the practice or contest by either of the following:

- 1) The individual who is serving as the student's coach during that practice or competition.
- 2) An individual who is serving as a contest official or referee during the practice or competition.

#### 1.1) Return to Play Protocol

If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED**, to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied:

- 1) The student's condition is assessed by either of the following:
  - a. A physician, who is a person authorized under Chapter 4731 of the Ohio Revised Code (OCR) to practice medicine and surgery or osteopathic medicine or surgery (M.D. or D.O.)
  - b. Any other licensed health care provider that the school district board of education or other governing authority of a chartered or non-chartered nonpublic school, authorizes to assess the student who has been removed from practice or competition.
- 2) The student receives **written authorization** that it is safe for the student to return to practice or competition from a physician or other licensed health care provider authorized to grant the

clearance. Go to the “Sports Medicine” Section of the OHSAA website (OHSAA.org) to retrieve the OHSAA’s Medical Authorization to Return To Play (RTP) form.

A school district board of education or governing authority of a chartered or non-chartered nonpublic school may authorize a licensed health care provider who is not a physician to make an assessment and grant authorization for a student to return to participation *only* if the provider is acting in accordance with one of the following as applicable to the provider’s authority to practice in Ohio:

- 1) In consultation with a physician.
- 2) Pursuant to the referral of a physician.
- 3) In collaboration with a physician, or
- 4) Under the supervision of a physician.

**Note:** A physician or other licensed health care provider who makes an assessment or grants clearance for a student to return to participation may be a volunteer.

### 1.2) Coaches Requirements

All coaches, paid and volunteer, must possess a current Department of Education-issued Pupil Activity Program/Coaching Permit. When renewing this permit, the coach will be required to complete an online concussion education course as stipulated in the section entitled **Approved Online Concussion Education Course**. This course is valid for three years and expires at the time the Pupil Activity Program/Coaching Permit expires.

### 1.3) Contest Officials Requirements

Legislation signed into law by the Governor provides that no school “shall permit” an individual to referee interscholastic athletic contests unless the individual holds a Pupil Activity Program/Coaching Permit or has successfully completed within the last three years a training program in concussion recognition. Therefore, all OHSAA licensed officials shall possess either a current Department of Education-issued Pupil Activity Program/Coaching Permit or **show evidence of completing an approved online concussion education course** as stipulated in the section entitled **Approved Online Concussion Education Courses**. This course is valid for three years from the date of completion and must be entered on the official’s *myOHSAA* profile.

### 1.4) Student and Parent Requirements

All students and their parents or legal guardians shall review and sign the “Concussion Information Sheet” which has been developed by the Ohio Department of Health and which shall be distributed by OHSAA member schools to all students and their parents prior to each sports season. Students and parents shall review and sign this form each year and should keep a copy of the form. In addition, parents and students are encouraged to complete an approved concussion education course.

## APPROVED ONLINE CONCUSSION EDUCATION COURSES

The following free online training courses have been approved by the Ohio Department of Health for coaches and contest officials:

**National Federation of State High School Associations Concussion in Sports:**

<https://nfhslearn.com/courses/concussion-in-sports-2>

This free online course is available through the NFHS. Complete a brief registration form to take the course. In addition:

- 1) Click the “order course” button to access the free concussion course. Continue following prompts. Although it may look like you will be charged for the course, there is no cost.



- 2) Once you've completed "Checkout," you will be able to take the free online course.
- 3) When you have completed and passed the course, you have the option of printing a certificate of completion.
- 4) All Ohio Officials should select this option to print, retain a copy of the certificate and carry it with them to all contests.

**Centers for Disease Control and Prevention Heads Up Concussion in Youth Sports Online Training Program:**

<https://www.cdc.gov/headsup/youthsports/training/index.html>

**NOTE:** Both courses offer a "certificate of completion" upon successful passage. The **NFHS course** allows organizations to search for and track coaches and other individuals such as contest officials who have completed the course, while the CDC course does not.

## **FREQUENTLY ASKED QUESTIONS**

### **1. What are the "signs, symptoms, or behaviors consistent with a concussion?"**

The National Federation rule lists some of the signs, symptoms, and behaviors consistent with a concussion. The U.S. Department of Health and Human Services, Centers for Disease Control and Prevention has published the following list of signs, symptoms and behaviors that are consistent with a concussion:

#### **SIGNS OBSERVED BY OTHERS**

- Appears dazed or stunned
- Is confused about assignment
- Forgets plays
- Is unsure of game score or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness
- Shows behavior or personality changes
- Cannot recall events prior to hit
- Cannot recall events after hit

#### **SYMPTOMS REPORTED BY ATHLETE**

- Headache
- Nausea
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling foggy or groggy
- Concentration or memory problems
- Confusion

### **2. Who is responsible for administering this rule?**

All individuals who have responsibilities and duties in the interscholastic athletics environment are responsible: coaches, contest officials, administrators, students, parents, and medical personnel.

### **3. What is the role of coaches in administering this rule?**

- Coaches are to review and know the signs and symptoms of concussion and to prohibit any athlete who displays these signs or symptoms from participating in a practice or a contest.
- Coaches are not medical professionals and have no authority to determine whether a student has sustained a concussion. The coach is responsible for ensuring that the student's parents are notified and the student is referred to a medical professional.
- Coaches shall be aware that any student removed from a practice or a contest due to a suspected concussion or head injury shall not return to participation on the same day as the removal.
- Coaches shall possess a current Pupil Activity Program/Coaching Permit and shall take one of the approved online concussion courses upon renewal of the permit.

#### 4. What is the role of contest officials in administering the rule?

- Officials are to review and know the signs and symptoms of concussion and to direct immediate removal of any student who displays these signs or symptoms. When informing the head coach about removal of an athlete, the official shall be accompanied by another (second) official if possible.
- An official shall not permit the athlete who has been removed under this rule to return to competition that same day.
- If a contest official is aware that a student has been permitted to return to competition on the same day as removal, that official shall immediately stop play and remove that student from competition and report the incident to the OHSAA.
- Note that officials are not medical professionals and have no authority to determine whether or not a student has sustained a concussion. The official is responsible for directing removal when he or she observes signs and symptoms that may indicate a student is concussed.
- All Officials shall possess either a current Pupil Activity Program/Coaching Permit or shall complete one of the online concussion courses which are valid for three years from the date of completion.
- At initial licensure or renewal of the OHSAA officiating permit, the official shall indicate that he or she has either a current Pupil Activity Program/Coaching Permit or has completed one of the approved online concussion courses.
- All officials should always carry with them evidence of completion of one of these options while officiating a contest.
- Officials are required to submit to the OHSAA the "OHSAA Concussion Report" within 48 hours whenever a student has been removed from a contest under this regulation.

#### 5. What are the expectations of student-athletes in concussion management?

- While all individuals involved in the interscholastic athletics program have a responsibility to recognize the potential for catastrophic injury and even death from concussions, it is also the responsibility of student-athletes to recognize the signs, symptoms, and behaviors consistent with a concussion.
- Student-athletes who exhibit symptoms such as loss of consciousness, headache, dizziness, confusion, or balance problems, have the responsibility to report these immediately to their coach and/or health care professional. Teammates also share the responsibility to report these symptoms when they are exhibited by a fellow student-athlete.
- Student-athletes shall review and sign, on an annual basis, along with their parents or legal guardians, the Ohio Department of Health's Concussion Information Sheet found on the OHSAA website and at this link: [https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/PPE\\_2020-21.pdf](https://ohsaaweb.blob.core.windows.net/files/Sports-Medicine/PPE_2020-21.pdf)

#### 6. Who decides if an athlete has not been concussed and/or who has recovered from a concussion?

- **Only** an M.D. (Medical Doctor), D.O. (Doctor of Osteopathy), or another health care provider approved by the school's Board of Education or other governing body who is acting in accordance with one of the following as applicable to the provider's authority to practice in Ohio:
  - 1) In consultation with a physician.
  - 2) Pursuant to the referral of a physician.
  - 3) In collaboration with a physician.
  - 4) Under the supervision of a physician is empowered to make the on-site determination that an athlete has **not** received a concussion. **Even if that determination has been made, however, the student may not return to practice or competition on the same day he/she has been removed from a practice or competition** (see No. 7 below).

- If any one of these physicians or authorized medical providers has answered that “yes” there has been a concussion, that decision is final.

**7. Can an athlete return to play on the same day as he/she has been removed from a practice or competition for a suspected concussion?**

- No, under no circumstances can that athlete return to play that day.
- No coach or contest official shall allow a student to return to practice or to competition on any day after the initial removal until that student has been assessed and cleared for return with **written authorization** by a physician or licensed health care provider authorized by the school.
- If the event continues over multiple days, then the designated event physician has ultimate authority over return to play decisions.

**8. Once the day has concluded, who can issue authorization to return to practice/competition in the sport for a student who has been diagnosed with a concussion?**

- Once a concussion has been diagnosed by a physician or other approved health care provider, only a physician or ap- proved provider can authorize subsequent Return To Play (RTP), and such authorization shall be in writing to the administration of the school. This written **RTP authorization shall be kept at the school indefinitely** as a part of that student’s permanent record. Go to the “Sports Medicine” section of the OHSAA website (OHSAA.org) to access the OHSAA “Medical Authorization to Return to Play” Form.
- The school administration shall then notify the coach as to the permission to return to practice or play.

**9. What should be done after the student is cleared by an appropriate health care professional?**

- After a clearance has been issued, the student’s actual return to practice and play should follow a graduated protocol.
- The National Federation of State High School Associations has included the following graduated protocol in its Suggested Guidelines for Management of Concussion in Sports: (**Note:** This is simply a suggested protocol. The appropriate health care professional who issues the clearance may wish to establish a different graduated protocol.)

**NFHS SUGGESTED MEDICAL CLEARANCE RETURN TO PLAY PROTOCOL**

1. No exertional activity until asymptomatic.
2. When the athlete appears clear, begin low-impact activity such as walking, stationary bike, etc.
3. Initiate aerobic activity fundamental to specific sports such as running or skating and may also begin progressive strength training activities.
4. Begin non-contact skill drills specific to sports such as dribbling, fielding, batting, etc.
5. Full contact in practice setting.
6. Game play/competition.
  - Athlete must remain asymptomatic to progress to the next level. (It is often suggested that an athlete not be allowed to progress more than one level per day.)
  - If symptoms recur, the athlete must return to the previous level and should be reevaluated by an appropriate health care professional.
  - Medical check should occur before contact. (Final written clearance from the medical professional shall be obtained be- fore the athlete engages in any unrestricted or full contact activity.)
  -

## QUICK LINKS FROM THE OHIO DEPARTMENT OF HEALTH

**Information for Coaches, Officials, Parents and Students, Plus Additional Resources –**

<https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-Prevention/youthconcussions/>

**Ohio's Return to Play Law –**

<https://odh.ohio.gov/wps/portal/gov/odh/know-our-programs/child-injury-prevention/resources/rtp-law>

## ADDITIONAL CONCUSSION RESOURCES

**Nationwide Children's Hospital – Concussion Information Toolkit**

<https://www.nationwidechildrens.org/specialties/concussion-clinic/concussion-toolkit>

**CDC Materials on Returning to School for Parents, School Nurses, and Educators**

<https://www.cdc.gov/headsup/schools/index.html>

## Sudden Cardiac Arrest Regulations

Ohio law requires additional coaching requirements for all interscholastic coaches (paid and volunteer) and new educational standards for parents and student-athletes regarding Sudden Cardiac Arrest. This law, known as Lindsay's Law, became effective beginning with the 2017-18 school year.

The OHSAA has collaborated with the Ohio Departments of Health and Education, along with other major Ohio healthcare organizations and the Ohio Chapter of the American College of Cardiology, to provide education that is relevant and easily accessible so that interscholastic coaches and the parents of our student-athletes can come into compliance with the statute.

With the leadership provided by ODH, ODE, the Ohio Chapter of the American College of Cardiology and other major Ohio health- care organizations, we have developed our own "Ohio" materials to be used to comply with this requirement. The materials include a short video for parents, which is posted to the ODH, ODE and the OHSAA (OHSAA.org) websites; an informational handout and a sign-off form (much like the current Concussion Form) which must be signed by parents and student-athletes and is included in the package of consent forms found in the OHSAA PPE and the paper forms; and a training video and informational handout for coaches which is posted on the ODE website and includes a completion certificate for verification. **This training will be the only acceptable coursework to meet this standard and is provided at no cost to anyone.**

The videos can be assessed through the OHSAA website (OHSAA.org) under the "Sports Medicine" section. Likewise, the educational materials for parents and students, which include a short memo and video, and the sign-off forms for parents and students, are also available on the OHSAA website (OHSAA.org) under the "Sports Medicine" section.

It is strongly recommended that each member high school in the state have always at least one functional automated external defibrillator (AED) onsite at the school and/or facility and easily accessible during any school related function, including athletic practices, contests and/or other events, for use during emergencies. A person or entity that acquires an AED shall comply with all regulations governing the placement within the facility of an AED. AEDs are to be made available under the advice and consent of a physician by individuals with proper training and certification.

## Return to Play Form for Schools

Ohio High School Athletic Association  
4080 Roselea Place, Columbus, Ohio 43214  
PH:614-267-2502; FAX:614-267-1677

[www.ohsaa.org](http://www.ohsaa.org)

### **MEDICAL AUTHORIZATION TO RETURN TO PLAY WHEN A STUDENT HAS BEEN REMOVED DUE TO A SUSPECTED CONCUSSION**

Ohio State Law as well as NFHS rules and OHSAA policy require a student who exhibits signs, symptoms or behaviors associated with concussion to be removed from a practice or contest and **not permitted to reenter practice or competition on the same day as the removal**. Thereafter, **written medical authorization from a physician (M.D. or D.O.)** or another qualified licensed medical provider, who works in consultation with, collaboration with or under the supervision of an M.D. or D.O. or who is working pursuant to the referral by an M.D. or D.O., AND is authorized by the Board of Education or other governing board, **is required to grant clearance for the student to return to participation**. This form shall serve as the authorization that the physician or licensed medical professional has examined the student and has cleared the student to return to participation. The physician or licensed medical professional must complete this form and submit to a school administrator prior to the student's resumption of participation in practice and/or a contest. **To reiterate, this student is not permitted to reenter practice or competition on the same day as the removal.**

I, \_\_\_\_\_, M.D., D.O. or \_\_\_\_\_ (other qualified licensed medical provider) have examined the following

(Print name of MD, DO or Other)

student, \_\_\_\_\_ from \_\_\_\_\_ High School/7-8<sup>th</sup> grade school

(Name of Student),

who was removed from a \_\_\_\_\_ (sport) contest at the \_\_\_\_\_ level (V, JV, 9<sup>th</sup>, 7-8<sup>th</sup>) due to exhibition of signs/symptoms/behaviors consistent with a concussion. I have examined this student and determined that the student is cleared to resume participation upon the completion of the directions provided below.

#### **PLEASE INDICATE YOUR DIRECTIONS BELOW**

\_\_\_ Return to play protocol for concussion as outlined in Zurich Consensus Statement 2012 or as attached.

\_\_\_ Return to play protocol for concussion required under direction of Licensed Athletic Trainer or another qualified Licensed medical provider as approved in above directive

\_\_\_ Return to play protocol for concussion not required, and the student may return to participation in practice and competition on this date \_\_\_\_\_

\_\_\_ Other: (explain): \_\_\_\_\_

#### **VALID ONLY WITH ALL INFORMATION COMPLETED**

Signature of Medical Professional \_\_\_\_\_  
(MD, DO or another qualified Licensed Medical Provider as Approved in the Above Directive)

Date: \_\_\_\_\_

Contact Information: \_\_\_\_\_

(Print or Stamp)

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

Return to play is also subject to clarification of this document, as deemed necessary, by Licensed Athletic Trainer, other qualified Licensed medical providers authorized by Board of Education or other governing body, or school district administration. Return to play decisions are also subject to recognized principles of conditioning, skill development, mental preparedness, etc.

Parent(s)/Guardian and student are reminded that the initial signature document of awareness of signs and symptoms of concussion and need/requirement to report are still in effect. Parent(s)/Guardian and student have a responsibility to report any further signs or symptoms of a concussion or head injury to coaches, administrators, and the student- athlete's doctor. Information regarding signs and symptoms are available from school district personnel or OHSAA website.

#### **PRESENT THIS FORM TO THE SCHOOL ADMINISTRATOR**

**Note: The school must retain this form indefinitely as a part of the student's permanent record. Medical Providers should retain a copy for their own records.**



**Pre-Game Public Address Announcement**  
**Welcome and Opening Remarks**

Ladies & Gentlemen,

The Board of Directors, Commissioner and Staff of Ohio High School Athletic Association welcome you to this OHSAA sanctioned contest. To honor America, please stand and join in the singing/playing of our National Anthem.     *(Playing of the **NATIONAL ANTHEM***

As the host of today/tonight's game, the Athletic Department at \_\_\_\_\_ High School welcomes you to today's/tonight's basketball game between \_\_\_\_\_ High School and \_\_\_\_\_ High School and thanks you for your support of high school student-athletes.

The officials assigned to this game have met the requirements set by the Ohio High School Athletic Association and have been approved by both schools to provide their important role in today's/tonight's game.

The officials for this game are:

\_\_\_\_\_  
\_\_\_\_\_, and  
\_\_\_\_\_

The athletes, coaches and officials are guests of \_\_\_\_\_ High School and fans are asked to respect the effort each of them has put forth preparing for today's/tonight's contest. We ask all attending to show courtesy and respect for fellow fans, officials, coaches, those administrating the contest and of course – your team and your opponent. And remember to ***“Respect the Game”***. Now let's meet the players in today's/tonight's game.

Visiting Coaches and Team - Starters last

Home Coaches and Team – Starters last