



2023 OHSAA 7th and 8th Grade Cross Country Invitational
Sunday, October 22nd
Fortress Obetz and Memorial Park

Schedule of Events:
Course opens 8:00 AM

Section A - Boys Team Race	10:00 AM
Section B - Girls Team Race	10:35 AM
Section C - Boys Team Race	11:10 AM
Section D - Girls Team Race	11:45 AM
Section E - Boys Team Race	12:20 PM
Section F - Girls Team Race	12:55 PM
Section G - Boys Team Race	1:30 PM
Section H - Girls Team Race	2:05 PM

RACE NOTES:

- Schools may enter a maximum of 30 runners per gender per assigned race.
- Schools with less than 5 runners can enter the meet, and will be placed according to where they best fit with the number of runners they bring.
- Each Racing Section will not have balanced numbers of teams, but will have balanced numbers of runners (*estimated between 150-200 runners per race*).
- All races will be scored (*First 5 runners score & next 2 are displacers*).
- To allow coaches the opportunity to best prepare their teams, the schools that have both genders will be grouped as follows:
 - Races A & D
 - Races E & H
 - Races C & F
 - Races G & B
 - Races B & G will primarily be used for schools that only bring one team.