

Boys State Tournament Individual Champions



In the 1928 through 1930 state tournaments, the distance of the event was 2.5 miles. Beginning in 1931, the distance was two miles. This distance was competed through the 1976 season, when the distance was increased to 2.5 miles. In 1982, the official distance was increased to 5,000 meters (approximately 3.1 miles).

From 1960 through 1984, the individual qualifiers competed in a separate race than the team qualifiers in the state tournaments only. The listing that follows contains the official winners from each race. The winner of the individual race is listed with an "I" in front of his name, and the winner of the team race is listing with a "T" in front of his name.

ONE CLASS

Year	Champion, School	Time
1928	Charles Medberry, Columbus East	14:10
1929	Harvey Smith, Lakewood	13:18.3
1930	Wilford Brantingham, Salem	13:11.5
1931	Harold Horstman, Salem	10:31.5
1932	Paul Benner, Newark	10:38
1933	Paul Benner, Newark	10:14
1934	Jim Whitaker, Kent Roosevelt	10:00
1935	Wade Campbell, Fremont	10:24
1936	Paul Roelen, Salem	10:08
1937	Graham Sheppard, Edinburg	10:00
1938	Sam Cobb, Columbus North	10:12.3
1939	Ray Jordan, Akron South	9:58.5
1940	Elmer McDonnall, Toledo Waite	10:05
1941	Don Rydgid, Akron North	10:17.1
1942	No Tournament	
1943	Sylvester Stewart, Toledo Waite	9:53.8
1944	Austin Hutt, Columbus West	10:26
1945	John Dewey, Akron North	10:49.8
1946	John Holloman, Akron East	10:16
1947	John Holloman, Akron East	10:28
1948	Bob Boxler, Akron East	10:28.8
1949	Jackson Wagner, Akron North	10:18
1950	Ron Truex, Lima Central	10:28.8
1951	George Leith, Cleveland West Tech	10:36
1952	Neil Burson, Toledo Waite	10:04.5
1953	Jack Blackburn, Worthington	10:33.2
1954	Larry Hamilton, Ashland	9:56.4
1955	Jim Russell, Worthington	10:33.2
1956	Ed Butler, Cleveland John Adams	10:10.5
1957	Alex Fulz, Lemon-Monroe	10:24.2
1958	Ray Fleming, Akron North	9:59.9
1959	Choice Phillip, Cleveland John Adams	9:52.0
1960	I-Warren Hand, Dayton Roosevelt T-Mike Gallagher, Toledo Libbey	10:02.0 10:04.1
1961	I-Andy Schramm, Cincinnati Deer Park T-Warren Hand, Dayton Roosevelt	9:26.4 9:51.3
1962	I-James Gilbert, Cleveland Glenville T-Alex Jamieson, Lakewood	9:39.5 9:55.9
1963	I-Ricky Poole, Dayton Jefferson T-John Tillman, Akron North	9:51.4 9:53.5
1964	I-Charles Starkey, Columbus West T-Gary Gold, Cleveland John Marshall	9:47.1 9:38.8
1965	I-Paul Zink, Cleveland West T-David Reid, Lakewood	9:42.4 9:31.3

CLASS A

1966	I-Tekei Ghebreme'din, Avon T-John Jones, Marion Elgin	10:58 11:05
1967	I-Joe Corry, Zanesville Bishop Rosecrans T-Dan Boyd, Kent St. University School	10:13.9 10:22
1968	I-Dan Zoeller, Tipp City Bethel T-Bill Huntington, Orwell Grand Valley	9:44.9 9:48.3
1969	I-Scott Snow, Cortland Lakeview T-Bruce Melton, Crestline	10:03.8 10:13.4
1970	T-Ron Leach, Covington	10:14.0
1971	T-Gary Vippermann, Bethel-Tate	10:05

Year	Champion, School	Time
1972	I-Ron Dunfee, Stewart Federal Hocking T-Ted Rupe, Cortland Maplewood	10:07.8 10:03.0
1973	I-Mike Becraft, Georgetown T-Dan Cartledge, Liberty Center	9:46.4 10:09
1974	I-Pete Murtaugh, Ashland Mapleton T-Brian Jonard, Caldwell	9:53.5 9:59.7
1975	I-Fred Myers, New Albany T-Bill Ankney, Defiance Ayersville	9:58.5 9:46.8
1976	I-Brian Jonard, Caldwell T-Fred Myers, New Albany	10:07 9:56.7
1977	I-John Locker, Twin Valley North T-Doug McDonald, Defiance Ayersville	12:21.3 12:34.9
1978	I-Dean Wood, Hicksville T-Earl Zilles, West Liberty-Salem	12:40.1 12:06.7
1979	I-Jeff Johnson, Yellow Springs T-Earl Zilles, West Liberty-Salem	12:56.1 12:24.4
1980	I-Scott Campbell, Ashtabula St. John T-Tony Thaman, Sidney Lehman	12:12.2 12:26.7
1981	I-Dave Rickerd, Patrick Henry T-Doug Lawrence, Lafayette Allen East	12:23 12:29.4
1982	I-Bob Burley, New Albany T-Matt Streeter, Gates Mills Hawken	15:19.3 15:38.7
1983	I-Scott Mercer, Peninsula Woodridge T-Ken Petty, Dayton Christian	16:04.5 15:56.8
1984	I-Bob Henes, Peninsula Woodridge T-Tony Carna, Caldwell	16:14.0 16:13.9
1985	Tony Carna, Caldwell	16:01.2
1986	Tony Carna, Caldwell	15:44.2
1987	Brian Norris, Caldwell	15:47.6
1988	Mondo Tijerina, Columbus Grove	16:30.2

CLASS AA

1966	I-Charles Starkey, Columbus West T-Sid Sink, Fairview Park Fairview	10:29 10:14
1967	I-Reggie McAfee, Cincinnati Courter Tech T-Wesley Brock, Toledo Libbey	9:48.3 9:43.7
1968	I-Reggie McAfee, Cincinnati Courter Tech T-Bill Beaty, Lancaster	9:28.0 9:31.4
1969	I-Bill Beaty, Lancaster T-Les Nagy, Niles McKinley	9:45.2 9:34.7
1970	T-Jerry Wenger, Benjamin Logan	9:52.6
1971	T-Steve Richards, Circleville	9:51.8
1972	I-Neil McConnell, Hudson T-Tom Brumfield, Grandview Heights	10:00.3 10:07
1973	I-Mark Kadlec, Bedford Chanel T-Callan Strouss, Youngstown Liberty	9:49 9:46.0
1974	I-Mark Tapee, Columbus Bexley T-Bruce Smith, Martins Ferry	9:41.0 9:43.6
1975	I-Mark Mellum, Pemberville Eastwood T-Bruce Smith, Martins Ferry	9:44.5 9:33.4
1976	I-Jerry Hansen, Clyde T-Mike Maynard, Cincinnati Greenhills	9:46.8 9:43.5
1977	I-Glen McCaslin, Cortland Lakeview T-Mike Maynard, Cincinnati Greenhills	12:17.7 12:09.9
1978	I-Chuck Bridgman, Dayton Chaminade-Julienne T-Joel Marchand, Navarre Fairless	12:05.3 12:17.8
1979	I-Joel Marchand, Navarre Fairless T-Mitch Bentley, McArthur Vinton County	12:11.9 12:32.2

Year	Champion, School	Time
1980	I-Mitch Bentley, McArthur Vinton County T-George Rodriguez, Cardinal Stritch	12:03.4 12:16.1
1981	I-Tom Franek, Chagrin Falls Kenston T-Ben Weeman, Orrville	12:14.7 12:12
1982	I-Ben Weeman, Orrville T-Dan Franek, Chagrin Falls Kenston	15:14.6 15:33.3
1983	I-Tom Schnurr, Sandusky St. Mary CC T-Scott Fry, Sandusky Perkins	15:38.1 15:31.6
1984	I-Scott Fry, Sandusky Perkins T-Troy Jones, Coshocton	14:50.2 16:07.4
1985	Bob Henes, Peninsula Woodridge	15:45.1
1986	Joe McKown, Kansas Lakota	15:31.1
1987	Martin Avila, Swanton	15:42.2
1988	Tom Woods, Wooster Triway	16:26.0

CLASS AAA

1970	I-Mike Burley, Berea T-Jeff Schnell, Toledo DeVilbiss	9:44.2 9:40.5
1971	I-Ron Addison, Cleveland Rhodes T-Glenn Wilburn, Amherst Steele	9:26.9 9:28.3
1972	I-Larry Coy, Cleveland John Marshall T-Bob Lunn, Youngstown Austintown-Fitch	9:46.0 9:45.5
1973	I-Mark Hunter, Brunswick T-Peter Kummant, Amherst Steele	9:34 9:33.0
1974	I-Rick Music, Fairborn Baker T-Peter Kummant, Amherst Steele	9:34.8 9:24.7
1975	I-Mike Lacey, Westerville South T-Alan Scharsu, Youngstown Austintown-Fitch	9:38.1 9:15.7
1976	I-Tom Rapp, Trotwood-Madison T-Alan Scharsu, Youngstown Austintown-Fitch	9:29.6 9:19.3
1977	I-Gerald Vilt, Cleveland Rhodes T-Alan Scharsu, Youngstown Austintown-Fitch	12:10.7 11:46.8
1978	I-George Nicholas, Dayton Meadowdale T-John Zishka, Lancaster	11:45.2 12:14.3
1979	I-George Nicholas, Dayton Meadowdale T-John Zishka, Lancaster	12:08.2 12:12.9
1980	I-George Nicholas, Dayton Meadowdale T-Clark Haley, Lancaster	11:36.7 11:53.3
1981	I-Bob Mau, Rocky River T-Dean Monske, Toledo DeVilbiss	12:04.8 11:58
1982	I-Bob Mau, Rocky River T-Andy Herr, Berea	14:58.6 15:09.8
1983	I-Curt Rogers, Sandusky T-Lowell Terrell, Alliance	15:41.1 15:17.3
1984	I-Mark Croghan, Green T-Matt Linden, Parma Normandy	15:43.8 15:52.1
1985	Eric Nelson, Westerville North	16:00.2
1986	Bob Kennedy, Westerville North	15:31.8
1987	Bob Kennedy, Westerville North	15:03.2
1988	Dave Briggs, Sylvania Southview	16:12.3

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Boys State Tournament Individual Champions



DIVISION III

Year	Champion, School	Time
1989	Stuart Henderson, McDonald	15:37.9
1990	Brian Hesson, Caldwell	15:35.6
1991	Brian Hesson, Caldwell	15:30.9
1992	Brian Hesson, Caldwell	15:20.4
1993	Jimmy Jurcevich, Defiance Ayersville	15:54.3
1994	Vincent Fries, Attica Seneca East	16:02.7
1995	Vincent Fries, Attica Seneca East	15:59.3
1996	Ian Connor, Galion Northmor	15:40.2
1997	Vincent Fries, Attica Seneca East	15:50.3
1998	Josh Ordway, Holgate	15:42.7
1999	Jeremy Riehm, Old Fort	16:08.4
2000	Brian Olinger, West Lafayette Ridgewood	15:30.9
2001	Braden Martinez, Stryker	15:56.3
2002	Josh Souder, Fostoria St. Wendelin	15:57.0
2003	Braden Martinez, Stryker	16:02.0
2004	Dan Nemergut, North Lima South Range	16:13.0
2005	Andy Arnio, Cortland Maplewood	15:47.0
2006	Samuel Borchers, Yellow Springs	15:50.0
2007	Walter Luttrell, Dayton Christian	15:34.0
2008	Isaiah Bragg, Fairfield Cincinnati Christian	15:54.8
2009	Ryan Polman, Independence	16:01.6
2010	Colin Cotton, Cincinnati Summit Country Day	15:32.5
2011	Samuel Praker, Versailles	15:19.3
2012	Samuel Praker, Versailles	15:16.6
2013	Bobby Johnson, McDonald	15:45.4
2014	Tristan Dahmen, Cortland Maplewood	15:57.5
2015	Tristan Dahmen, Cortland Maplewood	15:18.8
2016	Chad Johnson, N. Robinson Colonel Crawford	15:18.4
2017	Chad Johnson, N. Robinson Colonel Crawford	15:33.3
2018	Noah Fisher, Defiance Ayersville	16:14.4
2019	Derek Amicon, Grandview Heights	15:42.5
2020	Tom Caputo, Fredericktown	15:31.5
2021	Braden Yingst, Lima Perry	15:29.4
2022	Brylan Holland, East Canton	15:41.7

DIVISION II

Year	Champion, School	Time
1989	Richard Ronald, Uhrichsville Claymont	15:47.1
1990	Matt Smith, Sandusky Perkins	15:54.9
1991	Jason Wertz, Canfield	15:45.7
1992	Mike Buddenberg, Bellaire	15:42.5
1993	Matt Shady, Lewis Center Olentangy	15:33.2
1994	Chris Cave, Zoarville Tuscarawas Valley	15:58.6
1995	Chad Kincard, Norwood	15:48.5
1996	Andy Grecius, Ashtabula Edgewood	15:53.3
1997	Sean Kelly, Mentor Lake Catholic	15:28.6
1998	Rob Meyers, Lancaster Fairfield Union	15:36.9
1999	James Sjostrom, Aurora	15:41.5
2000	Jacob McCauley, Springfield Greenon	15:39.0
2001	Anthony Mion, Akron St. Vincent-St. Mary	15:40.4
2002	Matt Buzek, Akron St. Vincent-St. Mary	15:54.0
2003	Matt Buzek, Akron St. Vincent-St. Mary	16:07.0
2004	Evan Gaynor, Delta	15:54.0
2005	Aaron Melhorn, Navarre Fairless	15:41.0
2006	Aaron Melhorn, Navarre Fairless	15:22.0
2007	Cory Leslie, Sandusky Perkins	15:33.4
2008	Jarrold Eick, Alliance Marlinton	15:38.1
2009	Michael Brajdic, Bay Village Bay	15:49.8
2010	Michael Brajdic, Bay Village Bay	15:01.9
2011	Steven Weaver, Napoleon	15:25.1
2012	Mick Iacofano, Akron St. Vincent-St. Mary	15:32.9
2013	Matt Bromley, Thornville Sheridan	16:04.6
2014	Joseph Bistriz, Chagrin Falls	15:44.4
2015	Joseph Bistriz, Chagrin Falls	15:16.9
2016	Zach Krefit, Delaware Buckeye Valley	15:16.4
2017	Zach Krefit, Delaware Buckeye Valley	15:20.6
2018	Kyle Johnson, Lexington	15:52.9
2019	Caleb Brown, Shelby	15:05.1
2020	Ryan Champa, Peninsula Woodridge	15:42.9
2021	Jack Agnew, Dayton Carroll	15:31.3
2022	Colin Cernansky, Alliance Marlinton	15:26.0

DIVISION I

Year	Champion, School	Time
1989	Alan Boos, Tiffin Columbian	15:44.4
1990	Darrell Hughes, Galloway Westland	15:24.7
1991	J.J. White, Dublin Coffman	15:31.4
1992	J.J. White, Dublin Coffman	15:05.0
1993	Doug Bockenstette, Cincinnati LaSalle	15:18.2
1994	Sam Bell, Findlay	15:45.4
1995	Patrick Kelley, Cleveland St. Ignatius	15:50.4
1996	Ernie Ziegler, Harrison	15:27.4
1997	Joe Barnes, Clayton Northmont	15:33.8
1998	Brian Godsey, Liberty Twp. Lakota East	15:08.1
1999	Steve Padgett, Cincinnati LaSalle	15:19.9
2000	Allen Bader, Cincinnati LaSalle	15:21.1
2001	Allen Bader, Cincinnati LaSalle	15:07.0
2002	Wesley Smith, Hudson	15:15.0
2003	Jeff See, Middletown	15:40.0
2004	Jeff See, Middletown	15:25.0
2005	Chad Balyo, Springboro	15:32.0
2006	Emil Heineking, Chardon	15:16.0
2007	Donny Roys, Medina	15:21.8
2008	Zach Wills, Mason	15:15.6
2009	Zach Wills, Mason	15:45.1
2010	Zach Wills, Mason	15:19.8
2011	Tsehaye Hiluf, Reynoldsburg	15:21.5
2012	Sam Wharton, Tipp City Tippecanoe	15:09.9
2013	Mark Hadley, Boardman	15:10.6
2014	Michael Vitucci, Cincinnati St. Xavier	15:34.5
2015	Andrew Jordan, Pataskala Watkins Memorial	14:54.0
2016	Dustin Horter, Liberty Township Lakota East	15:02.8
2017	Dustin Horter, Liberty Township Lakota East	15:03.4
2018	Conant Smith, Middletown	15:43.4
2019	Matt Duvall, Pickerington HS North	15:13.0
2020	Nathan Moore, Uniontown Lake	14:59.5
2021	William Zegarski, Morrow Little Miami	14:39.9
2022	Connor Ackley, Hilliard Davidson	15:10.1

OHSAA Cross Country State Championships

Attendance Records

All Divisions, Boys & Girls Combined

- 2016, National Trail Raceway, Hebron – 12,492
- 2021, Fortress Obetz and Memorial Park – 12,342
- 2017, National Trail Raceway, Hebron-12,054
- 2003, Scioto Downs Race Track, Columbus – 11,721
- 2011, National Trail Raceway, Hebron – 11,367
- 2005, Scioto Downs Race Track, Columbus – 11,312
- 2006, Scioto Downs Race Track, Columbus – 11,210

Girls State Tournament Individual Champions



When girls competition began in cross country in 1978, the distance was 2.5 miles. In 1982, the official distance was increased to 5,000 meters (approximately 3.1 miles).

From 1981 through 1984, the individual qualifiers competed in a separate race than the team qualifiers in the state tournaments only. The listing that follows contains the official winners from each race. The winner of the individual race is listed with an "I" in front of her name, and the winner of the team race is listed with a "T" in front of her name.

CLASS A-AA

Year	Champion, School	Time
1978	Mary Jean Wright, Kirtland	14:29.9
1979	Mary Jean Wright, Kirtland	14:19.0
1980	Patty Metzler, Jackson-Milton	13:55.1
1981	I-Patty Metzler, Jackson-Milton	13:50.8
	T-Connie Jo Robinson, Reading	13:33

CLASS A

Year	Champion, School	Time
1982	I-Patty Metzler, Jackson-Milton	17:17.8
	T-Susan Nash, Zanesville Bishop Rosecrans	18:34.4
1983	I-Maria Newcomer, West Liberty-Salem	18:44.4
	T-Susan Nash, Zanesville Bishop Rosecrans	18:53.0
1984	I-Shari Coressel, Archbold	19:45.1
	T-Micki Bish, Findlay Liberty-Benton	19:16.3
1985	Dawn Arrigoni, Newbury	19:21.3
1986	Michelle Borgert, Kirtland	18:43.1
1987	Michelle Borgert, Kirtland	19:00.5
1988	Jana Woehmyer, Minster	19:52.1

CLASS AA

Year	Champion, School	Time
1982	I-Teresa Dunn, Springfield C.C.	17:34.5
	T-Michelle Kallikan, Olmsted Falls	17:51.2
1983	I-Michelle Sica, Cincinnati Lady of Angels	18:01.2
	T-Joanna Dias, Ravenna Southeast	18:17.7
1984	I-Michelle Sica, Roger Bacon	18:16.2
	T-Julie Dias, Ravenna Southeast	18:00.3
1985	Julie Dias, Ravenna Southeast	18:17.9
1986	Kim Haluscsak, Olmsted Falls	18:47.4
1987	Kim Haluscsak, Olmsted Falls	18:27.8
1988	Monica McHenry, Cleveland Hts. Beaumont	19:43.5

CLASS AAA

Year	Champion, School	Time
1978	Ann Henderson, Brecksville-Broadview Hts.	13:46.2
1979	Maureen Cogan, Kettering Fairmont East	14:37.8
1980	Sherrie Matthews, Toledo Notre Dame	13:53.5
1981	I-Sherrie Matthews, Toledo Notre Dame	14:03.1
	T-Tina Cheney, Lima Shawnee	14:01
1982	I-Kristy Orre, Clayton Northmont	17:15.6
	T-Tina Cheney, Lima Shawnee	17:28.7
1983	I-Anne Densmore, Elyria	17:26.6
	T-Tina Cheney, Lima Shawnee	17:55.5
1984	I-Kristy Orre, Clayton Northmont	18:26.5
	T-Barb Courtade, Upper Arlington	18:56.9
1985	Laurie Gomez, Youngstown Boardman	18:46.2
1986	Laurie Gomez, Youngstown Boardman	18:20.8
1987	Laurie Gomez, Youngstown Boardman	17:58.2
1988	Misty Allison, Chillicothe	19:32.1

DIVISION III

Year	Champion, School	Time
1994	Becky Testa, McDonald	18:35.0
1995	Katie Sabino, Peninsula Woodridge	18:50.9
1996	Katie Sabino, Peninsula Woodridge	18:28.6
1997	Brianna Shook, Attica Seneca East	18:01.4
1998	Brianna Shook, Attica Seneca East	18:17.4
1999	Angela Homan, Spencerville	18:26.8
2000	Sunni Olding, Minster	18:17.8
2001	Angela Homan, Spencerville	17:53.7
2002	Sunni Olding, Minster	18:28.0
2003	Sunni Olding, Minster	18:01.0
2004	Sarah Schulze, Anna	18:52.0
2005	Sarah Foster, Milan Edison	18:29.0
2006	Caitlin Thomas, Cardington-Lincoln	18:32.0
2007	Stephanie Morgan, Barnesville	17:27.3
2008	Stephanie Morgan, Barnesville	17:57.1
2009	Tammy Berger, Versailles	18:47.9
2010	Tammy Berger, Versailles	18:13.3
2011	Brittany Atkinson, Liberty Center	18:27.5
2012	Sarah Kanney, Coldwater	17:58.0
2013	Brittany Atkinson, Liberty Center	18:31.5
2014	Sarah Kanney, Coldwater	18:00.1
2015	Athena Welsh, Louis. St. Thomas Aquinas	17:58.6
2016	Emily Sreenan, Lima Central Catholic	18:01.8
2017	Emma Watcke, Minster	18:38.4
2018	Miranda Stanhope, Kinsman Badger	18:51.6
2019	Addie Engel, Springfield Catholic Central	17:46.9
2020	Caleigh Richards, Cortland Maplewood	18:22.3
2021	Caleigh Richards, Cortland Maplewood	18:16.2
2022	Paige Steinke, Anna	17:46.1

DIVISION II

Year	Champion, School	Time
1989	Michelle Bogert, Kirtland	18:43.5
1990	Rachel Sauder, Archbold	18:41.7
1991	Brandi Sabino, Peninsula Woodridge	18:56.2
1992	Teresa Peck, Baltimore Liberty Union	18:38.3
1993	Jamie King, Botkins	18:41.6
1994	Katy Radkewich, Cleveland Hts. Beaumont	18:09.1
1995	Katy Radkewich, Cleveland Hts. Beaumont	17:38.7
1996	Katy Radkewich, Cleveland Hts. Beaumont	16:59.8
1997	Kelli Litten, Canal Fulton Northwest	18:35.0
1998	Jessica Oakes, Springfield Northwestern	18:29.6
1999	Emily Mars, Mogadore Field	18:41.0
2000	Abbey Reeser, Circleville	18:17.5
2001	Amy Arnold, Cuyahoga Falls CVCA	18:21.1
2002	Emily Thompson, North Bend Taylor	18:13.0
2003	Emily Thompson, North Bend Taylor	18:36.0
2004	Brittany Tinsley, Lewistown Indian Lake	18:08.0
2005	Bridget Franek, Mantua Crestwood	17:34.0
2006	Emily Infeld, Cleveland Hts. Beaumont	17:40.0
2007	Emily Infeld, Cleveland Hts. Beaumont	17:30.9
2008	Katie Gillespie, Cuyahoga Falls CVCA	18:00.4
2009	Christina Blair, Cuyahoga Falls CVCA	18:39.7
2010	Katie Landwehr, Tipp City Tippecanoe	18:05.0

DIVISION II, (con't.)

Year	Champion, School	Time
2011	Sarra Taylor, London	18:19.1
2012	Mary Kate Vaughn, Dayton Oakwood	17:41.6
2013	Taylor Vernot, Wauseon	18:04.4
2014	Dominique Clairmon, Lexington	18:17.1
2015	Abby Nichols, Kettering Archbishop Alter	18:05.4
2016	Leah Roter, Beachwood	17:55.1
2017	Annie Zimmer, Chagrin Falls	18:13.6
2018	Ella Gilson, Gates Mills Hawken	18:37.4
2019	Ella Gilson, Gates Mills Hawken	17:45.9
2020	Grace Hartman, Dayton Oakwood	18:04.1
2021	Grace Hartman, Dayton Oakwood	17:31.6
2022	Bella Butler, Dayton Oakwood	18:09.8

DIVISION I

Year	Champion, School	Time
1989	India Ford, Euclid	18:33.0
1990	Christina Talkington, Carrollton	18:25.9
1991	Amy McKinley, Amherst Steele	18:24.3
1992	Jenni Brown, Salem	17:15.3
1993	Nicole LaSelle, Dayton Chaminade-Julienne	17:54.0
1994	Nicole LaSelle, Dayton Chaminade-Julienne	18:12.8
1995	Nicole LaSelle, Dayton Chaminade-Julienne	18:09.0
1996	Jen Wollam, Alliance	18:09.3
1997	Jen Wollam, Alliance	18:02.5
1998	Lyndsi Gay, Reynoldsburg	17:37.2
1999	Chelsea Homan, Cincinnati Anderson	17:53.8
2000	Lindsay Zinn, Liberty Twp. Lakota East	17:42.9
2001	Michelle Sikes, Lakewood	17:49.7
2002	Angela Bizzarri, Mason	17:47.0
2003	Sarah Leeper, Loveland	18:22.0
2004	Angela Bizzarri, Mason	18:19.0
2005	Brooklyne Ridder, Cincinnati Oak Hills	18:19.0
2006	Amanda Burger, W. Chester Lakota West	17:36.0
2007	Claire Durkin, Worthington Kilbourne	17:10.5
2008	Brooklyne Ridder, Cincinnati Oak Hills	17:51.4
2009	Meredith Wagner, Sylvania Northview	18:03.9
2010	Michelle Thomas, Cincinnati Glen Este	17:41.5
2011	Claudia Sanders, Cincinnati Princeton	18:04.5
2012	Jacquelyn Crow, Lebanon	17:39.3
2013	Annie Heffernan, Cincinnati St. Ursula Acad.	18:13.9
2014	Lainey Studebaker, Centerville	18:09.4
2015	Lainey Studebaker, Centerville	17:39.0
2016	India Johnson, Hilliard Davidson	17:28.6
2017	Morgan Gigandet, Troy	17:30.8
2018	Taylor Ewert, Beaver Creek	17:38.7
2019	Taylor Ewert, Beaver Creek	17:22.4
2020	Mia Robillard, Centerville	17:58.5
2021	Alyssa Shope, Gahanna Lincoln	17:32.1
2022	Katie Clute, Olmsted Falls	17:25.1