



**2023**  
**Cross Country**  
**Tournament Managers' Manual**  
*District – Region - State*



Ohio High School Athletic Association  
4080 Roselea Place  
Columbus, Ohio 43214  
(p) 614.267.2502  
(f) 614.267.1677  
[www.ohsaa.org](http://www.ohsaa.org)

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# **2023 OHSAA CROSS COUNTRY TOURNAMENTS REGULATIONS**

Refer to the OHSAA Website - [www.ohsaa.org](http://www.ohsaa.org)

District – Regional – State

**Note:** The following regulations apply to all levels of tournament competition unless otherwise specified. These regulations have been adopted by the Ohio High School Athletic Association Board of Directors on **September 1<sup>st</sup>, 2023**.

**The Executive Director is authorized to modify these regulations when it is deemed necessary, subject to ratification by the Board of Directors.**

## **CONTACT INFORMATION**

Name	Title	Responsibilities	E-mail/Phone
Dustin Ware	Sport Administrator	Oversees the administrative & regulatory aspects of the sport of Cross Country	<a href="mailto:dware@ohsaa.org">dware@ohsaa.org</a> 614-267-2502 ext. 129
BJ Duckworth	Assistant Sport Administrator, Director of Officiating Development & State Rules Interpreter	Rule Interpretation, Tournament Officials Assignments & Officials evaluations	<a href="mailto:bjduckworth@ohsaa.org">bjduckworth@ohsaa.org</a> 330-718-2435
Beau Rugg	OHSAA Director of Officiating and Sports Management	Oversees OHSAA officiating and sport management departments	<a href="mailto:brugg@ohsaa.org">brugg@ohsaa.org</a> 614-738-3559
Jeffrey Oncken	Data Manager for the OSHAA/MileSplit partnership	Provides data support for on-line entries and tournament management via MileSplit	<a href="mailto:jeffrey.oncken@flosports.tv">jeffrey.oncken@flosports.tv</a>
Rick Campbell	Regional & State Tournament Assigner	Handles all OHSAA assignments to the regional tournament and all assignments at the state tournament.	<a href="mailto:assigntrackandcc@gmail.com">assigntrackandcc@gmail.com</a>
Steve Adams	Site Manager	Coordinates the State Championships at Fortress Obetz	<a href="mailto:sadams@obetz.oh.us">sadams@obetz.oh.us</a> 614-581-8364
Dugan Hill	Tournament Manager		<a href="mailto:Dugan.sharon.1979@gmail.com">Dugan.sharon.1979@gmail.com</a> 740-509-0683

## **IMPORTANT DATES**

### **2023 OHSAA Cross Country Calendar**

<b>District Meets</b>	<b>October 21<sup>st</sup></b>
<b>Regional Meets</b>	<b>October 28<sup>th</sup></b>
<b>State Championships</b> Fortress Obetz and Memorial Park Div. I – Div. III	<b>November 4<sup>th</sup></b>

# **GENERAL**

## **ELIGIBILITY**

- All participants must be eligible in accordance with the OHSAA Bylaws and Sports Regulations.
- A student who uses anabolic steroids or other performance enhancing drugs is ineligible for interscholastic competition until such time as medical evidence can be presented that the student's system is free of anabolic steroids or other performance enhancing drugs.

## **RULES**

- National Federation Cross Country Rules will apply in all tournaments. 2023 Track and Field Rules –Rule 8 and other applicable rules, regulations.

## **COMPETITION LEVELS**

- There will be three Divisions (I, II, III) of competition in the Boys and three Divisions (I, II, III) in the Girls Cross Country Tournaments.

## **TOURNAMENT ENTRY REQUIREMENTS**

### **Tournament Entry/Withdraw**

- Member schools wanting to participate in the 2023 OHSAA Cross Country Tournaments must indicate their intent to participate on their 2023 OHSAA Sports Participation Card in myOHSAA. Tournament entry confirmation begins July 1, 2023 and ends October 2, 2023. Schools that change their tournament participation after October 2, 2023 will be subject to a \$50 penalty per sport.

## **SCHOOL REPRESENTATIVE**

- No team or individual will be allowed to compete in the District, Regional and State Tournaments unless a coach or a person authorized by the Board of Education is present throughout the tournament. Teams and individual entries unaccompanied by such a school representative may be disqualified, pending a ruling by the Executive Director (Bylaw 3-2-1).

## **DRONES – UMNANNED AREAL VEHICLES**

- The use of drones is prohibited for any purpose by any persons at OHSAA tournament contests. Tournament management shall remove anyone attempting to use a drone and/or confiscate the drone until the event has been completed.
  - **NOTE:** An exception to this policy may be made in specific cases for OHSAA broadcast partners, provided the management of the tournament facility permits the presence of drones for broadcast purposes under the control of the OHSAA.

## **LENGTH OF COURSE**

- The length of the course is 5,000 meters.

## **GIRLS ON BOYS TEAM**

- Schools that do not sponsor girls cross country teams (five or more individuals) may permit girls to practice and participate with the boys teams during regular season competition. Girls participating as individuals with boys cross country teams will be permitted to enter and compete in the State Sponsored District, Regional and State Girls Cross Country Tournaments provided the school has indicated on the Sports Participation Card that the school is sponsoring girls cross country. All other rules and regulations of the OHSAA will apply. This interpretation applies to regular season meet limitation participation.

## **OFFICIALS DECISIONS**

- The decisions of the Referee are final in all tournaments. Exception: The Executive Director retains the right to rule on all instances involving ineligible participants. The Games Committee will serve in an advisory capacity to the referee if the referee chooses to seek advice. The referee shall not observe any type of video device unless the device has been approved in advance (NFHS Rule 3-2-7) and when authorized only for determining order of finish.

- **Appeals Procedure**

- Obtain appeal form from the Tournament Manager.
- Complete appeal form, sign and present to the tournament referee.
- The tournament referee will review the appeal, reach a decision, complete and sign the referee's decision portion of the appeal form and notify the coach of the final decision.
- The decision of the tournament referee is final and not subject to further review, except as indicated in NFHS Rule 3-2-7. District, Regional and State Tournament officials may use electronic visual devices to record action during a race and at the finish. The devices that are declared official must be authorized prior to the start of a race. The **Referee** may use the authorized devices in making a decision. The **Referee** is prohibited from using recordings from unauthorized devices.

### **UNSPORTING CONDUCT PENALTY**

- During participation in OHSAA tournaments any student or coach ejected for unsporting conduct or flagrant foul shall be ineligible for contests for the remainder of that day, as well as for all contests in that sport until two regular season/tournament contests are played at the same level as the ejection.
- Individuals ejected for unsporting conduct shall be reported to the OHSAA Executive Director by the tournament manager. The Executive Director will investigate the situation and may impose additional penalties in accordance with Bylaw 11 and Sports Regulation 14 if the situation warrants it. Participation in athletic contests is a privilege. Each individual is expected to conduct themselves in an exemplary manner while participating.

### **PROPERTY DAMAGE**

- There is no insurance covering property damage. If property is damaged at a tournament site by competing school teams, student body or spectators, the school from which the students and/or spectators come shall be liable and pay the cost of repair or replacement.
- The tournament manager is authorized to deduct from the school's share the cost of any damages caused by competing schools. Other damages to facilities not attributed to a competing school could be a legitimate tournament expense and may be deducted from tournament receipts. If damage is extensive, the District Board or Board of Directors will become involved.
- Student crowd control at state sponsored tournaments is the responsibility of the principals of the competing schools.

### **PROHIBITED ADVERTISING**

- There shall be no advertising through printed media, billboards, radio or television that includes beer, wine, liquor, tobacco, political parties or candidates or any other advertising contrary to the philosophy of the high school athletic program.

### **SPONSORSHIP AND RIGHTS**

- The Ohio High School Athletic Association is the sponsoring association for the District, Regional and State Cross Country Tournaments. The OHSAA reserves all rights regarding the management of these tournaments and the sale of any items at the tournaments or any audio-visual reproductions of the tournaments.
- Any sale of food, clothing, souvenirs or any other items at each site is strictly prohibited without permission of the respective District Athletic Boards for District Tournaments and the OHSAA Executive Director for the Regional and State Tournaments.

### **RAFFLES PROHIBITED**

- There shall be no raffles or any type of games of chance permitted at the site of cross-country tournament contests during the period beginning one hour prior to the tournaments and ending one hour after the tournaments have ended.

### **PROHIBITED SALES**

- The sale, distribution, or the consumption of alcoholic beverages or illegal drugs is not permitted at the site of any contest involving OHSAA member schools.

## **LIGHTNING AND INCLEMENT WEATHER**

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include the nearest office of the National Weather Service.

### **PROACTIVE PLANNING**

- Assign staff to monitor local weather conditions before and during practices and contests.
- Develop an evacuation plan, including an identification of appropriate nearby safer areas, and determine the amount of time needed to get everyone to the designated safer area:
  - A designated safer place is a substantial building with plumbing and wiring where people live or work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a fully enclosed (not convertible or soft top) metal car or school bus.
  - Develop criteria for suspension and resumption of play:
    - When thunder is heard or lightning is seen\*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
    - **30- Minute Rule:** Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed prior to resuming play;
- Any subsequent thunder or lightning\* after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin;
- When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning should always take precedence over information from a mobile app or lightning-detection device.
- At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.
- Review the lightning safety policy annually with all administrators, coaches and game personnel and train all personnel;

### **Recognition:**

Coaches, athletic trainers, athletes, administrators and contest officials **shall** be educated regarding the signs indicating thunderstorm development. Since the average distance between successive lightning flashes is approximately two to three miles, ANYTIME that lightning can be seen or heard, the risk is already present. Weather can be monitored using the following methods:

#### **Monitor Weather Patterns**

- Be aware of potential thunderstorms by monitoring local weather forecasts the day before and morning of the competition, and by scanning the sky for signs of potential thunderstorm activity

#### **National Weather Service**

- Weather can also be monitored using small, portable weather radios from the NWS. The NWS uses a system of severe storm watches and warnings. A watch indicates conditions are favorable for severe weather to develop in an area; a warning indicates severe weather has been reported in an area, and everyone should take proper precautions. Any thunderstorm poses a risk of injury or death even if it does not meet the criteria for severe weather. Therefore, anytime thunderstorms are in the forecast (even if it is only a 20 percent change), event organizers **shall** be at a heightened level of awareness to the potential danger of lightning.

### **Evacuation**

If lightning is imminent or a thunderstorm is approaching, all personnel, athletes and spectators **shall** evacuate to available safe structures or shelters. A list of the closest safe structures **shall** be announced and displayed on placards at all athletic venues.

## CONCUSSION REGULATIONS

**All individuals who have responsibilities and duties in the interscholastic athletics environment are responsible for the enforcement of concussion protocol: coaches, contest officials, administrators, students, parents, and medical personnel.**

- It is important for all individuals involved in interscholastic athletics to recognize the potential for catastrophic injury and even death from concussions. Thus, it is extremely important that each coach, administrator, contest official and medical support personnel review their responsibilities in protecting students. Further, both students and parents have responsibilities in this area as well.

**NOTE:** It has always been the ultimate responsibility of the coaching staff in all sports to ensure that students are only put into practice or contests if they are physically capable of performing. However, all individuals involved in the conduct of interscholastic competition have responsibilities in this endeavor.

On April 26, 2013, legislation adopted by Ohio's General Assembly on concussion and head injuries in youth sports became effective. On February 14, 2013, the OHSAA Board of Directors mandated that these regulations become effective for the remainder of the spring sports season and thereafter. This OHSAA regulation, as amended to incorporate this recent legislation, now reads:

- Any student, while practicing for or competing in an interscholastic contest, who exhibits signs, symptoms, or behaviors consistent with having sustained a concussion or head injury (such as loss of consciousness, headache, dizziness, confusion or balance problems) shall be immediately removed from practice or contest by either of the following:
  - The individual who is serving as the student's coach during that practice or competition.
  - An individual who is serving as a contest official or referee during that practice or competition.

## RETURN TO PLAY PROTOCOL

If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED** to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or the contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied:

- The student's condition is assessed by either of the following:
  - A physician, who is a person authorized under Chapter 4731 of the Ohio Revised Code (ORC) to practice medicine and surgery or osteopathic medicine or surgery (M.D., or D.O.); any other licensed health care provider that the school district board of education or other governing authority of a chartered or non-chartered non-public school authorizes to assess the student who has been removed from practice or competition.
- The student receives written authorization that it is safe for the student to return to practice or competition from a physician or other licensed health care provider authorized to grant the clearance. The OHSAA Medical Authorization to Return to Play (RTP) form can be obtained by going to the following:  
<http://ohsaa.org/medicine/AuthorizationToReenter.pdf>

A school district board of education or governing authority of a chartered or non-chartered non-public school may authorize a licensed health care provider who is **NOT A PHYSICIAN** to make an assessment and grant authorization for a student to return participation **ONLY** if the provider is acting in accordance with one of the following as applicable to the provider's authority to practice in Ohio:

- In consultation with a physician;
- Pursuant to the referral of a physician;
- In collaboration with a physician, or Under the supervision of a physician.

**NOTE:** A physician or other licensed health care provider who makes an assessment or grants clearance for a student to participate may be a volunteer.

## **HEAT ACCLIMATIZATION & HEAT ILLNESS:**

All coaching and medical staff personnel shall observe the following precautions for all sports competed outdoors and/or in a hot, humid environment:

- **Stress to participants the importance of properly hydrating** themselves during the day leading up to the contest or practice, and also to drink 8-to-12 ounces of water or sport drinks 20 minutes prior to the contest or practice. This routine can help prevent problems during practice and contests
- **Schools should have unlimited water and sport drinks on hand** during contests and practices, and coaches in team sports should be prepared to use numerous runners rather than just a select few.

## **POSITION STATEMENT ON SERVICE DOGS**

- It is the position of the Ohio High School Athletic Association that all individuals, including those with disabilities, shall have access to OHSAA tournaments. This statement is designed to apprise all OHSAA member schools and tournament managers of the law relating to these accommodations for persons with disabilities and to remind the membership of obligations as it relates to this law.
- According to the federal law known as the Americans with Disabilities Act, see complete reference here [https://www.ada.gov/service\\_animals\\_2010](https://www.ada.gov/service_animals_2010) , **only dogs** are recognized as service animals and are defined as **“dogs which are individually trained to do work or perform tasks for people with disabilities.”** Under this law, as an organization which serves the public, the OHSAA and its member schools, shall allow these service animals to accompany people with disabilities in all areas of facilities where the public is normally allowed to go.
- The service dog must be harnessed, leashed or tethered unless these devices interfere with the service animal’s work or the individual’s disability prevents using these devices. In that case, the individual must maintain control of the animal.
- When it is not obvious what service the dog provides, only limited inquiries are allowed. Staff members may ask two questions:
  - **Is the dog a service animal required because of a disability?**
  - **What work or task has the dog been trained to perform?**
- Staff shall not ask about the person’s disability, require medical documentation, require a special identification card or training documentation for the dog to demonstrate its ability to perform the work or task.

We thank you in advance for making these accommodations for people who have disabilities so that they may fully enjoy the events that are sponsored by the Ohio High School Athletic Association and its member schools. If you have questions, as always, please contact a representative of your District Athletic Board for a district tournament, or the sport administrator on our staff for all other inquiries.

# **RACE ADMINISTRATION**

## **Starting and Starting Line**

- **Starting Line Assignments**

- Assignment of teams and individuals to a spot on the starting line shall be chosen by lot.

- **Starting Line Area**

- Shall be cleared of all coaches, managers and others except contestants and officials just prior to the start of each race. They may be no closer than 15 yards behind the line at the start.

- **Starting Procedure- District, Regional, State**

- **Starter** - The starter will be positioned well in front of the runners so the competitors can see and be able to move to the side. The clerk or clerks will serve as assistant starters for false start purposes. The Referee will be positioned at 100 meters for recall in case of a fall by competitors.
- **Procedure**
  - Give a brief and concise review of the starting commands and procedures to be used for the start with all competitors immediately before the start.
  - The starter will hold the starting device and red flag parallel to the ground and give a long blast of the whistle. This is the signal for the runners to step up to, but not touch, the starting line and become motionless.
  - The starter slowly raises both arms overhead.
  - When all runners are set and motionless and the recall starters signal with a white flag, the starting device is fired and at the same time, the red flag is motioned downward, indicating the start of the race.

- **Numbers**

- Contestant numbers shall be securely fastened to the front of the jersey of each contestant. The placement should be approximately 9-12" below the shoulders, with the use of a minimum of three pins in order that the number will not flop.

- **Scoring**

- The scoring at each tournament level must be accurate and as efficient as possible. To this end, competent and experienced personnel must be employed.
- All scoring systems shall use a double system in order that there may be a cross-check to the scoring.

# DISTRICT TOURNAMENTS

**Saturday October 21, 2023**

## ASSIGNMENTS TO DISTRICT TOURNAMENTS

- District Athletic Boards determine tournament sites, employ managers, set district tournaments schedules, and assign schools to district tournaments.

## DISTRICT TOURNAMENT ENTRY REQUIREMENTS

### **Electronic Entry of Participants**

- Coaches will submit entries on the designated 'District Tournament Pages' hosted on the MileSplit site (<http://oh.milesplit.com>)
- A properly completed electronic entry **must include** the name and grade of the individual entries.
- Electronic entries **must be entered no later than 5 p.m.** on **Friday, October 13, 2023**, or at a later date and time if established by the district athletic board. If the tournament entries are not submitted by the designated time and date, the school's participant(s) will not be accepted without payment of a \$50 late fee and approval by the OHSA.
- An earlier deadline for tournament paperwork may not be established. However, entries will be accepted once the District Tournament Page is created/posted on the MileSplit website.

## DISTRICT TOURNAMENT SITES, MANAGERS, & SCHEDULE INFORMATION

- District tournament site information, tournament manager contact, & race schedules can be found on the District Athletic Board Websites:
  - Central:** <https://www.ohsaa.org/Central-Sports-Tournaments/Cross-Country>
  - East:** <https://www.ohsaa.org/East-Sports-Tournaments/Cross-Country>
  - Northeast:** <https://www.ohsaa.org/Northeast-Sports-Tournaments/Cross-Country>
  - Northwest:** <https://www.ohsaa.org/Northwest-Sports-Tournaments/Cross-Country>
  - Southeast:** <https://www.ohsaa.org/Southeast-Sports-Tournaments/Cross-Country>
  - Southwest:** <https://www.ohsaa.org/Southwest-Sports-Tournaments/Cross-Country>

## **QUALIFIERS FROM DISTRICT TO REGIONAL (2022 / 2023)**

### **Boys Teams**

	<b>Division</b>		
<b>District</b>	<b>I</b>	<b>II</b>	<b>III</b>
Central	15	6	7
East		6	4
Southeast		8	6
Northeast	24	19	13
Northwest	7	11	22
Southwest	18	14	12
<b>Total</b>	<b>64</b>	<b>64</b>	<b>64</b>

### **Girls Teams**

	<b>Division</b>		
<b>District</b>	<b>I</b>	<b>II</b>	<b>III</b>
Central	16	6	8
East		6	4
Southeast		8	6
Northeast	24	20	12
Northwest	7	11	23
Southwest	17	13	11
<b>Total</b>	<b>64</b>	<b>64</b>	<b>64</b>

### **Individuals Qualifiers**

- Each boys and girls District Tournament will qualify individuals to a Regional Tournament based on the formula of our individuals for each team qualifying. For example:
  - If three teams qualify, those individuals who finish in the top twelve positions will qualify;
  - If four teams qualify, those individuals who finish in the top sixteen positions will qualify;
  - If five teams qualify, those individuals who finish in the top twenty positions will qualify.
  - A runner may qualify as a team member and as an individual.

**Note:** In the sport of Cross Country, team designation (used for determining scoring for the current year's tournament, advancement to the regional tournament, and "team" participants in subsequent years' tournaments) shall **NOT** be the number of students entered into or beginning a district tournament, but rather the number of students from that school that **FINISH** the district tournament (i.e. a minimum number of five) and score for their team.

### **DISTRICT AWARDS**

- **Team** - The district champion and runner-up teams will receive a team trophy. There will be no ties in team scoring as National Federation Track and Field Rules 8-2-4 and 5 apply.
- **Individual** - There shall be no individual awards presented.
  - Trophies will be shipped directly from Croton Craft, Box 257, Croton, Ohio 45013. Please open the shipment immediately and check to see if you have received the correct trophies and awards or if there is any damage. If an error has been made or there is damage, notify the supplier and the OHSAA office immediately. Contact: Mr. Travis Nethers at Croton Craft 1-800-947-5521

### **ADMISSION – DISTRICT MEETS**

- The tickets will be sold online at <https://www.ohsaa.org/tickets> .
- The ticket prices for the district tournaments shall be:
  - **STUDENT: \$5.00**
  - **GENERAL ADMISSION: \$8.00**
  - **GATE PRICE (where applicable): \$10.00**
- **The Gate Purchasing procedure is still under review. Once a final process has been approved, we will share it with the DAB Secretaries, tournament managers, & the cross-country community.**
- **School Administrators Tickets:** Each participating school will receive complimentary admission for **three** school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- **Note:** Children under the age of five (5) are provided complimentary admission.

### **TOURNAMENT PARTICIPATION REPORT**

- The OHSAA Board of Directors semi-annually sets up the representation from each district based upon the number of teams (5 or more participants that finished the race) in the tournaments. Please complete & email the attached Participation Form (page 17 & 18) to **Dustin Ware** ([dware@ohsaa.org](mailto:dware@ohsaa.org)) **IMMEDIATELY** following the district meet.

# 2023 Regional Sites, Managers, and Assignments

Revised 10/5/2023

## DIVISION I – Saturday, October 28

**REGION 1** **YOUNGSTOWN** – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512  
Meet Manager, **Dave Pavlansky**, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583;  
Fax: 330-726-3430; Email: [dave.pavlansky@boardmanschools.org](mailto:dave.pavlansky@boardmanschools.org)  
Assistant Manager, **Rick Sybert**, [rick.sybert@boardmanschools.org](mailto:rick.sybert@boardmanschools.org)

- Representation: Boys – Northeast 24
- Qualifiers from: Glen Oak (8); Lorain (9); Madison (7)
- Representation: Girls – Northeast 24
- Qualifiers from: Glen Oak (9); Lorain (9); Madison (6)

**REGION 2** **TIFFIN** – Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883  
Meet Manager: **Mark Ingalls**, C: 567-268-3230; Email: [Mark\\_Ingalls@tiffincityschools.org](mailto:Mark_Ingalls@tiffincityschools.org)  
Site Manager: **Bradley Scheiber**, O: 419-448-5224 C: 319-934-1383  
Email: [bradley\\_scheiber@tiffincityschools.org](mailto:bradley_scheiber@tiffincityschools.org)

- Representation: Boys – Northwest 7
- Qualifiers from: Findlay Owens (3); Liberty Center (4)
  - **PLEASE NOTE:** The original number of qualifiers at these sites were incorrectly listed at the time of posting. The highlighted numbers above have been corrected as of October 4<sup>th</sup>.
- Representation: Girls – Northwest 7
- Qualifiers from: Findlay Owens (3); Liberty Center (4)

**REGION 3** **PICKERINGTON** – Pickerington High School North, 7800 Refugee Rd., Pickerington 43147  
Meet Manager: **Kelly Winter**, O:614-830-2731; Fax: 614-833-3661; [Kelly\\_winter@plsd.us](mailto:Kelly_winter@plsd.us)

- Representation: Boys – Central 15
- Qualifiers from: Darby 1 (5), Darby 2 (5), Darby 3 (5)
- Representation: Girls – Central 16
- Qualifiers from: Darby 1 (5), Darby 2 (5), Darby 3 (6)

**REGION 4** **TROY** – Memorial Stadium, 151 Staunton Rd., Troy, 45373  
Meet Manager: **Roger Bowen**, C: 937-608-0951; Email: [rogerbowen@aol.com](mailto:rogerbowen@aol.com)  
Site Manager: **David Palmer**, O: 937-332-6045, C: 937-418-3265, Email: [palmer-d@troy.k12.oh.us](mailto:palmer-d@troy.k12.oh.us)

- Representation: Boys – Southwest 18
- Qualifiers from: Cedarville (8); West Chester 1 (5), West Chester 2 (5)
- Representation: Girls – Southwest 17
- Qualifiers from: Cedarville (7); West Chester 1 (5), West Chester 2 (5)

## DIVISION II – Saturday, **October 28**

**REGION 5**    **YOUNGSTOWN** – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512  
Meet Manager, **Dave Pavlansky**, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583;  
Fax: 330-726-3430; Email: [dave.pavlansky@boardmanschools.org](mailto:dave.pavlansky@boardmanschools.org)  
Assistant Manager, **Rick Sybert**, [rick.sybert@boardmanschools.org](mailto:rick.sybert@boardmanschools.org)

- Representation: Boys - Northeast 19
- Qualifiers from: Glen Oak (6); Lorain (7); Madison (6)
- Representation: Girls - Northeast 20
- Qualifiers from: Glen Oak (8); Lorain (6); Madison (6)

**REGION 6**    **TIFFIN** – Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883  
Meet Manager: **Mark Ingalls**, C: 567-268-3230; Email: [Mark\\_Ingalls@tiffincityschools.org](mailto:Mark_Ingalls@tiffincityschools.org)  
Site Manager: **Bradley Scheiber**, O: 419-448-5224 C: 319-934-1383  
Email: [bradley\\_scheiber@tiffincityschools.org](mailto:bradley_scheiber@tiffincityschools.org)

- Representation: Boys - Northwest 11
- Qualifiers from: Galion (3); Findlay Owens (4); Columbus Grove (4)
- Representation: Girls – Northwest 11
- Qualifiers from: Galion (3); Findlay Owens (5); Columbus Grove (3)

**REGION 7**    **PICKERINGTON** – Pickerington High School North, 7800 Refugee Rd., Pickerington 43147  
Meet Manager: **Kelly Winter**, O:614-830-2731; Fax: 614-833-3661; [Kelly\\_winter@plsd.us](mailto:Kelly_winter@plsd.us)

- Representation: Boys – Central 6; East 6; Southeast 8
- Qualifiers from: Darby 1 (3), Darby 2 (3); Cambridge (6), Rio Grande (8)
- Representation: Girls – Central 6; East 6; Southeast 8
- Qualifiers from: Darby 1 (3), Darby 2 (3); Cambridge (6); Rio Grande (8)

**REGION 8**    **TROY** – Memorial Stadium, 151 Staunton Rd., Troy, 45373  
Meet Manager: **Roger Bowen**, C: 937-608-0951; Email: [rogerbowen@aol.com](mailto:rogerbowen@aol.com)  
Site Manager: **David Palmer**, O: 937-332-6045, C: 937-418-3265, Email: [palmer-d@troy.k12.oh.us](mailto:palmer-d@troy.k12.oh.us)

- Representation: Boys – Southwest 14
- Qualifiers from: Cedarville (8); West Chester 1 (3), West Chester 2 (3)
- Representation: Girls – Southwest 13
- Qualifiers from: Cedarville (8); West Chester 1 (5)

## DIVISION III – Saturday, October 28

**REGION 9 YOUNGSTOWN** – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512  
Meet Manager, **Dave Pavlansky**, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583;  
Fax: 330-726-3430; [dave.pavlansky@boardmanschools.org](mailto:dave.pavlansky@boardmanschools.org)  
Assistant Manager, **Rick Sybert**, [rick.sybert@boardmanschools.org](mailto:rick.sybert@boardmanschools.org)

- Representation: Boys - Northeast 13
- Qualifiers from: Glen Oak (5); Lorain (4); Madison (4)
- Representation: Girls - Northeast 12
- Qualifiers from: Glen Oak (4); Lorain (4); Madison (4)

**REGION 10 TIFFIN** – Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883  
Meet Manager: **Mark Ingalls**, C: 567-268-3230; [Mark.Ingalls@tiffincityschools.org](mailto:Mark.Ingalls@tiffincityschools.org)  
Site Manager: **Bradley Scheiber**, O: 419-448-5224 C: 319-934-1383  
[bradley\\_scheiber@tiffincityschools.org](mailto:bradley_scheiber@tiffincityschools.org)

- Representation: Boys - Northwest 22
- Qualifiers from: Findlay Owens (5); Liberty Center 1 (3), Liberty Center 2 (3); Galion (5); Columbus Grove 1 (3), Columbus Grove 2 (3)
- Representation: Girls – Northwest 23
- Qualifiers from: Findlay Owens (5); Liberty Center 1 (3), Liberty Center 2 (3); Galion (5); Columbus Grove 1 (4), Columbus Grove 2 (3)

**REGION 11 PICKERINGTON** – Pickerington High School North, 7800 Refugee Rd., Pickerington 43147  
▪ Meet Manager: **Kelly Winter**, O:614-830-2731; Fax: 614-833-3661; [Kelly\\_winter@plsd.us](mailto:Kelly_winter@plsd.us)

- Representation: Boys – Central 7; East 4; Southeast 6
- Qualifiers from: Darby 1 (3), Darby 2 (4); Cambridge (4); Rio Grande (6)
- Representation: Girls – Central 8; East 4; Southeast 6
- Qualifiers from: Darby 1 (4), Darby 2 (4), Cambridge (4); Rio Grande (6)

**REGION 12 TROY** – Memorial Stadium, 151 Staunton Rd., Troy, 45373  
Meet Manager: **Roger Bowen**, C: 937-608-0951; [rogerbowen@aol.com](mailto:rogerbowen@aol.com)  
Site Manager: **David Palmer**, O: 937-332-6045, C: 937-418-3265, [palmer-d@troy.k12.oh.us](mailto:palmer-d@troy.k12.oh.us)

- Representation: Boys - Southwest 12
- Qualifiers from: Cedarville (8); West Chester (4)
- Representation: Girls – Southwest 11
- Qualifiers from: Cedarville (7); West Chester (4)

## **REGIONAL TOURNAMANET ENTRIES**

- Teams and individuals who qualified at their respective District Cross Country Tournaments will automatically be entered in the Regional Tournament to which assigned.
- Advancement of qualifiers to the Regional Meets will be handled automatically by MileSplit on the dedicated [Regional Meet page hosted on MileSplit](#).
- Coaches do not need to re-submit new rosters for the Regional Meet on MileSplit.
- The full list of Regional Qualifiers (*teams & individuals*) can be found on the Regional Tournament Pages found on <http://oh.milesplit.com>
- The personnel of qualifying cross country teams from District Tournaments may be changed prior to the Regional Tournament as long as all rules regarding eligibility are followed and all participants are **eligible by OHSAA standards**.
- Scratches / Substitutions to a “Team Roster” may be submitted directly to the Regional Tournament Managers:
  - **YOUNGSTOWN REGIONAL**
    - Dave Pavlansky / [dave.pavlansky@boardmanschools.org](mailto:dave.pavlansky@boardmanschools.org)
    - Rick Syper / [rick.syper@boardmanschools.org](mailto:rick.syper@boardmanschools.org)
  - **TROY REGIONAL**
    - Roger Bowen / [rogerbowen@aol.com](mailto:rogerbowen@aol.com)
  - **TIFFIN REGIONAL**
    - Bradley Scheiber / [bradley\\_scheiber@tiffincityschools.org](mailto:bradley_scheiber@tiffincityschools.org)
    - Mark Ingalls / [mark\\_ingalls@tiffincityschools.org](mailto:mark_ingalls@tiffincityschools.org)
  - **PICKERINGTON REGIONAL**
    - Colin Beemiller / [colin\\_beemiller@plsd.us](mailto:colin_beemiller@plsd.us)
    - Kelly Winter / [Kelly\\_Winter@plsd.us](mailto:Kelly_Winter@plsd.us)
- Substitutions **may not** be made for individual qualifiers.

## **QUALIFIERS TO STATE**

- Qualification of teams and individuals to the respective state tournaments has been adopted by the Board of Directors. All divisions, boys and girls, will qualify to the state from regional tournaments.

## **TEAMS**

- Due to the imbalance in District and, thus, Regional qualifiers, the State qualifying teams from each respective regional is as follows:
  - **D-1 (B/G) Pickerington 5/5; Boardman 7/8; Tiffin 2/2; Troy 6/5**
  - **D-2 (B/G) Pickerington 6/6; Boardman 6/6; Tiffin 4/4; Troy 4/4**
  - **D-3 (B/G) Pickerington 5/6; Boardman 4/4; Tiffin 7/7; Troy 4/3**

## **INDIVIDUALS**

- Each boys and girls Regional Tournament will qualify 4x the number of teams that qualify (i.e. 4 teams = 16 individuals, 5 teams = 20 individuals, etc.) Since a runner may qualify as a team member and as an individual, these individual qualifiers are the top runners in each respective race (i.e. the first 16, or the first 20, etc.). The State qualifying individuals from each respective regional is as follows:
  - **D-1 (B/G) Pickerington 20/20; Boardman 28/32; Tiffin 8/8; Troy 24/20**
  - **D-2 (B/G) Pickerington 24/24; Boardman 24/24; Tiffin 16/16; Troy 16/16**
  - **D-3 (B/G) Pickerington 20/24; Boardman 16/16; Tiffin 28/28; Troy 16/12**

### TIME SCHEDULE FOR REGIONAL COMPETITION

Time	Event
8:00 am or 8:30 am	Officials Meeting
10:00 am	D3 Girls
10:45 am	D3 Boys
11:15pm	D3 Awards
<b>Lunch</b>	
12:00 pm	D2 Girls
12:45 pm	D2 Boys
1:15 pm	D2 Awards
2:00 pm	D1 Girls
2:45 pm	D1 Boys
3:15 pm	D1 Awards
Check in will begin 30min before each race	
Awards are Girls followed by Boys	

- **Competition** in each division shall involve qualifying teams and individuals competing in two races.

### ADMISSION – REGIONAL MEETS

- The tickets will be sold online at <https://www.ohsaa.org/tickets> .
- The ticket prices for the regional tournaments shall be:
  - **STUDENT: \$9.00**
  - **GENERAL ADMISSION: \$12.00**
  - **GATE PRICE (where applicable): \$15.00**
- **The Gate Purchasing procedure is still under review. Once a final process has been approved, we will share it with the DAB Secretaries, tournament managers, & the cross-country community.**
- **School Administrators Tickets:** Each participating school will receive complimentary admission for **three** school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- **Note:** Children under the age of five (5) are provided complimentary admission.

### AWARDS

- **Team** - There shall be regional championships and runner-up trophies presented.
- **Individual** - Individual awards shall be presented to each individual qualifier to the state tournament.
  - Trophies will be shipped directly from Croton Craft, Box 257, Croton, Ohio 45013. Please open the shipment immediately and check to see if you have received the correct trophies and awards or if there is any damage. If an error has been made or there is damage, notify the supplier and the OHSAA office immediately. Contact: Mr. Travis Nethers at Croton Craft 1-800-947-5521

### TEAM EXPENSES

- No team expenses will be paid to member schools participating in 2022 OHSAA Tournaments

# **REGIONAL RACE ADMINISTRATION**

## **Lead Cart**

The use of a lead cart is **mandatory at regional tournaments**. The use must follow the policy as outlined in the OHSAA Officials Manual.

## **Regional Officials**

Officials assigned to the meet must come from the eligibility list provided by the OHSAA office, district only officials should not be used unless all eligible officials have been contacted and there is still a need for additional officials. Officials pay is per the schedule located in the officials manual.

## **OHSAA Assigned Positions**

- Referee (1)
- Starter (1)
- Assistant Starter (1)
- Head Clerk (1)
- Clerk (3)
- Head Umpire (1)
- Assistant Head Umpire (1)

Meet managers may **NOT** appoint or assign additional officials to serve in any of these roles.

## **Meet Manager Assigned Officiating Positions**

Regardless of how many officials you have hired in the past, all sites must follow the below.

- Announcer (1)
  - The announcer position will only be paid by the OHSAA via an officials assignment if the announcer is a licensed official. If the announcer is a non-licensed official, payment is the responsibility of meet management.
- Lead Cart Driver (1)
  - The lead cart driver position will only be paid by the OHSAA via an officials assignment if the driver is a licensed official. If the driver is a non-licensed official, payment is the responsibility of meet management.
    - The use of a lead cart should follow the rules as outlined in the OHSAA Officials Manual.
- Umpires (25 maximum)
  - If meet management feels there is a need for additional umpires, they must provide a detailed plan outlining the need and including the positioning of all umpires on the course. This plan must be endorsed by the meet referee before being submitted to myself for approval.
- Marshall (4 maximum)
  - Marshalls serve in a capacity to ensure the course is safe and clear of non-competitors. They may work in the area near the finish line or another area determined by the meet manager and meet referee.

# **STATE CHAMPIONSHIP**

## ***Saturday November 4, 2023***

### **LOCATION**

The Fortress in the Village of Obetz  
4175 Alum Creek Drive,  
Obetz, 43207

### **HISTORY**

Boys – **Fifty Third**  
Girls – **Forty Fifth**

### **STATE MEET MANAGEMENT**

<b>Name</b>	<b>Title</b>	<b>Responsibilities</b>	<b>E-mail/Phone</b>
Dustin Ware	Sport Administrator	Oversees the administrative & regulatory aspects of the sport of Cross Country	<a href="mailto:dware@ohsaa.org">dware@ohsaa.org</a> 614-267-2502 ext. 129
BJ Duckworth	Assistant Sport Administrator, Director of Officiating Development & State Rules Interpreter	Rule Interpretation, Tournament Officials Assignments & Officials evaluations	<a href="mailto:bjduckworth@ohsaa.org">bjduckworth@ohsaa.org</a> 330-718-2435
Beau Rugg	OHSAA Director of Officiating and Sports Management	Oversees OHSAA officiating and sport management departments	<a href="mailto:brugg@ohsaa.org">brugg@ohsaa.org</a> 614-738-3559
Jeffrey Oncken	Data Manager for the OSHAA/MileSplit partnership	Provides data support for on-line entries and event page management via MileSplit	<a href="mailto:jeffrey.oncken@flosports.tv">jeffrey.oncken@flosports.tv</a>
Rick Campbell	Regional & State Tournament Assigner	Handles all OHSAA assignments to the state tournament.	<a href="mailto:assigntrackandcc@gmail.com">assigntrackandcc@gmail.com</a>
Steve Adams	Site Manager	Coordinates the State Championships at Fortress Obetz	<a href="mailto:sadams@obetz.oh.us">sadams@obetz.oh.us</a> 614-581-8364
Dugan Hill	Tournament Manager		<a href="mailto:Dugan.sharon.1979@gmail.com">Dugan.sharon.1979@gmail.com</a> 740-509-0683

## TIME SCHEDULE

Time	Event
8:00 am	Officials Meeting*
10:00 am	D3 Girls
10:45 am	D3 Boys
10:45am	Clerks Lunch**
11:15 pm	D3 Awards
11:15 pm (estimated)	All Others Lunch***
12:00 pm	D2 Girls
12:45 pm	D2 Boys
1:15pm	D2 Awards
2:00 pm	D1 Girls
2:45 pm	D1 Boys
3:15 pm	D1 Awards
Check in will begin 30min before each race	
Awards are Girls followed by Boys	

## STATE CHAMPIONSHIP ENTRIES

- Teams and individuals who qualified at their respective Regional Cross Country Tournaments will automatically be entered in the State Meet.
- Advancement of qualifiers to the State Meet will be handled automatically by MileSplit.
- Coaches do not need to re-submit new rosters for the State Meet on MileSplit.
- The full list of State Meet Qualifiers (*teams & individuals*) can be found on the State Meet page found on <http://oh.milesplit.com>
- The personnel of qualifying cross country teams from Regional Tournaments may be changed prior to the State Meet as long as all rules regarding eligibility are followed and all participants are **eligible by OHSAA standards**.
- Scratches / Substitutions to a “Team Roster” may be submitted directly to the Tournament Coordinator & Timing Manager:
  - **Dugan Hill** / Tournament Coordinator  
[dugan.sharon.1979@gmail.com](mailto:dugan.sharon.1979@gmail.com)
  - **Mike Chatfield** / Timing Manager  
[mike@finishtiming.com](mailto:mike@finishtiming.com)

## ADMISSION

- The tickets will be sold online at <https://www.ohsaa.org/tickets> .
- The ticket prices for the state tournament shall be:
  - **STUDENT: \$13.00**
  - **GENERAL ADMISSION: \$16.00**
- School Administrators Tickets:** Each participating school will receive complimentary admission for **three** school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- Note:** Children under the age of five (5) are provided complimentary admission.

## CONTESTANT MATERIALS

- Coaches may obtain instructions, passes and contestant numbers at the pass gate beginning at **2:00 P.M. on Friday, November 3 and 8:00 A.M. on Saturday, November 4.**
- Packets **WILL ONLY** be distributed on Saturday.

## COURSE INSPECTION

- The Site Manager of The Fortress in Obetz has granted permission for state qualifying teams and individuals to inspect the course on before the meet on Saturday, November 5<sup>th</sup>.
- **The course will only be open**
  - **THURSDAY / 12:00pm – 5:00pm**
  - **FRIDAY / 12:00pm – 5:00pm**
  - The grounds **MUST BE CLEARED** of all people by 5:00pm
- On **SATURDAY NOVEMBER 4,** the course will be open for inspection between & after each race, but all **runners must be off the course no less than 5 minutes before the start of the next race.**
- Public address announcements will be made regarding inspection times. Failure to abide by inspection regulations could result in disqualification of contestants.

## PASSES

Passes shall be provided to competitors and coaches according to the following schedule.

- **Individuals** - number of qualifiers plus one
- **Team** – ten

## AWARDS

- **Individual Awards** will be presented to the **first twenty finishers** in each race.
- **Team Awards** will be presented to the championship and runner-up teams. Trophies will be presented for the school and eight individual awards.

## MEDIA CREDENTIALS

- Media credentials will be required for news media personnel. Credentials must be reserved in advance by faxing requests to the OHSAA office at 614-267-1677; Attn: Tim Stried. You may also email Tim at [tstried@ohsaa.org](mailto:tstried@ohsaa.org).

## PROHIBITED ITEMS

- The presence of recreation equipment at the State Cross Country Tournament will not be permitted (frisbees, footballs, baseballs, softballs) and pets of any kind. In addition, no fences are to be climbed at Obetz. Individuals that violate this regulation will be requested to leave with no refund of the admission fee.

## TEAM CAMPS

- Tents and competitor camps are permitted in the open grass area **OUTSIDE** the Pass Gate, located directly behind and north of the Obetz Athletic Center and adjacent to the starting line.
- Contestant restrooms are available in the designated team camp area. Please clean your camp area prior to leaving the facility.

## TEAM EXPENSES

- No team expenses will be paid to member schools participating in **2023** OHSAA Tournaments

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION  
4080 ROSELEA PLACE, COLUMBUS, OHIO 43214

**2023 CROSS COUNTRY TOURNAMENT PARTICIPATION REPORT**

The OHSAA Board of Directors semi-annually sets up the representation from each district based upon the number of teams (5 or more participants that finished the race) in the tournaments. Please list the school and the number of participants that actually competed in the tournament.

**Please note:** The OHSAA will accept the Athlete / Entry Count from Hy-Tek Report In lieu of this form. Use Reports | Schools | Athlete / Entry Count | Select Gender | Sort: School name or Male/Female Team Size | Create Report.

Tournament Date: \_\_\_\_\_ District: \_\_\_\_\_

Tournament Location: \_\_\_\_\_ Boys or Girls: \_\_\_\_\_

Tournament Manager: \_\_\_\_\_ Division: \_\_\_\_\_

**SECTION A - SCHOOL TEAMS PARTICIPATING (5 OR MORE PARTICIPANTS)**

	<u>Number</u>		<u>Number</u>
1. _____	_____	14. _____	_____
2. _____	_____	15. _____	_____
3. _____	_____	16. _____	_____
4. _____	_____	17. _____	_____
5. _____	_____	18. _____	_____
6. _____	_____	19. _____	_____
7. _____	_____	20. _____	_____
8. _____	_____	21. _____	_____
9. _____	_____	22. _____	_____
10. _____	_____	23. _____	_____
11. _____	_____	24. _____	_____
12. _____	_____	25. _____	_____
13. _____	_____	26. _____	_____

**SECTION B - SCHOOLS REPRESENTED BY INDIVIDUALS (LESS THAN 5 PARTICIPANTS)**

	<u>Number</u>		<u>Number</u>
1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____
3. _____	_____	6. _____	_____
2. _____	_____	5. _____	_____

**SECTION C - SCHOOLS THAT DID NOT PARTICIPATE**

1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____

Email participation report to Dustin Ware ([dware@ohsaa.org](mailto:dware@ohsaa.org)), immediately following your district tournament.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION  
4080 ROSELEA PLACE, COLUMBUS, OHIO 43214

**2023 CROSS COUNTRY TOURNAMENT PARTICIPATION REPORT**

The OHSAA Board of Directors semi-annually sets up the representation from each district based upon the number of teams (5 or more participants that finished the race) in the tournaments. Please list the school and the number of participants that actually competed in the tournament.

**Please note:** The OHSAA will accept the Athlete / Entry Count from Hy-Tek Report in lieu of this form. Use Reports | Schools | Athlete / Entry Count | Select Gender | Sort: School name or Male/Female Team Size | Create Report.

Tournament Date: \_\_\_\_\_ District: \_\_\_\_\_

Tournament Location: \_\_\_\_\_ Boys or Girls: \_\_\_\_\_

Tournament Manager: \_\_\_\_\_ Division: \_\_\_\_\_

**SECTION A - SCHOOL TEAMS PARTICIPATING (5 OR MORE PARTICIPANTS)**

	<u>Number</u>		<u>Number</u>
1. _____	_____	14. _____	_____
2. _____	_____	15. _____	_____
3. _____	_____	16. _____	_____
4. _____	_____	17. _____	_____
5. _____	_____	18. _____	_____
6. _____	_____	19. _____	_____
7. _____	_____	20. _____	_____
8. _____	_____	21. _____	_____
9. _____	_____	22. _____	_____
10. _____	_____	23. _____	_____
11. _____	_____	24. _____	_____
12. _____	_____	25. _____	_____
13. _____	_____	26. _____	_____

**SECTION B - SCHOOLS REPRESENTED BY INDIVIDUALS (LESS THAN 5 PARTICIPANTS)**

	<u>Number</u>		<u>Number</u>
1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____
3. _____	_____	6. _____	_____
2. _____	_____	5. _____	_____

**SECTION C - SCHOOLS THAT DID NOT PARTICIPATE**

1. _____	_____	4. _____	_____
2. _____	_____	5. _____	_____

Email participation report to Dustin Ware ([dware@ohsaa.org](mailto:dware@ohsaa.org)), immediately following your district tournament.

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION  
4080 ROSELEA PLACE, COLUMBUS, OHIO 43214

**CROSS COUNTRY APPEAL FORM**

**DIRECTIONS FOR COMPLETING THIS FORM:** Please complete all applicable blanks or circle applicable items. Present the complete form to the **REFEREE OF THE TOURNAMENT**.

DATE: \_\_\_\_\_ TOURNAMENT: \_\_\_\_\_ District \_\_\_\_\_ Regional \_\_\_\_\_ State \_\_\_\_\_

DIVISION: \_\_\_\_\_ I \_\_\_\_\_ II \_\_\_\_\_ III \_\_\_\_\_ BOYS \_\_\_\_\_ GIRLS \_\_\_\_\_

NAME OF SCHOOL \_\_\_\_\_

\_\_\_\_\_ 1) This Appeal Form is presented to appeal a rule believed to have been misapplied or misinterpreted.

\_\_\_\_\_ 2) This Appeal Form is presented to appeal the finish of one or more athletes in the race.

3) Names and Competition Numbers of all contestants

involved \_\_\_\_\_

4) State all circumstances regarding the situation that is being appealed (#1 or #2 from above) Please limit this appeal to only one situation.

**Certification:** I certify that the information submitted above is true and correct to the best of my knowledge and belief.

Signature \_\_\_\_\_ School position: \_\_\_\_\_ Coach \_\_\_\_\_ Administrator \_\_\_\_\_

***TO BE COMPLETED BY THE REFEREE***

**TO THE REFEREE:** Explain the action taken by you in response to the above appeal including your decision and the basis for your decision. Be concise and clear writing in a readable script.

Signature of Referee: \_\_\_\_\_ OHSAA Reg# \_\_\_\_\_ Home: \_\_\_\_\_

Business: \_\_\_\_\_

Submit to OHSAA, 4080 Roselea Place, Columbus, Ohio 43214 or Fax: 614-267-1677



**OHIO HIGH SCHOOL ATHLETIC ASSOCIATION**

4080 Roselea Place, Columbus, Ohio 43214

(p) 614.267.2502 (f) 614.267.1677

Web site: [www.ohsaa.org](http://www.ohsaa.org)

**OHSAA TRACK & FIELD and CROSS COUNTRY**

**COACH'S VERIFICATION OF SPORTING CONDUCT & LEGAL EQUIPMENT AND UNIFORMS  
FOR USE IN REGULAR SEASON & TOURNAMENT COMPETITION**

SCHOOL NAME \_\_\_\_\_

DIVISION \_\_\_\_\_ BOYS \_\_\_\_\_ GIRLS \_\_\_\_\_

HEAD COACH'S NAME \_\_\_\_\_ (printed)

**OHSAA standards require contest officials to enforce all NFHS rules relating to sporting conduct, ethical behavior and legal uniforms and equipment. Acts that intend to demean opposing competitors, team members, spectators and officials are not in keeping with the ideals of interscholastic athletics and will not be tolerated. Let this competition reflect mutual respect!**

NFHS track and field and cross-country rules require the referee to meet with the head coach to explain the expectations of good sporting conduct throughout this competition. In addition, the head coach is responsible for verifying to the referee/starter that all competitors are properly equipped (legal uniforms, legal equipment) in compliance with NFHS rules.

In all OHSAA tournament competitions and in any multi-team or invitational competition that would make it difficult for the referee to meet personally with all coaches and captains, all coaches shall agree to the following:

**Coach's Verification**

I certify to the tournament referee that all contestants under my supervision are legally equipped, attired in legal uniforms and free of all dangerous jewelry in accordance with NFHS rules. I further certify that all student-athletes and other team personnel have been advised of their responsibilities relative to good sporting conduct during this competition. In addition, I understand and accept responsibility for adhering to the OHSAA participation limitation of four events per individual athlete per tournament contest.

Coach's Signature \_\_\_\_\_ Date: \_\_\_\_\_

Please return this form to area designated by the meet officials or games committee.