2023 OHSAA CROSS COUNTRY TOURNAMENTS REGULATIONS

Refer to the OHSAA Website - www.ohsaa.org
District - Regional - State

<u>Note</u>: The following regulations apply to all levels of tournament competition unless otherwise specified. These regulations have been adopted by the Ohio High School Athletic Association Board of Directors on September 1st, 2023.

The Executive Director is authorized to modify these regulations when it is deemed necessary, subject to ratification by the Board of Directors.

CONTACT INFORMATION

Name	Title	Responsibilities	E-mail/Phone
Dustin Ware	Sport Administrator	Oversees the administrative & regulatory aspects of the sport of Cross Country	dware@ohsaa.org 614-267-2502 ext. 129
BJ Duckworth	Assistant Sport Administrator, Director of Officiating Development & State Rules Interpreter	Rule Interpretation, Tournament Officials Assignments & Officials evaluations	bjduckworth@ohsaa.org 330-718-2435
Beau Rugg	OHSAA Director of Officiating and Sports Management	Oversees OHSAA officiating and sport management departments	brugg@ohsaa.org 614-738-3559
Jeffrey Oncken	Data Manager for the OSHAA/MileSplit partnership	Provides data support for on-line entries and tournament management via MileSplit	jeffrey.oncken@flosports.tv
Rick Campbell	Regional & State Tournament Assigner	Handles all OHSAA assignments to the regional tournament and all assignments at the state tournament.	assigntrackandcc@gmail.com
Steve Adams	Site Manager	Coordinates the State	<u>sadams@obetz.oh.us</u> 614-581-8364
Dugan Hill	Tournament Manager	Championships at Fortress Obetz	<u>Dugan.sharon.1979@gmail.com</u> 740-509-0683

IMPORTANT DATES

2023 OHSAA Cross Country Calendar

District Meets	October 21st
Regional Meets	October 28 th
State Championships Fortress Obetz and Memorial Park Div. I – Div. III	November 4 th

GENERAL

ELIGIBILITY

- All participants must be eligible in accordance with the OHSAA Bylaws and Sports Regulations.
- A student who uses anabolic steroids or other performance enhancing drugs is ineligible for interscholastic
 competition until such time as medical evidence can be presented that the student's system is free of anabolic
 steroids or other performance enhancing drugs.

RULES

• National Federation Cross Country Rules will apply in all tournaments. 2023 Track and Field Rules –Rule 8 and other applicable rules, regulations.

COMPETITION LEVELS

• There will be three Divisions (I, II, III) of competition in the Boys and three Divisions (I, II, III) in the Girls Cross Country Tournaments.

TOURNAMENT ENTRY REQUIREMENTS

Tournament Entry/Withdraw

Member schools wanting to participate in the 2023 OHSAA Cross Country Tournaments must indicate their intent to participate on their 2023 OHSAA Sports Participation Card in myOHSAA. Tournament entry confirmation begins July 1, 2023 and ends September 25, 2023. Schools that change their tournament participation after September 25, 2023 will be subject to a \$50 penalty per sport.

SCHOOL REPRESENTATIVE

• No team or individual will be allowed to compete in the District, Regional and State Tournaments unlessa coach or a person authorized by the Board of Education is present throughout the tournament. Teams and individual entries unaccompanied by such a school representative may be disqualified, pending a ruling by the Executive Director (Bylaw 3-2-1).

DRONES - UMNANNED AREAL VEHICLES

- The use of drones is prohibited for any purpose by any persons at OHSAA tournament contests. Tournament management shall remove anyone attempting to use a drone and/or confiscate the drone until the event has been completed.
 - NOTE: An exception to this policy may be made in specific cases for OHSAA broadcast partners, provided the management of the tournament facility permits the presence of drones for broadcast purposes under the control of the OHSAA.

LENGTH OF COURSE

• The length of the course is 5,000 meters.

GIRLS ON BOYS TEAM

• Schools that do not sponsor girls cross country teams (five or more individuals) may permit girls to practice and participate with the boys teams during regular season competition. Girls participating as individuals with boys cross country teams will be permitted to enter and compete in the State SponsoredDistrict, Regional and State Girls Cross Country Tournaments provided the school has indicated on the Sports Participation Card that the school is sponsoring girls cross country. All other rules and regulations of the OHSAA will apply. This interpretation applies to regular season meet limitation participation.

OFFICIALS DECISIONS

• The decisions of the Referee are final in all tournaments. Exception: The Executive Director retains the right to rule on all instances involving ineligible participants. The Games Committee will serve in an advisory capacity to the referee if the referee chooses to seek advice. The referee shall not observe anytype of video device unless the device has been approved in advance (NFHS Rule 3-2-7) and when authorized only for determining order of finish. Video CAN NOT be used to aid in the decision-making process for a possible violation.

• Appeals Procedure

- Obtain appeal form from the Tournament Manager.
- o Complete appeal form, sign and present to the tournament referee.
- The tournament referee will review the appeal, reach a decision, complete and sign the referee's decision portion of the appeal form and notify the coach of the final decision. Incomplete forms, or forms not related to the misapplication of a rule will be automatically declined per NFHS and OHSAA rules.
- The decision of the tournament referee is final and not subject to further review.

UNSPORTING CONDUCT PENALTY

- During participation in OHSAA tournaments any student or coach ejected for unsporting conduct or flagrant foul shall be ineligible for contests for the remainder of that day, as well as for all contests in that sport until two regular season/tournament contests are played at the same level as the ejection.
- Individuals ejected for unsporting conduct shall be reported to the OHSAA Executive Director by the Meet Referee. The Executive Director will investigate the situation and may impose additional penalties in accordance with Bylaw 11 and Sports Regulation 14 if the situation warrants it. Participation in athletic contests is a privilege. Each individual is expected to conduct themselves in an exemplary manner while participating.

LIGHTNING AND INCLEMENT WEATHER

These guidelines provide a default policy to those responsible or sharing duties for making decisions concerning the suspension and restarting of practices and contests based on the presence of lightning or thunder. The preferred sources from which to request such a policy for your facility would include the nearest office of the National Weather Service.

PROACTIVE PLANNING

- Assign staff to monitor local weather conditions before and during practices and contests.
- Develop an evacuation plan, including an identification of appropriate nearby safer areas, and determine the amount of time needed to get everyone to the designated safer area:
 - A designated safer place is a substantial building with plumbing and wiring where people liveor
 work, such as a school, gymnasium or library. An alternate safer place from the threat of lightning is a
 fully enclosed (not convertible or soft top) metal car or school bus.
 - O Develop criteria for suspension and resumption of play:
 - When thunder is heard or lightning is seen*, the leading edge of the thunderstorm is close enough to strike your location with lightning. Suspend play for at least 30 minutes and vacate the outdoor activity to the previously designated safer location immediately.
 - **30- Minute Rule:** Once play has been suspended, wait at least 30 minutes after the last thunder is heard or lightning is witnessed prior to resuming play;
 - Any subsequent thunder or lightning*after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin;
 - When lightning-detection devices or mobile phone apps are available, this technology could beused to assist in making a decision to suspend play if a lightning strike is noted to be within 10 miles of the event location. However, never depend on the reliability of these devices and, thus, hearing thunder or seeing lightning should always take precedence over information from a mobile app or lightning-detection device.
 - At night, under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue an event. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.
 - Review the lightning safety policy annually with all administrators, coaches and game personneland train all personnel;

Recognition:

Coaches, athletic trainers, athletes, administrators and contest officials *shall* be educated regarding thesigns indicating thunderstorm development. Since the average distance between successive lightning flashes is approximately two to three miles, ANYTIME that lightning can be seen or heard, the risk is already present. Weather can be monitored using the following methods:

Monitor Weather Patterns

 Be aware of potential thunderstorms by monitoring local weather forecasts the day before and morning of the competition, and by scanning the sky for signs of potential thunderstorm activity

National Weather Service

• Weather can also be monitored using small, portable weather radios from the NWS. The NWS uses a system of severe storm watches and warnings. A watch indicates conditions are favorable for severe weather to develop in an area; a warning indicates severe weather has been reported in an area, and everyone should take proper precautions. Any thunderstorm poses a risk of injury or death even if it does not meet the criteria for severe weather. Therefore, anytime thunderstorms are in the forecast (even if it is only a 20 percent change), event organizers shall be at a heightened level of awareness to the potential danger of lightning.

Evacuation

• If lightning is imminent or a thunderstorm is approaching, all personnel, athletes and spectators *shall* evacuate to available safe structures or shelters. A list of the closest safe structures *shall* be announced and displayed on placards at all athletic venues.

PROPERTY DAMAGE

- There is no insurance covering property damage. If property is damaged at a tournament site by competing school teams, student body or spectators, the school from which the students and/or spectatorscome shall be liable and pay the cost of repair or replacement.
- The tournament manager is authorized to deduct from the school's share the cost of any damages caused by competing schools. Other damages to facilities not attributed to a competing school could be a legitimate tournament expense and may be deducted from tournament receipts. If damage is extensive, the District Board or Board of Directors will become involved.
- Student crowd control at state sponsored tournaments is the responsibility of the principals of the competing schools.

PROHIBITED ADVERTISING

• There shall be no advertising through printed media, billboards, radio or television that includes beer, wine, liquor, tobacco, political parties or candidates or any other advertising contrary to the philosophyof the high school athletic program.

SPONSORSHIP AND RIGHTS

- The Ohio High School Athletic Association is the sponsoring association for the District, Regional and State Cross Country Tournaments. The OHSAA reserves all rights regarding the management of these tournaments and the sale of any items at the tournaments or any audio-visual reproductions of the tournaments.
- Any sale of food, clothing, souvenirs or any other items at each site is strictly prohibited without permission of the
 respective District Athletic Boards for District Tournaments and the OHSAA Executive Director for the Regional
 and State Tournaments.

RAFFLES PROHIBITED

• There shall be no raffles or any type of games of chance permitted at the site of cross-country tournamentcontests during the period beginning one hour prior to the tournaments and ending one hour after the tournaments have ended.

PROHIBITED SALES

• The sale, distribution, or the consumption of alcoholic beverages or illegal drugs is not permitted at the site of any contest involving OHSAA member schools. $P_{age\ 4}$

CONCUSSION REGULATIONS

All individuals who have responsibilities and duties in the interscholastic athletics environment are responsible for the enforcement of concussion protocol: coaches, contest officials, administrators, students, parents, and medical personnel.

• It is important for all individuals involved in interscholastic athletics to recognize the potential for catastrophic injury and even death from concussions. Thus, it is extremely important that each coach, administrator, contest official and medical support personnel review their responsibilities in protecting students. Further, both students and parents have responsibilities in this area as well.

NOTE: It has always been the ultimate responsibility of the coaching staff in all sports to ensure that students are only put into practice or contests if they are physically capable of performing. However, all individuals involved in the conduct of interscholastic competition have responsibilities in this endeavor.

On April 26, 2013, legislation adopted by Ohio's General Assembly on concussion and head injuries in youth sports became effective. On February 14, 2013, the OHSAA Board of Director mandated that these regulations become effective for the remainder of the spring sports season and thereafter. This OHSAA regulation, as amended to incorporate this recent legislation, now reads:

- Any student, while practicing for or competing in an interscholastic contest, who exhibits signs, symptoms, or behaviors consistent with having sustained a concussion orhead injury (such as loss of consciousness, headache, dizziness, confusion or balance problems) shall be immediately removed from practice or contest by either of the following:
 - o The individual who is serving as the student's coach during that practice or competition.
 - o An individual who is serving as a contest official or referee during that practice or competition.

RETURN TO PLAY PROTOCOL

If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED** to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or the contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied:

- The student's condition is assessed by either of the following:
 - O A physician, who is a person authorized under Chapter 4731 of the Ohio Revised Code (ORC) to practice medicine and surgery or osteopathic medicine or surgery (M.D., or D.O.); any other licensed health care provider that the school district board of education or other governing authority of a chartered or non-chartered non-public school authorizes to assess the student who has been removed from practice or competition.
- The student receives written authorization that it is safe for the student to return to practice or competition from a physician or other licensed health care provider authorized to grant the clearance. The OHSAA Medical Authorization to Return to Play (RTP) form can be obtained by going to the following: http://ohsaa.org/medicine/AuthorizationToReenter.pdf

A school district board of education or governing authority of a chartered or non-chartered non- public school may authorize a licensed health care provider who is NOT A PHYSICIAN to make an assessment and grant authorization for a student to return participation ONLY if the provider isacting in accordance with one of the following as applicable to the providers authority to practice in Ohio:

- o In consultation with a physician;
- o Pursuant to the referral of a physician;
- o In collaboration with a physician, or Under the supervision of a physician.

NOTE: A physician or other licensed health care provider who makes an assessment or grantsclearance for a student to participate may be a volunteer.

HEAT ACCKIMATIZATION & HEAT ILLNESS:

All coaching and medical staff personnel shall observe the following precautions for all sports competed outdoors and/or in a hot, humid environment:

- Stress to participants the importance of properly hydrating themselves during the day leading up to the contest or practice, and also to drink 8-to-12 ounces of water or sport drinks 20 minutes prior to the contest or practice. This routine can help prevent problems during practice and contests
- Schools should have unlimited water and sport drinks on hand during contests and practices, and coaches in team sports should be prepared to use numerous runners rather than just a select few.

POSITION STATEMENT ON SERVICE DOGS

- It is the position of the Ohio High School Athletic Association that all individuals, including those with disabilities, shall have access to OHSAA tournaments. This statement is designed to apprise all OHSAA member schools and tournament managers of the law relating to these accommodations for persons with disabilities and to remind the membership of obligations as it relates to this law.
- The service dog must be harnessed, leashed or tethered unless these devices interfere with the service animal's work or the individual's disability prevents using these devices. In that case, theindividual must maintain control of the animal.
- When it is not obvious what service the dog provides, only limited inquiries are allowed. Staff members may ask two questions:
 - Is the dog a service animal required because of a disability?
 - O What work or task has the dog been trained to perform?
- Staff shall not ask about the person's disability, require medical documentation, require a special identification card or training documentation for the dog to demonstrate its ability to perform the work or task.

We thank you in advance for making these accommodations for people who have disabilities so that they may fully enjoy the events that are sponsored by the Ohio High School Athletic Association and its member schools. If you have questions, as always, please contact a representative of your District Athletic Board for a district tournament, or the sport administrator on our staff for all other inquiries.

RACE ADMINSITRATION

Starting and Starting Line

• Starting Line Assignments

o Assignment of teams and individuals to a spot on the starting line shall be chosen by lot(random).

• Starting Line Area

Shall be cleared of all coaches, managers and others except contestants and officials just prior to the start of each race. They may be no closer than 15 yards behind the line at the start.

• Starting Procedure- District, Regional, State

 The start will follow the procedures outlined in NFHS Rule 8-4b and in the mechanics as outlined in the NFHS Officials Manual

• Numbers

Contestant numbers shall be securely fastened to the front of the jersey of each contestant. The placement should be approximately 9-12" below the shoulders, with the use of a minimum of three pins in order that the number will not flop.

• Scoring, Order of Finish & Finish Area

- The scoring at each tournament level must be accurate and as efficient as possible. To this end, competent and experienced personnel must be employed.
- All scoring systems shall use a double system (transponders and video) in order that there may be a cross-check to the scoring and order of finish
- NFHS Rule 8-2 and 8-3 must be used in regards to scoring and order of finish
- The use of display boards and live results showing the order of finish may be used however they should be labeled in a way that ensure spectators, athletes and coaches are aware that the order of finish show is not final until verified by the meet referee and the appeal period has passed.

DISTRICT TOURNAMENTS

Saturday October 21, 2023

ASSIGNMENTS TO DISTRICT TOURNAMENTS

• District Athletic Boards determine tournament sites, employ managers, set district tournaments schedules, and assign schools to district tournaments.

DISTRICT TOURNAMENT ENTRY REQUIREMENTS

Electronic Entry of Participants

- Coaches will submit entries on the designated 'District Tournament Pages' hosted on the MileSplit site
 (http://oh.milesplit.com)
- A properly completed electronic entry **must include** the name and grade of the individual entries.
- Electronic entries SHOULD BE entered no later than 5 p.m. on Friday, October 13, 2023, or at a later date and time if established by the district athletic board. If the tournament entries are not submitted by the designated time and date, the school's participant(s) will not be accepted without payment of a \$50 late fee and approval by the OHSAA.
- An earlier deadline for tournament paperwork may not be established. However, entries will be accepted once the District Tournament Page is created/posted on the MileSplit website.

DISTRICT TOURNAMENT SITES, MANAGERS, & SCHEDULE INFORMATION

- District tournament site information, tournament manager contact, & race schedules can be found on the District Athletic Board Websites:
 - o Central: https://www.ohsaa.org/Central-Sports-Tournaments/Cross-Country
 - East: https://www.ohsaa.org/East-Sports-Tournaments/Cross-Country
 - Northeast: https://www.ohsaa.org/Northeast-Sports-Tournaments/Cross-Country
 - Northwest: https://www.ohsaa.org/Northwest-Sports-Tournaments/Cross-Country
 - Southeast: https://www.ohsaa.org/Southeast-Sports-Tournaments/Cross-Country
 - Southwest: https://www.ohsaa.org/Southwest-Sports-Tournaments/Cross-Country

QUALIFIERS FROM DISTRICT TO REGIONAL (2022 / 2023)

Boys Teams

		Division	
District	Ĭ	II	III
Central	<mark>15</mark>	<mark>6</mark>	7
East		<mark>6</mark>	4
Southeast		8	<mark>6</mark>
Northeast	24	<mark>19</mark>	13
Northwest	<mark>7</mark>	<mark>11</mark>	22
Southwest	18	<mark>14</mark>	12
Total	<mark>64</mark>	<mark>64</mark>	<mark>64</mark>

		Division	
District	I	II	Ш
Central	<mark>16</mark>	<mark>6</mark>	8
East		<mark>6</mark>	4
Southeast		8	<mark>6</mark>
Northeast	24	<mark>20</mark>	<mark>12</mark>
Northwest	7	<mark>11</mark>	23
Southwest	<mark>17</mark>	13	<mark>11</mark>
Total	<mark>64</mark>	<mark>64</mark>	<mark>64</mark>

Individuals Qualifiers

- Each boys and girls District Tournament will qualify individuals to a Regional Tournament based on the formula of our individuals for each team qualifying. For example:
 - o If three teams qualify, those individuals who finish in the top twelve positions will qualify;
 - o If four teams qualify, those individuals who finish in the top sixteen positions will qualify;
 - o If five teams qualify, those individuals who finish in the top twenty positions will qualify.
 - o A runner may qualify as a team member and as an individual.

<u>Note</u>: In the sport of Cross Country, team designation (used for determining scoring for the current year's tournament, advancement to the regional tournament, and "team" participants in subsequent years' tournaments) shall **NOT** be the number of students entered into or beginning a district tournament, but rather the number of students from that school that **FINISH** the district tournament (i.e. a minimum number of five) and score for their team.

DISTRICT AWARDS

- **Team** The district champion and runner-up teams will receive a team trophy. There will be no ties in team scoring as National Federation Track and Field Rules 8-2-4 and 5 apply.
- **Individual** There shall be no individual awards presented.

ADMISSION – DISTTRICT MEETS

- The tickets will be sold online at https://www.ohsaa.org/tickets.
- The ticket prices for the district tournaments shall be:
 - o **STUDENT**: \$5.00
 - o GENERAL ADMISSION: \$8.00
 - GATE PRICE (where applicable): \$10.00
- The Gate Purchasing procedure is still under review. Once a final process has been approved, we will share it with the DAB Secretaries, tournament managers, & the cross-country community.
- School Administrators Tickets: Each participating school will receive complimentary admission for three school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- *Note:* Children under the age of five (5) are provided complimentary admission.

TOURNAMENT PARTICIPATION REPORT

■ The OHSAA Board of Directors semi-annually sets up the representation from each district based upon the number of teams (5 or more participants that finished the race) in the tournaments. Please complete & email the attached Participation Form (page 17 & 18) to Dustin Ware (dware@ohsaa.org) IMMEDITALY following the district meet.

DISTRICT RACE ADMINSITRATION

Lead Cart

The use of a lead cart is recommended but not mandatory at district tournaments. If a lead cart is used, it must follow the policy as outlines in the OHSAA Officials Manual.

District Officials

- Officials assigned to the meet must come from the eligibility list provided by the OHSAA office, non-eligible
 officials should not be used unless all eligible officials have been contacted and there is still a need for additional
 officials.
- Officials pay is per the schedule located in the officials manual.
- Below is the **RECOMMENDED** number of officials:
 - o Referee (1)
 - The referee should assist with the starts (100M recall) and at the finish line.
 - o Head Starter (1)
 - The Head starter should assist at the finish lines as needed.
 - o Clerk/Assistant Starter (2)
 - Umpires (6-10 based on course needs)
 - o Lead Cart Driver (1)
 - If the lead cart driver is not an official they must be a responsible adult (over the age of 18) and can not be a high school student.
 - If the lead cart driver is not an official, they should not be paid as an official.
 - Use of the lead cart should follow the information as outlined in the current OHSAA Officials Manual.
 - o Announcer (1)
 - If the announcer is not an official, they should be paid as an official

2023 Regional Sites, Managers, and Assignments

Revised 10/5/2023

DIVISION I – Saturday, October 28

REGION 1 YOUNGSTOWN – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512 Meet Manager, **Dave Pavlansky**, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583; Fax: 330-726-3430; Email: dave.pavlansky@boardmanschools.org
Assistant Manager, **Rick Sypert**, rick.sypert@boardmanschools.org

- Representation: Boys Northeast 24
- Qualifiers from: Glen Oak (8); Lorain (9); Madison (7)
- Representation: Girls Northeast 24
- Qualifiers from: Glen Oak (9); Lorain (9); Madison (6)
- **REGION 2** TIFFIN Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883 Meet Manager: Mark Ingalls, C: 567-268-3230; Email: Mark_Ingalls@tiffincityschools.org Site Manager: Bradley Scheiber, O: 419-448-5224 C: 319-934-1383

Email: bradley scheiber@tiffincityschools.org

- Representation: Boys Northwest 7
- Qualifiers from: Findlay Owens (3); Liberty Center (4)
 - o **PLEASE NOTE**: The original number of qualifiers at these sites was incorrectly listed at the time of posting. The highlighted numbers above have been corrected as of October 4th.
- Representation: Girls Northwest 7
- Qualifiers from: Findlay Owens (3); Liberty Center (4)
- **REGION 3 PICKERINGTON** Pickerington High School North, 7800 Refugee Rd., Pickerington 43147 Meet Manager: **Kelly Winter**, O:614-830-2731; Fax: 614-833-3661; <u>Kelly winter@plsd.us</u>
 - Representation: Boys Central 15
 - Qualifiers from: Darby 1 (5), Darby 2 (5), Darby 3 (5)
 - Representation: Girls Central 16
 - Qualifiers from: Darby 1 (5), Darby 2 (5), Darby 3 (6)
- **REGION 4** TROY Memorial Stadium, 151 Staunton Rd., Troy, 45373

Meet Manager: Roger Bowen, C: 937-608-0951; Email: rogertbowen@aol.com

Site Manager: **David Palmer**, O: 937-332-6045, C: 937-418-3265, Email: palmer-d@troy.k12.oh.us

- Representation: Boys Southwest 18
- Qualifiers from: Cedarville (8); West Chester 1 (5), West Chester 2 (5)
- Representation: Girls Southwest 17
- Qualifiers from: Cedarville (7); West Chester 1 (5), West Chester 2 (5)

DIVISION II – Saturday, October 28

REGION 5 YOUNGSTOWN – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512

Meet Manager, Dave Paylansky, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583;

Fax: 330-726-3430; Email: dave.paylansky@boardmanschools.org

Assistant Manager, Rick Sypert, rick.sypert@boardmanschools.org

- Representation: Boys Northeast 19
- Qualifiers from: Glen Oak (6); Lorain (7); Madison (6)
- Representation: Girls Northeast 20
- Qualifiers from: Glen Oak (8); Lorain (6); Madison (6)

REGION 6 TIFFIN – Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883

Meet Manager: Mark Ingalls, C: 567-268-3230; Email: Mark_Ingalls@tiffincityschools.org

Site Manager: **Bradley Scheiber**, O: 419-448-5224 C: 319-934-1383

Email: bradley_scheiber@tiffincityschools.org

- Representation: Boys Northwest 11
- Qualifiers from: Galion (3); Findlay Owens (4); Columbus Grove (4)
- Representation: Girls Northwest 11
- Qualifiers from: Galion (3); Findlay Owens (5); Columbus Grove (3)

REGION 7 PICKERINGTON – Pickerington High School North, 7800 Refugee Rd., Pickerington 43147 Meet Manager: **Kelly Winter**, O:614-830-2731; Fax: 614-833-3661; <u>Kelly winter@plsd.us</u>

- Representation: Boys Central 6; East 6; Southeast 8
- Qualifiers from: Darby 1 (3), Darby 2 (3); Cambridge (6), Rio Grande (8)
- Representation: Girls Central 6; East 6; Southeast 8
- Qualifiers from: Darby 1 (3), Darby 2 (3); Cambridge (6); Rio Grande (8)

REGION 8 TROY – Memorial Stadium, 151 Staunton Rd., Troy, 45373

Meet Manager: Roger Bowen, C: 937-608-0951; Email: rogertbowen@aol.com

Site Manager: David Palmer, O: 937-332-6045, C: 937-418-3265, Email: palmer-d@trov.k12.oh.us

- Representation: Boys Southwest 14
- Qualifiers from: Cedarville (8); West Chester 1 (3), West Chester 2 (3)
- Representation: Girls Southwest 13
- Qualifiers from: Cedarville (8); West Chester 1 (5)

DIVISION III – Saturday, October 28

REGION 9 YOUNGSTOWN – Boardman High School, 7777 Glenwood Avenue, Youngstown, 44512

Meet Manager, Dave Paylansky, 601 Country Manor Drive, North Lima, 44452; C: 330-921-9583;

Fax: 330-726-3430; dave.pavlansky@boardmanschools.org

Assistant Manager, **Rick Sypert**, rick.sypert@boardmanschools.org

- Representation: Boys Northeast 13
- Qualifiers from: Glen Oak (5); Lorain (4); Madison (4)
- Representation: Girls Northeast 12
- Qualifiers from: Glen Oak (4); Lorain (4); Madison (4)

REGION 10 TIFFIN – Hedges Boyer Park, Tiffin. 300 S. Monroe Street, Tiffin, 44883

Meet Manager: Mark Ingalls, C: 567-268-3230; Mark_Ingalls@tiffincityschools.org

Site Manager: **Bradley Scheiber**, O: 419-448-5224 C: 319-934-1383

bradley_scheiber@tiffincityschools.org

- Representation: Boys Northwest 22
- Qualifiers from: Findlay Owens (5); Liberty Center 1 (3), Liberty Center 2 (3); Galion (5); Columbus Grove 1 (3), Columbus Grove 2 (3)
- Representation: Girls Northwest 23
- Qualifiers from: Findlay Owens (5); Liberty Center 1 (3), Liberty Center 2 (3); Galion (5); Columbus Grove 1 (4), Columbus Grove 2 (3)

REGION 11 PICKERINGTON – Pickerington High School North, 7800 Refugee Rd., Pickerington 43147

- Meet Manager: Kelly Winter, O:614-830-2731; Fax: 614-833-3661; Kelly_winter@plsd.us
 - Representation: Boys Central 7; East 4; Southeast 6
 - Qualifiers from: Darby 1 (3), Darby 2 (4); Cambridge (4); Rio Grande (6)
 - Representation: Girls Central 8; East 4; Southeast 6
 - Qualifiers from: Darby 1 (4), Darby 2 (4), Cambridge (4); Rio Grande (6)

REGION 12 TROY – Memorial Stadium, 151 Staunton Rd., Troy, 45373

Meet Manager: Roger Bowen, C: 937-608-0951; rogertbowen@aol.com

Site Manager: **David Palmer**, O: 937-332-6045, C: 937-418-3265, palmer-d@troy.k12.oh.us

- Representation: Boys Southwest 12
- Qualifiers from: Cedarville (8); West Chester (4)
- Representation: Girls Southwest 11
- Qualifiers from: Cedarville (7); West Chester (4)

REGIONAL TOURNAMANET ENTRIES

- Teams and individuals who qualified at their respective District Cross Country Tournaments will automatically be entered in the Regional Tournament to which assigned.
- Advancement of qualifiers to the Regional Meets will be handled automatically by MileSplit.
- Coaches do not need to re-submit new rosters for the Regional Meet on MileSplit.
- The full list of Regional Qualifiers (*teams & individuals*) can be found on the Regional Tournament Pages found on http://oh.milesplit.com
- The personnel of qualifying cross country teams from District Tournaments may be changed prior to the Regional Tournament as long as all rules regarding eligibility are followed and all participants are <u>eligible by OHSAA</u> <u>standards</u>.
- Scratches / Substitutions to a "Team Roster" may be submitted directly to the Regional Tournament Managers:

• YOUNGSTOWN REGIONAL

- Dave Pavlansky / dave.pavlansky@boardmanschools.org
- Rick Sypert / <u>rick.sypert@boardmanschools.org</u>

o TROY REGIONAL

- Roger Bowen / <u>rogertbowen@aol.com</u>
- Dave Palmer / palmer-d@troy.k12.oh.us

o TIFFIN REGIONAL

- Bradley Scheiber / bradley scheiber@tiffincityschools.org
- Mark Ingalls / mark_ingalls@tiffincityschools.org

PICKERINGTON REGIONAL

- Colin Beemiller / colin_beemiller@plsd.us
- Kelly Winter / Kelly Winter@plsd.us
- Substitutions may not be made for individual qualifiers.

QUALFIERS TO STATE

• Qualification of teams and individuals to the respective state tournaments has been adopted by the Board of Directors. All divisions, boys and girls, will qualify to the state from regional tournaments.

TEAMS

- Due to the imbalance in District and, thus, Regional qualifiers, the State qualifying teams from each respective regional is as follows:
 - O D-1 (B/G) Pickerington 5/5; Boardman 7/8; Tiffin 2/2; Troy 6/5
 - O D-2 (B/G) Pickerington 6/6; Boardman 6/6; Tiffin 4/4; Troy 4/4
 - o D-3 (B/G) Pickerington 5/6; Boardman 4/4; Tiffin 7/7; Troy 4/3

INDIVIDUALS

- Each boys and girls Regional Tournament will qualify 4x the number of teams that qualify (i.e. 4 teams = 16 individuals, 5 teams = 20 individuals, etc.) Since a runner may qualify as a team member and as an individual, these individual qualifiers are the top runners in each respective race(i.e. the first 16, or the first 20, etc.). The State qualifying individuals from each respective regional is as follows:
 - o D-1 (B/G) Pickerington 20/20; Boardman 28/32; Tiffin 8/8; Troy 24/20
 - o D-2 (B/G) Pickerington 24/24; Boardman 24/24; Tiffin 16/16; Troy 16/16
 - o D-3 (B/G) Pickerington 20/24; Boardman 16/16; Tiffin 28/28; Troy 16/12

TIME SCHEDULE FOR REGIONAL COMPETITION

Time	Event
8:00 am or 8:30 am	Officials Meeting
10:00 am	D3 Girls
10:45 am	D3 Boys
11:15pm	D3 Awards
	Lunch
12:00 pm	D2 Girls
12:45 pm	D2 Boys
1:15 pm	D2 Awards
2:00 pm	D1 Girls
2:45 pm	D1 Boys
3:15 pm	D1 Awards
Check in will begin 30min before	re each race
Awards are Girls followed by B	oys .

• Competition in each division shall involve qualifying teams and individuals competing in two races.

ADMISSION – REGIONAL MEETS

- The tickets will be sold online at https://www.ohsaa.org/tickets .
- The ticket prices for the regional tournaments shall be:

o **STUDENT**: \$9.00

O GENERAL ADMISSION: \$12.00

o GATE PRICE (where applicable): \$15.00

- The Gate Purchasing procedure is still under review. Once a final process has been approved, we will share it with the DAB Secretaries, tournament managers, & the cross-country community.
- School Administrators Tickets: Each participating school will receive complimentary admission for three school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- *Note:* Children under the age of five (5) are provided complimentary admission.

AWARDS

- **Team** There shall be regional championships and runner-up trophies presented.
- Individual Individual awards shall be presented to each individual qualifier to the statetournament.

TEAM EXPENSES

• No team expenses will be paid to member schools participating in 2023 OHSAA Tournaments

REGIONAL RACE ADMINSITRATION

Lead Cart

The use of a lead cart is **mandatory at regional tournaments**. The use must follow the policy as outlines in the OHSAA Officials Manual.

Regional Officials

Officials assigned to the meet must come from the eligibility list provided by the OHSAA office, district only officials should not be used unless all eligible officials have been contacted and there is still a need for additional officials. Officials pay is per the schedule located in the officials manual.

OHSAA Assigned Positions

- Referee (1)
- Starter (1)
- Assistant Starter (1)
- Head Clerk (1)
- Clerk (3)
- Head Umpire (1)
- Assistant Head Umpire (1)

Meet managers may **NOT** appoint or assign additional officials to serve in any of these roles.

Meet Manager Assigned Officiating Positions

Regardless of how many officials you have hired in the past, all sites must follow the below.

- Announcer (1)
 - The announcer position will only be paid by the OHSAA via an officials assignment if the announcer is a licensed official. If the announcer is a non-licensed official, payment is the responsibility of meet management.
- Lead Cart Driver (1)
 - The lead cart driver position will only be paid by the OHSAA via an officials assignment if the driver is a licensed official. If the driver is a non-licensed official, payment is the responsibility of meet management.
 - The use of a lead cart should follow the rules as outlined in the OHSAA Officials Manual.
- Umpires (25 maximum)
 - o If meet management feels there is a need for additional umpires, they must provide a detailed plan outlining the need and including the positioning of all umpires on the course. This plan must be endorsed by the meet referee before being submitted to myself for approval.
- Marshall (4 maximum)
 - o Marshalls serve in a capacity to ensure the course is safe and clear of non-competitors. They may work in the area near the finish line or another area determined by the meet manager and meet referee.

STATE CHAMPIONSHIP Saturday November 4, 2023

LOCATION

The Fortress in the Village of Obetz 4175 Alum Creek Drive, Obetz, 43207

HISTORY

Boys – Fifty Third Girls – Forty Fifth

STATE MEET MANAGEMENT

Name	Title	Responsibilities	E-mail/Phone
Dustin Ware	Sport Administrator	Oversees the administrative & regulatory aspects of the sport of Cross Country	dware@ohsaa.org 614-267-2502 ext. 129
BJ Duckworth	Assistant Sport Administrator, Director of Officiating Development & State Rules Interpreter	Rule Interpretation, Tournament Officials Assignments & Officials evaluations	bjduckworth@ohsaa.org 330-718-2435
Beau Rugg	OHSAA Director of Officiating and Sports Management	Oversees OHSAA officiating and sport management departments	brugg@ohsaa.org 614-738-3559
Jeffrey Oncken	Data Manager for the OSHAA/MileSplit partnership	Provides data support for on-line entries and event page management via MileSplit	jeffrey.oncken@flosports.tv
Rick Campbell	Regional & State Tournament Assigner	Handles all OHSAA assignments to the state tournament.	assigntrackandcc@gmail.com
Steve Adams	Site Manager	Coordinates the State	<u>sadams@obetz.oh.us</u> 614-581-8364
Dugan Hill	Tournament Manager Championships at Fortress Obetz		<u>Dugan.sharon.1979@gmail.com</u> 740-509-0683

CONTESTANT MATERIALS

- Coaches may obtain instructions, passes and contestant numbers at the pass gate beginning at 2:00 P.M. on Friday, November 3 and 8:00 A.M. on Saturday, November 4.
- Packets WILL ONLY be distributed on Saturday.

TIME SCHEDULE

Time Time	Event		
8:00 am	Officials Meeting*		
10:00 am	D3 Girls		
10:45 am	D3 Boys		
10:45am	Clerks Lunch**		
11:15 pm	D3 Awards		
11:15 pm (estimated)	All Others Lunch***		
12:00 pm	D2 Girls		
12:45 pm	D2 Boys		
1:15pm	D2 Awards		
2:00 pm	D1 Girls		
2:45 pm	D1 Boys		
3:15 pm	D1 Awards		
Check in will begin 30min before each race			
Awards are Girls followed by Boys			

STATE CHAMPIONSHIP ENTRIES

- Teams and individuals who qualified at their respective Regional Cross Country Tournaments will automatically be entered in the State Meet.
- Advancement of qualifiers to the State Meet will be handled automatically by MileSplit.
- Coaches do not need to re-submit new rosters for the State Meet on MileSplit.
- The full list of State Meet Qualifiers (*teams & individuals*) can be found on the State Meet page found on http://oh.milesplit.com
- The personnel of qualifying cross country teams from Regional Tournaments may be changed prior to the State Meet as long as all rules regarding eligibility are followed and all participants are **eligible by OHSAA standards**.
- Scratches / Substitutions to a "Team Roster" may be submitted directly to the Tournament Coordinator & Timing Manager:
 - Dugan Hill / Tournament Coordinator dugan.sharon.1979@gmail.com
 - Mike Chatfield / Timing Manager mike@finishtiming.com

ADMISSION

- The tickets will be sold online at https://www.ohsaa.org/tickets .
- The ticket prices for the state tournament shall be:

o **STUDENT**: \$13.00

o GENERAL ADMISSION: \$16.00

- School Administrators Tickets: Each participating school will receive complimentary admission for three school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have three tickets attached to the code. The same code will be utilized, as a school advances in the tournament.
- *Note:* Children under the age of five (5) are provided complimentary admission.

PASSES

Passes shall be provided to competitors and coaches according to the following schedule.

- **Individuals** number of qualifiers plus one
- **Team** ten

AWARDS

- **Individual Awards** will be presented to the **first twenty finishers** in each race.
- **Team Awards** will be presented to the championship and runner-up teams. Trophies will be presented for the school and eight individual awards.

MEDIA CREDENTIALS

• Media credentials will be required for news media personnel. Credentials must be reserved in advance by faxing requests to the OHSAA office at 614-267-1677; Attn: Tim Stried. You may also email Tim at tstried@ohsaa.org.

COURSE INSPECTION

- The Site Manager of The Fortress in Obetz has granted permission for state qualifying teams and individuals to inspect the course on before the meet on Saturday, November 5th.
- The course will only be open
 - o THURSDAY / 12:00pm 5:00pm
 - o FRIDAY / 12:00pm 5:00pm
 - o The grounds **MUST BE CLEARD** of all people by 5:00pm
- On **SATURDAY NOVEMBER 4,** the course will be open for inspection between & after each race, but all runners must be off the course no less than 5 minutes before the start of the next race.
- Public address announcements will be made regarding inspection times. Failure to abide by inspection regulations
 could result in disqualification of contestants.

PROHIBITED ITEMS

• The presence of recreation equipment at the State Cross Country Tournament will not be permitted (frisbees, footballs, baseballs, softballs) and pets of any kind. In addition, no fences are to be climbedat Obetz. Individuals that violate this regulation will be requested to leave with no refund of the admission fee.

TEAM CAMPS

- Tents and competitor camps are permitted in the open grass area OUTSIDE the Pass Gate, located directly behind and north of the Obetz Athletic Center and adjacent to the starting line.
- Contestant restrooms are available in the designated team camp area. Please clean your camp area prior to leaving the facility.

TEAM EXPENSES

No team expenses will be paid to member schools participating in 2023 OHSAA Tournaments

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION 4080 ROSELEA PLACE, COLUMBUS, OHIO 43214

2023 CROSS COUNTRY TOURNAMENT PARTICIPATION REPORT

The OHSAA Board of Directors semi-annually sets up the representation from each district based upon the number of teams (5 or more participants that finished the race) in the tournaments. Please list the school and the number of participants that actually competed in the tournament.

<u>Please note:</u> The OHSAA will accept the Athlete / Entry Count from Hy-Tek Report In lieu of this form. Use Reports | Schools | Athlete / Entry Count | Select Gender | Sort: School name or Male/Female Team Size | Create Report.

Tournament Date:	District:	
Tournament Location:	Boys or Girls:	
Tournament Manager:	Division:	
SECTION	A - SCHOOL TEAMS PARTICIPATING (5 OR MORE PART	
1	<u>Number</u> 14	Number
2		
3		
4		
5		
6		
7		
8		
9		
10		
11	24	
12	25	
13	26	
SECTION B - SC	CHOOLS REPRESENTED BY INDIVIDUALS (LESS THA	AN 5 PARTICIPANTS) Number
1	4	
2.	5	
3.	6	
2.	5	
4	SECTION C - SCHOOLS THAT DID NOT PARTICIPA	
1	4	
2	5	

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<u>Please note:</u> The OHSAA will accept the Athlete / Entry Count from Hy-Tek Report In lieu of this form. Use Reports | Schools | Athlete / Entry Count | Select Gender | Sort: School name or Male/Female Team Size | Create Report.

Tournament Date:	District:	
Tournament Location:	Boys or Girls:	
Tournament Manager:	Division:	
SECTION	A - SCHOOL TEAMS PARTICIPATING (5 OR MORE PA	
1	<u>Number</u> 14	<u>Number</u>
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
	25	
13		
SECTION B - SO	CHOOLS REPRESENTED BY INDIVIDUALS (LESS THAN	N 5 PARTICIPANTS)
	<u>Number</u>	<u>Number</u>
1.	4	
2.	5	
3.	6	
2	5	
	SECTION C - SCHOOLS THAT DID NOT PARTICIPAT	E
1.	4	
2.	5	



OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

4080 Roselea Place, Columbus, Ohio 43214 (p) 614.267.2502 (f) 614.267.1677 Web site: www.ohsaa.org

OHSAA TRACK & FIELD and CROSS COUNTRY

COACH'S VERIFICATION OF SPORTING CONDUCT & LEGAL EQUIPMENT AND UNIFORMS FOR USE IN REGULAR SEASON & TOURNAMENT COMPETITION

SCHOOL NAME	
DIVISION BOYS GIRLS	
HEAD COACH'S NAME	(printed)
and legal uniforms and equipment. Acts that	enforce all NFHS rules relating to sporting conduct, ethical behavior intend to demean opposing competitors, team members, spectators s of interscholastic athletics and will not be tolerated. Let this
of good sporting conduct throughout this compe	quire the referee to meet with the head coach to explain the expectations etition. In addition, the head coach is responsible for verifying to the equipped (legal uniforms, legal equipment) in compliance with NFHS
	any multi-team or invitational competition that would make it difficult for nd captains, all coaches shall agree to the following:
	Coach's Verification
and free of all dangerous jewelry in accordance personnel have been advised of their responsibil	stants under my supervision are legally equipped, attired in legal uniforms with NFHS rules. I further certify that all student-athletes and other team ities relative to good sporting conduct during this competition. In for adhering to the OHSAA participation limitation of four events per
Coach's Signature	Date:
Please return this form to area designated by the	meet officials or games committee

OHSAA TRACK & FIELD and CROSS COUNTRY APPEAL FORM

Coach Section

Complete this form in its entirety if you feel a rule has been misapplied or misinterpreted, and present it to the Referee for consideration. Judgment calls are not subject to appeal and will not be considered. Any form that does not reference the NFHS rule number or OHSAA page number will be denied. It is recommended that the referee consult with the games committee before making a final decision on an appeal; however, the decision of the referee is final.

Date:	Tournament (circle one):	District	Regional	State
	Day of tournament (circle one):	Day 1	Day 2	
Γime of Appeal:	Division (circle one):	1	II	III
	Gender/Type (circle one):	Boys	Girls	Seated
ocation of Tournament:				
chool Name:	Name of coach	n:		
Race/event appeal applies to:				
he rule being appealed can be fo	ound in the (circle one below):			
NFHS Rules OHSAA Officials/Co	aches Manual OHSAA Tourname	nt Manual C	HSAA Tourname	nt Regulations
On the lines below, list the NFHS	rule number or page number of th	e OHSAA docu	ment related to	the appeal.
Rule Reference or Page Number #	1: Rule Refere	nce or Page Nu	ımber #2:	
Rule Reference or Page Number#	3: Rule Refere	nce or Page Nu	ımber #4:	
	of your appeal, its basis, and what y nent decisions may not be appealed as			ion.
				·
Certification: I certify that the info udgment decisions are not subjec	ormation submitted is true and corr	ect to the best	of my knowledge	e. I understand th
Signature				

Referee Section

Please complete this portion of the form in its entirety. Decisions must be made and communicated to the head coach at the meet on the same day the appeal is filed. It is recommended that the referee consult with the games committee before making a final decision on an appeal; however, **the decision of the referee is final**. Per NFHS and OHSAA rules, the OHSAA cannot re-officiate decisions made by the referee at meets. The OHSAA reserves the right to take action on eligibility at any point during or after the meet. All appeals, once completed, **must** be sent to BJ Duckworth via email (bjduckworth@ohsaa.org) within 24 hours; the original violation card must also be sent in that email.

What was the original call that is being appealed:						
Does the appeal list a NFHS rule If the answer is no, the appeal must be denied		f the OHSAA document (circle one): Yes	No		
Does the appeal involve a judgm If the answer is yes, the appeal must be denie			Yes	No		
Referee Decision (circle one):	Decision Upheld	Decision Changed	Not Appealable Explain in detail below.			
Referee Comments (why was the dec	ision made?):					
Name of Referee:		Permit #: _				
Signature of Referee:		Date:				
Time Decision Made:		Time Coach Notified:				

Note On Reruns (Track Only)

NFHS Rule 3-4-4. The referee has the sole authority to determine if a race shall be rerun, and if so, who is eligible to participate in the rerun and when it should be scheduled. NOTE: Refer to NFHS Rules 5-9-2 and 5-9-3 for interference guidelines.

- a. Determine if a rerun is necessary:
 - 1. Acknowledge that a race rerun will rarely if ever, be fair to everyone and should be avoided if at all possible.
 - 2. To consider a rerun, one of the following must apply:
 - (a) interference by another competitor resulting in disqualification;
 - (b) interference caused by a nonparticipant; or
 - (c) a meet administration error, i.e., wrong staggers, hurdle setting, official instructions, etc.
 - 3. Reruns should be considered only in races or relays with individual legs of 400 meters or less for a one-day meet*. A competitor who is eligible and elects to participate in the rerun wipes out any performance, including in place, time, or record, in the original race.
 - 4. Any disqualification that occurred in the original race would stand.

^{*} OHSAA tournaments are two-day events; therefore, reruns in all races can be considered pending the above requirements being met.