# THIS WEEK IN FIELD HOCKEY Issue 1 July 27, 2021



#### 2021 NFHS RULE Changes

The 2021 NFHS Field Hockey rule changes are discussed in detail on the 2021 State Field Hockey Rules Meeting. These may also be referenced in word form on the NFHS website <u>HERE</u>.

# FIELD HOCKEY WEBPAGE

Make sure to reference our Field Hockey webpage on our website! You will find necessary resources, such as the Field Hockey Manual, Field Hockey Regulations and many more!





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# 2021 FIELD HOCKEY STATE RULES MEETING – ONLINE

Per General Sport Regulation 2, all head field hockey coaches are required to complete the State Rules Meeting. The Field Hockey Online Rules Meeting is live **Wednesday, July 28 at 9:00am**—please see the Rules Meeting deadlines below. You MUST have a myOHSAA profile to view the Rules Meeting. Please check with your Athletic Director that your myOHSAA email address matches the email address they have listed in your school's Staff Management page on myOHSAA. You must be listed as the field hockey coach with the correct email address to receive credit. Once the Rules Meeting is live on July 28 at 9:00am, you may follow these steps:

- 1. Login to your myOHSAA account (<u>http://officials.myohsaa.org/Logon</u>)
- 2. Click on the "Rules Meetings" icon
- 3. Click on "Find a State Rules Meeting"
- 4. Search for your sport specific State Rules Meeting using the 'Sports' and 'Meeting Type' drop-down menus
- 5. Click on 'View Meeting' once the State Rules Meeting has gone live

The Field Hockey Rules Meeting will be available from July 28 to **August 20 at 11:59pm** *without penalty*. Beginning on August 21, there will be a \$50 late fee to view the Rules Meeting. **The final deadline of the Field Hockey Rules Meeting is October 4 at 11:59pm**. Beginning at 12:00am on October 5, the Field Hockey Rules Meeting is no longer available and the penalty shall apply. Since the Field Hockey Rules Meeting is online, the meeting is available for viewing 24/7 from July 28 at 9:00am until October 4 at 11:59pm. *We encourage you to complete the meeting prior to August 20 to avoid paying the \$50 late fee*.

The penalty for not viewing the Field Hockey Rules Meeting by October 4 at 11:59pm is <u>REMOVAL FROM THE</u> <u>POSTSEASON TOURNAMENT</u>.

# COACHING BEGINS ON AUGUST 1!

Coaching, tryouts and instruction may begin on Sunday, August 1—no tryouts of any kind are able to take place prior to this date. All coaches, paid and volunteer, shall meet the criteria established by the State Board of Education. For more information, please reference the Field Hockey Rules Meeting or visit the Coaches Corner on our website (<u>https://www.ohsaa.org/Coaches-Corner</u>).

#### **SCRIMMAGES**

Scrimmages may take place any time throughout the season, even during tournament time. There is no limit to the number of teams that can participate in a scrimmage, but there is a limit of 3 hours of competition. Please know that practicing with another school team is considered a scrimmage. *Schools are permitted five (5) scrimmages per season*.

# NON-INTERSCHOLASTIC PARTICIPATION

Per General Sport Regulation 7.2, student-athletes may not participate on non-interscholastic programs or teams during the school season. This includes, but is not limited to, club teams, practices or tryouts, college ID camps, college workouts, practices or tryouts, church field hockey league, local rec league, etc. As soon as a student-athlete participates on a non-interscholastic program or team, they become immediately ineligible for the school team, for the remainder of the school season.

FAQS:

**Q:** When is a student-athlete officially considered a member of their school team?

A: A student athlete is officially considered a member of their school team once they have competed in a scrimmage or contest for their school.

**Q**: Can my player participate in a college workout on August 4 if she has not participated in a scrimmage for the school?

A: Yes, as long as she has not participated in a scrimmage for the school.

**Q**: We have a scrimmage on August 9. My student athlete asked if she could participate in a college workout on August 11. Is this permitted?

A: NO, if she participates in the scrimmage on August 9. YES, if she does not or has not competed in a scrimmage. *Q*: When can my student athlete begin participating on a non-interscholastic program or team? A: As soon as your school season has concluded.

#### NAME CHANGE

For those that I have not worked with in the past, my name is Emily Mason (formerly Gates) and serve as the field hockey administrator, along with several other sports. For those that I have worked with, I got married over the summer, hence the name change! My email address has changed to <u>emason@ohsaa.org</u>, but any sent to <u>egates@ohsaa.org</u> will be forwarded to my new email address. I wanted to address this in case any of you may have been confused!

BEST OF LUCK THIS SEASON!