

5. FIELD HOCKEY — GIRLS

A. GENERAL REGULATIONS

1) Interscholastic Participation

- 1.1) A player shall be permitted to play in a maximum of two games per day up to a maximum of six quarters per common opponent. The maximum number of contests shall be 18 with a maximum total of 108 quarters for the season.

The penalty for exceeding the participation limitation during a game is forfeiture of the game in which the ineligible player is participating. When discovered, the ineligible player is removed from the game, and the game may continue to completion with one less player on the field; however, the result of the contest shall be a forfeiture by the offending team.

- 1.2) Any regular season game in field hockey which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closings, is considered a “No Contest.” Games not played are not included in won-lost statistics.
- 1.3) Any tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.
- 1.4) Varsity high school regular season games that are tied at the end of regulation shall play one 10-minute sudden victory overtime. Please refer to the regulations found at ohsaa.org for a detailed description of this overtime procedure. If the game is tied at the end of the SV 10-minute overtime, the game shall be recorded as a tie.
- 1.5) Non-varsity high school regular season tournament competition only may play Sudden Victory Penalty Strokes to break the tie. The winner of the coin toss, which shall be called by the visiting team, may choose to stroke or to defend the goal first.
- 1.6) The game clock shall run continuously during the second half of any regular season or OHSAA tournament game once the goal differential of five has been reached in the second half. If that goal differential becomes less than five, the game clock shall operate as per NFHS rules.
- 1.7) A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests may be removed from the OHSAA tournament and additional penalties may apply.

2) Non-Interscholastic Participation

Reference the *Regulations for Non-Interscholastic Participation in General Sport Regulation 7* for what is permitted in and outside of a school season and penalties that shall apply if violated, as outlined in Bylaw 11

- 2.1) A field hockey athlete who has not participated for the school in field hockey that season must cease non-inter-scholastic field hockey competition by Monday September 2, 2024 order to be eligible for OHSAA tournament competition provided applicable Bylaws and Regulations have been followed.

In addition, an athlete who has participated for the school in field hockey who violates this non-inter-scholastic competition date by participating in a non-inter-scholastic contest in field hockey may be ineligible for OHSAA tournament competition in field hockey in addition to any other penalties that may be prescribed.

- 2.2) A player may continue to play with a non-inter-scholastic squad in a national qualifying tournament in excess of the five-player limitation after July 31 until the squad is eliminated but no later than the established Non-Interscholastic Date (see Field Hockey Regulation 2.5).
- 2.3) Non-Interscholastic Waiver: A student-athlete may use a two-time waiver per season to attend an individually scheduled official college visit after the student-athlete has participated in an interscholastic scrimmage or contest. The waiver permits a student-athlete to participate with the college team in an individual workout or practice. The waiver may be used for any collegiate events that take place from the start of the season through the conclusion of the scholastic season. The waiver form may be accessed on the OHSAA website and returned to the appropriate sport administrator.
- 2.4) Participation in indoor field hockey, under the rules of the International Rules for Indoor Field Hockey, is not a violation of OHSAA non-inter-scholastic team Sports Regulation 7.2 for student-athletes.
- 2.5) All-Star Games — All-Star events are non-inter-scholastic events by rule. Student-athletes in team sports who wish to participate in one of these “all-star” competitions outside the school field hockey season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulation 7.6.
- 2.6) Individual Non-Interscholastic Competition Dates:

A field hockey athlete who has not participated for a school team in field hockey that season must cease non-inter-scholastic field hockey competition by September 2, 2024 in field hockey in order to be eligible for OHSAA Tournament competition provided applicable Bylaws and Regulations have been followed.

Date: September 2, 2024

3) Instructional Programs

See *General Sport Regulation 7 for Non-Interscholastic Participation and Individual Skill Instruction*.

4) No Contact Period — Coaches

See *General Sport Regulation 11 for information on the Mandatory No Contact Period*.

5) Penalties

Violation of any Field Hockey Regulations or General Sport Regulations are subject to penalties, as outlined in the Field Hockey Regulations and/or Bylaw 11.

6) Other Bylaws and Regulations

For information on Ejection for Unsporting Conduct, see *Ejection Policies for Coaches and Players* under Section 13 and 14 of the General Sports Regulations at OHSAA.org. For information on Out of State Travel regulations, see Bylaw 9-2 at OHSAA.org.

7) Transfer Bylaw

While all questions regarding the transfer bylaw should be addressed to the appropriate school administrator, information regarding the transfer bylaw can be found on the OHSAA website at this link, <http://www.ohsaa.org/Eligibility/Transfer>. Note that students who transfer and do not meet an exception to the transfer bylaw, and who participated in high school field hockey within 12 months of the transfer date, are ineligible for all varsity regular season contests, scrimmages, and the OHSAA postseason tournament beginning with regular season contest #10.

B. SPECIFIC REGULATIONS — GRADES 9-12

- 1) Coaching, tryouts and instruction may begin — **August 1, 2024**
- 2) First game — **August 16, 2024**
- 3) Deadline date for OHSAA Tournament — **September 23, 2024**
- 4) Tournament draw/seeding meeting — **October 6, 2024, at 2:00 p.m**
- 5) Coaching and Season end — **November 2, 2024**
- 6) Scrimmages and Previews — Maximum of five scrimmages
- 7) Regular season games — 18
- 8) Rules — National Federation Field Hockey Rules Book
- 9) Officials — Varsity only — Two field hockey officials required. In the event that only one official is available to officiate, the game may be played provided the participating coaches agree.

C. SPECIFIC REGULATIONS — GRADES 7 & 8

- 1) Coaching, tryouts and instruction may begin — **August 1, 2024**
- 2) First game — **August 1, 2024**
- 3) Coaching and Season end — **November 2, 2024**
- 4) Scrimmages — One permitted
- 5) Regular Season games — 14
- 6) Rules — National Federation Field Hockey Rules Book
- 7) Officials — Minimum of one OHSAA Class 1 Field Hockey Official recommended

FIELD HOCKEY CALENDAR

Field Hockey	2024	2025	2026
Coaching and Tryouts Begin	8/1	8/1	8/1
Season Begins	8/16	8/15	8/21
Regionals	10/14-10/26	10/13-10/25	10/19-10/31
State	10/31-11/2	10/30-11/1	11/5-11/7
Season Ends	11/2	11/1	11/7
Thanksgiving	11/28	11/27	11/26
Coach — No Contact Period	Starts the first day after the last interscholastic contest and ends 28 days later.		