

## 5. FIELD HOCKEY — GIRLS

### A. GENERAL REGULATIONS

#### 1) Interscholastic Participation

- 1.1) A player shall be permitted to play in a maximum of two games per day up to a maximum of six quarters per common opponent. The maximum number of contests shall be 16 with a maximum total of 84 quarters for the season.  
If a player participates in more than six quarters in one day, the player shall be ejected from the game when discovered and the team shall play short for the remainder of the game. All quarters played shall count as quarters toward the maximum permitted.
- 1.2) Any regular season game in field hockey which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closings, is considered a “No Contest.” Games not played are not included in won-lost statistics.
- 1.3) Any tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.
- 1.4) Varsity high school regular season games that are tied at the end of regulation shall play one 10-minute sudden victory overtime. Please refer to the regulations found at ohsaa.org for a detailed description of this overtime procedure. If the game is tied at the end of the SV 10-minute overtime, the game shall be recorded as a tie.
- 1.5) Non-varsity high school regular season tournament competition only may play Sudden Victory Penalty Strokes to break the tie. The winner of the coin toss, which shall be called by the visiting team, may choose to stroke or to defend the goal first.
- 1.6) The game clock shall run continuously during the second half of any regular season or OHSAA tournament game once the goal differential of five has been reached in the second half. If that goal differential becomes less than five, the game clock shall operate as per NFHS rules.
- 1.7) A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests shall be removed from the OHSAA tournament.

#### 2) Non-Interscholastic Participation

- 2.1) A member of an interscholastic field hockey squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education shall not participate in a non-interscholastic program (tryouts, practice or contest) as an individual or a member of a team in the sport of field hockey during the school’s season (Sports Regulation 7.2).
- 2.2) A member of an interscholastic field hockey squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic field hockey outdoors prior to and after the school season under the following conditions:
  - 2.21) The number of interscholastic field hockey players from the same school on the non-interscholastic squad is limited to five on the roster of that non-interscholastic squad.  
**Note:** Graduating seniors who are participating on a non-interscholastic field hockey squad after their final interscholastic contest of the season in the sport of field hockey are exempt from this limitation.
  - 2.22) There is no limit on the number of field hockey squad members from the same school participating on the same squad during the period June 1-July 31.
  - 2.23) A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the five-player limitation after July 31 until the squad is eliminated but no later than the established Non-Interscholastic Date (see Field Hockey Regulation 2.7).
  - 2.24) Non-interscholastic participation includes tryouts, training, practice and competition.
- 2.4) Participation in indoor field hockey, under the rules of the International Rules for Indoor Field Hockey, is not a violation of OHSAA non-interscholastic team Sports Regulation 7.2 for student-athletes.
- 2.5) In accordance with Sports Regulation 7.5, interscholastic field hockey coaches are permitted to coach their own interscholastic squad members in indoor or outdoor field hockey provided the 50% limitation (no more than five players on the roster) is observed and provided the contact does not take place during the mandatory no-contact period.
- 2.6) All-Star Games — Interscholastic team coaches may coach players from his or her school in special “All-Star” contests. Coaches are permitted to coach in “All-Star” contests during the No Contact Period if they meet all the following provisions:
  - a.) All participants shall be graduating seniors or students completing their athletic eligibility at the end of the semester.
  - b.) Participants shall not participate until after they have participated in their final contest for their school.

**Note on “All-Star” Games:** “All-Star” games are non-interscholastic events by rule. Student-athletes in team sports who wish to participate in one of these “all-star” competitions outside the school season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulations 7.3.

**Penalty:** For a senior, violation of this regulation may result in the loss of athletic eligibility for the balance of the school year. For all other students, the penalty may result in loss of eligibility for the ensuing season in the sport in which the student participated in the All-Star contest.

2.7) Individual Non-Interscholastic Competition Dates:

A field hockey athlete who has not participated for a school team in field hockey that season must cease non-interscholastic field hockey competition by September 6, 2021 in field hockey in order to be eligible for OHSAA Tournament competition provided applicable Bylaws and Regulations have been followed.

Date: September 6, 2021.

3) **Instructional Programs**

See *Regulations for Instructional Programs* under Section 8 of the General Sports Regulations.

4) **No Contact Period – Coaches**

See *Regulations for No Contact Period – Coaches* under Section 11 of the General Sports Regulations.

5) **Penalties**

5.1) The maximum penalty for violation of Sports Regulation 7.2 (participation with a non-interscholastic field hockey squad while a member of the school’s interscholastic field hockey squad) or any OHSAA regulations for any member of the school squad, EXCEPT a senior, is ineligibility for the remainder of the interscholastic field hockey season or the ensuing field hockey season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

5.2) The penalty for a coach for violation of Sports Regulation 7.5 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence, or such other penalty as the Executive Director may deem appropriate.

6) **Other Bylaws and Regulations**

For information on Ejection for Unsporting Conduct, see *Ejection Policies for Coaches and Players* under Section 13 and 14 of the General Sports Regulations at [OHSAA.org](http://OHSAA.org). For information on Out of State Travel regulations, see Bylaw 9-2 at [OHSAA.org](http://OHSAA.org).

7) **Transfer Bylaw**

While all questions regarding the transfer bylaw should be addressed to the appropriate school administrator, information regarding the transfer bylaw can be found on the OHSAA website at this link, <http://www.ohsaa.org/Eligibility/Transfer>. Note that students who transfer and do not meet an exception to the transfer bylaw, and who participated in high school field hockey within 12 months of the transfer date, are ineligible for all varsity regular season contests, scrimmages, and the OHSAA postseason tournament beginning with regular season contest #9.

B. SPECIFIC REGULATIONS – GRADES 9-12

- 1) **Coaching, tryouts and instruction may begin – August 1, 2021.**
- 2) **First game – August 20, 2021.**
- 3) **Deadline date for OHSAA Tournament – October 4, 2021.**
- 4) **Tournament draw/seeding meeting – October 10, 2021, at 2:00 p.m.**
- 5) **Coaching and Season end – November 6, 2021.**
- 6) **Scrimmages and Previews – Maximum of five scrimmages.**
- 7) **Regular season games – 16.**
- 8) **Rules – National Federation Field Hockey.**
- 9) **Officials – Varsity only – Two field hockey officials required. In the event that only one official is available to officiate, the game may be played provided the participating coaches agree.**

C. SPECIFIC REGULATIONS – GRADES 7 & 8

- 1) **Coaching, tryouts and instruction may begin – August 1, 2021.**
- 2) **First game – August 20, 2021.**

- 3) Coaching and Season end — **November 6, 2021.**
- 4) Scrimmages — **One permitted.**
- 5) Regular Season games — **14.**
- 6) Rules — **National Federation Field Hockey.**
- 7) Officials — **Minimum of one OHSAA Class 1 Field Hockey Official recommended.**

<b>Field Hockey</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
Coaching and Tryouts Begin	8/1	8/1	8/1
Season Begins	8/20	8/19	8/18
State Qualifying Round	10/18-10/30	10/17-10/29	10/16-10/28
State	11/4-11/6	11/3-11/5	11/2-11/4
Season Ends	11/6	11/5	11/4
Thanksgiving	11/25	11/24	11/23
Coach — No Contact Period	Starts the first day after the last interscholastic contest and ends 28 days later.		