

USA Gymnastics Changes, New Deductions and Clarifications

For the 2021-2022 Season

Excerpts from joint meeting of DP and Technical Committee Meeting Minutes And DP Code of Points

GENERAL

- Vault Fall Time: Following a fall on the first vault, once the gymnast is up on her feet, she has 45 seconds before the judge will salute for the second vault. Warning will be given with 20 seconds remaining and 10 seconds remaining before time is called.
- Bars and Beam Fall Time: Bars and Beam fall time does not start until the athlete is on her feet.
- Shorts are allowable over the leo. Shorts must be solid black lycra with no embellishments and must be above the knee.
- Backless leos are not permitted. (Passed earlier but waived until this season)

VAULT NO CHANGES

BARS

- NEW ELEMENT 8.301 Back staldler to immediate salto forward tucked with $\frac{1}{2}$ turn

BEAM

- NEW ELEMENT 2.505 Switch Leap $\frac{1}{2}$ turn, landing with free leg in scale
- NEW ELEMENT 2.505 Switch Leap $\frac{1}{2}$ turn, swing leg through to scale
- NEW ELEMENT 1.413 Mount- flicflac w/ $\frac{1}{2}$ turn to front support
- NEW ELEMENT 9.202 Aerial walkover dismount w/ full twist (end)
- NEW ELEMENT 9.302 Aerial walkover dismount w/ full twist (side)

FLOOR

- Use of the word pass as opposed to series- An approach (initiated by a hurdle or a run) resulting in the performance of one or more acro elements (with or w/o hands)
- Adding a dance element at the end of a pass makes it different
- Adding BHS/FHS after salto changes pass and makes it different