2023 OHSAA State Gymnastics Schedule

March 3 – Team Competition

2:00 P.M.	Registration – Competitors and Coaches, Bar Settings
3:00 P.M.	Coaches Meeting / Doors open for spectators
3:30 P.M.	Parade of Competitors and Introduction of Officials
3:40 P.M	Teams 1-4 – Warm-up First events in Warm-up Gymnasium
	Teams 5-12 – Bye
4:00 P.M.	Competition Begins – Teams 1-4 on Competition Floor
	Teams 5-8 Warm-up First Events in Warm-up Gymnasium
	Teams 9-12 – Bye

Teams continue to rotate from warm-up to competition to bye round until all four events have been completed. At that time, the Parade of Competitors and Awards Ceremony will follow immediately. Estimated time of competition is 4 hours 45 minutes.

March 4– Individual Competition

10:00 A.M.	Registration – Competitors and Coaches, Bar Settings
10:30 A.M.	Doors open for spectators
11:00 A.M.	Coaches Meeting
11:30 A.M.	Parade of Champions and Introduction of Officials
11:40 A.M.	Squads 1-4 – Warm-up First Events in Warm-up Gymnasium
	Squads 5-8 – Bye
12:00 Noon	Competition Begins – Squads 1-4 on Competition Floor
	Squads 5-8 Warm-up First Events in Warm-up Gymnasium

Squads continue to rotate from warm-up to competition until all four events have been completed. At that time, the Parade of Competitors and Awards Ceremony will follow immediately. Estimated time of competition is 3 hours.

^{*}Please note that all coaches and competitors are expected to participate in the Grand March and Awards ceremony.