

# OHSAA COMPOSITION FOR GIRLS GYMNASTICS

## 2023-2024

**\*\*The following are a combination and adaptation of Level 8 and Level 9 composition from the USAG Code of Points. The level of the individual day at the state championships was used to determine the requirements for these deductions. Every scenario cannot be addressed- judges will use below as their guideline. This allows the flexibility for scenarios that are not listed below.**

### UNEVEN BARS

- Lack of elements that achieve or pass thru vertical Up to 0.20
- Uncharacteristic Element 0.10 each
- $\frac{3}{4}$  front giant (w or w/o grip change) 0.10 each
- Choice of Elements- Failure to perform 2 of 3 Up to 0.20  
(Must have 2 of 3 for no deduction- 0.10 if routine only has 1 and 0.20 if none of the requirements are met) All skills must be a minimum of B value part.
  1. Flight Skill
  2. Pirouette
  3. 3/6/7 Skill
- Level of Dismount Up to 0.10

No deduction	C or greater B skill connected to B salto dismount
0.05	B dismount B Skill connected to A salto dismount
0.10 deduction	A salto Dismount without salto

## **BALANCE BEAM**

- Failure to perform acro in 2 different directions (BWD and FWD/SWD) 0.10  
(If the dismount is the only FWD/SWD or the only BWD element 0.05)
- More than 2 of the same shape (wolf/tuck or straddle) 0.10
- More than 1 pivot turns with straight legs 0.10
- Insufficient Use of Beam (length and level changes ) up to 0.10 each
- Non-value part choreography in FWD/BWD/SWD)- must show 2 of 3 .05 each
- Lack of Dance Series 0.20
- Failure to perform 2 acro skills in a row 0.30
- Choice of Acro Elements Up to 0.20

0.00	B+C Series, B Acro B+B Series, C Acro
0.10	B+ B Series, A Acro A+ B Series, B Acro
0.20	Non Flight Series No Series

**\*\* Every scenario cannot be listed- judges may still use 0.05 and 0.15 using this as a guideline.**

- Choice of Dance Elements Up to 0.20

0.0	2 C or 1 C+1D/E
0.05	C – B
0.10	C
0.15	B – B
0.20	B

- Level of Dismount Up to 0.10

0.0	B Dismount B Acro connected to A Dismount
0.05	A Acro to A Dismount
0.10	Isolated A Dismount Dismount not salto/aerial

**\*\*Dismounts must be aerial/salto to meet SR and for compositional deductions**

## FLOOR EXERCISE

- Lack of Variety in Choice of Acro 0.10 (Failure to perform in 2 directions- must perform BWD and FWD/SWD saltos or aerials)
- More than 2 of the same shape (wolf/tuck or straddle) 0.10
- Use of floor area Up to 0.10
- Lack of turn on one foot, minimum of B 0.20
- No B salto 0.30
- Choice of Acro Elements Up to 0.20

	2 acro passes	3 acro passes
0.0	C in each pass OR C - B+B	C – B - B
0.10	B in each pass OR B - A+A direct	B – B – A+A direct
0.20	No B Salto	No B Salto

**\*\* Every scenario cannot be listed- judges may still use 0.05 and 0.15 using this as a guideline.**

- Choice of Dance Elements Up to 0.20

0.0	2 C or 1 C+1D/E
0.05	C – B
0.10	C
0.15	B – B
0.20	B

- Level of Dismount Up to 0.10

0.0	B Dismount
0.05	A +A direct/indirect
0.10	Isolated A Dismount Non-salto acro series