

2025-2026 OHSAA
GENERAL INFO BARS, BEAM AND
FLOOR

Bars SR (4 SR .20 ea.)	Beam SR (4@ .20 ea.)	Floor SR (4@ .20 ea.)	Revised 09/25 OHSAA
°1 Bar Change °1 “B” Flight or B turn (not mt. or dismount) °1 Min. B from 3/6/7 (Must be a 360-degree circling skill) °Min. A salto dismount	°Acro Series 2 or more elements, one of which must have flight °One leap or jump w/180°split °Min. 1/1 turn or more one foot °Min. A dismount (salto or aerial)	°Acro series w/2 saltos or 2 directly connected saltos °3 dif. Saltos within the routine °Dance Passage- one must be a leap (direct or indirect connection) °Min. “A” value part performed as last isolated salto or in last salto connection	
Composition Level of dismount .10 Uncharacteristic element ea. 10 ¼ fwd. Giant circle (w/w/o grip change) ea. 10 Choice of Elements (must perform 2 of 3) Min. B VP up to .20 <ul style="list-style-type: none"> Flight Skill Pirouette Skill Group 3/6/7 skill Lack of elements that achieve or passthru vertical .20	Composition Missing acro bwd. & fwd / swd. .10 *If only in dmt. .05 Level of dismount .10 Length and level changes .10 Failure to show choreography bwd/fwd/swd (show 2) .05ea More than 1 straight leg pivot turns in exercise .10 More than 2 dance elements of same shape (tuck/wolf) or straddle ea. type .10 Choice of Acro Elements .20 Choice of Dance Elements .20 Lack of dance series (min. 2 ele. from group 1/2/3) .20 Failure to perform 2 acro skills in a row .30	Composition Level of dismount .10 Space (use of entire floor area) & direction ea. .10 Failure to perform saltos in 2 dif. directions (bwd. & fwd. or swd) .10 More than 2 dance elements of same shape (tuck/wolf or straddle) ea. type .10 Concentration pauses (2 seconds or more) .10 Choice of Dance Elements .20 Choice of Acro Elements .20 Lack of turn on 1-foot, minimum B .20 Lack of minimum of B salto .30	
Execution Swing fwd or bwd. under horizontal ea. .10 Under rotation of release/flight elements .10 Precision of handstand positions throughout .10 Insuff. Extension of glides/swing into kips .10 Poor rhythm in elements/connections .10 Hesitation in jump or swing to HS .10 Touch, brush of foot/feet on apparatus/mat .10 Landing too close to bars on dismount .10 Insufficient dynamics .20 <ul style="list-style-type: none"> Insufficient swingful execution throughout Energy maintained throughout exercise Makes difficult look effortless Hit of foot/feet on apparatus .20 Incorrect padding (heel/hip) CJ .20 Insufficient height of salto dismount .30 Insuff. Extension (open) of tuck/pike body pos. Prior to landing dismount .30 Hit of foot/feet on mat .30 Grasp of apparatus to avoid a fall .30 Intermediate (extra) swing/cast (Max of .50 per element) .30 Insuff. Amplitude of “B” Clear hip circles .40 Full support on foot/feet on mat during routine .50	Execution Feet apart on side pos. landing of leap/. jumps ea. .10 Hesitation in jump/press/swing to HS .10 Incorr. body pos./alignment in dance element ea. .10 Lack of precision in dance elements. ea. .10 Turn elements not performed in high releve ea. .10 Landing too close to beam on dismount .10 Concentration pauses (2 seconds) ea. .10 Concentration pause (more than 2 sec.) ea. .20 Rhythm of conn. – dance/mixed/acro (not bwd.) flight) ea. .20 Insufficient split when required (dance/acro ele.) .20 Insufficient split in walk over elements .20 Legs not parallel to beam in split or straddle pike .20 Insufficient dynamics .20 Insuff. Height of leaps/jumps/hops ea. .20 Insuff. Height of acro flights, aerials & saltos ea. .20 Insufficient sureness of performance – throughout .20 Insuff. Variation in rhythm/tempo – throughout .20 Relaxed/incorr. footwork in non-value parts throughout .30 Support of 1 leg against side of BB .20 Insuff. Height of salto dismount .30 Additional movement to maintain balance on the beam .30 Direction on gainer dsmt – off end of beam .30 Insuff. Ext (open) of tuck/pike body pos. prior to landing acro Elem. & dismount. .30 Relaxed/incorr/insuff body position/body posture In non-value parts throughout exercise .30 Grasp of beam to avoid fall .30 Artistry/Presentation .30 <ul style="list-style-type: none"> Choreography .10 Quality of movement reflects personal style .10 Quality of expression .10 	Execution Feet apart on landing of leap/jump/hops ea. .10 Incorrect rhythm during exec. of direct conn. ea. .10 Incorrect body pos./alignment on dance element ea. .10 Lack of precision in dance elements ea. .10 Turn VP’s not performed in high releve ea. .10 Concentration pauses (more than 2 sec.) ea. .10 Legs not parallel to floor in split or straddle pike .20 Insuff. Height of leaps/jumps/hops ea. .20 Insuff. Height of acro flights & aerials ea. .20 Insuff. Split on VP elements (includes walkovers) .20 Insuff. Dynamics .20 Insuff. Variation in rhythm/tempo throughout .20 Relaxed/incorr. footwork in non-value parts throughout .20 Poor relationship of music/movement throughout .30 Insuff. Height of saltos ea. .30 Insuff ext. (open) of tuck/pike body pos. prior to Landing Acro elements .30 Relaxed/incorr./insuff. Leg pos./body posture & Flexibility in non-value parts throughout .30 Missing synchronization of movement & musical beat .30 <ul style="list-style-type: none"> Each time .05 Exercise not ended with mu .10 Artistry/Presentation .30 <ul style="list-style-type: none"> Choreography .10 Quality of movement reflects personal .10 Quality of expression .10 	
Range of Scores The Average Determines the Range 9.50 – 10.00 .2 pt. 9.00 – 9.475 .3 pt. 8.00 – 8.975 .5 pt. Below 8.00 1.00 pt. Courtesy Score 3.5		Music with voice or no music (CJ) .50	

