

## 8. GYMNASTICS — GIRLS

### A. GENERAL REGULATIONS

#### 1) Interscholastic Participation

To be eligible for the team event competition in the OHSAA tournament in girls gymnastics, a school shall compete in a minimum of two interscholastic contests as a team (3 or more athletes in each of the four events) prior to the OHSAA Tournament. For individual competition, there is no minimum contest participation required.

##### 1.1) Contest Limitations —

A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests shall be removed from the OHSAA tournament.

##### 1.2) Scoring during the regular season—

In regular season meets in which team entrants are unlimited, it is not permissible to designate which four gymnasts shall be eligible to have their scores added to produce a team score. Any of the eligible competitors shall be able to score for the team.

##### 1.3) Individuals who coach multiple teams—

Coaches are permitted to serve as the coach for more than one school as long as they are properly credentialed and are Board-approved by each respective district/school. Should this transpire, it is up to the districts/schools involved to determine compensation, scheduling logistics and any other matters pertaining to the arrangement. The athletes from different schools may practice together under the direction of the coach but must always represent the school they attend in any competition

##### 1.4) School Representative—

No team or individual entry will be permitted to compete in a contest unless accompanied by the coach or a person authorized by the Board of Education. Teams or individuals unaccompanied by such school representative will be disqualified. The school representative shall be present throughout the contest.

#### 2) Non-Interscholastic Participation

2.1) Reference General Sport Regulation 7 for what is permitted in and outside of a school season and penalties that shall apply if violated, as outlined in Bylaw 11.

A gymnastics athlete must cease non-interscholastic gymnastics competition by **Monday, January 15, 2024** this is six weeks (42 days) prior to the Monday of the week of the state tournament in gymnastics, order to be eligible for OHSAA tournament competition provided applicable Bylaws and Regulations have been followed.

In addition, an athlete who has participated for the school in gymnastics who violates this non-interscholastic competition date by participating in a non-interscholastic contest in gymnastics shall be ineligible for OHSAA tournament competition in gymnastics in addition to any other penalties that may be prescribed

Date: **Monday, January 15, 2024**

#### 4) Transfer Bylaw

While all questions regarding the transfer bylaw should be addressed to the appropriate school administrator, information regarding the transfer bylaw can be found on the OHSAA website at this link, [OHSAA.org/Eligibility/Transfer](https://www.ohsaa.org/Eligibility/Transfer). Note that students who transfer and do not meet an exception to the transfer bylaw, and who participated in high school gymnastics within 12 months immediately preceding the transfer date, are ineligible for all regular season contests and the OHSAA postseason tournament beginning with varsity regular season contest number 8.

#### 5) Other Bylaws and Regulations

For information on Ejection for Unsportsmanlike Conduct See *Ejection Policies for Coaches and Players* under Section 13 and 14 of the General Sports Regulations at [www.ohsaa.org](https://www.ohsaa.org). For information on Out of State Travel regulations see Bylaw 9-2 in the Bylaws on the Eligibility Page at [www.ohsaa.org](https://www.ohsaa.org)

### B. SPECIFIC REGULATIONS — GRADES 9-12

1) Coaching, tryouts and instruction may begin — **November 3, 2023**

2) First contest — **December 4, 2023**

3) Deadline date for OHSAA tournament — **January 22, 2024**

4) Tournament draw/seeding meeting — **February 4, 2024** for tournaments starting at sectional level  
**February 11, 2024** for tournaments starting at district level

5) Coaching and Season end with the State Tournament — **March 3, 2024**

6) Scrimmages — None permitted

7) Regular season contests — 14 for team and individuals; no limit on number of opponents

**8) Rules — OHSAA Modified U.S.A. Gymnastics****9) Officials**

9.1) Varsity — Minimum of one OHSAA Class 1 judge required. It is strongly recommended that two Class 1 judges officiate each meet. Class 2 judges may be utilized, but it is highly recommended that a Class 2 official judge with a Class 1 official.

9.2) Reserve/Junior Varsity — Minimum of one OHSAA Class 1 or 2 judge recommended.

9.3) Freshman — OHSAA Class 1 or 2 or non-registered level 8 JCI or higher recommended.

**C. SPECIFIC REGULATIONS — GRADES 7 & 8**

1) Coaching, tryouts and instruction may begin — **November 3, 2023**

2) First contest — **December 4, 2023**

3) Coaching and Season end with the State Tournament — **March 3, 2024**

4) Scrimmages — None permitted

5) Regular season contests — 12 for team and individuals; no limit on number of opponents

6) Rules — OHSAA Modified U.S.A. Gymnastics

7) Officials — Minimum of one OHSAA Class 1 or 2 required

**GYMNASTICS CALENDAR**

Gymnastics	2023-24	2024-25	2025-26	2026-27
Coaching and Tryouts Begin	11/3	11/1	10/31	10/30
Season Begins	12/4	12/2	12/1	11/30
Non-Interscholastic Date	1/15	1/13	1/12	1/11
Sectional & District	2/12-2/24	2/10-2/22	2/16-2/28	2/15-2/27
State	3/2-3/3	3/1-3/2	3/7-3/8	3/6-3/7
Season Ends	3/3	3/2	3/8	3/7