

2020-2021 OHSAA
GENERAL INFO BARS, BEAM AND
FLOOR

Bars SR (4 SR @.20 ea.)	Beam SR (4@ .20 ea.)	Floor SR (4@ .20 ea.)	Revised 09/20 OHSAA
<ul style="list-style-type: none"> ◦1 Bar Change ◦1 “B” Fl. Or B turn (not mt. or dsmt.) ◦Min. B from 3/6/7 (Must be a 360 degree circling skill) ◦Min. A salto dismount 	<ul style="list-style-type: none"> ◦Acro Series 2 or more elements, one of which must have flight ◦One leap or jump w/180°split ◦Min. 1/1 turn or more one foot ◦Min. A dsmt. (salto or aerial) 	<ul style="list-style-type: none"> ◦Acro series w/2 saltos or 2 directly connected saltos ◦3 dif. Saltos w/l routine ◦Dance Passage- one must be a leap ◦Min. A salto performed as last isolated salto or in last salto connection 	
Composition Level of dismount ^ .10 Uncharacteristic element ea. <u>.10</u> ¼ fwd. Giant circle (w/or w/o gp change) ea. <u>.10</u> Choice of Elements (must perform 2 of 3) Min. B up to .20 <ul style="list-style-type: none"> • Flight Skill • Pirouette SKill • Group 3/6/7 skill Lack of ele. that achieve or passthru vertical ^ .20	Composition Missing acro bwd. & fwd / swd. <u>.10</u> *If only in dmt. <u>.05</u> Level of dismount ^ .10 Length and level changes ^ .10 Failure to show choreography bwd/fwd/swd ^ .10 More than 2 straight leg pivot turns in exercise <u>.10</u> More than 2 dance elements of same shape (tuck/wolf) or straddle ea. type <u>.10</u> Choice of Acro Elements (OHSAA State Meet) ^ .20 Choice of Dance Elements ^ .20 Lack of dance series (min. 2 ele. from group 1/2/3) <u>.20</u> Failure to perform 2 acro skills in a row <u>.30</u>	Composition Level of dismount ^ .10 Space (use of entire floor area) & direction ea. ^ .10 Failure to perform saltos in 2 dif. Directions (bwd. & fwd. or swd) <u>.10</u> More than 2 dance elements of same shape (tuck/wolf or straddle) ea. type <u>.10</u> Concentration pause (2 seconds or more) <u>.10</u> Choice of Dance Elements ^ .20 Choice of Acro Elements (OHSAA State Meet) ^ .20 Lack of turn on 1 foot, min. B <u>.20</u> Lack of min. of B salto <u>.30</u>	
Execution Swing fwd or bwd. under horizontal ea. ^ .10 Under rotation of release/flight elements ^ .10 Precision of handstand positions throughout ^ .10 Insuff. Extension of glides/swing into kips ^ .10 Poor rhythm in elements/connections ^ .10 Hesitation in jump or swing to HS ^ .10 Touch, brush of foot/feet on apparatus/mat ^ .10 Landing too close to bars on dismount <u>.10</u> Insufficient dynamics ^ .20 <ul style="list-style-type: none"> - Insufficient swingful execution throughout - Energy maintained throughout exercise - Makes difficult look effortless Hit of foot/feet on apparatus <u>.20</u> Incorrect padding (heel/hip) CJ <u>.20</u> Insufficient height of salto dismount ^ .30 Insuff. Extension (open) of tuck/pike body pos. Prior to landing dismount ^ .30 Hit of foot/feet on mat <u>.30</u> Grasp of apparatus to avoid a fall <u>.30</u> Intermediate (extra) swing/cast (Max of .60 per element) <u>.30</u> Insuff. Amplitude of “B” Clear hip circles ^ .40 Full support on foot/feet on mat during routine <u>.50</u>	Execution Feet apart on side pos. landing of leap/. jumps ea. ^ .10 Hesitation in jump/press/swing to HS ^ .10 Incor. body pos./alignment in dance element ea. ^ .10 Lack of precision in dance elements. ea. ^ .10 Turn elements not performed in high releve ea. ^ .10 Landing too close to beam on dismount <u>.10</u> Concentration pause (2 seconds) ea. <u>.10</u> Concentration pause (more than 2 sec.) ea. <u>.20</u> Rhythm of conn. – dance/mixed/acro (not bwd.) flight) ea. ^ .20 Insufficient split when required (dance/acro ele.) ^ .20 Legs not parallel to beam in split or straddle pike ^ .20 Insufficient dynamics ^ .20 Insuff. Height of leaps/jumps/hops ea. ^ .20 Insuff. Height of acro flights, aerals & saltos ea. ^ .20 Insufficient sureness of performance – throughout ^ .20 Insuff. Variation in rhythm/tempo – throughout ^ .20 Relaxed/incorr. footwork in non-value parts throughout ^ .20 Support of 1 leg against side of BB <u>.20</u> Insuff. Height of salto dismount ^ .30 Additional movement to maintain balance on the beam ^ .30 Direction on gainer dsmt – off end of beam ^ .30 Insuff. Ext (open) of tuck/pike body pos. prior to landing acro Elem. & dmt. ^ .30 Relaxed/incorr/insuff leg pos./body posture/& flexibility In non-value parts throughout ^ .30 Grasp of beam to avoid fall <u>.30</u> Artistry/Presentation ^ .30 <ul style="list-style-type: none"> • originality/creativity of choreo. ^ .10 • Quality of movement reflects personal style ^ .10 • Quality of expression ^ .10 	Execution Feet apart on landing of leap/jump/hops ea. ^ .10 Incorrect rhythm during exec. of direct conn. ea. ^ .10 Incorrect body pos./alignment on dance element ea. ^ .10 Lack of precision in dance elements ea. <u>.10</u> Turn VP’s not performed in high releve ea. <u>.10</u> Concentration pause (more than 2 sec.) ea. <u>.10</u> Legs not parallel to floor in split or straddle pike ^ .20 Insuff. Height of leaps/jumps/hops ea. ^ .20 Insuff. Height of acro flights & aerals ea. ^ .20 Insuff. Split on VP elements ^ .20 Insuff. Dynamics ^ .20 Insuff. Variation in rhythm/tempo throughout ^ .20 Relaxed/incorr. footwork in non-value parts throughout ^ .20 Poor relationship of music/movement throughout ^ .20 Insuff. Height of saltos ea. ^ .30 Insuff ext. (open) of tuck/pike body pos. prior to Landing Acro elements ^ .30 Relaxed/incorr./insuff. Leg pos./body posture & Flexibility in non-value parts throughout ^ .30 Missing synchronization of movement & musical beat ^ .30 <ul style="list-style-type: none"> • Each time <u>.05</u> • Exercise not ended with mu <u>.10</u> Artistry/Presentation ^ .30 <ul style="list-style-type: none"> • Originality/creativity of choreography ^ .10 • Quality of movement reflects personal ^ .10 • Quality of expression ^ .10 Music with voice or no music (CJ) <u>1.00</u>	
Range of Scores The Average Determines the Range 9.50 – 10.00 .2 pt. 9.00 – 9.475 .3 pt. 8.00 – 8.975 .5 pt. Below 8.00 1.00 pt. Courtesy Score 3.0			

