2019-2020 OHSAA

GENERAL INFO ON BARS, BEAM AND FLOOR

Bars SR (4 SR @.20 ea.)

- 1 Bar Change
- 1 "B" Fl. Or B turn (not mt. or dsmt.)
- Min. B from 3/6/7 **(Must be a 360 degree circling skill)**
- Min. A salto dismount

Composition

Level of dismount	∧ .10
Uncharacteristic element	ea. .10
¾ fwd. Giant circle (w/or w/o grip change)	ea. .10
Choice of Elements (must perform 2 of 3) Min. B	up to .20
• Flight Skill	
• Pirouette SKill	
• Group 3/6/7 skill	
Lack of ele. that achieve or pass thru vertical	∧.20

Execution

Swing fwd or bwd. under horizontal	ea. ∧ .10
Under rotation of release/flight elements	∧ .10
Precision of handstand positions throughout	∧ .10
Insuff. Extension of glides/swing into kips	∧.10
Poor rhythm in elements/connections	∧.10
Hesitation in jump or swing to HS	∧.10
Touch, brush of foot/feet on apparatus/mat	∧.10
Landing too close to bars on dismount	.10
Insufficient dynamics	∧.20
- Insufficient swingful execution throughout	
- Energy maintained throughout exercise	
- Makes difficult look effortless	
Hit of foot/feet on apparatus	.20
Incorrect padding (heel/hip)	CJ .20
Insufficient height of salto dismount	∧.30
Insuff. Extension (open) of tuck/pike body pos. Prior to landing dismount	∧.30
Hit of foot/feet on mat	.30
Grasp of apparatus to avoid a fall	.30
Intermediate (extra) swing/cast (Max of .60 per element)	.30
Insuff. Amplitude of "B" Clear hip circles	∧.40
Full support on foot/feet on mat during routine	.50

Range of Scores

The Average Determines the Range

9.50 – 10.00	.2 pt.
9.00 – 9.475	.3 pt.
8.00 – 8.975	.5 pt.
Below 8.00	1.00 pt.

Courtesy Score 3.0

Beam SR (4@ .20 ea.)

- Acro Series 2 or more elements, one of which must have flight
- One leap or jump w/180°split
- Min. 1/1 turn or more one foot
- Min. A dsmt. (salto or aerial)

Composition

Missing acro bwd. & fwd / swd.	.10
*If only in dmt.	.05
Level of dismount	∧ .10
Length and level changes	∧ .10
Failure to show choreography bwd/fwd/swd	∧ .10
More than 2 straight leg pivot turns in exercise	.10
More than 2 dance elements of same shape (tuck/wolf) or straddle) ea. type	.10
Choice of Acro Elements (OHSAA State Meet)	∧.20
Choice of Dance Elements	∧.20
Lack of dance series (min. 2 ele. from group 1/2/3)	.20
Failure to perform 2 acro skills in a row	.30

Execution

Feet apart on side pos. landing of leap/. jumps	ea. ^.10
Hesitation in jump/press/swing to HS	∧.10
Incor. body pos./alignment in dance element	ea. ∧.10
Lack of precision in dance elements.	ea. ∧.10
Turn elements not performed in high releve	ea. ∧.10
Landing too close to beam on dismount	.10
Concentration pause (2 seconds)	ea. .10
Concentration pause (more than 2 sec.)	ea. .20
Rhythm of conn. – dance/mixed/acro (not bwd.) flight)	ea. ∧.20
Insufficient split when required (dance/acro ele.)	∧.20
Legs not parallel to beam in split or straddle pike	∧.20
Insufficient dynamics	∧.20
Insuff. Height of leaps/jumps/hops	ea. ∧.20
Insuff. Height of acro flights, aerials & saltos ea.	∧.20
Insufficient sureness of performance – throughout	∧.20
Insuff. Vaiation in rhythm/tempo – throughout	∧.20
Relaxed/incorr. footwork in non-value parts throughout	∧.20
Support of 1 leg against side of BB	.20
Insuff. Height of salto dismount	∧.30
Additional movement to maintain balance on the beam	∧.30
Direction on gainer dsmt – off end of beam	∧.30
Insuf. Ext (open) of tuck/pike body pos. prior to landing acro Elem. & dmt.	∧.30
Relaxed/incorr/insuff leg pos./body posture/& flexibility In non-value parts throughout	∧.30
Grasp of beam to avoid fall	.30
Artistry/Presentation	∧.30
• originality/creativity of choreo.	∧ .10
• Quality of movement reflects personal style	∧ .10
• Quality of expression	∧ .10

Floor SR (4@ .20 ea.) Revised 10/19 OHSAA

- Acro series w/2 saltos or 2 directly connected saltos
- 3 dif. Saltos w/I routine
- Dance Passage- one must be a leap
- Min. A salto performed as last isolated salto or in last salto connection

Composition

Level of dismount	^.10
Space (use of entire floor area) & direction	ea. ^.10
Failure to perform saltos in 2 dif. Directions (bwd. & fwd. or swd)	.10
More than 2 dance elements of same shape (tuck/wolf or straddle) ea. type	.10
Concentration pause (2 seconds or more)	. 10
Choice of Dance Elements	^.20
Choice of Acro Elements (OHSAA State Meet)	^.20
Lack of turn on 1 foot, min. B	.20
Lack of min. of B salto	.30

Execution

Feet apart on landing of leap/jump/hops ea.	^.10
Incorrect rhythm during exec. of direct conn.	ea. ^.10
Incorrect body pos./alignment on dance element	ea. ^.10
Lack of precision in dance elements	ea .10
Turn VP's not performed in high releve	ea. .10
Concentration pause (more than 2 sec.)	ea. .10
Legs not parallel to floor in split or straddle pike	^.20
Insuff. Height of leaps/jumps/hops	ea. ^.20
Insuff. Height of acro flights & aerials	ea. ^.20
Insuff. Split on VP elements	^.20
Insuff. Dynamics	^.20
Insuff. Variation in rhythm/tempo throughout	^.20
Relaxed/incorr. footwork in non-value parts throughout	^.20
Poor relationship of music/movement throughout	^.20
Insuff. Height of saltos	ea. ^.30
Insuff ext. (open) of tuck/pike body pos. prior to Landing Acro elements	^.30
Relaxed/incorr./insuff. Leg pos./body posture& Flexibility in non-value parts throughout	^.30
Missing synchronization of movement & musical beat	^.30
• Each time .05	
• Exercise not ended with mu .10	
Artistry/Presentation ^.30	
• Originality/creativity of choreography ^.10	
• Quality of movement reflects personal ^.10	
• Quality of expression ^.10	
Music with voice or no music (CJ)	1.00