

## USAG CHANGES, DELETIONS AND CLARIFICATIONS FOR OHSAA COMPETITION

### START VALUE, VALUE PART, AND SPECIAL REQUIREMENTS

There is no change in start value or special requirements from rules currently in place. There are a few new and upgraded skills (mostly D or E) which will be included in the appendix items on the website and/or available in the Code of Points.

### BONUS

Indirect bonus on floor has been upgraded. On beam a B+C can now include the mount. Our charts are adjusted to show these changes.

### VAULT

Hip angle (first flight) now up to .30

Turn too early now up to .50

Turn too late eliminated

Hop on hands .30 Steps on hands .10 each up to .30

Brush or hit body on table (at far end of table) .20

### UNEVEN BARS

Upgraded elements C to D and D to E- all are in code of points

Clarification on casts into clear hips- This will affect Level 7/8 more than HS since we do not evaluate casts. A cast to handstand or a short cast prior to same element will be considered a different connection. Example: Short cast to clear hip circle (not within 20° of HS) = 0 VP + B Cast to HS to clear hip circle (not within 20° of HS) = B + B Both clear hip circles receive "B" value-part credit.

### BALANCE BEAM

More than one pivot turn .10

Knee scales eliminated

Turns holding leg between horizontal and 45° eliminated

Must show 2/3 choreography- back, side, forward .05 if only one shown

Clarification on turns in tuck stand and when the turn is complete- 1) Turn is completed when the support foot and hips have reached 360° rotation and the free leg touches the beam. 2) If the foot of the

free leg lands on the beam prior to the full rotation of the support foot and hips, the turn is considered as completed when the free foot touches the beam. • Deduct accordingly to the degree of rotation of the support foot and hips at the time when free leg touches the beam

New A Mount- Cartwheel onto board

Many high-level mounts have been upgraded- all are listed in code

Front Tuck from 2 feet is now an E skill

### FLOOR EXERCISE

Overall footwork now up to .30

Overall body posture/body position now up to .30

Music and movement throughout now up to .30 (.05 each time and .10 for not ending with music)

NEW- ending pose not held 1 second .05

Acro elements with 2 arms, 1 arm and aerals are considered all different

### ARTISTRY

Still up to .30 with 3 parts. Upgraded language on the .1 choreography includes poses, connections ,unnecessary adjustments and/or steps without choreography

### COMPOSITION

Use the composition charts available on the website- no changes from last season.

### RULES AND POLICIES

There is no penalty for using a springboard to spot as long as it is moved immediately.

The allowable matting on beam is no longer limited to 2 of the 3 options for placement.

Clarification on fall timing: Fall time begins when the gymnast is on her fee: if an injury occurs, fall time begin when the medical assessment is complete.

Chalk marks may be placed on landing mats as a visual clue. Any markings must be removed after the athlete completes the event

Clarification on equipment failure: If athlete falls due to equipment failure, judging will resume at the point of interruption or the series/combination when equipment failure occurred.