

OHSAA

OHIO HIGH SCHOOL ATHLETIC ASSOCIATION



2019-20

BOYS LACROSSE COACHES MANUAL

*A YEAR-ROUND GUIDE FOR HIGH SCHOOL BOYS LACROSSE
COACHES*



A Message from the OHSAA

We are pleased with the growth of interscholastic lacrosse across the state and we are excited for the 2020 season. As you will know by reading this, the OHSAA is doing its part to “Go Green” by eliminating the hard copy printing and mailing of this extensive guide and making it available online. It is important that we work **together** to insure this information is in the hands of ALL coaches – not just head coaches. This ‘guide’ should serve to provide all coaches with clear answers and interpretations to the many regulations governing 7-12 Boys’ and Girls’ Lacrosse in Ohio.

Rules meetings remain **mandatory** for Varsity Head Coaches and will be required **online**. This is addressed in the early pages of this Coaches Guide. We hope you’ll encourage your assistant and junior high coaches to view this also, especially in light of the adoption/implementation of the “Out of Season Instruction” regulation that is now in effect. The purpose of the “Rules Interpretation Meetings” is to give EVERYONE a thorough understanding of the interpretations of OHSAA Regulations as well as the changes and “points of emphasis” to the National playing rules written by the NFHS.

Rules governing OHSAA Boys’ and Girls’ Lacrosse stem from the National Federation (NFHS) *and* the OHSAA. NFHS Rules govern all playing rules while OHSAA Sport Regulations govern specific rules to Ohio as well as the various administrative regulations and interpretations. Our elected Board of Directors approve these regulations annually and serve as the basis for ALL schools playing by the same rules.

The season begins (which means **coaching** may begin) on February 24, 2020 for **all players**.

Communication is a key in the successful administration of any of our sports. We encourage you to ask questions or seek assistance by *first* going through your Athletic Administrator. We encourage YOUR communication with them to help us operate as efficiently as possible. We also will continue to keep you informed of current issues and topics via period direct correspondence as well as online postings on the Boy’s and/or Girls’ Lacrosse pages at www.ohsaa.org.

This is wishing each of you a successful season. We commend you for your time and effort working with the student-athletes in Ohio and for making the transition to an OHSAA recognized sport a smooth one.

Beau Rugg

Senior Director of Officiating & Sport Management



2020 OHSAA BOYS LACROSSE INFORMATION

The Ohio High School Athletic Association Mission Statement

To serve our member schools and enrich interscholastic opportunities for students.

Important Lacrosse Dates

January 29	Online Rules Meeting Activated (9:00 a.m.)
February 24	First Day of Coaching
April 27	Final Day of Rules Meeting \$50 Late Fee after 3/19
March 20	Regular Season Contests May Begin
May 1	Non-Interscholastic Date
May 10	Tournament Seed Date
May 16-21	Regional Qualifying
May 20-23	Regional Quarterfinals
May 25-29	Regional Semis & Finals
June 2-6	State Tournament
June 6	Last date for Games

Important Links

OHSAA Boys Lacrosse Webpage <http://www.ohsaa.org/sports/blacrosse>
OHSAA Boys Lacrosse Sports' Regulations:
<http://www.ohsaa.org/Portals/0/Sports/Lacrosse-Boys/blxrglts.pdf>
OHSAA GENERAL Sports' Regulations:
<http://ohsaa.org/Portals/0/Sports/GeneralSportsRegulations.pdf>
NFHS (Rules, Field Diagrams, etc.):
www.nfhs.org
Coaches' Education:
www.nfhslearn.com
The Role of the Parent in Sports:
www.nfhslearn.com/electiveDetail.aspx?courseID=18000

OHSAA Boys Lacrosse Contact Information

Beau Rugg Senior Director of Officiating & Sport Management
brugg@ohsaa.org *Administrates the sport of Lacrosse*

Lee Spitzer Director of Officiating Development laxspitz@columbus.rr.com
Responsible for overseeing Lacrosse officials in Ohio. Serves as liaison with NFHS and oversees the education and recruitment of girl's lacrosse officials in Ohio.

Important NON-Interscholastic Note

The OHSAA feels that student-athletes that have committed themselves to the school's lacrosse team should keep that commitment and be free of distractions and potential dissenting coaching opinions through the school lacrosse season. Therein lies the basis for the "**Non-Interscholastic Rule**". This General Sports Regulation basically prohibits a member of the school team from TRYING OUT, PRACTICING or COMPETING with any non-interscholastic team while a member of the school team. Remind your players...continually. And, this includes any **college tryouts/workouts**. Anything outside the high school practice, workouts or games (including college tryouts/workouts) is considered NON-INTERSCHOLASTIC.

The Non-Interscholastic Date

The "Non-Interscholastic Date" is a date that is set prior to the State Lacrosse Tournament. Though participation in ANY form of non-interscholastic lacrosse while a member of a school team is prohibited, any participation in a non-interscholastic contest **on or after this date** results in the individual being INELIGIBLE for the OHSAA tournament in addition to any other suspensions issued.

For the 2020 lacrosse season, this date is: **May 1, 2020**

Please put this date on your calendar and REMIND the players on your team!

COMMUNICATING WITH THE OHSAA

It is understandable with over 800 member high schools in Ohio and the number of lacrosse teams in Ohio from Junior High to High School, the volume of calls and emails coming into the office is quite high and nearly impossible to answer at peak times. Most questions can and should be answered by the Athletic Director at your school. To make our communication as efficient as possible, we ask school ADMINISTRATORS (including your Athletic Director) to communicate directly with us...therefore our policy of not answering calls by parents and community members. One can only imagine the impossibility of that.

Additionally, every effort is being made to provide useful information via our website. I encourage you to check the website (both the main page and boys lacrosse specific page) and additional information is provided in this manual regarding weekly informational items that should prove beneficial for coaches at all levels.

INSIDE OHSAA BOYS LACROSSE

There are a variety of documents that have been put together for coaches, players and administrators to this link can be accessed directly at: <http://www.ohsaa.org/sports/blacrosse/Inside-OHSAA-Boys-Lacrosse>

BOYS LACROSSE MEMOS

Each week (approximately) of the boys lacrosse season, an informative memo is posted on the OHSAA's boys lacrosse webpage to provide current information, helpful suggestions, and current announcements for boys lacrosse coaches (and Officials) throughout the state. Questions that may arise during the season can be submitted and answered through this medium for the benefit of ALL coaches in Ohio. I encourage you to provide this link to your assistant/sub-varsity coaches. Each memo is archived to allow coaches to view past postings at any time. This link can be accessed directly at: <http://www.ohsaa.org/sports/blacrosse>

RULES INTERPRETATION MEETINGS INFORMATION

Though we encourage EVERYONE to complete the Rules Interpretation meeting ONLINE, a very limited number of 'face to face' meetings will be offered in 2020 **for officials only**. Coaches are welcome to attend a 'face to face' meeting but will not receive meeting credit until completing the online rules meeting. Completion of the meeting, whether online or face to face, is **MANDATORY** for coaches and officials.

ONLINE RULES MEETING METHOD OF COMPLETION

Coaches should access on the login page of their myOHSAA account. Once you are logged in, click the rules meeting tab and then "Find a State Meeting" tab on the left. Simply put in your sport and you are ready to go! Please note that **all screens of the presentation must be viewed** for credit to be provided.

The ONLINE Rules Meeting link will be available on WEDNESDAY, JANUARY 29, 2020 @ 9:00 a.m.

The last day for completion of the online version is **Friday, March 19, 2020 at 11:59 pm**, or a \$50.00 late fee is charged for access to the online version. The FINAL deadline WITH PENALTY, will be Monday, April 27, 2020 at 11:59 pm.

All Coaches and Officials will access the state rules meetings through their myOHSAA accounts.

Coaches should contact their athletic administrator if they do not have an account. The athletic administrator will need to add the coach to the school's staff management in myOHSAA. This will generate an email invitation from info@myOHSAA.org to the coach. Coaches should look for this email in their inbox, junk or spam folders. Once the email is received, coaches should open the email and click the link inside and use the "Register" portion of the screen to create an account. Follow all prompts to create login credentials, verify your email address and complete your contact information. Once the account is created and all dashboard items completed, a blue button for the school will be added to your account. Click the button and use the State Rules Meeting link in the left column to access the list of meetings.

Please do NOT use a Chrome Book—these devices will not record attendance.

“FACE TO FACE” RULES MEETINGS – OFFICIALS ONLY

OFFICIALS ONLY have the option of a very limited number of 'face to face' meetings in 2020 in addition to the online option. For Officials, these state meetings are combined with a local meeting and last approximately 2 ½ hours. Meetings and their locations can be viewed through the Officiating Home Page.

PRE-SEASON PARENT/PLAYER MEETINGS

Pre-Season meetings are a requirement for all teams/schools, we have encouraged coaches to invite local Officials to meet with their team and parents at these meetings. It allows the Officials to meet the athletes and discuss new rules. It gives athletes an opportunity to ask questions and have a discussion prior to game days.

Pre-season meetings with parents are now **mandatory** and will most likely occur along with other spring sport teams. This is determined by each school's Athletic Administrator. This is the time to cover such things as eligibility requirements, individual school policies, individual sport policies, sportsmanship issues and expectations travel plans for away contests, etc.

Also, though mentioned later in this manual, a course titled "The Role of the Parent in Sports" has recently been offered by the NFHS and is FREE to parents. Encourage them to watch this VERY informative video course. The course is available through the www.nfhslearn.com website.

COACH CERTIFICATION & EDUCATION REQUIREMENTS

As outlined in Ohio Administrative Code, all Coaches of Middle School/Jr. High and High School teams **MUST** possess a "Pupil Activity Validation Certificate" to coach in Ohio. This includes paid coaches AND volunteer coaches. School administrators are responsible for maintaining records on compliance and most schools provide opportunities for their coaches to obtain the necessary coursework. The actual regulations can be downloaded from the OHSAA's Sports' Medicine page or directly at: <http://www.ohsaa.org/medicine>. To obtain the required certificate through the ODE, one must:



- Have completed a Sports' First Aid Course
- Possess a valid CPR Card
- Have been approved by their local Board of Education or similar governing body
- Complete the NFHS Fundamentals of Coaching course
- Complete one of two approved Concussion Recognition courses
- Complete the Sudden Cardiac Arrest video & information bulletin – Lindsay's Law
<http://www.odh.ohio.gov/landing/Lindsays-Law.aspx>

You can look up all requirements in detail on the ODE's website at:

<http://www.ode.state.oh.us/GD/Templates/Pages/ODE/ODEPrimary.aspx?page=2&TopicRelationID=1328>

Schools are required to submit coaches' names along with valid permit numbers on the Official OHSAA Tournament Entry Form. Entry forms are audited on a random basis at the conclusion of each season.

Concussion Legislation as it relates to Coaching Requirements

Though the entire law is explained later, all coaches today **MUST** complete one of two (2) approved Concussion Education programs online upon renewal of their Pupil Activity Permit anytime **after April 26, 2013**. Individual student-athletes removed from contests with a suspected concussion are no longer permitted to return to play on the same day of the contest – regardless of the diagnoses. If they are removed by one of the individuals given this authority, they simply cannot return to play the same day. Written authorization IS required to return anytime thereafter and must be kept on file with the school Athletic Administrator.

LINDSAY'S LAW – SUDDEN CARDIAC ARREST

ODE Website: <http://www.odh.ohio.gov/landing/Lindsays-Law.aspx>

Lindsay's Law, Ohio Revised Code [3313.5310](#), [3707.58](#) and [3707.59](#) becomes effective on August 1, 2017. In accordance with this law, the Ohio Department of Health, the Ohio Department of Education, the Ohio High School Athletic Association, the Ohio Chapter of the American College of Cardiology and other stakeholders jointly developed guidelines and other relevant materials to inform and educate students and youth athletes participating in or desiring to participate in an athletic activity, their parents, and their coaches about the nature and warning signs of sudden cardiac arrest.

The following resources were developed to implement Lindsay's Law:

For parents/guardians and student-athletes in grades 7-12 in Ohio schools

- [Required video](#)
- [Required SCA Informational Handout](#)
- [Required Signature Form](#)

For coaches:

If you are a coach for an interscholastic sport and are licensed by the Ohio Department of Education (all paid and volunteer coaches in Ohio), please

visit their [website](#) for information about their training requirements around Lindsay's Law <http://www.odh.ohio.gov/landing/Lindsays-Law.aspx>. The required video, informational handout and a post assessment test will be available shortly through the ODE's website. We will inform you when that component is available. If, however, you want to have your coaches view the video and review the information immediately, you may access those items below. Please be advised that as a school district, your superintendent must be able to verify that coaches have seen this video and read the informational handout if you choose to implement this requirement before it is available through ODE's LMS.

- o [Required video](#)
- o [Required SCA Informational Handout](#)

Successful completion of this coaches' requirement will generate verification through the LMS. These educational materials are all free of charge and are the only materials authorized for compliance with this new state law. No other course or training material is acceptable.

TRANSFER ELIGIBILITY

Though eligibility of student-athletes is a responsibility of your school's Athletic Administrator, there are a few reminders for coaches that will be of great assistance. The basic premise of the "Transfer Bylaw" is that ALL transfer students are ineligible for athletics for a period of time (the last 9 games and the tournament in lacrosse) **unless they meet one of 10 exceptions to the 'Transfer Bylaw'**. So, assuming a lacrosse player on your team is a transfer and does NOT meet one of the exceptions, here are a few important points:

- **Lacrosse players that fit in the transfer category may participate in Scrimmages and regular season contests until the first 50% of the maximum allowable varsity regular season contests have been completed (9 games).**

Note on "Completed Games":

*A lacrosse player who is ineligible due to not meeting one of the 10 transfer exceptions, must sit out all contests **after** 9 regular season VARSITY contests are completed. Should a contest be suspended due to weather/darkness, etc., that game would NOT count toward the 9 completed contests for ineligibility.*

SPECIAL NOTE ON "SCHEDULING"

The OHSAA is one of the few states that does not limit who its teams participate against. And what this means is:

- Participation against 'club' teams is permitted (most states do not permit it)
- Participation by a Varsity team vs a JV team is permitted (most states do not permit it)
- Traveling to participate against a team in a bordering state is permitted an unlimited amount of times is permitted

For participation against a Team in a NON-BORDERING STATE:

- There is NO limit on the number of times it is permitted if the contest is played in Ohio
- Travel TO participate against a team in a state not bordering Ohio is permitted **one time and only if no school time is missed for the travel to and from and during the competition time.**

This could have an effect on any team that was planning on a 'southern trip' to a non-bordering state.

- If you scrimmage another opponent), it must be part of the other team's allotted scrimmages also. In other words, it cannot be a 'scrimmage' for YOUR team and a regular season contest for the OTHER team.
- Teams may not travel out of state **JUST to practice** but may practice while out of state for a contest.
- Teams may travel to a non-bordering state ONE TIME ONLY per season only and MAY NOT MISS ANY SCHOOL FOR TRAVEL OR COMPETITION

The adopted and approved penalty for violations of the above are INELIGIBILITY FOR THE OHSAA TOURNAMENT

Relative to regular season 'in-state' contests: Teams may schedule games right up until the board adopted "Season Ends" date of **June 6, 2020**. This means that even though you are in tournament or eliminated from tournament, you may still schedule (usually 'make up') a contest up until this date. Keep in mind that playing this late also eliminates any opportunity for a player to play non-interscholastic lacrosse until the school season is complete.

You may also conduct a "scrimmage" at any point in the season, including during tournament play provided you have a scrimmage remaining (as does your opponent). Just keep in mind that if you scrimmage another team, it must be counted as a 'scrimmage' for both teams so that implies that the opponent must have a scrimmage remaining on their schedule as well.



NFHS 2020 RULE CHANGES

1-9-1: Equipment and Uniform Standards Alerts are being introduced in order to prepare schools for these changes in 2021 and 2022.

2-7-2f: The ruling states that the CBO is no longer responsible for determining if a team has too few players on the field.

4-5, 4-22 — Restart: In the effort to maintain the quicker pace of play, the committee has adopted a change in restarts. The new ruling will allow an immediate whistle (unless an offensive teammate is within 5 yards of the player in possession.) The defending player on any restart shall establish a distance of 5 yards. If the defender is within that 5-yard distance, that player may be liable to be penalized for “delay of game.” The defender not beyond the 5-yard distance may not play the player in possession or obstruct the player in possession’s direct path toward the goal. Once the 5 yards’ distance has been satisfied, the defender then may play the ball and/or the player in possession of the ball.

4-24-6: A time-out charge for concussion-type symptoms will be designated as an official’s time-out.

5-5 - Illegal crosse: In an effort to simplify the penalty for crosse violations, all crosse violations will be assessed a two-minute non-releasable penalty. The crosse may be adjusted and allowed to be used in the game. Every crosse in the bench area is subject to be inspected and need not have been used in the game in order to be inspected.

5-10: In an effort to prevent a player from throwing a crosse under any circumstance, a clarification has been written to explain the penalty for throwing of the crosse. Throwing a crosse at a player, the ball or other game personnel regardless of contact will result in a penalty of one-,two- or three-minute non-releasable unsportsmanlike conduct.

6-1-1, 6-2-1: These changes are relocated to be consistent with the Rule 7-8-2 changes regarding slow-whistle technique from 2018.

6-5-2: A player throwing a crosse for other reasons, i.e., personal frustration or poor player/coach crosse exchange, shall be ruled as a technical foul.

NFHS LACROSSE RULES INTERPRETATION VIDEO

<https://www.uslacrosse.org/blog/2020-nfhs-lacrosse-rules-interpretation-videos>

6-11-2: A player in possession of the ball with both hands on his crosse shall not use his hand or arm to push the body of the player applying the check. NOTE: Illegal body checks (5-3), "spearing" (5-4-3) and unnecessary roughness (5-9-3 SITUATION E) shall be strictly enforced as personal fouls.



NFHS 2020 POINTS OF EMPHASIS

Sportsmanship and Conduct

The NFHS Boys Lacrosse Rules Committee advocates for continued commitment by players and coaches to respect the game and each other, on and off the field. Head coaches are asked to monitor and discuss sportsmanship with their players and assistant coaches to ensure the game is held to the highest standard. The committee expects all participants to continue to work together to exhibit good sportsmanship from pregame through postgame.

Player Safety

Continued emphasis is needed regarding player safety rules, particularly contact to the head/neck as well as contact against defenseless or unsuspecting players.

- Contact to Head/Neck: Shall result in a two- or three-minute non-releasable penalty. Excessive violence may result in ejection.
- Defenseless Player: Player shall not body-check a player in a defenseless position. Hitting a defenseless player will result in a two- to three-minute non-releasable penalty or ejection.
- Targeting: When a player intentionally takes aim at an opponent's head/neck. Targeting shall result in a three-minute non-releasable penalty or ejection.

- Targeting a Defenseless Player: Targeting a defenseless player shall result in a three-minute non-releasable penalty or ejection.

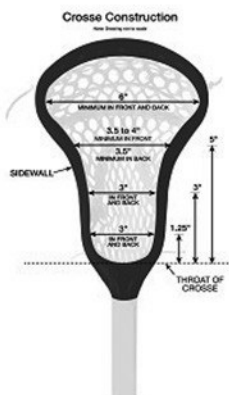
Pace of Play

A 2019 questionnaire completed by both coaches and officials indicated a concern regarding pace of play. In an effort to address these concerns, the committee took the following steps:

- Officials shall restart play as soon as possible.
- Restarts: Play may restart with defensive player(s) within 5 yards of a player in possession of the ball. However, the defensive player may not play him until a distance of 5 yards has been established. Play will not resume with an offensive player(s) within 5 yards of the ball.
- Particular attention should continue to be given to the definition and application of stalling rules.

Future Equipment and Uniform Changes

- Effective January 1, 2021, all goalkeepers shall wear chest protectors designed for lacrosse that meet the NOCSAE ND200 standard at the time of manufacture.
- Effective January 1, 2022, all field players shall wear shoulder pads designed for lacrosse that meet the NOCSAE ND200 standard at the time of manufacture.
- Effective January 1, 2022, The Home team will be required to wear WHITE jerseys, and the away team will be required to wear non-white jerseys.



EQUIPMENT REQUIREMENTS

The OHSAA and all member schools shall abide by NFHS Boys Lacrosse Rule 1 “The Game, Field and Equipment.”

GAME PROCEDURES

GAME TIMING

All games shall consist of 4 quarters of the following length:

Varsity: 12 minutes

Junior Varsity and Freshmen: 10 minutes

Junior High: 8 minutes

REGULAR SEASON OVERTIME

Only high school Varsity games will play overtime. All other levels of competition can end in a tie and no overtime will be played. **EXCEPTION** – Non-varsity tournament games, where a winner must be determined in order to advance in the correct bracket, may utilize overtime provided the participants and game officials are notified in advance of the start of the tournament.

ACCLIMATIZATION PERIOD

All teams must respect a three-day acclimatization period during the first three days of practice. All athletes joining the team for the first time at any point during the season after the first day permitted for coaching also must participate in a three-day acclimatization period prior to any contact drills. There must be an adequate recovery period between practice sessions.

During practices within the acclimation period, players may wear helmets, gloves, and all protective padding. Sticks and balls are also permitted. Prior to the fourth day of practice no contact is permitted. During the first three days of practice, athletes may engage in conditioning, speed, strength and agility drills and may use “dummies” for drills and walk-throughs.

INTERRUPTED GAMES

Any OHSAA tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.

A game called for any reason, where a winner cannot be determined or any game called at any time for mechanical failure (artificial lights, water systems, etc.) will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension subject to the rules of the game. Such game will be completed unless both coaches agree not to complete the game.

Varsity games cannot end in a tie. Games are won, lost or suspended.

PLAYER LIMITATIONS

A student athlete in grades 9-12 may play in a maximum of 92 quarters for the season plus the OHSAA-sponsored tournament. (Penalty — See Sports Regulation 20.)

A student-athlete in grades 7-8 may play in a maximum of 64 quarters plus one postseason tournament not to exceed four games by one team. (Penalty — See Sports Regulation 20.)

A player shall be permitted to play in a maximum of two games per day up to a maximum of six quarters per common opponent. Any part of a quarter is counted as one quarter. In an overtime game, the overtime shall be considered an extension of the fourth quarter. (Penalty — See Sports Regulation 20.)

Exception: if a team participates in a festival tournament format (example: play-day) with either abbreviated or full contest timing, a student-athlete may participate in a maximum of 12 quarters during such tournament.

Penalty for participation in more than six (6) quarters per day:

—When discovered during a contest, the player shall be disqualified from the game when discovered, the team shall play short for the remainder of the game. All quarters played shall count toward the maximum permitted.

—When discovered after a contest is completed, there is no team or individual penalty but all quarters played by the individual shall count toward the maximum permitted for the player.

*These regulations are all found in the Boys Lacrosse Sports Regulations

OHSAA SPORTS' REGULATIONS

Regulations governing the sport of Boys lacrosse are divided into two basic categories: **GENERAL Sports' Regulations** and **BOYS LACROSSE Regulations (sport specific)**. These are reviewed annually and approved by the OHSAA's Board of Directors.

General Sports' Regulations

These regulations can be accessed and address regulations that affect all sports governed by the OHSAA. They include, but are not limited to, such things as Instructional Programs outside the window of the season, Physical Fitness (Conditioning) Programs, Open Gym Regulations, No Contact Periods, Player and Coach Ejection Policies. These are important and *most* areas of concern can be addressed simply by reading through these Regulations or contacting your Athletic Administrator. They are easily accessed via the web by navigating to the “Boys lacrosse’ webpage and clicking on “General Sports’ Regulations” on the left hand side or directly going to <http://www.ohsaa.org/Portals/0/Sports/GeneralSportsRegulations.pdf>. I **strongly encourage** you to take the time to read these to familiarize yourself and your staff with the various rules approved by our Board of Directors that govern all sports.

Boys Lacrosse Specific Regulations

Each spring, regulations for the upcoming school year are approved by the Board of Directors for every sport the OHSAA sponsors. These address areas such as (but not limited to) Non-Interscholastic competition, number of contests (game, scrimmage or preview) that are permitted, season start and end dates, out of state travel, etc. All coaches should familiarize themselves with these regulations. Coaches should familiarize their entire staff with the importance of these Regulations as they directly affect the eligibility of student-athletes. Upon approval, they are submitted for printing to the annual OHSAA Handbook (which every administrator has been provided). These are also available through Boys lacrosse web page at: <http://www.ohsaa.org/Portals/0/Sports/Lacrosse-Boys/blxrglts.pdf>. Boys lacrosse specific AND the General Sports' Regulations are found on the left

side of the page. A few of the Sports' Regulation **highlights** are listed but you are encouraged to read the entire regulations at the above listed website.

Out of Season Coaching

ALL SCHOOL COACHES may coach players in **ALL GRADES 7-12** in team play outside the season. This permission was extended last year at the junior high level and is now permissible at the high school level as well. Keep in mind, the 50% limitation (5 in boys lacrosse) is still in effect outside the season for players. So, though a coach **MAY** coach players in team play from his/her own school, there may still only be 5 players from the school team on the non-school team.

Example: During September, a travel/club team consists of 5 returning players from your school. Any school approved coach may now coach that travel team during that time.

This is a significant change from year's past and is designed to help put more of 'our own' coaches into the club/travel area as well as provide more flexibility with obtaining new coaches that previously were restricted if they also coached at the club/travel level.

Open Gyms/Facilities/Fields at Member Schools

Open Gyms (or facilities) are clearly defined in **Rule 10 of the OHSAA Sports' Regulations**. An abbreviated version states:

- A school may open its athletic facilities for **unstructured free play** provided the activity is supervised by a school employee who may remove participants or spectators for disciplinary reasons.
- The school may designate the sport or sports that will be played during the free play period, but **may not limit participation** to a select group of students from within the school. Participation **may** be limited to students enrolled in that specific school.
- There can be no designation of who will play on which team or who will play whom. Only those students participating may be involved in the selection of teams.
- Regulation timing of games is not permitted.
- Written scorekeeping is not permitted.
- No individual invitations, written or oral, are permitted.
- A coach, paid or volunteer, violates the provision of these regulations when the coach requires, suggests or in any way implies that a student's chance to be selected for an interscholastic squad is contingent upon participation at an open gymnasium or facilities program.
- Mandatory attendance at open gyms/facilities is **not permitted**.
- Transporting athletes to a school or non-school open gym/facility is a violation for any member of the coaching staff, paid or volunteer.
- Coaches **may participate** in the unstructured free play in the open gym/facilities.

Schools **MAY** restrict individuals from observing the open gym/facility activity.

Game Limitations (Grades 9-12)

Maximum number of games permitted: **18 games**

Scrimmages: Maximum of **3 scrimmages**

Scrimmage Note: Scrimmages **MAY** be held at any time during the season but **MUST** count as the same for both competing teams. In other words, Team A cannot count it as a 'scrimmage' while Team B counts the competition as a 'game'.

Game Limitations (Grades 7-8)

Maximum number of games permitted: **14 and 1 Post-Season tournament not to exceed 4 games**

Scrimmages: Maximum of **2 scrimmages**

Scrimmage Note: Scrimmages **MAY** be held at any time during the season but **MUST** count as the same for both competing teams. In other words, Team A cannot count it as a 'scrimmage' while Team B counts the competition as a 'game'.

End of Season Date

Teams may schedule games right up until the board adopted "Season Ends" date of **June 6, 2020**. This means that even though you are in tournament or eliminated from tournament, you may still schedule (usually 'make up') a contest up until this date. Keep in mind that playing this late also eliminates any opportunity for a player to play non-interscholastic Boys lacrosse until the school season is complete. (see below)

Non-Interscholastic Competition

A member of an interscholastic Boys lacrosse squad (grades 7-12) sponsored by the Board of Education **cannot participate in a non-interscholastic Boys lacrosse program** (such as 'club or 'travel'), which includes tryouts, practice and contests as an individual OR a member of a team in the sport of Boys lacrosse anytime during the school team's season. This is explained in OHSAA General Sport Regulation 7-2-1. A

student-athlete becomes a member of the school team when he/she participates in a scrimmage, preview OR regular season or tournament game as a substitute OR as a starter.

A member of an interscholastic Boys lacrosse team sponsored by the Board of Education **MAY** participate in non-interscholastic boys lacrosse (such as 'club' or 'travel') PRIOR TO and AFTER the school season under the following conditions:

- The number of interscholastic Boys lacrosse players from the same school on a non-interscholastic team is limited to **FIVE** on the roster of that non-interscholastic team. This number includes all players that played on the school team in the previous season from grades 9-11*.
- A player may play in non-interscholastic boys lacrosse ONLY WHEN the student's team has completed its season.

Comments to News Media

Each year unpleasant situations arise as a result of comments made to the news media by coaches. The OHSAA Constitution and Bylaws reads in part "Great care shall be exercised in the selection of officials, well in advance of the contest and agreed upon by schools involved." Public criticism of officials is a direct reflection upon those who were responsible for assigning the officials to the game. Officials/Officials are trained and expected to make no derogatory comments regarding the players, coaches, or schools. Coaches are expected to follow the same procedure in regard to the officials. Coaches violating this rule may be asked to discuss the problem personally with the Commissioner. (See Sports Regulations "Media Regulations", page 97, OHSAA Handbook).

Videotaping Regulations

The improvement of various electronic devices, especially cell phones, has drawn much attention to the rules regarding recording boys lacrosse contests. Complete regulations available on page 97 of the OHSAA Handbook or through the General Sports Regulations on the web at under Section "A" of the Media Regulations. A few highlights of this include but are not limited to:

- It is permissible for a school to videotape or photograph regular season contests in which the school team is participating, but such tapes or photographs may not be used for coaching purposes until after the contest is completed. In other words, it is not possible to use photographs or any recorded information at halftime of a game.
- It is **not permissible for a school or school representative to videotape or photograph regular season games, scrimmages, Previews, OR tournament contests of other schools** without the written consent of the schools participating in the contest.

Please also refer to the NFHS Rule changes that prohibit the use of electronic monitoring or replay devices during a contest and also prohibits the use of any electronic device in the coach's box.

Non-Interscholastic Boys lacrosse

Teams formed for FALL boys lacrosse leagues may have no more than **FIVE** players from any one school on the same team. Included in this number are freshmen, JV and varsity players from the previous year's roster. Between June 1 and July 31, any number of players from any one school may be on the same non-school team. Please read the section later in this manual "Frequently Asked Questions" to get further in-depth information on Non-Interscholastic Boys lacrosse. Coaches have their own restrictions that limit them to 10 days of coaching/instruction between June 1 and July 31.

Special Note Regarding Non-Interscholastic Boys Lacrosse Teams

Near the conclusion of each boys lacrosse season, there is a natural tendency for players wanting to start practicing OR playing with their 'summer' teams. Rule 7.2.1 of the OHSAA General Sports' Regulations addresses Non-Interscholastic Participation by stating: "*A member of an interscholastic boys lacrosse squad sponsored by the Board of Education **shall not participate in a non-interscholastic program (Tryouts, practice or contest)** as an individual or a member of a team in the sport of Boys lacrosse during the school's season.*" This defines they cannot **PRACTICE** as well as play in a game. The basic "rule of thumb" is that once an individual DOES tryout, practice or compete in a game for a non-interscholastic team, that individual may not 'come back' to be part of the high school team. Coaches should have heightened awareness of this at tournament time. As mentioned in the section above, you are encouraged to read the section titled "Frequently Asked Questions" later in this manual to get more in-depth questions answered relative to non-interscholastic Boys lacrosse.

Officials

Varsity — Three officials are recommended per OHSAA and NFHS/US Lacrosse guidelines. Minimum of two OHSAA Class 1 or Class 2 officials required. Regardless of number officiating, all must be OHSAA Class 1 or Class 2.

Note: If only one OHSAA official is present to officiate the contest, the game may be played if participating coaches agree.

Freshmen/Reserve/Junior Varsity — Minimum of two OHSAA Class 1 or Class 2 officials required. Regardless of number of officials, ALL must be OHSAA Class 1 or Class 2.

Note: If only one OHSAA official is present to officiate the contest, the game may be played if participating coaches agree.

7th & 8th Grade — Minimum of two OHSAA Class 1, Class 2 or Class 3 officials required. All other officials shall be OHSAA Class 1, 2, or 3 or officials in training.

Protests

Protests arising from the decisions of interpretations of the rules by officials during the game will **not be considered**. Per NFHS playing rules, their decisions and interpretations of the rules are **FINAL**. This means that correctable errors must be corrected during the game and within the time established by playing rules. No video evidence is permitted to determine errors or correct them before, during or after the contest.

Indoor Lacrosse

Indoor lacrosse shall be defined as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played indoors between the end of the no-contact period and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school on a non-interscholastic squad of an indoor lacrosse roster is not limited.

Box Lacrosse

Many facilities are now offering "Box Lacrosse" leagues. The OHSAA currently interprets Box Lacrosse being different than the sport of lacrosse, due to the equipment used, the field dimensions, etc. Coaching in "Box Lacrosse" is not in violation of the OHSAA Non-Interscholastic Sports Regulation provided they are playing under the official rules of Box Lacrosse.

SPORTS REGULATIONS Q & A

The OHSAA receives a *large* volume of calls and email at the conclusion of the season in regard to what coaches 'can and cannot do'. Though this is not inclusive, a few guidelines are listed below to assist you AND your middle school and sub-varsity coaches. Please remove, copy and share this page with others on your staff. Please go through your Athletic Administrator for questions related to the OHSAA's Bylaws and Sports' Regulations. All are contained within the OHSAA's Handbook and available online at www.ohsaa.org.

When is Boys lacrosse's "No-Contact Period"?

Answer: The "No-Contact Period" for boys lacrosse is the entire month of August.

Can Middle School Players practice or play with High School players?

Answer: No. OHSAA Bylaws prohibit middle school players from practicing *or* competing with High School players during the season of play in all sports.

Can Middle School Players participate in Open Gyms/Nets at the High School level?

Answer: Yes. OHSAA Bylaws and Sports Regulations do not prevent anyone from participating in Open Gyms/Nets/Facilities.

Can Middle School Players participate with High School Players during "Summer Ball" or "Fall Ball"?

Answer: Yes. Any competition that occurs outside the defined season of play is not considered OHSAA "sponsored" and therefore, not under any regulations that limit 7-8 from playing with 9-12 individuals.

Can Middle School Players Be Included with High School Players during Individual Instruction permitted by Sports Regulation 8.2?

Answer: Yes. Since it is OUTSIDE the season, there is no restriction on age groups relative to this new (2013) regulation. ANY individual receiving instruction must be counted as one of the FOUR (4) permitted in *all combined facilities where the instruction is taking place*.

What can we as coaches do during an Open Gym/Nets?

Answer: Coaches may supervise the Open Gym. Open Gyms cannot be made mandatory. Open Gym must be 'free and unstructured play, so NO coaching may take place during an Open Gym. Open Gyms are defined in their entirety in Sports' Regulation #10 on pages 77-76. Under no circumstances may Open Gym be a disguise for an early start to practice. Language in the "Individual Instruction" regulation (General Sports Regulation 8) delineates the permissions in that regulation from those in Open Gyms.

What can coaches do during Conditioning Programs?

Answer: First, conditioning programs (defined as "Physical Fitness Programs in the OHSAA Handbook) cannot be made mandatory. Sports' Regulation #9 starting on page 75 of the OHSAA Handbook defines Physical Fitness/Conditioning Programs. Obviously, conditioning programs cannot be used as a 'disguise' for conducting out of season practices. Language in the "Individual Instruction" regulation (General Sports Regulation 8) delineates the permissions in that regulation from those in Open Gyms.

Who can volunteer to be a member of the coaching staff?

Answer: To work with student-athletes in any school program, an individual must receive his/her Pupil Activity Permit through the Ohio Department of Education **and** be approved by the school's Board of Education. Once achieving these requirements, a volunteer falls under **all** Bylaws and Sports Regulations of the OHSAA which limits them to the same out of season coaching limitations as paid staff members.

Can a volunteer coach players from the school team during the June 1 – July 31 period of time?

Answer: Basically, 'yes', but when teams are playing with more than 50% of a schools' roster (5), the days of coaching/instruction must be counted in the 10 total permitted to the staff. If the non-interscholastic **team** is comprised of LESS than 5 players from the school, the days coaching that team in TEAM COMPETITION do not count toward the 10 days permitted to that coaching staff. Based upon the language adopted in the "Individual Skill Instruction Regulation (8), the example given here would NOT fit within that regulation.

What if I INSTRUCT only ONE (or up to FOUR) players in shooting instruction during the June 1 – July 31 period. Do THOSE days count?

Answer: IF there are no more than 4 individuals present **in all the combined facilities where the instruction is taking place**, this would be permissible under adopted General Sports Regulation 8.2.1 that permits school coaches the opportunity to provide individual skill instruction outside the season of play.

So, this 'new' regulation that is becoming known as the "4 Player Rule" what is it exactly?

Answer: This regulation was adopted to provide an affordable option to parents and student-athletes to receive **individual skill instruction** currently limited to non-school private instructors. The regulation states: "Interscholastic coaches in the team sports of baseball, basketball, cross country, field hockey, football, ice hockey, lacrosse, soccer, softball, track & field, volleyball and wrestling may provide individual instruction anytime outside the season of play outside the defined no-contact periods. Individual instruction is defined as no more than four individuals present at one time in all combined facilities where the instruction is taking place". This is NOT a 'workout regulation' for teams and the language does not permit it to be.

Can a volunteer coach players from the school team during the "Off-season" "travel Boys lacrosse" (or other non-school Boys lacrosse)?

Answer: No. A volunteer coach is restricted to the same out-of-season (non-interscholastic) rules that a paid coach is restricted to.

If my son or daughter plays on a Non-Interscholastic team (such as "club" or "travel") can I coach them if I am a school coach?

Answer: **Only** during the June 1 – July 31 period of time during team play. Coaching one's own players is prohibited outside the season other than those dates unless there are 5 or less school players on a team and no exception is provided for families.

Can a player on my team participate in non-interscholastic team(s) at the same time as the season?

Answer: No. Sports' Regulation #4 prohibits student-athletes from participating in programs such as "Travel, Club" and like programs during the season of play. Coaches should go to great lengths to explain this to players on their teams and remind them periodically throughout the season.

When CAN a player on my team participate in Non-Interscholastic Boys lacrosse?

Answer: As soon as the season is complete. This means a Varsity player may participate as soon as their last game (including tournament) is played. Any sub-varsity player may play non-interscholastically when his season is complete **but** it must be kept in mind that they cannot return to dress/participate in any OHSAA tournament game. Many Athletic Administrations will safeguard this by allowing no level of player to participate in non-interscholastic Boys lacrosse until the varsity's last tournament game. Though not entirely necessary, this DOES safeguard all athletes.

How many players can play together on a Non-Interscholastic team (such as "travel" or a "summer team")?

Answer: Five (5). OHSAA Sports Regulations limit the number of participants on any **non-interscholastic roster during all months except June 1- July 31** to no more than 50% of those that make up a starting lineup of a team. In Boys lacrosse that magic number is 5.

How are players 'considered' when Middle School/Junior High players play with High School players in the off-season?

Answer: Players are considered middle school/junior high until August 1 of their 9th grade year and are considered separate as it relates to participating on non-interscholastic teams. For example; four 8th graders could participate on a "Club" (non-interscholastic) team along with four 9th graders from the same school. They are considered separate.

During the summer, how many days are we permitted to coach our players?

Answer: TEN (10) **anytime there are more than 5 individuals (players from last year's team or NOT)**. From June 1 – July 31, a **coaching staff** is permitted to coach a total 10 days, known as 'instructional days'. These days are designed as "Team Instructional Days" and are afforded to coaching staff's for that reason. The implemented General Sports Regulation permitted INDIVIDUAL instruction was added to provide an opportunity for individual skill instruction while leaving the "Team Instruction" time intact.

Does a day of my own summer camp count toward these 10 days?

Answer: Yes, as long as there are more than 4 present *in all the combined facilities where the instruction is taking place*. Any day of individual instruction or team instruction is considered one of the 10 total permitted between June 1 and July 31 **if more than 4 individuals are present in all combined facilities where the instruction is taking place**.

How about if I coach a team (from June 1 – July 31) that consists of only 5 players from my school team? (less than 50% of the roster)

Answer: Currently the OHSAA does not view that as an instructional day, but one must remember it MUST be between June 1 and July 31 AND it must be in TEAM COMPETITION.

In the above, it is stated that it must be in “Team Competition”. Explain that.

Answer: When a non-school ‘summer’ team is comprised of 5 or less players from the same school, a coach may coach that team (ONLY during June 1 – July 31) without those days counting toward the 10 ‘instructional days’ permitted to a staff **if and only if**, the coaching is done during TEAM play. This is NOT true, and all days must count toward 1 of the 10, when instruction is provided to a school team member during June and July whether there is 1 player there or 100 players there.

Does each member of my staff receive 10 separate days?

Answer: No. Obviously, if this were to occur, a school could have upwards of 40 and 60 days of permitted instruction. The 10 days permitted are **per staff**.

Do Volunteers count in the 10-day total?

Answer: Yes. As mentioned earlier, all volunteers fall under the Bylaws and Sports Regulations of the OHSAA. The 10 days permitted to a staff are inclusive of paid and volunteer coaches.

Are players permitted to receive “private” instruction from individuals such as “outside/private” shooting instructors or hitting instructors DURING the season of play?

Answer: Yes, if your school athletic administration approves it. Sports’ Regulation 8 DOES permit individuals to receive **Individual Skill Instruction** at ANY TIME in Individual or Group lessons.

One of my players was selected to play in a Soccer or Basketball All-Star game during the Boys lacrosse season. Are they permitted to play in that contest?

Answer: Yes. There are regulations that prohibit players from playing non-interscholastic Boys Lacrosse during the Boys lacrosse season. They do not prevent a player from playing in another sport.

Given the above, does that mean a Boys lacrosse player is permitted to play on an AAU Basketball team during the Boys lacrosse season?

Answer: Yes. The player would not be violating any OHSAA Sports’ Regulations.

Given the above, does this also mean that a player could be on our school’s track team while also being on the school’s Boys lacrosse team?

Answer: Yes. Any limitations on that would be imposed by individual schools.

Since weather issues often force games to be made up LATE in the season, how late can we actually play a game?

Answer: The last game for a game to be played is June 6, 2020.

IF we have to make up games late in the season, can our players play for their summer teams while still completing our regular schedule?

Answer: NO. All non-interscholastic rules are in effect during the season, regardless of how late the season goes.

What is meant by the “Non-Interscholastic Date” and when is it?

Answer: The “Non-Interscholastic Date” for Boys lacrosse is **May 1, 2020**. Though Boys lacrosse players are not permitted to tryout, practice OR compete for any non-interscholastic team during the season of play, any player that does so ON or AFTER this date renders a player ineligible for the OHSAA tournament in addition to any other penalties.

Can a school approved coach instruct a non-school team (i.e. ‘travel’) during the same time he is coaching the school team?

Answer: Yes. The OHSAA has not regulation prohibiting this. However, it does not waive any of the “Recruiting Bylaw” defined in detail in Section 9 of Bylaw 4. Coaches that do this should pay special attention to this Bylaw to not attempt to circumvent the “Recruiting Bylaw”.

Can I travel out of state to play a contest?

Answer: Yes, with certain restrictions. Teams may travel out of state to a bordering state (contiguous state) an unlimited number of times to play. Teams may travel to NON-bordering (contiguous states) **one time** per sport per season to compete provided there is no loss of school time.

Can I take my team out of state just to practice?

Answer: No.

Can my team practice while out of state to a permitted tournament?

Answer: Yes. OHSAA Bylaw 9 permits a team to practice out of state while part of an approved out of state competition.

Are we permitted to schedule MORE than 18 contests in the event we have rainouts?

Answer: No. Teams are NOT permitted to over schedule. Consider the consequences; 2 years ago, the weather in Ohio was GREAT. There was talk that many teams DID over schedule and were forced to 'drop' or cancel contracts. There are serious repercussions for breaking contracts, whether financial penalties exist on the contract or not. With the internet communication, games are easy to pick up if you need games.

Can I have a scrimmage during the season or during tournament time?

Answer: Yes. As long as a team has a scrimmage remaining, they may use it at any time. It IS important to note that any scrimmage with another school must be a scrimmage for THAT school also; it cannot be a 'game' for one school and a 'scrimmage' for another school.

Can teams practice with another school?

Answer: Yes, BUT, it must be counted as a scrimmage.

Can a School team play against a non-school team?

Answer: Yes. Ohio is one of the few states that do not regulate 'who' its teams participate against.

Can a JV team play a Varsity team?

Answer: Yes, the game just must count the same for both teams, ie: scrimmage or game.

EJECTION PROCEDURES

Following the contest, the umpire shall contact the Athletic Director or Principal of the violator's school to advise the administration of the ejection. Contact may be made after the game if an administrator is present or by phone the morning on the first school day after the contest.

- **ALL ejections, REQUIRE a report to be completed and filed with the OHSAA.**
- **Ejection Reports are now completed and submitted ELECTRONICALLY. Simply click the 'submit' button and it will be transmitted to our staff. This automatically triggers the report to the school.**
- In the event of an ejection, a coach is ejected from ALL GAMES for the remainder of the day of the ejection PLUS two additional games. Ejected coaches must also pay a \$100.00 fine and complete the National Federation of State High School Association's (NFHS) "Teaching and Modeling Behavior" course within 30 days of the ejection. The responsibility for compliance rests with the school's administration.
- Ejected **COACHES** are required to LEAVE the premises immediately. If no assistant coach is present, the game is over and the score stands 'as is'.
- Ejected **PLAYERS** are to remain in the BENCH AREA under the supervision of the coach.
- With the Rule change in Rule 3-3-f6, **Assistant coaches** should pay particular attention to the ejection procedures.
- **ALL EJECTIONS ARE FINAL AND NOT PERMITTED TO BE APPEALED** per the OHSAA's Board of Directors.

Special Note Regarding Ejections:

Coach ejections in Boys lacrosse continue to lead ALL sports for the total number of ejections. Though every ejection has its own story, do not call the OHSAA office asking for an appeal of the ejection. It will not and cannot be overturned. The circumstances surrounding the ejection can and should be expressed on the "School Response Form" that will be received by the school after the ejection occurs.

OHSAA BOYS LACROSSE TOURNAMENT

The OHSAA Boys Lacrosse Tournament regulations can be found on the boys lacrosse page at: <http://www.ohsaa.org/sports/blacrosse>. All tournament information, brackets, game times, etc. will be posted as they become available at the boys lacrosse page.

RATING & VOTING FOR OFFICIALS

You often hear at tournament contests that “the tournament officials have been selected by a process approved by the Board of Directors”. That ‘process’ is an important one for both coaches AND officials and is the basis for officials assignments to OHSAA Tournaments. To make this process work it requires Coaches and Athletic Directors to do their part. Officials take this process seriously and it is in everyone’s best interest to have the correct input for the assignment of officials. A few important things to note:



1. Coaches **RATE** Officials. There are 3 other categories that **VOTE FOR** Officials. Those three categories are: athletic administrators, each local Officials’ Association and a “Stakeholders Group that includes OHSAA Staff, Certified Assigners and approved Observers.
2. Ratings are best done at the conclusion of a game but may be done at the end of the season. Officials **are NOT able** to see how a coach rated.
3. “Pools” of officials are created as a result of ratings and votes. These pools are arranged into a “State Pool”, “Regional Pool” and “Sectional/District Pool”. Each pool has more officials than are needed at that level. Pools are created by mathematically calculating the following:
 1. Total of each of the 4 categories = Score
4. The OHSAA Office utilizes the pools to assign officials to the **Regional and State Tournament**. **Note: In Lacrosse, all tournament officials are assigned from the OHSAA State office.**
 - Please remember that RATING is done by coaches and is NOT MANDATORY.

Instructions for Rating Officials

1. Access the *myOHSAA* system at <http://myohsaa.ohsaa.org> OR from the home page of the www.ohsaa.org
2. Logon to *myOHSAA* using the login credentials provided by your athletic administrator.
3. If you are a coach, click the orange “Rate Game Officials” button near the upper left corner. If you are an athletic administrator, click the “Rate Game Officials” link in the left navigation.
4. Once you are on the Rating Game Officials page, click the star (green or red) to access the rating form for that sport. Stars that are gray are sports that are currently out of season.
5. Follow the instructions at the top of each sport specific rating page to complete the ratings.
6. Ratings can also be changed using the “Edit” link after the official’s rating entry on the rating form until the deadline of June 15 for spring sports.

Athletic Administrators receive separate instructions for VOTING for officials at the conclusion of the season. Additional individuals that VOTE for officials include:

1. Approved OHSAA Assignors
2. Local Officials’ Associations
3. Approved Observers
4. OHSAA Staff

Please Note:

Officials ratings/voting are used for the NEXT season. The officials you rate during the season THIS YEAR, will be assigned pools for NEXT YEAR’S tournament.

COACHES’ CODE OF ETHICS

From the NFHS Boys Lacrosse Rules Book

The function of a coach is to educate students through participation in interscholastic competition. An interscholastic program should be designed to enhance academic achievement and should never interfere with opportunities for academic success. Each student should be treated with the utmost respect and his or her welfare should be considered in decisions by the coach at all times. Accordingly, the following guidelines for coaches have been adopted by the NFHS Board of Directors.

The Coach shall be aware that he or she has a tremendous influence, for either good or ill, on the education of the student and, thus, shall never place the value of winning above the value of instilling the highest ideals of character.

The Coach shall uphold the honor and dignity of the profession. IN all personal contact with students, officials, athletic directors, school administrators, the state high school athletic association, the media and the public, the coach shall strive to set an example of the highest ethical and moral conduct.

The Coach shall take an active role in the prevention of drug, alcohol and tobacco abuse.

The Coach shall promote the entire interscholastic program of the school and direct the program in harmony with the total school program.

The Coach shall master the contest rules and shall teach them to his or her team members. The coach shall not seek an advantage by circumvention of the spirit or letter of the rules.

The Coach shall exert his or her influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep club sponsors, booster clubs, and administrators.

The Coach shall respect and support contest officials. The coach shall not indulge in conduct which would incite players or spectators against the officials. Public criticism of officials or players is unethical.

The Coach should meet and exchange cordial greetings with the opposing coach to set the correct tone for the event before and after the contest.

The Coach shall not exert pressure on faculty members to give students special consideration.

The Coach shall not scout opponents by any means other than those adopted by the league and/or state high school athletic association.

MISCELLANEOUS INFORMATION

Professionalism

Your professionalism is of the utmost importance. Your athletes and fans will follow your lead. If you are respectful of the game and the officials, your athletes and fans are more likely to do the same. If you are disrespectful of the game and the officials, it will be reflected in the words and actions of your athletes and fans. Officials aren't perfect and mistakes will be made, but it is all part of the learning process for our young student-athletes. So please take those disappointments and turn them into positive learning experiences. What you permit, you promote.

Pre-Season Preparations

*As you know, pre-season meetings are **required**. As part of your pre-season preparations, you are encouraged invite a local official(s) to meet with your team during pre-season workouts. It allows the officials to meet your athletes and discuss new rules. It gives your athletes an opportunity to ask questions and have a discussion prior to game days. We would also recommend inviting an official to a pre-season meeting with your parents. Again, it provides a forum for healthy discussions and an opportunity for your parents to learn more about the game.*

Scheduling Conflicts

*Certainly, scheduling conflicts are going to arise. **PLEASE COORDINATE WITH YOUR ATHLETIC ADMINISTRATOR TO ENSURE THAT OFFICIALS ARE NOTIFIED IN ADVANCE OF ANY CHANGES.** When dates, times, and / or locations are changed it not only affects the officials scheduled for that game, but also other games they are scheduled to work. They will appreciate your help in this area.*

Over Scheduling

*Scheduling more contests than the sport's regulations permit in any sport is **NOT PERMITTED**. A few short years ago, the weather in Ohio was actually good enough for nearly every regular season game to be completed. There were teams that reportedly had overscheduled and then had to cancel contracts. This led to contract disputes which could not be settled, ultimately reaching the Commissioner's office. Financial penalties apply in cases of contract disputes even if there is no financial clause listed on the contract. Over scheduling is not permitted in any sport.*

Importance of Coaches Rating System

*The Rating/Voting procedures have changed in recent years, however the coaches' vote is an important part of the officials' tournament selection process. Ratings are done at the conclusion of each game, allowing you to rate each official you have. Voting is now done at the conclusion of the season by your athletic administrator online with information being sent to him/her electronically. **Please rate conscientiously in your rating.** Your involvement is critical to ensuring that we can provide the best officials for our tournament.*

- **Inquiries**

Our OHSAA office is here to help as needed, but depending on the time of the year it can be difficult to reach us. However, there are other sources of assistance. Our website (www.ohsaa.org) includes a great deal of information that covers many of the inquiries we often receive. The website provides Boys lacrosse regulations, general sport regulations, tournament regulations, uniform regulations, etc. Your OHSBCA Officers are another great resource for you as well. Their contact information can be found on their website (www.ohsbca.org).

- **Coaches' Comments to the News Media** – OHSAA Media Regulation
OHSAA Bylaw 8, Section 2, reads in part, “Great care shall be exercised in the selection of officials, well in advance of the contest and agreed upon by schools involved. When the contest begins each school waives all of its rights so far as objecting to the officials.” Public criticism of officials is a direct reflection upon those who were responsible for assigning the officials to the game. Officials are trained and expected to make no derogatory comments regarding the players, coaches, or schools. Coaches are expected to follow the same procedure. Failure to follow this request will result in disciplinary action.

CONCUSSION MANAGEMENT

Implementation of State Law and NFHS Playing Rules Related to Concussion and Concussed Athletes and Return to Play Protocol

It is important for all individuals involved in interscholastic athletics to recognize the potential for catastrophic injury and even death from concussions. Thus it is extremely important that each coach, administrator, contest official and medical support personnel review their responsibilities in protecting students. Further both students and parents have responsibilities in this area as well.

Note: It has always been the ultimate responsibility of the coaching staff, in all sports, to ensure that students are only put into practice or contests if they are physically capable of performing. However, all individuals involved in the conduct of interscholastic competition have responsibilities in this endeavor.

In January 2011, the OHSAA Board of Directors adopted a sports regulation, which incorporated the National Federation of State High School Associations (NFHS) playing rules related to concussion recognition and management. On April 26, 2013, legislation adopted by Ohio’s General Assembly on concussion and head injuries in youth sports became effective. On February 14, 2013, the OHSAA Board of Directors mandated that these regulations become effective on April 26, 2013, for the remainder of the spring sports season and thereafter. This OHSAA regulation, as amended to incorporate this recent legislation, now reads:

Any student, while practicing for or competing in an interscholastic contest, who exhibits signs, symptoms or behaviors consistent with having sustained a concussion or head injury (such as loss of consciousness, headache, dizziness, confusion or balance problems) shall be immediately removed from the practice or contest by either of the following:

- 1) The individual who is serving as the student’s coach during that practice or competition.
- 2) An individual who is serving as a contest official or referee during that practice or competition.

RETURN TO PLAY PROTOCOL

If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED**, to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied:

- 1) The student’s condition is assessed by either of the following:
 - a. A physician, who is a person authorized under Chapter 4731 of the Ohio Revised Code (OCR) to practice medicine and surgery or osteopathic medicine or surgery (M.D. or D.O.)
 - b. Any other licensed health care provider that the school district board of education or other governing authority of a chartered or non-chartered nonpublic school, authorizes to assess the student who has been removed from practice or competition.
- 2) The student receives **written authorization** that it is safe for the student to return to practice or competition from a physician or other licensed health care provider authorized to grant the clearance. Click here <https://ohsaa.org/Portals/0/Sports-Medicine/AuthorizationToReenter.pdf> to retrieve the OHSAA’s Medical Authorization to Return To Play (RTP) form.

A school district board of education or governing authority of a chartered or non-chartered nonpublic school may authorize a licensed health care provider who is NOT a PHYSICIAN to make an assessment and grant authorization for a student to return to participation ONLY if the provider is acting in accordance with one of the following as applicable to the provider’s authority to practice in Ohio:

- 1) In consultation with a physician;
- 2) Pursuant to the referral of a physician;
- 3) In collaboration with a physician, or
- 4) Under the supervision of a physician.

Note: A physician or other licensed health care provider who makes an assessment or grants clearance for a student to return to participation may be a volunteer.

COACHES REQUIREMENTS

All coaches, paid and volunteer, must possess a current Department of Education-issued Pupil Activity Program/Coaching Permit. When renewing this permit, the coach will be required to complete an online concussion education course as stipulated in the section entitled **Approved Online Concussion Education Course**. This course is valid for three years and expires at the time the Pupil Activity Program/Coaching Permit expires.

CONTEST OFFICIALS REQUIREMENTS

New legislation signed into law by the Governor provides that no school “shall permit” an individual to referee interscholastic athletic contests unless the individual holds a Pupil Activity Program/Coaching Permit or has successfully completed within the last three years a training program in concussion recognition. Therefore, all OHSAA licensed officials shall possess either a current Department of Education-issued Pupil Activity Program/Coaching Permit or **show evidence of completing an approved online concussion education course** as stipulated in the section entitled **Approved Online Concussion Education Courses**. This course is valid for three years from the date of completion.

STUDENT AND PARENT REQUIREMENTS

All students and their parents or legal guardians shall review and sign the “Concussion Information Sheet” which has been developed by the Ohio Department of Health and which shall be distributed by OHSAA member schools to all students and their parents prior to each sports season. Students and parents shall review and sign this form each year and should keep a copy of the form. In addition, parents and students are encouraged to complete an approved concussion education course. The Concussion Information Sheet can be found here:

<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Interscholastic%20Concussion%20Form%20-%20ODH%20Revised%202.ashx>

NFHS SUGGESTED MEDICAL CLEARANCE RETURN TO PLAY PROTOCOL

1. No exertional activity until asymptomatic.
 2. When the athlete appears clear, begin low-impact activity such as walking, stationary bike, etc.
 3. Initiate aerobic activity fundamental to specific sport such as running or skating, and may also begin progressive strength training activities.
 4. Begin non-contact skill drills specific to sport such as dribbling, fielding, batting, etc.
 5. Full contact in practice setting.
 6. Game play/competition.
- Athlete must remain asymptomatic to progress to the next level. (It is often suggested that an athlete not be allowed to progress more than one level per day.)
 - If symptoms recur, athlete must return to previous level and should be reevaluated by an appropriate health care professional.
 - Medical check should occur before contact. (Final written clearance from the medical professional shall be obtained before the athlete engages in any unrestricted or full contact activity.)

QUICK LINKS FROM THE OHIO DEPARTMENT OF HEALTH

Ohio Department of Health Concussion Information Sheet

<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Interscholastic%20Concussion%20Form%20-%20ODH%20Revised%202.ashx>

Online Concussion Management Training

<http://www.healthyohioprogram.org/concussion.aspx#Training>

Ohio’s Return to Play Law: Frequently Asked Questions

<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Frequently%20Asked%20Questions%20Updated%202513.ashx>

Ohio’s Return to Play Law: What Coaches and Referees Need to Know

<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Return%20to%20Play%20-%20What%20Coaches%20Need%20to%20Know%20-%20School%20Sports%20-%20Final.ashx>

Ohio’s Return to Play Law: What Parent/Guardians Need to Know

<http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Return%20to%20Play%20-%20What%20Parents-Guardians%20Need%20to%20Know%20-%20School%20Sports%20-%20Final.ashx>

ADDITIONAL CONCUSSION RESOURCES

Ohio Department of Health, Violence and Injury Prevention Program - Sports/Recreation Traumatic Brain Injuries

<http://www.healthyohioprogram.org/vipp/child/tbi.aspx>

CDC Heads Up: Concussion in Youth Sports

Nationwide Children’s Hospital – Concussion Information Toolkit <http://www.nationwidechildrens.org/concussion-toolkit>

CDC Materials on Returning to School for Parents, School Nurses and Educators

<http://www.cdc.gov/concussion/HeadsUp/schools.html>

Ohio Legislative Service Commissioner HB 143 Bill Analysis: <http://www.lsc.state.oh.us/analyses129/12-hb143-129.pdf>

Brain Injury Association of Ohio: www.biaoh.org

RETURN TO PLAY FORM FOR SCHOOLS

Ohio High School Athletic Association
4080 Roselea Place, Columbus, Ohio 43214
PH:614-267-2502; FAX:614-267-1677
www.ohsaa.org

MEDICAL AUTHORIZATION TO RETURN TO PLAY WHEN A STUDENT HAS BEEN REMOVED DUE TO A SUSPECTED CONCUSSION

Ohio State Law as well as NFHS rules and OHSAA policy require a student who exhibits signs, symptoms or behaviors associated with concussion to be removed from a practice or contest and **not permitted to reenter practice or competition on the same day as the removal.** Thereafter, **written medical authorization from a physician (M.D. or D.O.)** or another qualified licensed medical provider, who works in consultation with, collaboration with or under the supervision of an M.D. or D.O. or who is working pursuant to the referral by an M.D. or D.O., AND is authorized by the Board of Education or other governing board, **is required to grant clearance for the student to return to participation.** This form shall serve as the authorization that the physician or licensed medical professional has examined the student, and has cleared the student to return to participation. The physician or licensed medical professional must complete this form and submit to a school administrator prior to the student’s resumption of participation in practice and/or a contest. **To reiterate, this student is not permitted to reenter practice or competition on the same day as the removal.**

I, _____, M.D., D.O. or _____ (other qualified licensed medical provider) have examined the following
(Print name of MD, DO or Other)
student, _____ from _____ High School/7-8th grade school
(Name of Student),
who was removed from a _____ (sport) contest at the _____ level (V, JV, 9th, 7-8th) due to exhibition of signs/symptoms/behaviors consistent with a
concussion. I have examined this student, and determined that the student is cleared to resume participation upon the completion of the directions provided below.

PLEASE INDICATE YOUR DIRECTIONS BELOW

- Return to play protocol for concussion as outlined in Zurich Consensus Statement 2012 or as attached.
- Return to play protocol for concussion required under direction of Licensed Athletic Trainer or other qualified Licensed medical provider as approved in above directive
- Return to play protocol for concussion not required, and the student may return to participation in practice and competition on this date _____
- Other: (explain): _____

VALID ONLY WITH ALL INFORMATION COMPLETED

Signature of Medical Professional _____
(MD, DO or other qualified Licensed Medical Provider as Approved in the Above Directive)

Date: _____

Contact Information: _____

(Print or Stamp) Address: _____

Phone: _____

Return to play is also subject to clarification of this document, as deemed necessary, by Licensed Athletic Trainer, other qualified Licensed medical providers authorized by Board of Education or other governing body, or school district administration. Return to play decisions are also subject to recognized principles of conditioning, skill development, mental preparedness, etc.

Parent(s)/Guardian and student are reminded that the initial signature document of awareness of signs and symptoms of concussion and need/requirement to report are still in effect. Parent(s)/Guardian and student have a responsibility to report any further signs or symptoms of a concussion or head injury to coaches, administrators and the student- athlete's doctor. Information regarding signs and symptoms are available from school district personnel or OHSAA website.

PRESENT THIS FORM TO THE SCHOOL ADMINISTRATOR

Note: The school must retain this form indefinitely as a part of the student's permanent record. Medical Providers should retain a copy for their own records.

COMMUNICABLE DISEASE PROCEDURES

Though most schools have a Certified Athletic Trainer present at Varsity contests and all coaches are required to maintain a valid Pupil Activity Certificate through the Ohio Department of Education that includes a Sports' First Aid component, it is important to keep up to date on the remote risk that blood borne infectious diseases can be transmitted during basketball practice and contests. For example, Hepatitis B can be present in blood as well as other bodily fluids. Procedures for reducing the potential transmission of these infectious diseases should include, but should not be limited to the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform, it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood and other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling dressings, mouthguards and other articles containing body fluids.

You are encouraged to log on to the OHSAA's website at www.ohsaa.org and refer to the Sports' Medicine dropdown menu for additional information.

H1N1 INFLUENZA POLICY

The OHSAA's Board of Directors approved the following policy with advice from the Ohio Department of Health and shall observe this policy at tournament time in the event of an H1N1 Influenza outbreak.

1. The Ohio Department of Health has advised that it will be the decision of each local health authority in Ohio as to whether or not to close a school or university due to an influenza outbreak; however, at this time the Centers for Disease Control are not recommending closures except in extreme circumstances.

2. In the event schools remain open, competitors and teams shall be expected to play tournament contests on the dates scheduled.
3. In the event schools are closed, the OHSAA, in conjunction with our District Athletic Boards and tournament personnel, shall reschedule the tournament contest for the schools thus affected.
4. Please watch the OHSAA web site home page at www.ohsaa.org and the specific sport page on the web site for more information.

LIGHTNING & INCLEMENT WEATHER

Emphasis on Lightning and Inclement Weather is addressed as an OHSAA Sports Regulation (20). Though all officials received these procedures in pre-season communication, it would be wise to review with them prior to the game. The Lightning and Inclement Weather Policy is relative to ALL OHSAA Sports.

WEATHER

Recognition:

Coaches, athletic trainers, athletes, administrators and contest officials should be educated regarding the signs indicating thunderstorm development. Since the average distance between successive lightening flashes is approximately two to three miles ANYTIME that lightning can be seen or heard, the risk is already present. Weather can be monitored using the following methods:

- **Monitor Weather Patterns** – Be aware of potential thunderstorms by monitoring local weather forecasts the day before and morning of the competition, and by scanning the sky for signs of potential thunderstorm activity.
- ▶ Any lightning seen or thunder heard – evacuate the field and take cover*
 - *30 minute rule**
 - • **Thirty-minute rule-** Competition or practice shall be suspended once lightning has been recognized or thunder is heard. It is required to wait at least 30 minutes after the last flash of lightning is witnessed or thunder is heard prior to resuming practice or competition.
 - *Record all necessary game information.*
- ▶ * At night under certain atmospheric conditions, lightning flashes may be seen from distant storms. In these cases, it may be safe to continue. If no thunder can be heard and the flashes are low on the horizon, the storm may not pose a threat. Independently verified lightning detection information would help eliminate any uncertainty.

When lightning-detection devices or mobile phone apps are available, this technology could be used to assist in making a decision to suspend play. Never depend on this technology. Thunder heard and lightning seen takes precedence.

- **Evacuation-** If lightening is imminent or a thunderstorm is approaching, all personnel, athletes and spectators shall evacuate to available safe structures or shelters. A list of the closest safe structures should be announced and displayed on placards at all athletic venues.

Any subsequent lightning or thunder after the beginning of the 30-minute count shall reset the clock, and another count shall begin.

OFFICIALS SPECIFIC INFORMATION

EJECTION PROTOCOL

Officials shall file a report on myOHSAA whenever a coach or player is ejected from an athletic contest. Use the "Submit New Game Report" form on your myOHSAA profile. The report shall be filed within 48 hours of the ejection. Whenever an ejection occurs, the ejecting official shall speak with the offender's principal/athletic director no later than the first school day following the ejection. An official failing to follow the ejection protocol and/or failing to file the Official's Report may be penalized in accordance with Section 7 of the OHSAA Handbook for Officials.

The "Official's Report" form is also used to report good or poor sportsmanship, severe injuries, facility problems, or equipment problems. Ejections other than players or coaches and other items of which the Commissioner should be made aware must be provided. The reporting official will receive notification of resolution upon receipt of the reported school's reply.

General Sports' Regulation 14.2 (passed by the OHSAA's Board of Directors in 2008) requires any coach ejected from a contest (paid OR volunteer) to complete the **Teaching and Modeling Behavior** course through the NFHS and submit payment of a \$100.00 fine within 30 days of the ejection.

OFFICIALS' CODE OF ETHICS

(From www.ohsaa.org and the OHSAA Handbook for Officials)

Our member schools have entrusted officials to assist them in the education and development of their youth through athletics. This requires officials to be independent, impartial, and responsible to the people they serve. In recognition of these expectations there is an established **Code of Ethics** and **Code of Conduct** for all officials. The purpose of the code is to establish guidelines for ethical standards of conduct for all officials.

An Official must devote time, thought and study to the rules of the game and the mechanics necessary to carry out these rules so that one may render effective and credible service in a fair and unbiased manner.

An Official must work with fellow officials and the state association in a spirit of harmony and cooperation in spite of differences of opinion that may arise during debate of points or rules at issue.

An Official must resist every temptation and outside pressure to use one's position as an official to benefit oneself. Under all circumstances, officials must avoid promoting the special interest of any person or group of persons other than the athletes we serve.

An Official must constantly uphold the honor and dignity of the avocation in all personal conduct and relations with the student-athletes, coaches, athletic directors, school administrators, colleagues, and the public, to be a worthy example to the athletes under one's jurisdiction.

An Official will be prepared both physically and mentally, dress accordingly to expectations and maintain a proper appearance that is befitting the importance of the game.

An Official shall avoid the use of tobacco and related products at the contest site.

An Official must remember and recognize that it is important to honor contracts regardless of possible inconvenience or financial loss.

Every member of the officiating profession carries a responsibility to act in a manner becoming a professional person. The conduct of any official influences the attitude of the public toward the profession in general as well as toward the official in particular.

Sports officials bear great responsibility for engendering public confidence in sports. They are critical to the health of athletic competitions. Officials ensure games are played fairly, by the rules, within the spirit of the rules and in a safe manner. Officiating takes a great deal of preparation, continuing education and commitment of time.

SPORTSMANSHIP

Sportsmanship is EVERYONE'S Responsibility!

NFHS Sportsmanship Mission Statement



Good sportsmanship is viewed by the National Federation of State High School Associations (NFHS) as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their role in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship behavior that serves as a role model for the student-athletes we serve. In conjunction with the OHSAA's Sportsmanship, Ethics and Integrity (SEI) Committee, the OHSBCA annually selects a recipient of the SEI Award that is recognized at the boys' and boys' state tournament.



The Official's Role in Sportsmanship

The National Association of Sports Officials (NASO) conducted a survey of 550 sports officials and asked "what is the number-one problem in our games today?" Not too surprising, the number one response was "Poor Sportsmanship". As a result, the NASO brought together some of the best and brightest in youth, high school, collegiate and pro sports to examine the issue and explore the official's role in promoting positive on-field behavior. The results were published in the book at the right and identified 3 critical ideas:

1. What exactly is at Stake
2. What is Expected of Officials, and,
3. What steps need to be taken

As a result, the following are important results of this study and publication:

1. 65% of respondents indicated their respective associations do not do *enough* to help improve sportsmanship.
2. 89% of officials responding consider themselves PARTNERS with players, coaches and administrators in improving sportsmanship.
3. 54% of officials responding indicated they felt the DO have the training, authority and knowledge to make an impact.



Sportsmanship for Parents

The NFHS has made a NO COST online course available to PARENTS...to help them understand their role in their son/daughter's athletic career. The course is titled "The Role of the Parent in Sports" and is easily accessible through the "Learning Center" at www.nfhslearn.com. And, again...it is FREE and a good tool for coaches to use in dealing with parents.

**Respect
THE
GAME**

The OHSAA & Sportsmanship

As we prepare for the upcoming seasons, the Ohio High School Athletic Association (OHSAA) wishes to emphasize to each of you the importance of your leadership role in the promotion of sportsmanship, ethics and integrity. The professional manner in which officials and coaches conduct themselves prior to, during and following a contest unquestionably impacts the behavior of others who may be involved.

The OHSAA has joined the National Federation of State High School Associations (NFHS) in its quest to improve sportsmanship, ethics and integrity. We are involved in an ongoing campaign in every sport to do just that. Printed below is the mission statement of the NFHS concerning

sportsmanship, ethics, and integrity. Please take the time to read and digest this statement and then carefully consider your impact upon students, officials, coaches, and fans. Thank you and have a great season!

The Ohio High School Athletic Association challenges all of us in the basketball community to take positive steps toward the goal of attaining the high ideal of good sportsmanship. It is the responsibility of each of us to serve as a positive role model and set high expectations for others.

ADMINISTRATORS

Athletic departments are comprehensive, pre-eminent teaching departments with a subject matter all their own: self-confidence, leadership, teamwork, discipline, perseverance, respect for others, strategic thinking, dedication, the importance of rules, and sportsmanship. These are true life lessons and participation in athletics provides another forum for learning. Coaches and Officials are responsible for promoting sportsmanship and positive behavior on the field. Administrators, we need your continued assistance in promoting sportsmanship and controlling fan behavior in the stands! Let the parents and fans know what you expect!

COACHES

Your athletes will demonstrate the attitudes and behaviors they have learned from you, either through direct instruction or through observation of your actions. ***Never underestimate the influence you have on your players!*** You must:

- Abide by and teach the rules of the game in letter and in spirit.
- Set a good example for players and spectators to follow.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.
- Display modesty in victory and graciousness in defeat.
- Develop a program that rewards participants and spectators for displaying proper sportsmanship and enforces penalties on those who do not abide by sportsmanship standards.

It is difficult to develop a great shooter, a great rebounder or a great free-throw shooter. That is true. However, your greatest challenge is to develop mature young adults who will become great citizens and role models in your community.

OFFICIALS

Your job is not an easy one, but the official must be aware that they are an important component in the educational development of students. To carry out this responsibility, you must:

- Know the rules and mechanics of our sport and the philosophy behind them.
- Get fit and stay fit. An official with all of the rules and mechanics knowledge and people skills in the world does no good if he or she cannot physically keep up with play.
- Maintain professional and ethical relationships with athletic administrators, especially in the area of fulfilling game contracts.
- Work cooperatively with fellow officials during games and within the referees' association to improve members' performances.
- Maintain at all times and when interacting with all participants, an attitude of civility and professionalism.
- Practice effective preventive officiating as much as possible before, during, and after a match. The quiet word, proper signals, timely verbal instructions, a simple thank-you to a player for avoiding an unsporting act, and well-thought-out pre-game conferences with the teams and other game officials will result in an improvement of sportsmanship by eliminating the chance for things to go wrong.

STUDENT-ATHLETES

You serve as a role model for your younger siblings, young fans in the stands, your teammates, and your classmates. Set high expectations for everyone and help them follow-through! You must:

- Accept and understand the seriousness of your responsibility, and the privilege of representing your school and the community.
- Live up to the standards of sportsmanship established by the school administration and the coaching staff.
- Learn the rules of the game thoroughly and discuss them with others. This will assist everyone in the achievement of a better understanding and appreciation of the game.
- Treat opponents as you would like to be treated.....with respect.
- Respect the integrity and judgment of game officials. Treating them with respect, even if you disagree with their judgment, will serve to create a positive impression of you and your team.

CONCLUSION

Good sportsmanship is everyone's responsibility. It is the essence of interscholastic athletics. Remember...some may question an official's call or a coach's substitution, but no one can question the value of good sportsmanship.