

After receiving a number of responses to the email below, the Executive Director's Office will be waiving strict compliance with *General Sports Regulation 7.3.1 Note: a* (excerpted below) until the start of the OHSAA season on February 20, 2023. **This only applies to boys and girls lacrosse.**

Non-OHSAA teams may participate in modified versions of lacrosse (box lacrosse, 7v7, etc.) without limitation to the number of players from the same school when coached by someone that is not a member of their OHSAA school team's coaching staff. My email earlier today stated that non-OHSAA school team coaches were restricted to coaching no more than 6 (GLX) / 5 (BLX) players on the same non-OHSAA team in the same way that OHSAA coaches are from August 1 through the end of the OHSAA season.

Please note, this regulation will once again be in effect starting February 20, 2023. The ED's Office is providing this waiver due to information that was previously relayed to the lacrosse community.

The remainder of the information provided in the original correspondence remains accurate.

Additionally, please look for a survey to be emailed to all lacrosse coaches in February as I gather feedback from the community on the desired long-term approach to regulating these modified versions of lacrosse in future school years. I apologize for any confusion or alarm this may have caused you.

General Sports Regulation 7.3.1 Note: a is below:

Notes:

- a.) The team limit is not in effect for the sports of basketball, field hockey, ice hockey, lacrosse, soccer and volleyball from June 1 through July 31 when the non-interscholastic team is coached by a coach not employed by the school in which the team members are participating.

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To: OHSAA Girls Lacrosse School Head Coaches and Athletic Directors
OHSAA Boys Lacrosse School Head Coaches and Athletic Directors

From: Tyler Brooks, Senior Manager of Officiating & Sport Administration

Re: Education on Out of Season Regulations

Date: Friday, November 11, 2022

I am receiving several emails questioning schools' compliance with out of season regulations, so I wanted to take this opportunity to review the most pertinent regulations with you. As always, after reviewing this information with your AD / head coach, please reach out to me if you are unsure if your activity is compliant with these regulations. The primary goal is to have all programs fully understanding and operating under the same regulations in the spirit of competitive equity.

These regulations apply to all OHSAA team sports and are not unique to girls and boys lacrosse.

Regarding out of season OHSAA regulations, there are three primary activities that I will review below and try to summarize succinctly. Any time “non-school”, “non-interscholastic”, or “non-OHSAA” is referenced, that generally means activity that is outside of the OHSAA season. As always, please review the designated OHSAA General Sport Regulations in full with your athletic director to ensure compliance.

Out of Season Activities

- 1 – Participation on Non-School Teams
- 2 – Individual Skill Instruction
- 3 – Open Facilities

1 – Participation on Non-School Teams

Non-school teams may have up to 6 (GLX) / 5 (BLX) total player from the same OHSAA school team from August 1 through the start of the OHSAA Season (2/20/23), regardless of who is coaching the non-school team. Please remember, however, school coaches must abide by the ‘No Contact Period’ from August 1 – August 31.

Non-school teams may have an unlimited number of players from the same OHSAA school team from the end of the OHSAA season through July 31. However, school coaches can only work with an unlimited number of players during this time period for a total of 10 days (GSR 7.5). If the non-school team is coached by a non-school coach, then the team may have an unlimited number of players throughout the entirety of the ‘end of the OHSAA season through July 31’ time period.

Please review OHSAA General Sport Regulations 7.3.1 and 7.10.2 with your athletic director to review your program’s compliance with these out of season regulations. Please see below for the permissions broken down by groups:

OHSAA Coach Permission

End of OHSAA Season – July 31: Permitted to coach an unlimited number of players from OHSAA school team. If coaching more than 6 (GLX) / 5 (BLX) then this would count as one of ten (10) team coaching days (GSR 7.5).

August 1-31: No contact period, no coaching / instruction is permitted.

September 1 – Start of OHSAA Season (2/20/23): Permitted to coach no more than 6 (GLX) / 5 (BLX) players on the same non-school team in any form of lacrosse.

Non-OHSAA Coach Permission

End of OHSAA Season – July 31: Permitted to coach an unlimited number of players from OHSAA school team.

August 1-Start of OHSAA Season (02/20/23): Permitted to coach no more than 6 (GLX) / 5 (BLX) players on the same non-school team in any form of lacrosse.

Player Permission

End of OHSAA Season – July 31: May participate with non-school teams and any number of players from their OHSAA school team when coached by either a member of their OHSAA school coaching staff (10 days only) or non-school coaching staff.

August 1 – Start of OHSAA Season (2/20/23): May participate with non-school teams with no more than 6 (GLX) / 5 (BLX) players from their OHSAA school regardless of coach (from OHSAA school coaching staff or not).

2 – Individual Skill Instruction

OHSAA coaches may instruct their team's players in individual skill instruction at all times of the year except during the August no contact period.

Please review OHSAA General Sport Regulation 7.8, 7.9, and 7.10 with your athletic director to review your program's compliance with these out of season regulations.

3 - Open Facilities

Players may participate in any form of lacrosse at "open facilities" at any time in the year. These facilities can be either school or non-school facilities. Coaches are not permitted to provide instruction, extend invitations to players, or designate teams during open facilities. Coaches may be present to observe or officiate the play during open facilities.

Please review OHSAA General Sport Regulation 10 with your athletic director to review your program's compliance with this out of season regulation.

Link to OHSAA General Sport Regulations:

<https://ohsaaweb.blob.core.windows.net/files/Sports/GeneralSportsRegulations.pdf>



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