

10. LACROSSE — BOYS

ALL GENERAL SPORTS REGULATIONS ARE IN PLACE FOR BOYS LACROSSE *UNLESS* NOTED WITHIN THE REGULATIONS BELOW.

A. GENERAL REGULATIONS**1) Interscholastic Participation**

- 1.1) A student athlete in grades 9-12 may play in a maximum of 92 quarters for the season plus the OHSA-sponsored tournament. (Penalty — See General Sports Regulation 12.)
- 1.2) A student-athlete in grades 7-8 may play in a maximum of 64 quarters plus one postseason tournament not to exceed four games by one team. (Penalty — See General Sports Regulation 12.)
- 1.3) A player shall be permitted to play in a maximum of eight quarters per day if two games are played at the same level (i.e. a varsity doubleheader). A player is not permitted to play in more than six quarters per common opponent across multiple levels (i.e. a JV / varsity doubleheader against the same school). Any part of a quarter is to be considered as a full quarter. In an overtime game, the extended time shall be considered an extension of the fourth quarter.

Exception: A 7/8 Grade team participating in a postseason tournament as outlined below in C.5 may participate in up to a maximum of 12 quarters during such tournament.

- 1.4) Penalty for exceeding the quarter limitation per day:

The penalty for exceeding the participation limitation during a contest is forfeiture of the contest in which the ineligible player is participating. When discovered, the ineligible player is removed from the contest, and the contest will continue to completion; however, the result of the contest shall be a forfeiture by the offending team.

- 1.5) A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests shall be removed from the OHSA tournament.
- 1.6) Any scheduled regular season game in boys lacrosse which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closing, is "No Contest." Games not played are not included in won-lost statistics and do not count toward the total number of games permitted to schedule.
- 1.7) All games shall consist of 4 quarters of the following length:

Varsity: 12 minutes

Junior Varsity and Freshmen: 10 minutes

7/8 Grade: 8 minutes

EXCEPTION: 8th or "A" teams may elect to play 10 minute stop-time quarters, provided a) both teams agree; b) the game is scheduled and the assignor informed of the game length in advance; and c) the home team pays the appropriate game fee in the region (same as a Freshmen or JV game).

- 1.8) Interrupted Games

1.81) Any OHSA tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.

1.82) A game called for any reason, where a winner cannot be determined or any game called at any time for mechanical failure (artificial lights, water systems, etc.) will be treated as a suspended game. If the game is to be completed, it will be continued from the point of suspension subject to the rules of the game. Such game will be completed unless both coaches agree not to complete the game.

1.83) Varsity games cannot end in a tie. Games are won, lost or suspended.

- 1.9) OVERTIME PROCEDURES — Only high school Varsity games will play overtime. All other levels of competition can end in a tie and no overtime will be played. EXCEPTION — Non-varsity tournament games, where a winner must be determined in order to advance in the correct bracket, may utilize overtime provided the participants and game officials are notified in advance of the start of the tournament.

- 1.10) All teams must respect a three-day acclimatization period during the first three days of practice. All athletes joining the team for the first time at any point during the season after the first day permitted for coaching also must participate in a three-day acclimatization period prior to any contact drills. There must be an adequate recovery period between practice sessions.

1.11) During practices within the acclimatization period, players may wear helmets, gloves, and all protective padding. Sticks and balls are also permitted. Prior to the fourth day of practice no contact is permitted. During the first three days of practice, athletes may engage in conditioning, speed, strength and agility drills and may use "dummies" for drills and walk-throughs.

2) Non-Interscholastic Participation

2.1) Lacrosse Players Who Have Not Competed for Their School This Season:

A sports regulation identified as the Individual Non-Interscholastic Competition Date stipulates that a Lacrosse athlete who has not participated for the school in Lacrosse that season must cease non-interscholastic Lacrosse six weeks (42 days) prior to the Monday of the week of the state tournament in Lacrosse in order to be eligible for OHSA tournament competition.

In addition, an athlete who has participated for the school in Lacrosse who violates this non-interscholastic competition date by participating in a non-interscholastic contest in Lacrosse shall be ineligible for OHSA tournament competition in Lacrosse in addition to any other penalties that may be prescribed.

Date: **March 25, 2024** – No non-interscholastic competition permitted on or after this date.

- 2.2) A member of an interscholastic boys lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education shall not participate in a non-interscholastic program (tryouts, practice or contest) as an individual or a member of a team in the sport of boys lacrosse during the school's season (General Sports Regulation 7).

EXCEPTION: The Executive Director's office may grant a waiver to this regulation in the event that the athlete has been selected to compete as a member of a junior or senior national team in the sport – General Sports Regulation 7. The intent of the waiver is to protect the integrity of the regulation and the interscholastic program while allowing the development of national-caliber athletes who have been invited to compete non-interscholastically during the school season. The procedure for requesting the waiver requires that the principal or official designee of the member school direct a request to the OHSA boys lacrosse administrator, waiver must be requested prior to tryout. Please include the supporting documentation with the letter request. Each request will be reviewed on an individual basis.

- 2.3) A member of an interscholastic boys lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic boys lacrosse prior to and after the school season under the conditions of General Sports Regulation 7 and are detailed as follows:

- 2.31) The number of interscholastic boys lacrosse players from the same school on a non-interscholastic squad is limited to five on the roster of that non-interscholastic squad. A roster is defined as all the members of the entire squad on that non-interscholastic squad that would practice together OR participate together in any non-interscholastic event. "Rotating players" that would exceed this number (5) is not permitted and the use of any "guest player" would be counted as one of the 5 players permitted on the non-interscholastic roster.

Note: Graduating seniors who are participating on a non-interscholastic boys lacrosse squad after their final interscholastic contest of the season in the sport of boys lacrosse are exempt from this limitation.

- 2.32) There is no limit on the number of boys lacrosse squad members from the same school participating on the same squad during the period June 1-July 31 in accordance with General Sports Regulation 7.

- 2.33) A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the five player limitation after July 31 until the squad is eliminated but no later than Labor Day.

- 2.34) Non-interscholastic participation includes tryouts, training, practice and competition.

- 2.4) A student may not play in a non-interscholastic boys lacrosse contest, game or scrimmage, while a member of the interscholastic boys' lacrosse squad. Non-interscholastic programs and 'team membership' are defined in General Sports Regulation 7.

- 2.5) All-Star Games — "All-Star" events are non-interscholastic events by rule. Student-athletes in team sports who wish to participate in one of these "all-star" competitions outside the interscholastic boys' lacrosse season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulation 7 that address "Non-interscholastic competition."

The purpose of this special "All-Star" regulation is to provide an opportunity for the interscholastic team sport coach to coach players from his or her school. Coaches are permitted to coach in "All-Star" contests if they meet all the provisions of General Sports Regulation 7.

- 2.6) Modified versions of lacrosse defined as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played on a modified playing field between the end of the no-contact period and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school on a non-interscholastic squad of a modified lacrosse roster is not limited. Interscholastic coaches are permitted to coach their own interscholastic players on teams participating in modified versions of lacrosse (e.g. box lacrosse).

3) Instructional Programs

See *Regulations for Instructional Programs* under General Sports Regulation 7.

4) No Contact Period — Coaches

See *Regulations for No Contact Period — Coaches* under General Sports Regulation 11.

5) Penalties

5.1) The maximum penalty for violation of General Sports Regulation 7 (participation with a non-interscholastic boys lacrosse squad while a member of the school's interscholastic boys lacrosse squad) or any OHSA A regulations for any member of the school squad, EXCEPT a senior, is ineligibility for the remainder of the interscholastic boys lacrosse season or the ensuing boys lacrosse season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

5.2) The penalty for a coach for violation of General Sports Regulation 7 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence, or such other penalty as the Executive Director may deem appropriate.

6) Transfer Bylaw

While all questions regarding the transfer bylaw should be addressed to the appropriate school administrator, information regarding the transfer bylaw can be found on the OHSA A website at this link: <http://www.ohsaa.org/Eligibility/Transfer>. Note that students who transfer and do not meet an exception to the transfer bylaw, and who participated in high school boys lacrosse within 12 months of the transfer date, are ineligible starting with varsity regular season contest #10 and for any remaining regular season contests, scrimmages, and the OHSA A postseason tournament.

7) Other Bylaws and Regulations

7.1) For information on Ejection for Unsporting Conduct see General Sports Regulation 13 & 14.

7.2) Out-of-State Travel

For information on Out of State Travel competition see Bylaw 9-2 at OHSA A.org.

7.3) Boys lacrosse manual can be found on the boys lacrosse page on OHSA A.org.

B. SPECIFIC REGULATIONS — GRADES 9-12

1) **Coaching, tryouts and instruction may begin — February 19, 2024**

2) **First match — March 15, 2024**

3) **Deadline date for OHSA A Tournament — April 22, 2024**

4) **Tournament draw/seeding meeting — May 11, 2024**

5) **Coaching and Season end — June 8, 2024**

6) **Scrimmages — Maximum of three scrimmages**

7) **Regular season contests permitted — 18**

8) **Rules — National Federation (NFHS) Boys Lacrosse**

9) **Officials**

9.1) Varsity — Three officials are recommended per OHSA A and NFHS/US Lacrosse guidelines. Minimum of two OHSA A Class 1 or Class 2 officials required. Regardless of number officiating, all must be OHSA A Class 1 or Class 2.

Note: If only one OHSA A official is present to officiate the contest, the game may be played if participating coaches agree.

9.2) Freshmen/Reserve/Junior Varsity — Minimum of two OHSA A Class 1 or Class 2 officials required. Regardless of number of officials, ALL must be OHSA A Class 1 or Class 2.

Note: If only one OHSA A official is present to officiate the contest, the game may be played if participating coaches agree.

C. SPECIFIC REGULATIONS — GRADES 7 & 8

1) **Coaching and instruction may begin — February 19, 2024**

2) **First match — March 15, 2024**

3) **Coaching and Season end — June 8, 2024**

4) **Scrimmages — Two (2) permitted.**

5) **Regular season contests permitted — 14 plus one (1) postseason tournament not to exceed four games.**

6) Rules — National Federation (NFHS) Boys Lacrosse modified as follows:

6.1) Length of the game – Games will consist of four 10-minute stop-time quarters or four 8-minute stop-time quarters.

6.2) Play of the Game –

6.21) No overtime will be played at this level.

6.22) There is running clock in the second half if the score differential reaches 12 goals or more unless a) the game is being played with 8-minutes stop-time quarters; and b) both coaches agree in advance to waive this rule.

7) Officials — Minimum of two OHSAA Class 1, Class 2 or Class 3 officials required. All other officials shall be OHSAA Class 1, 2, or 3 or officials in training.

Note: If only one OHSAA official is present to officiate the contest, the game may be played if participating coaches agree.

BOYS LACROSSE CALENDAR

Boys Lacrosse	2024	2025	2026	2027
Coaching and Tryouts Begin	2/19	2/24	2/23	2/22
Season Begins	3/15	3/21	3/20	3/19
Non-Interscholastic Date	3/25	3/31	3/30	3/29
Regional Qualifying	5/16-5/22	TBA	TBA	TBA
Regional Semis & Finals	5/23-6/1	TBA	TBA	TBA
State	6/4-6/8	TBA	TBA	TBA
Season Ends	6/8	TBA	TBA	TBA