

**11. LACROSSE — GIRLS**

ALL GENERAL SPORTS REGULATIONS ARE IN PLACE FOR GIRLS LACROSSE *UNLESS* NOTED WITHIN THE REGULATIONS BELOW.

**A. GENERAL REGULATIONS****1) Interscholastic Participation**

- 1.1) A student athlete in grades 9-12 may play in a maximum of 92 quarters for the season plus the OHSA-sponsored tournament. (Penalty — See General Sports Regulation 12.)
- 1.2) A student-athlete in grades 7-8 may play in a maximum of 64 quarters plus one postseason tournament not to exceed four games by one team. (Penalty — See General Sports Regulation 12.)
- 1.3) A player shall be permitted to play in a maximum of eight quarters per day if two games are played at the same level (i.e. a varsity doubleheader). A player is not permitted to play in more than six quarters in a day per common opponent across multiple levels (i.e. a JV / Varsity doubleheader against the same school). Any part of a quarter is counted as one quarter. In an overtime game, the overtime shall be considered an extension of the second half. (Penalty — See General Sports Regulation 12.)

Exception: If a team participates in a festival tournament (example: play-day, Hannigan) format with either abbreviated or full contest timing, a student-athlete may participate in a maximum of twelve quarters during such tournament. Twelve quarters of play in a day are also permitted in a postseason middle school tournament. All abbreviated and full timed contests count toward number of season contests permitted.

Penalty for exceeding the quarter limitation per day:

The penalty for exceeding the participation limitation during a contest is forfeiture of the contest in which the ineligible player is participating. When discovered, the ineligible player is removed from the contest, and the contest will continue to completion; however, the result of the contest shall be a forfeiture by the offending team.

- 1.4) A team/individual that exceeds the regular season participation limitation (maximum number of contests permitted) or participates in regular season contest(s) prior to the designated start date for contests shall be removed from the OHSA tournament.
- 1.5) Any scheduled regular season game in girls lacrosse which is not started due to unforeseen circumstances, such as failure of team to arrive, strikes, school closing, is “No Contest.” Games not played are not included in won-lost statistics and do not count toward the total number of games permitted to schedule.
- 1.6) All games shall consist of four quarters of the following length:

Varsity: 12 minutes

Four 12 minute quarters; stop-clock after goals and stop-clock in the last 2 minutes of each half (quarters 2 and 4) for all fouls in the critical scoring area unless there is a goal differential of 10 or more.

Junior Varsity, Freshmen, and 7/8 Grade: 12 minutes

Four 12 minute quarters; running clock after goals and stop-clock in the last 2 minutes of each half (quarters 2 and 4) for all fouls in the critical scoring area unless there is a goal differential of 10 or more.

**1.7) Interrupted Games**

- 1.71) Any OHSA tournament game interrupted due to events beyond the control of the responsible administrative authority shall be continued from the point of interruption.
- 1.72) Once play begins the officials shall have the authority to interrupt or suspend the game due to dangerous weather or field conditions. The official’s decision is final. A game is considered legal and complete as per NFHS rules. An interrupted game continued on the same day shall be restarted from its point of interruption.
- 1.73) If a suspended game is replayed on another day, it must be played from the point of interruption. A suspended game may be terminated and considered complete by mutual agreement of the opposing coaches. The score at the point of termination will be the official score of the game.

**1.8) OVERTIME PROCEDURES — Only high school Varsity games will play overtime. All other levels of competition can end in a tie and no overtime will be played. EXCEPTION — Non-varsity tournament games, where a winner must be determined in order to advance in the correct bracket, may utilize overtime provided the participants and game officials are notified in advance of the start of the tournament.**

- 1.81) When the score is tied at the end of regular playing time for a regular season contest and overtime is to be played, teams shall follow the NFHS Girls Lacrosse Overtime Rule (Rule 4-6) for two total overtime periods. Each team shall be permitted one timeout per Rule 4-3-1. If the score is tied at the end of both periods, the final score shall be a tie.
- 1.82) Festival tournaments such as HGT or Heights Invitational will use the regular season overtime procedures, or the tournament director may elect to let contests end in ties because of time considerations provided the participants and game officials are notified in advance of the start of the tournament.

## 2) Non-Interscholastic Participation

### 2.1) Lacrosse Players Who Have Not Competed for Their School This Season:

A sports regulation identified as the Individual Non-Interscholastic Competition Date stipulates that a Lacrosse athlete who has not participated for the school in Lacrosse that season must cease non-interscholastic Lacrosse six weeks (42 days) prior to the Monday of the week of the state tournament in Lacrosse in order to be eligible for OHSA tournament competition.

In addition, an athlete who has participated for the school in Lacrosse who violates this non-interscholastic competition date by participating in a non-interscholastic contest in Lacrosse shall be ineligible for OHSA tournament competition in Lacrosse in addition to any other penalties that may be prescribed.

Date: **March 25, 2024** – No non-interscholastic competition permitted on or after this date.

- 2.2) A member of an interscholastic girls lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education shall not participate in a non-interscholastic program (tryouts, practice or contest) as an individual or a member of a team in the sport of girls lacrosse during the school's season (General Sports Regulation 7).

EXCEPTION: The Executive Director's office may grant a waiver to this regulation in the event that the athlete has been selected to compete as a member of a junior or senior national team in the sport – General Sports Regulation 7. The intent of the waiver is to protect the integrity of the regulation and the interscholastic program while allowing the development of national-caliber athletes who have been invited to compete non-interscholastically during the school season. The procedure for requesting the waiver requires that the principal or official designee of the member school direct a request to the OHSA girls lacrosse administrator, waiver must be requested prior to tryout. Please include the supporting documentation with the letter request. Each request will be reviewed on an individual basis.

- 2.3) A member of an interscholastic girls lacrosse squad (any student who has played in a scrimmage, preview or regular season/tournament game as a substitute or starter) sponsored by the Board of Education may participate in non-interscholastic girls lacrosse prior to and after the school season under the conditions of General Sports Regulation 7 and are detailed as follows:

- 2.31) The number of interscholastic girls lacrosse players from the same school on a non-interscholastic squad is limited to six on the roster of that non-interscholastic squad. A roster is defined as all the members of the entire squad on that non-interscholastic squad that would practice together OR participate together in any non-interscholastic event. "Rotating players" that would exceed this number (6) is not permitted and the use of any "guest player" would be counted as one of the 6 players permitted on the non-interscholastic roster.

Note: Graduating seniors who are participating on a non-interscholastic girls lacrosse squad after their final interscholastic contest of the season in the sport of girls lacrosse are exempt from this limitation.

- 2.32) There is no limit on the number of girls lacrosse squad members from the same school participating on the same squad during the period June 1-July 31 in accordance with General Sports Regulation 7.

- 2.33) A player may continue to play with a non-interscholastic squad in a national qualifying tournament in excess of the six player limitation after July 31 until the squad is eliminated but no later than Labor Day.

- 2.34) Non-interscholastic participation includes tryouts, training, practice and competition.

- 2.4) A student may not play in a non-interscholastic girls lacrosse contest, game or scrimmage, while a member of the interscholastic girls lacrosse squad. Non-interscholastic programs and 'team membership' are defined in General Sports Regulation 7.

- 2.5) All-Star Games — "All-Star" events are non-interscholastic events by rule. Student-athletes in team sports who wish to participate in one of these "all-star" competitions outside the interscholastic girls lacrosse season may do so without jeopardy to eligibility provided the students maintain compliance with General Sports Regulation 7 that address "Non-interscholastic competition."

The purpose of this special "All-Star" regulation is to provide an opportunity for the interscholastic team sport coach to coach players from his or her school. Coaches are permitted to coach in "All-Star" contests if they meet all the provisions of General Sports Regulation 7.

- 2.6) Modified versions of lacrosse defined as a game played by two teams each consisting of not more than 7 players, nor fewer than 2 players, one of whom must be the goalkeeper, and played on a modified playing field between the end of the no-contact period and the day before the first day of coaching for the interscholastic season is permitted. The number of interscholastic lacrosse players from the same school on a non-interscholastic squad of a modified lacrosse roster is not limited. Interscholastic coaches are permitted to coach their own interscholastic players on teams participating in modified versions of lacrosse (e.g. box lacrosse).

## 3) Instructional Programs

See *Regulations for Instructional Programs* under General Sports Regulation 7.

**4) No Contact Period — Coaches**

See *Regulations for No Contact Period — Coaches* under General Sports Regulation 11.

**5) Penalties**

5.1) The maximum penalty for violation of General Sports Regulation 7 (participation with a non-interscholastic girls lacrosse squad while a member of the school's interscholastic girls lacrosse squad) or any OHSAA regulations for any member of the school squad, EXCEPT a senior, is ineligibility for the remainder of the interscholastic girls lacrosse season or the ensuing girls lacrosse season. For a senior, the maximum penalty shall be ineligibility for the remainder of the school year.

5.2) The penalty for a coach for violation of General Sports Regulation 7 (non-interscholastic teams) may include suspension, probation, public censure, fine not to exceed \$1,000 per occurrence, or such other penalty as the Executive Director may deem appropriate.

**6) Transfer Bylaw**

While all questions regarding the transfer bylaw should be addressed to the appropriate school administrator, information regarding the transfer bylaw can be found on the OHSAA website at this link: <http://www.ohsaa.org/Eligibility/Transfer>. Note that students who transfer and do not meet an exception to the transfer bylaw, and who participated in high school girls lacrosse within 12 months of the transfer date, are ineligible starting with varsity regular season contest #10 and for any remaining regular season contests, scrimmages, and the OHSAA postseason tournament.

**7) Other Bylaws and Regulations**

7.1) For information on ejection policies for coaches and players see General Sport Regulations 13 & 14.

7.2) Out-of-State Travel

For information on Out of State Travel competition see Bylaw 9-2 at OHSAA.org.

7.3) Girls lacrosse manual can be found on the girls lacrosse page on OHSAA.org.

**B. SPECIFIC REGULATIONS — GRADES 9-12**

1) **Coaching, tryouts and instruction may begin — February 19, 2024**

2) **First match — March 15, 2024**

3) **Deadline date for OHSAA Tournament — April 22, 2024**

4) **Tournament draw/seeding meeting — May 11, 2024**

5) **Coaching and Season end — June 8, 2024**

6) **Scrimmages — Maximum of three scrimmages.**

7) **Regular season contests permitted — 18.**

8) **Rules — National Federation (NFHS) Girls Lacrosse.**

9) **Officials**

9.1) Varsity — Three officials are recommended per OHSAA and NFHS/US Lacrosse guidelines. Minimum of two OHSAA Class 1 or Class 2 officials required. Regardless of number officiating, all must be OHSAA Class 1 or Class 2.

**Note:** In the event only one OHSAA registered official arrives to officiate the game, the game may be played provided the participating coaches agree.

9.2) Freshmen/Reserve/Junior Varsity — Minimum of two OHSAA Class 1 or Class 2 officials required. Regardless of number of officials, ALL must be OHSAA Class 1 or Class 2.

**Note:** In the event only one OHSAA registered official arrives to officiate the game, the game may be played provided the participating coaches agree.

**C. SPECIFIC REGULATIONS — GRADES 7 & 8**

1) **Coaching and instruction may begin — February 19, 2024**

2) **First match — March 15, 2024**

3) **Coaching and Season end — June 8, 2024**

4) **Scrimmages — Two (2) permitted.**

5) **Regular season contests permitted — 14 plus one (1) postseason tournament not to exceed four games.**

6) **Rules — National Federation (NFHS) Girls Lacrosse and US Lacrosse Youth Girls’ Rulebook for 14-U, modified as follows:**

- 6.1) Grade/Age – Open only to students in 7th and 8th grades. No student in 6th grade or below may participate regardless of age. If a student enrolled in grade 7 or 8 attains the age of 15 before August 1, the student shall be ineligible to participate in 7th & 8th grade lacrosse for the school year commencing in that calendar year.
- 6.2) Length of the game – Four 12 minute quarters; running clock after goals, and stop-clock in the last 2 minutes of each half (quarters 2 and 4) for all fouls in the critical scoring area unless there is a goal differential of 10 or more.
- 6.3) No overtime will be played at this level

7) **Officials — Minimum of two OHSAA Class 1, Class 2 or Class 3 officials required. All other officials shall be OHSAA Class 1, 2, or 3 or officials in training.**

**Note:** In the event only one OHSAA registered official arrives to officiate the game, the game may be played provided the participating coaches agree.

GIRLS LACROSSE CALENDAR

<b>Girls Lacrosse</b>	<b>2024</b>	<b>2025</b>	<b>2026</b>	<b>2027</b>
Coaching and Tryouts Begin	2/19	2/24	2/23	2/22
Season Begins	3/15	3/21	3/20	3/19
Non-Interscholastic Date	3/25	3/31	3/30	3/29
Regional Qualifying	5/16-5/22	TBA	TBA	TBA
Regional Semis & Finals	5/23-6/1	TBA	TBA	TBA
State	6/4-6/8	TBA	TBA	TBA
Season Ends	6/8	TBA	TBA	TBA