



Ohio High School Athletic Association

TO: Soccer Coaches and Directors of Athletics

FROM: Kate Barnett, Sport Administrator

DATE: October 18, 2022

SUBJECT: Boys and Girls Soccer Post-Season Information

POST-TOURNAMENT INFORMATION

Mandatory No Contact Period – 28 Days after the completion of the season

Per GSR 11, coaches are not permitted to coach or provide skill instruction to team members for the period of time starting with the first day after the school's last interscholastic contest and ending 28 days later. This includes any type of tryouts in or out of school for purposes of non-interscholastic competition.

Future Regular Season Start Dates

Future regular season dates can be found on the final page of the soccer sport regulations [HERE](#).

Aug. 1, 2023	First day of coaching
Aug. 11, 2023	First date of competition
Sept. 4, 2023	Non-interscholastic date

The start date allows teams to highlight a soccer match on a Friday night under the lights. Teams are not required to start on the first date of competition. Teams may play a maximum of 17 regular season contests anytime beginning Aug. 11, 2023, through the state finals, Nov. 11, 2023.

OUT-OF-SEASON UPDATES AND REMINDERS

Illegal Uniform Penalty - **EFFECTIVE AUGUST 1, 2024**

In accordance with NFHS Rule 4.1, teams who are found to be in violation of the uniform requirements shall be subject to a \$100 fine per occurrence. Failure to have NFHS complaint uniforms by the start of the OHSAA post season shall result in removal from the OHSAA Tournament. Please don't hesitate to contact [Kate Barnett](#) or [Don Muenz](#) regarding uniform designs. The uniform rules can be accessed [HERE](#).

Indoor Soccer

Indoor Soccer is defined as a game played by two teams, each consisting of no more than six players, and played indoors. There is no limit of players from the same school that may be on an indoor soccer team and school coaches may coach their own players on an indoor soccer team. ([Soccer Sport Regulation 6.3](#))

Futsal

The sport of Futsal is considered a different sport than soccer. Therefore, the OHSAA regulations do not apply to any participation with this sport.

GENERAL SPORT REGULATION UPDATES

Limitation of School Players on a Non-Interscholastic Team – **NEW (as of Aug. 1, 2022)**

For the sport of soccer, a maximum of six (6) players from the school team may be on a non-interscholastic team. Rotating players is not permitted (GSR 7.3.1.e). Graduating seniors do not count toward the maximum of six (6) from the school team. ([See GSR 7 for more information](#))

Individual Skill Instruction – **NEW (as of Sept. 1, 2022)**

Individual skill/coaching instruction is permitted any time prior to and after the school season and outside the defined no contact period from school coaches.

***Note: This has been modified to expand the number of groups of students that can receive individual skill instruction at the same time in the same facility, if:**

1. The number of student-athletes working together in each specific group does not exceed 6;
2. The student-athletes remain in their specific groups of [a maximum of] 6 during the entire instruction session*;
3. The number of student-athletes in their groups of [a maximum of] 6 do not engage in team play against students in any of the other groups.

*The specific groups can rotate together to different coaches at the facility in which the instruction is being provided, but there should never be more than 6 working together with any one coach and/or a group of coaches.

FAQ's – Individual Skill Instruction

Q: I would like to schedule one of my soccer coaches to work with 6 of my goalies and another soccer coach work with 6 additional players on passing technique at the same time. Can I do this?

A: Yes, this is now permitted to have both groups participating in the same facility at one time, if the two groups do not combine at any time.

Q: I would like to schedule one of my soccer coaches to work with 4 of my soccer players in the main gym and 4 additional soccer players in the auxiliary gym at the same time. Can I do this?

A: Yes, this is now permitted to have both groups participating in the same facility at one time, if the two groups do not combine at any time.

Q: I am the head soccer coach and would like to provide individual skill instruction to 8 of my soccer players at one time, in one group. Can I do this?

A: No. The maximum amount of soccer players that may receive individual skill instruction in one group is 6. However, one coach may provide individual skill instruction to 4 of the athletes and another coach provide individual skill instruction to the 4 other athletes, at the same time, if the two groups do not combine.

Q: I would like to have two of my soccer coaches provide individual skill instruction to two separate groups of 6 during one scheduled timeframe. If each is working with separate coach(es) at one time, can the groups of 6 rotate between the two coaches?

A: Yes, the two groups of 6 could rotate between the coaches providing individual skill instruction, as long as the two groups of 6 are not combining at any time. There may never be more than 6 soccer players participating in the same group, while receiving individual skill instruction.

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