



Para-Swimming Entry and Participation Procedures

The OHSAA recognizes two para categories for boys and girls who may compete in the 50 yd Freestyle and 100 yd Backstroke.

- (a) CATEGORY ONE – Non-ambulatory (uses a wheelchair) with limited use of all four extremities
- (b) CATEGORY TWO – Dwarfism, multiple limb deficiencies, ambulatory with assistance, can use a wheelchair with a high functioning upper body

Two forms are required to participate in the OHSAA Tournament para events:

1. [Para-Swimming Verification Form](#). This form provides confirmation of the specific para category and proof of eligibility is required to compete.
2. [Para Swimming Tournament Entry Form](#). This form indicates the events the para swimmer will compete in during the tournament.

State Participation: Only the top sixteen (16) qualifiers (by time) in each category, in the state, will advance to compete at the state tournament. Automatic timing must be used. No stopwatch or paper timing will be accepted. A maximum of two (2) heats per category will be swam at the state tournament during the D2 finals.

District Participation: Para swimmers may compete at the district level as an additional opportunity (last chance meet) to achieve a better time to advance to the state tournament. Para swimmers are not required to swim at the district level nor would they receive district accolades for participation.

Tournament Participation:

1. Fill out the Verification Form and return it to the OHSAA Sport Administrator (kbarnett@ohsaa.org)
2. Fill out the Tournament entry form and return it to Pam Cook (pamswim@aol.com) AND your respective district manager (if competing at the district meet).

District Managers:

- Central District: Jon Reidler, reidlej@insight.rr.com.
- Northeast District: Sue Lutkus, lutkusswm@gmail.com
- Northwest District: Carolyn Strunk, nwdistrictmanager@gmail.com
- Southwest District: Ward Billhimer, wbillhimer@cinci.rr.com

District managers are tasked with providing the schedule of events to all participating teams including para events and when they will be conducted.