

2026 OHSAA Jesse Owens Track & Field State Championships

Jesse Owens Memorial Stadium | The Ohio State University

June 4 - 7, 2026



Thursday June 4

Group A Field Events - Div. 5

1:00 PM: B. Discus, B. Long Jump, G. Shot Put, G High Jump
2:00 PM: B. Pole Vault

Group B Field Events - Div. 4

3:00 PM: G. Pole Vault
4:00 PM: G. Discus, G. Long Jump, B. Shot Put, B. High Jump

Division 4 Running Finals

12:30 PM: Girls 4x800
 12:45 PM: Boys 4x800
 2:55 PM: Girls 3200
 3:10 PM: Boys 3200

Division 4 Running Semifinals

1:00 PM: Girls 100H
 1:10 PM: Boys 110H
 1:20 PM: Girls 100
 1:25 PM: Boys 100
 1:32 PM: Girls 4x200
 1:42 PM: Boys 4x200
 1:55 PM: Girls 4x100
 2:00 PM: Boys 4x100
 2:05 PM: Girls 400D
 2:15 PM: Boys 400D
 2:25 PM: Girls 300H
 2:35 PM: Boys 300H
 2:45 PM: Girls 200
 2:50 PM: Boys 200

^{3,200 Finals}
 3:25 PM: Girls 4x400
 3:35 PM: Boys 4x400

Division 5 Running Finals

4:15 PM: Girls 4x800
 4:30 PM: Boys 4x800
 6:40 PM: Girls 3200
 6:55 PM: Boys 3200

Division 5 Running Semifinals

4:45 PM: Girls 100H
 4:55 PM: Boys 110H
 5:05 PM: Girls 100
 5:10 PM: Boys 100
 5:17 PM: Girls 4x200
 5:27 PM: Boys 4x200
 5:40 PM: Girls 4x100
 5:45 PM: Boys 4x100
 5:50 PM: Girls 400
 6:00 PM: Boys 400
 6:10 PM: Girls 300H
 6:20 PM: Boys 300H
 6:30 PM: Girls 200
 6:35 PM: Boys 200

^{3,200 Finals}
 7:10 PM: Girls 4x400
 7:20 PM: Boys 4x400

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Friday June 5

Group C Field Events - Div. 4

9:30 AM: B. Discus, B. Long Jump, G. Shot Put, G High Jump, B. Pole Vault

11:30 AM: Seated Shot Put

Group D Field Events - Div. 5

12:00 PM: G. Pole Vault
1:00 PM: G. Discus, G. Long Jump, B. Shot Put, B. High Jump

Group E Field Events - Div. 3

3:30 PM: B. Pole Vault
4:30 PM: B. Discus, B. Long Jump, G. Shot Put, G High Jump

Division 3 Running Finals

9:30 AM: Girls 4x800
 9:45 AM: Boys 4x800
 11:55 AM: Girls 3200
 12:10 PM: Boys 3200

Division 3 Running Semifinals

10:00 AM: Girls 100H
 10:10 AM: Boys 110H
 10:20 AM: Girls 100
 10:25 AM: Boys 100
 10:32 AM: Girls 4x200
 10:42 AM: Boys 4x200
 10:55 AM: Girls 4x100
 11:00 AM: Boys 4x100
 11:05 AM: Girls 400
 11:15 AM: Boys 400
 11:25 AM: Girls 300
 11:35 AM: Boys 300
 11:45 AM: Girls 200
 11:50 AM: Boys 200

^{3,200 Finals}
 12:25 PM: Girls 4x400
 12:35 PM: Boys 4x400

Division 4 Running Finals

2:00 PM: Girls 100H
 2:05 PM: Boys 110H
 2:10 PM: Girls 100
 2:12 PM: Boys 100
 Seated 100 Semifinal (if needed)

2:18 PM: Girls 4x200
 2:25 PM: Boys 4x200
 2:35 PM: Girls 1600
 2:43 PM: Boys 1600
 2:50 PM: Girls 4x100
 2:57 PM: Boys 4x100
 3:05 PM: Girls 400
 3:07 PM: Boys 400
 3:10 PM: Girls 300
 3:15 PM: Boys 300
 3:20 PM: Girls 800
 3:25 PM: Boys 800

Seated 800 Semifinal (if needed)
 3:30 PM: Girls 200
 3:35 PM: Boys 200
 3:55 PM: Girls 4x400
 4:00 PM: Boys 4x400

Division 5 Running Finals

4:45 PM: Girls 100H
 4:50 PM: Boys 110H
 4:55 PM: Girls 100
 4:57 PM: Boys 100
 5:03 PM: Girls 4x200
 5:10 PM: Boys 4x200
 5:20 PM: Girls 1600
 5:28 PM: Boys 1600
 5:35 PM: Girls 4x100
 5:42 PM: Boys 4x100
 5:50 PM: Girls 400
 5:52 PM: Boys 400D

Seated 400 Semifinal (if needed)
 5:55 PM: Girls 300
 6:00 PM: Boys 300
 6:05 PM: Girls 800
 6:10 PM: Boys 800
 6:15 PM: Girls 200
 6:20 PM: Boys 200
 6:40 PM: Girls 4x400
 6:45 PM: Boys 4x400

All Day: Officials State Meet Clinic

Saturday June 6

Group F Field Events - Div. 3

9:30 AM: G. Discus, G. Long Jump, B. Shot Put, B. High Jump, G. Pole Vault

Group G Field Events - Div: 2

12:00 PM: B. Pole Vault
1:00 PM: B. Discus, B. Long Jump, G. Shot Put, G High Jump

Group H Field Events - Div. 1

3:30 PM: G. Pole Vault
4:30 PM: G. Discus, G. Long Jump, B. Shot Put, B. High Jump

Division 1 Running Finals

9:30 AM: Girls 4x800
 9:45 AM: Boys 4x800
 11:55 AM: Girls 3200
 12:10 PM: Boys 3200

Division 1 Running Semifinals

10:00 AM: Girls 100H
 10:10 AM: Boys 110H
 10:20 AM: Girls 100
 10:25 AM: Boys 100
 Seated 100 Final
 10:32 AM: Girls 4x200
 10:42 AM: Boys 4x200
 10:55 AM: Girls 4x100
 11:00 AM: Boys 4x100
 11:05 AM: Girls 400
 11:15 AM: Boys 400
 11:25 AM: Girls 300H
 11:35 AM: Boys 300H
 11:45 AM: Girls 200
 11:50 AM: Boys 200

^{3,200 Finals}
 12:25 PM: Girls 4x400
 12:35 PM: Boys 4x400

Division 2 Running Finals

2:00 PM: Girls 4x800
 2:15 PM: Boys 4x800
 4:25 PM: Girls 3200
 4:40 PM: Boys 3200

Division 2 Running Semifinals

2:30 PM: Girls 100H
 2:40 PM: Boys 110H
 2:50 PM: Girls 100
 2:55 PM: Boys 100
 3:02 PM: Girls 4x200
 3:12 PM: Boys 4x200
 3:25 PM: Girls 4x100
 3:30 PM: Boys 4x100
 3:35 PM: Girls 400
 3:45 PM: Boys 400
 Seated 400 Final
 3:55 PM: Girls 300
 4:05 PM: Boys 300
 4:15 PM: Girls 200
 4:20 PM: Boys 200

^{3,200 Finals}
 4:55 PM: Girls 4x400
 5:05 PM: Boys 4x400

Division 3 Running Finals

5:45 PM: Girls 100H
 5:50 PM: Boys 110H
 5:55 PM: Girls 100D
 5:57 PM: Boys 100D
 6:03 PM: Girls 4x200
 6:10 PM: Boys 4x200
 6:20 PM: Girls 1600 R
 6:28 PM: Boys 1600R
 6:35 PM: Girls 4x100
 6:42 PM: Boys 4x100
 6:50 PM: Girls 400D
 6:52 PM: Boys 400D
 6:55 PM: Girls 300H
 7:00 PM: Boys 300H
 7:05 PM: Girls 800R
 7:10 PM: Boys 800R
 Seated 800 Final
 7:15 PM: Girls 200D
 7:20 PM: Boys 200D
 7:40 PM: Girls 4x400
 7:45 PM: Boys 4x400

All Day: Officials State Meet Clinic

Sunday June 7

Group I Field Events - Div. 1

9:30 AM: B. Discus, B. Long Jump, G. Shot Put, G High Jump, B. Pole Vault

Group J Field Events - Div: 2

10:30 AM: G. Pole Vault
1:00 PM: G. Discus, G. Long Jump, B. Shot Put, B. High Jump

Division 1 Running Finals

9:30 AM: Girls 100H
 9:35 AM: Boys 110H
 9:40 AM: Girls 100
 9:42 AM: Boys 100
 9:48 AM: Girls 4x200
 9:55 AM: Boys 4x200
 10:05 AM: Girls 1600
 10:13 AM: Boys 1600
 10:20 AM: Girls 4x100
 10:27 AM: Boys 4x100
 10:35 AM: Girls 400
 10:37 AM: Boys 400
 10:40 AM: Girls 300H
 10:45 AM: Boys 300H
 10:50 AM: Girls 800
 10:55 AM: Boys 800
 11:00 AM: Girls 200
 11:05 AM: Boys 200
 11:25 AM: Girls 4x400
 11:30 AM: Boys 4x400

Division 2 Running Finals

1:00 PM: Girls 100H
 1:05 PM: Boys 110H
 1:10 PM: Girls 100
 1:12 PM: Boys 100
 1:18 PM: Girls 4x200
 1:25 PM: Boys 4x200
 1:35 PM: Girls 1600
 1:43 PM: Boys 1600
 1:50 PM: Girls 4x100
 2:57 PM: Boys 4x100
 2:05 PM: Girls 400
 2:07 PM: Boys 400
 2:10 PM: Girls 300H
 2:15 PM: Boys 300H
 2:20 PM: Girls 800
 2:25 PM: Boys 800
 2:30 PM: Girls 200
 2:35 PM: Boys 200
 2:55 PM: Girls 4x400
 3:00 PM: Boys 4x400

