



**OHSAA 7<sup>th</sup> & 8<sup>th</sup> Grade**  
**State Track and Field Championships**  
**May 13, 2023**



**Hilliard Darby High School**  
**Chris Ludban, Site Manager**

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**GENERAL:**

Hilliard Darby's stadium has an artificial turf surface. Hilliard City Schools prohibits tobacco use on school grounds, including parking lots. Please help us keep our grounds clean by cleaning up any trash at your team camp areas after the event. We request athletes to warm up on the backside of the track and not on the turf infield. Team camps are not permitted underneath the stadium/bleachers. Only competing athletes are permitted inside the track in close proximity to their event times. Athletes should not become spectators inside the track.

**TURF:**

**NO ONE IS PERMITTED TO WARM UP ON THE TURF. PLEASE KEEP ALL ATHLETES OFF THE INFIELD.** Prohibited Items on the turf: Colored Gatorade, sunflower seeds, food & drink, and all tobacco products. Please do not dump ice or water coolers on the playing surface. Dump the water on the track or grass area.

**TEAM CAMPS:**

Team camp areas are marked on the map. Team camps will be allowed inside the stadium at the south end only and also outside the stadium. **NO TEAM CAMPS UNDER THE STADIUM!** Only competing athletes are permitted inside the track in close proximity to their event times. Athletes should not become spectators inside the track. Please see the map for areas of team camps.

**BUS/COMPETITOR TRANSPORTATION:**

Team buses or school vans should use the stadium parking lot for drop off and for pick up. Buses should not park in this lot. Busses should enter the Northern most entrance to the stadium lot, continue past the stadium, and unload kids near the last brick wall. Once empty, busses should continue onto our front lot or, if full, in the Heritage Middle School lot. See map for drop and parking.

**DIRECTIONS:** Hilliard Darby High School, 4200 Leppert Road, Hilliard, 43026.

**From the North:**

Take I-71 South towards Columbus; go west on I-270 to the Cemetery Road exit; turn right on Cemetery Road, take Cemetery Rd. onto Scioto-Darby Road and then right onto Leppert Rd.

**From the South:**

Take I-71 north towards Columbus; go west of I-270 to the Cemetery Road exit; go west on Cemetery Road, take Cemetery Rd. onto Scioto-Darby Road and then right onto Leppert Rd.

**From the East:**

Take I-70 west through downtown Columbus; go north on I-270 to the Cemetery Road exit; go west on Cemetery Road, take Cemetery Rd. onto Scioto-Darby Road and then right onto Leppert Rd.

**From the West:**

Take I-70 East towards Columbus; go north on I-270 to Cemetery Road exit; go west on cemetery Road, take Cemetery Rd. onto Scioto-Darby Road and then right onto Leppert Rd.

## **PARKING/GATES:**

Parking is available in lots along Leppert Rd. and at Heritage Middle School, which sits at the corner of Leppert and Scioto Darby Roads. All Parking will be \$5.00. Spectators should use the main stadium gates.

## **HANDICAP SPECTATOR & SEATED ATHLETE INFORMATION:**

Vehicles transporting seated athletes and vehicles with handicap identification should enter the Leppert Road lot and go behind the flag pole and school for parking. Golf cart transportation from parking lot to the east gate (Visitor's Side) will be provided. Seated athlete's coach can obtain competition packet from the officials tent at the east gate (Visitor's Side).

## **SPECTATOR ADMISSION:**

All tickets \$8.00 each and will be sold online ONLY ([www.ohsaa.org/tickets](http://www.ohsaa.org/tickets)). There will be no tickets sold at the gate. Gates will open 60 min prior to the start of the meet.

## **CONCESSIONS:**

Limited concessions will be offered by the Hilliard Darby Athletic Boosters during the meet.

## **PARTICIPANT ENTRY:**

All coaches and participants will enter through the **team entry gate** noted on the map. All coaches will receive a wrist band to be able to move freely throughout the stadium according to the admission policy below.

- 1-4 Qualifying Athlete(s) = 1 Coach**
- 5-8 Qualifying Athletes = 2 Coaches**
- 8+ Qualifying Athletes = 3 Coaches**

## **SCHOOL PACKET PICKUP**

**Each participating school must pickup their tournament packet at the Team Entry gate prior to entry.** Coaches will be asked to sign the uniform verification form prior to receiving the packet(s). This packet will contain OHSAA participant certificates for each qualifying athlete. The meet schedule will be printed on the outside of the packet as all events are timed starts. Packets for schools with relay teams and/or field event participants will include the materials needed to be completed for presentation to the clerk prior to competition. There are separate packets for boys and girls. Therefore, if a school has both boys and girls two packets will need to be picked up.

## **ATHLETE UNIFORM:**

The complete track and field uniform consists of shoes, school-issued or school approved tops, bottoms or one-piece uniform. Note: All members of relays who choose to wear a visible shirt or undergarment below the uniform top and/or bottom: Rule 3-1-7 – "Any visible garment worn underneath the uniform top and/or bottom is now considered a foundation garment. Foundation garments are NOT subject to logo/trademark/reference or color restrictions" Further, "all relay team members must wear uniforms clearly indicating, through predominant color, school logo and color combination of all outer garments worn as a uniform, that members are from the same team." **Numbers are no longer required on the back of uniforms.**

Hats and caps are prohibited.

The referee has the authority to ask a competitor to remove an accessory if it is not properly secured, if it poses a danger to a competitor, or if it could damage equipment. Further, competitors will be asked to remove inappropriate or disrespectful accessories.

If unsure about the legality of uniform or other apparel, coaches should check with the Meet Referee **PRIOR TO ENTRING IN AN EVENT.**

Competition numbers are not required on the Junior High or High School level and, therefore, will not be issued for this competition.

**PRESSBOX:** No space will be made available in the press box.

**COACHING BOXES:**

Field event coaches should have access to their athletes. There are benches inside the track for coaches at the long jump, pole vault, and high jump. Outside the stadium there is marked space for athletes and coaches at the throwing events.

**INCLEMENT WEATHER:**

In the case of inclement weather, teams should return to their buses. If the buses are not available, we will find a safe location for your athletes and coaches. All spectators will need to return to their cars.

**RESTROOMS:**

Restrooms are next to the concession stand under the home bleachers and also at the East concession stand.

**ATHLETIC TRAINERS:**

There will be an Athletic Trainer on site and we will provide coolers of water and ice for injuries. In adherence to State Licensure laws governing athletic training services, our Athletic Trainers will be happy to provide taping for visiting athletes with written individual documentation from your athletic trainer or a physician as to the type of taping necessary. In the event you need these services, please bring the appropriate taping supplies and documentation with you. If your physician or Athletic Trainer would like to contact our athletic trainers in advance, they can fax any information to his attention at 614-921-7331 or send an email to [thad\\_apel@hboe.org](mailto:thad_apel@hboe.org) or [alex\\_huffman@hboe.org](mailto:alex_huffman@hboe.org) Phone contact for Thad Apel is 614-563-0445. Phone contact for Alex Huffman is 937-508-7853. For emergency services, call 9-1-1 and provide them with school's address, 4200 Leppert Rd, Stadium.

**FIELD EVENT ATHLETES:**

Report to your event site at least 20 minutes prior to start time. Spike limit is 1/4" in the High Jump, Long Jump, and Pole Vault. Only flat soled shoes are permitted in the Shot Put and Discus. See map for location.

**TRACK EVENT ATHLETES:**

Report to the Clerk at least 20 minutes prior to start time. Spike limit is 1/4". Only meet management provided starting blocks may be used, except for personally provided Moyer standing start blocks.

Clerk Station: All track events report to the Clerk Tent located by the start line. See map for location.

**RELAY CHECK-IN CARD:**

A completed and coach signed relay card must be given to the Clerk at time of check-in. This card will be in your school packet. All relay team members must check in together. Official meet batons will be issued and may be kept after the race.

4 X 800M - Green      4 X 100M - Pink      4 X 200M - Blue      4 X 400M – White

**RELAY MARKERS:**

Provide your own cut tennis balls or use those provided. No other markers, including chalk are permitted on the track surface.

## **TEAM SCORING & AWARDS:**

The first 8 placers in each event will score points for their school team. Scoring is: 10-8-6-5-4-3-2-1. The first 8 places will earn a medal award at the Awards Podium immediately after their event. Award winners will be ushered to the Awards area by meet officials. Podium pictures will be taken and offered for optional sale after the meet. Athletes who must prepare for a future event will NOT be held in the awards area.

## **APPEALS PROCEDURE:**

If a coach believes a rule has been misapplied or misinterpreted, an appeal maybe filed with the Referee. Such appeal must be in writing. Appeal Forms can be obtained at the Awards Tent on the infield. Return the Appeal Form to the Awards Tent where the Referee will be summoned. The Referee will rule on all written appeals. Appeals on judgment decisions will not be honored. The decision of the Referee is final.

## **BOYS SHOT PUT:**

Check in personal shots for legality and weight accuracy at the gray shed near the shot put area between 8:00-8:40 a.m.

Legal implements will be provided for those who need them.

### **Check in at Shot Put area no later than 8:40 a.m.**

- Two circle seeded flights of 12 throwers each.
- 3 preliminary throws; top 9 to finals for 3 more throws
- All throws tallied toward final best effort.

## **GIRLS DISCUS:**

Check in personal discus for legality and weight accuracy at the gray shed of the shot put area between 8:00-8:40 a.m.

Legal implements will be provided for those who need them.

### **Check in at discus area no later than 8:40 a.m.**

- Two circle seed flights of 12 throwers each
- 3 preliminary throws; top 9 to finals for 3 more throws
- All throws tallied toward final best effort.

## **BOYS DISCUS:**

Check in personal discus for legality and weight accuracy. If implements not already checked in, report to the gray shed near the shot put area between 10:00-10:40 a.m. for second implement check in.

Legal implements will be provided for those who need them.

### **Check in at discus area no later than 10:40 a.m.**

- Two circle seed flights of 12 throwers each
- 3 preliminary throws; top 9 to finals for 3 more throws
- All throws tallied toward final best effort.

## **GIRLS SHOT PUT:**

Check in personal shots for legality and weight accuracy. If implements not already checked in, report to the gray shed near the shot put area between 10:00-10:40 a.m. for second implement check in.

Legal implements will be provided for those who need them.

### **Check in at Shot Put area no later than 10:40 a.m.**

- Two circle seeded flights of 12 throwers each.

- 3 preliminary throws; top 9 to finals for 3 more throws
- All throws tallied toward final best effort.

### **BOYS & GIRLS COMBINED SEATED SHOT PUT:**

Check in personal shots for legality and weight accuracy at the gray building near the shot put area between 12:00-12:40 p.m.

Legal shots will be provided for those who need them.

**Check in at the Shot Put area no later than 12:40 p.m.**

- Six throws in the competition Boys and Girls will be separated for awards consideration.
- Event is non-team scoring.

### **LONG JUMP:**

**Boys Check in at long jump area no later than 8:40 a.m.**

**Girls Check in at long jump area no later than 10:40 a.m.**

- No runway markings are allowed on runway surface.
- Markings are allowed on outside of white lined runway.
- Boys will compete first, followed by Girls.
- Two circle seeded flights of 12 jumpers each.
- 3 preliminary jumps; top 9 to finals for 3 more jumps.
- All jumps tallied toward final best effort.

### **POLE VAULT:**

**Boys Check in poles at pole vault area no later than 8:40 a.m.**

**Girls Check in poles at pole vault area no later than 10:40 a.m.**

**(Times are approximate and could go longer with the number of competitors and heights.)**

- Coach must present signed **white** pole verification card at time of pole check in.
- No runway markings are allowed on runway surface.
- Markings are allowed on outside edge of runway.
- Boys will compete first, followed by Girls.
- One random draw flight of all jumpers
- Starting height 3" lower than lowest qualifying height
- Height increments to be determined after declaration of finalists.

### **HIGH JUMP:**

**Girls Check in at high jump area no later than 8:40 a.m.**

**Boys Check in at high jump area no later than 10:40 a.m.**

- Chalk marking and/or tape permitted on approach apron.
- Competed Girls 1<sup>st</sup> and then Boys to follow.
- One random draw flight of all jumpers listed in top 24 performance list (may be more or less than 24 competitors)
- Starting height 2" lower than lowest qualifying height
- Height increments to be determined after declaration of finalists.

#### **4 X 800M RELAY:**

**Girls Report to the Clerk tent as a 4-member unit no later than 12:45**

**Boys report to the Clerk tent as a 4-member unit no later than 12:45**

All team members must be dressed according to rule.

- Lead off runner must have completed **Green** relay card.
- Starting line is white.
- Only official meet batons, given at starting line may be used.
- Batons may be kept by team after the race.
- Teams will run entire race in their assigned lane.
- Exchange zones are yellow to yellow triangles.
- All runners are cautioned to remain in their lane after baton hand-off 3 heats on time
- Competitors can score from any heat.

#### **GIRLS 100M 30" HURDLES:**

**Report to Clerk tent no later than 1:45 p.m.**

- Starting line is white.
- 10 Hurdles on Yellow spacing marks
- 3 heats on time; competitors can score from any heat.

#### **BOYS 110M 33" HURDLES:**

**Report to Clerk tent no later than 2:00 p.m.**

- Starting line is white.
- 10 Hurdles on Blue spacing marks
- 3 heats on time; competitors can score from any heat.

#### **100M DASH:**

**Girls report to Clerk tent no later than 2:15 p.m.**

**Boys report to Clerk tent no later than 2:25 p.m.**

- Starting line is white.
- 3 heats on time; competitors can score from any heat.

#### **SEATED BOYS & GIRLS 100M DASH:**

**Report to Clerk tent no later than 2:35 p.m.**

- Starting line is white.
- Race is boys and girls combined with separate awards.
- Event is non-team scoring.

#### **1600M RUN:**

**Girls report to Clerk tent no later than 2:40 p.m.**

**Boys report to Clerk tent no later than 2:50 p.m.**

- Starting line is white in lane 1 and green in lanes 2-8.
- 3 runners per lane.
- Run the first curve in your lane; break at the green break line after establishing one full stride length ahead of your closest inside competitor.
- 1 Final heat.

#### **4 X 100M RELAY:**

**Girls Report to the Clerk tent as a 4-member unit no later than 3:00 p.m.**

**Boys report to the Clerk tent as a 4-member unit no later than 3:15 p.m.**

- All team members must be dressed according to rule.
- Lead off runner must have completed **Pink** relay card.
- Starting line is white.
- Only official meet batons, given at starting line may be used.
- Batons may be kept by team after the race.
- Teams will run entire race in their assigned lane.
- Exchange zones are yellow to yellow triangles.
- All runners are cautioned to remain in their lane after baton hand-off 3 heats on time
- Competitors can score from any heat.

#### **400M DASH:**

**Girls report to the Clerk tent no later than 3:30 p.m.**

**Boys report to the Clerk tent no later than 3:40 p.m.**

- Starting line is white.
- Competitors will run in their lane during the entire race.
- 3 heats on time; competitors can score from any heat.

#### **SEATED BOYS & GIRLS 400M DASH:**

**Report to the Clerk tent no later than 3:50 p.m.**

- Starting line is white
- Competitors will remain in their lane during the entire race
- Race is boys and girls combined with separate awards
- Event is non-team scoring

#### **4 X 200M RELAY:**

**Girls report to the Clerk tent as a 4-member unit no later than 3:55 p.m.**

**Boys report to the Clerk tent as a 4-member unit no later than 4:10 p.m.**

- All team members must be dressed according to rule.
- Lead off runner must have completed **Blue** relay card.
- Starting line is white.
- Only official meet batons, given at the starting line may be used.
- Batons may be kept by team after the race.
- Teams will run entire race in their assigned lane.
- Exchange zone for runners 1-2 are red to red triangles.
- Exchange zone for runners 2-3 are blue to blue triangles.
- Exchange zone for runners 3-4 are red to red triangles.
- All runners are cautioned to remain in their lane after baton hand-off 3 heats on time.
- Competitors can score from any heat.

#### **200M 30" HURDLES:**

**Girls report to the Clerk tent no later than 4:25 p.m.**

**Boys report to the Clerk tent no later than 4:35 p.m.**

- Starting line is white.
- Competitors will run in their lane during the entire race.
- 5 Hurdles are on white spacing marks.
- 3 heats on time
- Competitors can score from any heat.

## **800M RUN:**

**Girls report to the Clerk tent no later than 4:45 p.m.**

**Boys report to the Clerk tent no later than 4:55 p.m.**

- Starting line is white.
- 2 Final Seeded Sections of 12 competitors each.
- 2 runners per lane, lanes 1 through 6.
- Run the first two curves in your lane; break at the green break line at the top of the home straight-a-way after establishing one full stride length ahead of your closest inside competitor.

## **200M DASH:**

**Girls report to the Clerk tent no later than 5:05 p.m.**

**Boys report to the Clerk tent no later than 5:15 p.m.**

- Starting line is white.
- Competitors will run in their lane during the entire race.
- 3 heats on time; competitors can score from any heat.

## **4 X 400M RELAY:**

**Girls report to the Clerk tent as a 4-member unit no later than 5:25 p.m.**

**Boys report to the Clerk tent as a 4-member unit no later than 5:40 p.m.**

- All team members must be dressed according to rule.
- Lead off runner must have completed **White** relay card.
- Only official meet batons, given at the starting line may be used.
- Starting line is white for lane one and blue for lanes 2-8.
- Batons may be kept by team after the race.
- The first runner will run entire race in their assigned lane.
- Exchange zone for runners 1-2 is blue to blue triangles.
  - The second runner will run the first curve in their assigned lane; breaking at the beginning of the backstretch straight-a-way when at least one full stride length is established between them and their closest inside competitor.
  - After the break for runner 2 and for runners 3 & 4, competitors will not be running in lanes.
  - Exchanges will be California style and determined by meet officials at the exchange zone.
- Exchange zone for runners 2-3 is blue to blue line.
- Exchange zone for runners 3-4 is blue to blue line.
- In-coming runners are cautioned to remain in their lane after baton hand-off.
- 3 heats on time.
- Competitors can score from any heat.