



OHSAA Junior High  
Boys & Girls Track and Field Championships  
Hilliard Darby H.S.  
May 13<sup>th</sup>, 2023

**Preliminary Trials and Finals – Field Events**

9:00 A.M. Girls Discus Throw, Boys Discus Throw to Follow

9:00 A.M. Girls High Jump, Boys High Jump to Follow

9:00 A.M. Boys Long Jump, Girls Long Jump to Follow

9:00 A.M. Boys Shot Put, Girls Shot Put to Follow

9:00 A.M. Boys Pole Vault, Girls Pole Vault to Follow

Seated Boys & Girls Shot Put Simultaneously, will follow standing shot, approx. 12:15 P.M.

**All Races Are Timed Finals**

1:30 P.M. Girls 4 x 800	2 Heats
2:00 P.M. Boys 4 x 800	2 Heats
2:30 P.M. Girls Hurdles (30") — 100 meters	3 Heats
2:45 P.M. Boys Hurdles (33") — 110 meters	3 Heats
3:00 P.M. Girls Dash — 100-meter dash	3 Heats
3:10 P.M. Boys Dash — 100-meter dash	3 Heats
3:20 P.M. Girls Race — 100 meters Seated Division	Seated & Combined
Boys Race — 100 meters Seated Division	
3:25 P.M. Girls Relay — 4 x 200-meter relay	3 Heats
3:50 P.M. Boys Relay — 4 x 200-meter relay	3 Heats
4:15 P.M. Girls Dash — 1600 meters	1 Section
4:25 P.M. Boys Dash — 1600 meters	1 Section
4:35 P.M. Girls Relay — 4 x 100-meter relay	3 Heats
4:55 P.M. Boys Relay — 4 x 100-meter relay	3 Heats
5:15 P.M. Girls Dash — 400 meters	3 Heats
5:30 P.M. Boys Dash — 400 meters	3 Heats
5:45 P.M. Girls Race — 400 meters Seated Division	Seat & Combined
Boys Race — 400 meters Seated Division	
5:50 P.M. Girls Hurdles — 200 meter	3 Heats
6:00 P.M. Boys Hurdles — 200 meter	3 Heats
6:10 P.M. Girls Dash — 800 meters	2 Sections (12)
6:20 P.M. Boys Dash — 800 meters	2 Sections (12)
6:30 P.M. Girls Dash — 200 meters	3 Heats
6:40 P.M. Boys Dash — 200 meters	3 Heats
6:50 P.M. Girls Relay — 4 x 400-meter relay	3 Heats
7:05 P.M. Boys Relay — 4 x 400-meter relay	3 Heats