

OHSAA Seated Qualifying Standards

	100 m	400 m	800 m	Shot Put
BOYS	40.0 sec	2:00 min	3:30 min	9'
GIRLS	45.0 sec	2:30 min	4:00 min	7'

Additional notes:

- Meets hosting Seated Event are required to complete the following to ensure the seated athletes results will be calculated for qualification to the State Meet ([CLICK HERE for Form](#))
- Coaches of Seated athletes should verify that Meet Managers of meets (*utilizing approved qualifying results*) have submitted the qualifying results to **EITHER**:
 - **MileSplit** (results@milesplit.com)
 - OR**
 - **Dustin Ware** (dware@ohsaa.org)
- The deadline to submit these results will be (*12:00pm on the Sunday before the start of the Regional Meets*).
- Coaches and/or AD's will be contacted (via email) on the immediately following Tuesday to confirm their athlete's entry / acceptance for the State Meet. The deadline to submit your athlete's entry / acceptance (via email only) will be 12:00 PM on Friday during the week of the Regional Meets.
 - a) 1-9 Competitors: Current structure applies whereby all WHO QUALIFIED BASED ON TIME will compete in one section or flight on the day of the State finals (Saturday);
 - b) 10-18 Competitors: 2 seeded heats will be held on Friday in semi-final competition by all WHO QUALIFIED BASED ON TIME to determine the top nine (9) qualifiers for Saturday finals. In the event that only 9 competitors appear/check in due to scratches or withdrawals, semi-final competition will not take place;
 - c) 19 or more competitors: Regional competition will be held the week before the State Championships in events registered by 19 or more competitors WHO QUALIFIED BASED ON TIME. Competition will be held at one of the current regional sites, and the top 18 competitors will advance to the State semi-final competition the following week.
 1. Events – 100 meter, 400 meter, 800 meter, Shot Put
 2. One Division – All Divisions will compete against each other in one Division
 3. Awards – Both boys and girls will be recognized with individual awards
 4. Scoring – All seated events will be non-scoring in relation to team standings

Note: Complete guidelines are available on the OHSAA website (www.ohsaa.org).