

2025

BOYS VOLLEYBALL TOURNAMENT MANAGERS MANUAL



OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

4080 Roselea Place, Columbus, Ohio 43214

Telephone: (614) 267-2502

www.ohsaa.org

A Message from OHSAA Senior Sport Administrator, Emily Mason

Thank you for your willingness to serve as a manager for the first OHSAA Boys Volleyball Tournament. This is the traditional Managers' Manual provided to all managers of Regional Tournaments that reflects the consistent procedures for all tournament across the state.

The manual is designed to help you in the operation of the tournament and is divided into basic parts of:

- Introduction Information
- Overall Tournament Organization Information
- General Information
- Seeding and Drawing Procedures/Information
- Media Information
- Financial Reporting Information
- Medical Information
- Required and other Useful Forms

I cannot stress enough the importance of adhering to regulations at every single level of tournament play. As you might expect, should a regulation not be followed, it only becomes magnified when the team advances to another level and is required to follow a regulation that should have been followed from the first game of the Regional Tournament.

If I can be of any service to you, please do not hesitate to contact me via email at emason@ohsaa.org or by cell phone at (479) 236-5901. Thank you for your efforts and making this year's tournament a reality!

Sincerely,



Emily Mason
Senior Sport Administrator, Volleyball
E: emason@ohsaa.org
B: (614) 267-2602 x 107
C: (479) 236-5901



The OHSAA Mission Statement

The Ohio High School Athletic Association's mission is to serve our member schools and enrich interscholastic opportunities for students.



BOYS VOLLEYBALL TOURNAMENT SITES & ASSIGNMENTS

The OHSAA sponsors Boys Volleyball Tournaments in two divisions. The OHSAA office will run the Regional Tournaments, with the higher seeded team serving as the host site until neutral Regional Semi-Final and Final matches. The tournaments are conducted according to the tournament regulations adopted by the Board of Directors. Divisional alignments are determined every year with Competitive Balance and Divisional Breakdowns are based upon the following enrollments:

<u>Division</u>	<u>Boys Enrolled</u>	<u>Total Schools</u>
I	497 or more	62
II	496 and less	62

133 Teams will enter the 2025 OHSAA postseason tournament. Their Regional assignments can be found here:

[DIVISION I](#) | [DIVISION II](#)

The complete Boys Volleyball Tournament Regulations that were adopted by the Board of Directors can be read in their entirety [HERE](#), or by going to www.ohsaa.org and navigating to the Boys Volleyball site under the *Sports and Tournaments* pull down menu. You are encouraged to print and read these tournament regulations.

The volleyball tournaments conclude with the State Volleyball Tournament, May 30 and 31, 2025.

TOURNAMENT CONTACT INFORMATION

Emily Mason
Lucas Tuggle
Beau Rugg

Senior Sport Administrator
State Rules Interpreter/DOD
Director of Officiating

Boys Volleyball Sport Administrator
Addresses Playing Rules & Officiating Assignments
Oversees Officials

emason@ohsaa.org
lucastug33@gmail.com
brugg@ohsaa.org

Logan Erwin
Rob Eckenrode
Brian Hiscox
Joe Roberts

Regions 1, 3 & 5 Coordinator
Regions 2 & 6 Coordinator
Region 7 Coordinator
Regions 4 & 8 Coordinator

Coordinates Seed/Draw Meeting
Coordinates Seed/Draw Meeting
Coordinates Seed/Draw Meeting
Coordinates Seed/Draw Meeting

lerwin@uaschools.org
rob.eckenrode@nordoniaschools.org
brian.hiscox@berkshireschools.org
swdab-treas@ohsaa.org

IMPORTANT DATES

April 21
May 4
May 12 – 22
May 24
May 30 & 31

Last date to enter/withdraw from Tournament w/out Penalty
Draw/Seed Meeting Date
Regional Tournaments
Regional Finals
State Tournament

TOURNAMENT INFORMATION PAGE/FORMS

The Boys Volleyball Tournament Information page can serve as your one-stop-shop for all things related to the postseason tournament. This includes but is not limited to, team forms that they need to fill out and provide to you (Travel Party List, etc.), statewide tournament brackets, links to tickets and many more. The link to the Boys Volleyball Tournament Information webpage is:

<https://www.ohsaa.org/Sports-Tournaments/Volleyball-Boys/Boys-Volleyball-Tournament-Information>

TOURNAMENT MANAGER INSTRUCTIONS | ALL REGIONAL GAME SITES

1. HIGHER SEEDED TEAM HOSTING

The higher seeded team shall be the home team. The home team shall be responsible for all game arrangements along with the Tournament Manager, except the selection of game officials. **It is the responsibility of the home game manager to find a suitable host site if their facility is not available or does not meet tournament hosting standards. Should this occur, the home team will remain the home team.**

It is important to note it is a tournament match and should be neutral. It should not feel like a home game for the host site—this includes senior nights, recognitions, or special events occurring at the site.

2. TOURNAMENT SCORE REPORTING

- a. Immediately after each tournament game, a representative of the host site shall provide the results of the game in the score reporting format listed below. **Contact Emily Mason at the OHSAA via email or a text, to report the results—see contact information below. It is also necessary to report any games that have been changed from their originally scheduled date and/or time.** Schools shall contact the OHSAA and your Tournament Manager to report rescheduled contests.

Email: emason@ohsaa.org

Text: (479) 236-5901

TOURNAMENT SCORE REPORTING FORMAT:

1. You must list the scores of each set (not just the outcome), with the home team listed first
2. Make sure to indicate the school names

Examples:

EX 1: Home team (*list school name*) defeated Visiting team (*list school name*): 25-17, 25-12, 18-25, 25-20

EX 2: Home team (*list school name*): 25, 25, 18, 25

Visiting team (*list school name*): 17, 12, 25, 20

- b. A representative of the host site shall call or email the contest officials prior to the game in order to ensure that they have directions to the site and that there have been no changes in the assignment. The assignments will be posted in DragonFly. Should you have any questions regarding accessing your DragonFly account, please contact Keaton Jones (kjones@ohsaa.org).

3. FINANCIAL & PERSONNEL REPORTS

The flat fee established for hosting a 2025 Regional Boys Volleyball Tournament game is \$750/match. The flat fee is to be used at the discretion of the Tournament Manager to cover site use and game day workers—we do not have set rates to pay the tournament staff. Please make sure to include a Tournament Manager's rate as well.

Any incidental fees beyond the \$750/match need to be approved in advance—please send those to Emily Mason (emason@ohsaa.org) and copy accouting@ohsaa.org.

Tournament Financial Reports are now available for completion through Google Docs for events held at high schools. You will receive a copy of your answers to your email. In order to receive the flat fee for hosting Regional Boys Volleyball, please complete the Google Doc questionnaire found on the Financial Reports webpage at www.ohsaa.org/financial/reports.

If you have radio or streaming revenue, there are 3 situations that you may encounter. If the radio station gave you a check made payable to your site, you will deposit the check and fill the amount of the check in under the "FEE PAID TO SITE" column. If the radio station gave you a check made payable to OHSAA, you will send the check to OHSAA (4080 Roselea Place, L-4256, Columbus, OH 43260-4256) put the amount of the check under the "FEE PAID TO OHSAA" column. If the radio station broadcasted your game but did not give you a check, you will put the amount they owe under the "FEE OWED TO OHSAA" column.

4. WARM-UP PERIOD

Adequate time for warming up shall be provided all competing schools. There will be a 30-minute warm-up on the playing court by both teams. Once the coin toss has been conducted, teams shall be provided 10 minutes of ball handling on their side of the net. The remaining 20-minute warm-up shall be divided into the following designated times in order:

1. 2 minutes – both teams ball handling on their side of the net
2. 6 minutes – the serving team has the whole court*
3. 6 minutes – the receiving team has the whole court*
4. 3 minutes – the serving team has the whole court*
5. 3 minutes – the receiving team has the whole court*

***NOTE:** There may be no use of volleyballs in the facility while team is not on the court for the designated time. This includes, but is not limited to, auxiliary gyms and hallways.

The 30-minute warm-up **shall** be conducted at all levels of the OHSAA Volleyball Tournaments.

5. TOURNAMENT BALL

The official ball that shall be used for all volleyball tournament competition is the Molten Flistatec V5M5000 volleyball.

6. ADMISSION & PASSES

The following are determined by the OHSAA Tournament Regulations, which were approved by the OHSAA Board of Directors. All tickets may be purchased on our ticketing website. Fees are included in all prices listed below.

- All OHSAA Boys Volleyball Tournament tickets will use digital ticketing through HomeTown. The only instance in which tickets can be purchased at the gate, is if the game is held on high school property and cash can be accepted. Otherwise, a QR code will be available at the gate, which will direct an individual to the OHSAA Ticketing webpage.
- Every person who pays admission will receive an emailed digital ticket with a QR code to scan upon entry.
- Adherence to the procedures below will insure better control of gate proceeds and attendance.

All information regarding tickets will come from Claudia Markoff, OHSAA staff.

Claudia Markoff

E: cmarkoff@ohsaa.org

B: 614-549-6973

TEAM ADMISSION

All teams and managers must utilize the *Travel Party List* as the pass list for the travel party—15 uniform players, plus the additional 7 team personnel, totaling 22 for each school. The OHSAA approved *Travel Party List* is located on the Boys Volleyball Tournament Information page [HERE](#).

REGIONAL & STATE TICKET PRICES

See the following charts for the student and adult ticket prices for both the Regional and State Tournament levels.

NOTE: Children under five are permitted free admission.

TOURNAMENT LEVEL	STUDENT TICKET	ADULT TICKET
<i>Regional Tournaments</i>	\$5.00	\$8.00

STATE TOURNAMENT LEVEL	STUDENT TICKET	ADULT TICKET
<i>State Tournament Semi-Finals</i>	\$10.00	\$15.00
<i>State Tournament Finals</i>	\$10.00	\$15.00

ONLINE/DIGITAL TICKETING INFORMATION

Fans can visit www.ohsaa.org/tickets to purchase tickets. The ticket links will go live typically one or two days prior to the event.

HTT will provide customer support to those purchasing tickets.

- By phone: 1-866-488-4849
- By email: fansupport@hometownticketing.com

COMP TICKETS FOR SCHOOL ADMINISTRATORS

Each participating school will receive complimentary admission for 8 school administrators, digitally, through HomeTown Ticketing. One digital code will be provided to each school. Each code will have 8 tickets attached to the code. The same code will be utilized as a school advances in the tournament.

SCOUTS

As a usual part of a postseason tournament, coaches would prefer to attend tournament events to scout their opponents. Scouting tickets will be available for head coaches and done digitally as well. Each head coach will be emailed a digital pass that will provide entrance for up to two (2) people per event. There will be 1 QR code that be scanned twice to allow two people in. This will be emailed out approximately one week before the postseason tournament begins.

There will not be additional tickets provided.

PASSES

No physical passes* are permitted at 2023-24 OHSAA Tournaments. *The only pass permitted would be a physical pass that has a QR code to scan through HomeTown Ticketing.

OFFICIALS

Officials are permitted one guest and they must enter with the official.

7. OFFICIALS

- Directions to the site and parking passes, if required, are to be sent to all contest officials.
- The OHSAA assigns and pays all officials through DragonFly.
- Officials working the contest are admitted free. Each is permitted to have one guest admitted free of charge.
- There shall be a designated host to greet officials and direct them to their dressing area. Please communicate with officials prior to your tournament game if there will be facilities available for their use. They shall also be responsible for escorting officials to their car after the game and providing a safe environment for them.
- **It is the responsibility of the home school to notify not only the officials if a game must be postponed, but also the opposing school and Emily Mason. Once a game has been rescheduled, all parties must be notified of the new date and time.**
- **Flags for line judges are required** for all OHSAA Tournaments. Managers should be prepared to provide flags for line judges or clearly communicate with officials to provide their own flags.

8. GAME PERSONNEL

- Provide adequate security for the competing teams and crowd control.
- The host site Tournament Manager shall select an official scorer, timer, scoreboard operator and announcer.
- Officials have been assigned by the OHSAA office through DragonFly.
- The manager shall be available at all times during the tournament contest.
- There shall be a host for each of the competing teams.
- Ensure adequate medical coverage with an Athletic Trainer and AED available on site.
- Review appropriate athletic Emergency Action Plan.

9. SCORERS & TIMERS

The libero tracker, who is considered an assistant scorekeeper shall sit next to the official scorer and may also wear a black and white striped garment. The official scoresheet or scorebook shall remain at the scorer's table throughout the match including all intermissions. It is permissible to use the scoring software VolleyWrite* to score the tournament matches. The second referee must be provided a line-up sheet for each game.

*NOTE: Should the host site use the VolleyWrite system, **there must be a spotter in addition to the scorer.**

A visible scoreboard shall be provided.

The manager is responsible for changing the team names on the scoreboard at the completion of each match. It is recommended that experienced school personnel be used and that they serve throughout the tournament. Be sure that scorers and timers are provided with signals that can be heard. At Regional Tournaments, a public-address system shall be utilized. Courtesy scorekeepers representing each school shall be requested at the scorer's table, if the table can accommodate them with social distancing guidelines being followed.

10. MEDIA

Full cooperation is to be given to the media. However, prior arrangements are to be made by the media with the host site, prior to all games. The OHSAA General Media Regulations can be found at: <http://www.ohsaa.org/Portals/0/News/Media/OHSAA-Media-Regulations.pdf>.

11. NOISEMAKERS, SIGNS & PEP BANDS

Signs and any type of noisemakers are NOT permitted at Volleyball tournaments. Pep Bands are not permitted at OHSAA Volleyball Tournament Contests.

TOURNAMENT MANAGER INSTRUCTIONS | REGIONAL FINALS

1. An awards ceremony should take place following the Regional Final game. The following persons in the order named, if in attendance, shall present the awards: an OHSAA staff member, a Board of Directors Member or a District Board Member. If none of those previously mentioned are present, the Tournament Manager shall present the awards. A sample awards presentation announcement is provided on page 12.
2. Trophies and awards will be shipped directly to the Tournament Manager from *Croton Craft, P.O. Box 257, Croton, Ohio 41013*. Please open the shipment immediately and check to see if you have received the correct trophies and awards or if there is any damage. If an error has been made or there is damage, contact Travis Nethers at Croton Craft at crotoncraft@gmail.com or (740) 504-3228.
3. Materials marked *Regional Champion* will be posted to the Boys Volleyball Tournament Information webpage on the OHSAA website. Please refer coaches to the Boys Volleyball Tournament Information page and remind the coach and school administrator to complete these forms.

OHSAA TOURNAMENT SEED & DRAW PROCEDURES

The OHSAA established date for all Boys Volleyball seeding and drawing meetings in Ohio is **Sunday, May 4, 2025**.

BOYS VOLLEYBALL TOURNAMENT SEEDING PROCEDURE

1. Coaches shall seed on-line using the OHSAA web site (www.ohsaa.org) and the procedure that has been developed by the OHSAA.
2. Within the OHSAA seeding procedures, schools will submit their season-to-date record for all matches played through May 1, 2025. These records are due by 9:00 AM on May 2, 2025. Coaches are to remain ethical in the information submitted.
3. Tournament seed balloting begins at 3:00 PM on May 2 and ends at 12:00 PM on May 1. All coaches are required to participate in the seed balloting. Balloting includes the season-to-date records of all teams within a qualifying tournament.
4. The Tournament Draw meeting shall be **Sunday, May 4** at a time (preferably 2:00 PM) and place subject to the discretion of the tournament manager in each Regional area. Schools shall be required to complete their voting for seeding no later than **12:00 PM on May 1, 2025**. All schools shall be seeded.
5. Schools shall be placed on the online seed sheet in alphabetical order.
6. The team with greatest number of votes shall be seeded #1, second highest #2, etc, until all teams are seeded. In case of a tie, the team with most votes at the better seed wins the tie breaker. If there is still a tie, a coin toss shall be conducted.
7. If a school does not participate in the online seeding procedure prior to the draw, that school shall receive the last seed and go on the bracket last. If a school does not participate in the meeting to set the bracket, that school shall be placed on the bracket last by the manager.
8. If more than one school does not participate in the seeding or does not have a representative at the meeting, the schools will be placed on the bracket last in alphabetical order by school name – A – Z in 2025.
9. Schools that fail to send a coach or administrator to a mandatory draw/seed meeting or fail to seed as instructed will be fined **\$150**.
10. Coaches of boys volleyball schools shall be advised that when it is their turn to place their school on the bracket, they should do so swiftly and without delay. Prior preparation is imperative in order that the bracket meeting shall be completed in a timely manner. **No school shall be permitted to pass.**
11. Sample brackets will be distributed to each manager. Samples of brackets are included in the manager's materials and can be found on the OHSAA website.
12. The tournament manager will distribute brackets to representatives of participating teams.
13. All brackets shall designate date and time of match with the home team being listed on the top of the bracket.

FAILURE TO APPEAR

When national playing rules do not address failure to appear, the following regulations will apply. If a team fails to appear or is not ready to play within 30 minutes of the scheduled starting time of a tournament game, the space on the bracket may be declared vacant. A "no contest" will be declared, and the opposing team will advance into the next round of competition. See **No Contest** under Section 21 of the *General Sports Regulations*. All decisions relative to this regulation shall be made by the OHSAA Executive Director's office.

TEAM BENCHES

Benches for players of both teams shall be placed along that side of the court on which the scorer's and timer's table is located, placed no closer to the sideline than six feet and no closer to the out-of-bounds of the extension of the center line than 10 feet. Rules provide for a maximum of 15 players dressed for each match. In accordance with NFHS Volleyball Rules Book, teams shall occupy the bench located on the side of the net adjacent to their playing area throughout the match.

NOTE: Based on Ohio state adoption provided by *NFHS Rule 9-2-1*, teams shall not switch benches. OHSAA member schools shall remain on the same team benches throughout the match, unless there is a clear disadvantage present, as determined by the match official(s). Shall a present disadvantage be determined, this will be communicated prior to the start of the match and no later than the pre-match conference, and teams will switch benches in between sets.

NFHS PLAYING RULES & TOURNAMENT REGULATIONS

1. Please note that under rally scoring, which is the system provided in the NFHS Volleyball Rules, all matches shall be a best 3 of 5 format. All sets are played to 25 with no cap (must win by 2), with the fifth and deciding set (when necessary) played to 15 (no cap).
2. The libero player rules have been placed into the NFHS Volleyball Rules. Schools may choose not to use this player, but if they do, the player must wear a uniform jersey that is clearly contrasting to the uniform jersey worn by the other players. Officials and coaches have received information about how this is interpreted.
3. The use of the libero requires the appointment of a libero tracker who will function in that capacity. The official scorer cannot handle this task. A copy of the libero tracking sheet can be found on the Boys Volleyball webpage [HERE](#).
4. No more than 15 players in uniform may be on the bench for any match. Players in excess of 15 are considered ineligible athletes and must be removed from the bench immediately.

MEDIA INFORMATION & BROADCAST RATES

Media should receive admission and a copy of rosters/programs upon showing their media credentials at the pass gate. Please make sure they have power and space necessary to conduct their work. Some stations pay rights' fees through a delayed process directly to the OHSA—this information can be found at <http://www.ohsaa.org/news-media>

Also included is the Recommended Broadcast Announcement to be provided each broadcast media outlet. Complete Media Regulations, Broadcast Rights' Fees, etc., are also available on the web at <https://ohsaaweb.blob.core.windows.net/files/News/Media/TournamentBroadcastRates.pdf>

Please direct media requesting credentials to the above link for important information. This site will often answer any media related questions you or the media may have.

OHSA Boys Volleyball Delayed Television Rates

	<u>Regional</u>	<u>State Semifinal</u>	<u>State Final</u>
<i>Commercial Stations: Cincinnati, Cleveland, Columbus,</i>	No Charge	\$500	\$800
<i>All Other Stations</i>	No Charge	\$300	\$450
<i>State and Regional Cable (more than 750,000 subscribers)</i>		<i>Only available through negotiation</i>	

OHSA Boys Volleyball Live Television Rates

	<u>Regional</u>	<u>State Semifinal</u>	<u>State Final</u>
<i>State and Regional Cable (more than 750,000 subscribers)</i>	\$250	NA	NA
<i>Commercial Stations: Cincinnati, Cleveland, Columbus,</i>	\$400	NA	NA
<i>All Other Stations</i>	\$175	NA	NA

OHSA Volleyball Live/Delayed Video Streaming Rates

	<u>Regional</u>	<u>State Tournament</u>
<i>Greater Metro Areas of Cincinnati, Cleveland and Columbus</i>	\$100	Delay only: \$300
<i>Greater Metro Areas of Akron, Canton, Dayton, Toledo, Youngstown</i>	\$75	Delay only: \$250
<i>All Other Stations</i>	\$50	Delay only: \$200
<i>Educational Access, Non-Commercial & Fan/Booster Websites</i>	\$35	Delay only: \$50
<i>Student Broadcasts, School Websites or School-Controlled Webpage</i>	No Charge	Delay only: No Charge

Live coverage permitted for contests that are not carried by the NFHS Network.

Additional Information/Fees:

Tape-delayed contests may not begin until the game concludes.

(#) The OHSA may grant to a company/companies exclusive rights for live or tape-delayed coverage of the state tournament and/or finals and the first right of refusal for live or tape-delayed coverage of all other OHSA tournament events. Should exclusivity be granted, approval for other companies to broadcast a tournament contest must be granted by procedures approved by the OHSA Executive Director's office. In sports not granted exclusivity, approval to broadcast a tournament contest must be granted by the tournament managers or OHSA (state level).

OHSA Volleyball Radio/Audio Webcast Rates

	<u>Regional</u>	<u>State</u>
ALL Stations	\$60.00	\$80.00
Rights fees by educational access or non-commercial stations: \$25 per contest or tournament.		



NATIONAL ANTHEM & PLAYER INTRODUCTIONS PROTOCOL

The OHSAA shall use the protocol, for team introductions and presentation of the national anthem.

1. At the end of timed warm-up, both referees and the two line judges walk across the court.
2. The first referee and one line judge shall be on the left side of the net (looking from the officials' table), with the first referee closer to the net.
3. The second referee and the other line judge shall be on the right side of the net (looking from the officials' table), with the second referee closer to the net.
4. The line judge flags shall be placed on the referee's stand.
5. All four officials shall face the flag and stand at attention during the National Anthem.
6. All four officials shall face the court during player introductions.
7. At the completion of player introductions, the R1 shall take a step toward the court, whistle and beckon both teams onto the court for players to shake hands. If a team(s) is not comfortable shaking hands, an agreed upon option at the pre-match conference shall be determined.
8. The line judges shall go to their respective corners with their flags.
9. The R1 shall take a position on the referee's platform while the R2 shall cross the court to check the lineups.

NATIONAL ANTHEM & PLAYER INTRODUCTIONS | ANNOUNCER

Playing of the National Anthem

Ladies and gentlemen, we live in a great country with freedoms like no other. To honor America and in respect for ALL who have served this great country to defend these freedoms, you are invited to stand and sing our National Anthem, The Star-Spangled Banner.

The Executive Director and the Board of Directors of the Ohio High School Athletic Association extends to each of you a cordial welcome to this Division _____ Boys Volleyball Tournament game between _____ High School and _____ High School.

The officials assigned to this game have met all requirements set forth by the Ohio High School Athletic Association and have been selected for their important role through a system approved by the Board of Directors and includes the involvement of coaches and Athletic Administrators at participating schools.

The officials for this game are:

_____ - 1st Referee

_____ - 2nd Referee

_____ - Line Judge

_____ - Line Judge

The student-athletes, coaches AND officials are guests of the Ohio High School Athletic Association and you are requested to treat them with respect in keeping with the ideals of good sportsmanship.

Now, let's meet the coaches who have led their teams to this match:

Introduce Visiting Team Coaches

Introduce Home Team Coaches

Introduce Visiting Team Players – non-starters first followed by starting six. Include the libero player if one is designated.

Introduce Home Team Players – non-starters first followed by starting six. Include the libero player if one is designated.

Please provide to Public Address Announcer

(Please read prior to the beginning of the match and various points where time allows)



Attention Ladies & Gentlemen

Spectators taking photographs or videos may not interfere with the view of this contest by other spectators, nor may they take additional space in seats that have been purchased.

In addition, all photographs and videos taken by spectators at this event are for personal use **ONLY**. The use of photographs or videos for commercial, scouting or coaching purposes is strictly prohibited.

The Ohio High School Athletic Association reserves the right to remove offenders from this contest, invoke additional penalties and to see maximum legal recourse against violators of these regulations.

Thank you for your attention.



Please Provide to Public Address Announcer

We always encourage the inclusion of school administrators for the presentation of awards. An OHSAA Representative may be in attendance to present awards. Please locate the presenter, and the respective school administrator assisting with the presentation.

Regional Runner-Up

Ladies & Gentlemen, please direct your attention to the court, where _____, representing the OHSAA will present _____ (*today's/tonight's*) Regional Runner-Up and Regional Championship trophies along with _____ and _____, the *Principal/Athletic Directors* of the respective schools.

First, for the 2025 Regional Runner-Up _____, ending their season with a record of _____ wins and _____ losses. Great job! Your community and school are very proud of you!

When your name is called, please step forward to be recognized.

First, for the 2025 Regional Runner-Up _____.

(Member of school staff puts individual medallion around the neck of each individual. Please give the presenter time for each one.)

Regional Champion

And now, the 2025 Regional Champion in Division _____, the _____.

(Member of school staff puts individual medallion around the neck of each individual. Please give the presenter time for each one.)

Would the captains for the _____ please come forward as we recognize the team from _____ High School as the 2025 Regional Champions in Division _____ and the presentation of the team trophy.

(After presenting)

Congratulations to the _____ who will now advance to the State Semi-Final at Wittenberg University next weekend!

Thanks to _____ (site name) and _____ (manager) for serving as a host for the Regional Championship. Thank you for your attendance and support of Ohio High School Student-Athletes and please travel home safely.



This game between _____ High School
and _____ High School is being broadcast through the cooperation of the
Ohio High School Athletic Association.

The Ohio High School Athletic Association is a voluntary, non-profit, educational organization through which member schools work cooperatively to adopt the standards and regulations that guide their interscholastic activities. The upholding of these standards and the adherence to the regulations helps to provide more wholesome and educationally worthwhile activities for high school youth.

The schools participating in this contest consider interscholastic athletics an integral part of the educational program and primarily for the purpose of making better men and women out of their students. Unless it accomplishes this, it cannot be justified in the high school program.

Tonight's tournament is one of many being played throughout the State, leading to the State Championship.

SERVICE ANIMALS

According to the Americans with Disabilities Act, only dogs are recognized as service animals and are defined as “dogs which are individually trained to do work or perform tasks for people with disabilities”. Under this law, as an organization which serves the public, the OHSAA shall allow these service animals to accompany people with disabilities in all areas of our facilities. The service dog must be harnessed, leashed or tethered unless these devices interfere with the service animal’s work or the individual’s disability prevents using these devices. In those cases, the individual must maintain control of the animal.

When it is not obvious what service the animal provides, only limited inquiries are allowed. Your staff may ask two questions:

1. Is the dog a service animal required because of a disability?
2. What work or task has the dog been trained to perform?

Staff shall not ask about the person’s disability, require medical documentation, require a special identification card or training documentation for the dog, or ask the dog to demonstrate its ability to perform the work or task. Please note that dogs whose sole function is to provide comfort or emotional support do not qualify as service animals under the ADA.

EMERGENCY ACTION PLAN

Location of Closest Working Telephone: _____

If locked, keys to Telephone are located: _____

Is 911 Service Available? YES NO

Alternate Emergency Response Number: _____

Exact Address of Tournament Site: _____

Entry location for Emergency Vehicle: _____

Normal Response Time for Emergency Vehicle is: _____

Designated Health Care Provider for this tournament is: _____ Contact Number: _____

Closest Health Care Facility: _____ Travel Time: _____

Closest Trauma Facility: _____ Travel Time: _____

Location of AED _____

If locked, keys are located _____

Individual on site who can operate the AED _____

Name of Designated Person	Role
	Attends to injured athlete(s) or spectator(s) and controls immediate scene.
	Telephones 911 or other pre-determined emergency number, maintains procedures for calling 911.
	Supervises team and/or other athletes
	Meets medical personnel at gate and guides them to injured person(s), maintains all necessary keys to critical entry points
	Calls Parents/Guardians/School Personnel if necessary
	Accompanies injured person(s) to hospital
	Telephones security



OHSAA Volleyball Tournament - 2025

Official Match Roster and Starting Lineup

School:	Division:
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1	Team:	Check One:
	Libero:	Serve <input type="checkbox"/> Receive <input type="checkbox"/>
	Serving Order	Player No.
	I	
	II	
	III	
	IV	
	V	
VI		

2	Team:	Check One:
	Libero:	Serve <input type="checkbox"/> Receive <input type="checkbox"/>
	Serving Order	Player No.
	I	
	II	
	III	
	IV	
	V	
VI		

3	Team:	Check One:
	Libero:	Serve <input type="checkbox"/> Receive <input type="checkbox"/>
	Serving Order	Player No.
	I	
	II	
	III	
	IV	
	V	
VI		

4	Team:	Check One:
	Libero:	Serve <input type="checkbox"/> Receive <input type="checkbox"/>
	Serving Order	Player No.
	I	
	II	
	III	
	IV	
	V	
VI		

5	Team:	Check One:
	Libero:	Serve <input type="checkbox"/> Receive <input type="checkbox"/>
	Serving Order	Player No.
	I	
	II	
	III	
	IV	
	V	
VI		

Hand to Official Scorer. Only 15 players may be certified for any one match. Names of the 15 to play must be given to the OHSAA representative or the official scorer no later than two minutes prior to the end of timed warm-ups. To facilitate preventative officiating, please submit the roster 30 minutes prior to the match.

	NAME	NUMBER
1		
2		
3		
4		
5		
6		
7		
8		
9		
10		
11		
12		
13		
14		
15		

SIGNATURE OF COACH _____



SPORTS MEDICINE INFORMATION

The safety of our student-athletes is of utmost concern at all times. Information regarding the following important topics can be found at the OHSAA's "Healthy Lifestyles and Sports Medicine" webpage at <http://www.ohsaa.org/medicine/default.asp>. Additional information relative to various equipment and rules relative to medical issues can be found throughout this manual as well.

- Heat Stress and Athletic Participation
- Recommendations for Hydration to Prevent Heat Illness
- Suggested Guidelines for Management of Head Trauma in Sports
- Communicable Disease Procedures (can also be found on page nine of the NFHS 2009-10 Rules Book)
- Links to the following sites:
 - Joint Advisory Committee on Sports Medicine
 - Ohio Athletic Trainers Association
 - American Medical Society for Sports Medicine
 - Ohio Parents for Drug Free Youth
 - National Athletic Trainers Association (NATA)
 - Gatorade Sports Science Institute News

CONCUSSION MANAGEMENT

DATE OF IMPLEMENTATION – APRIL 26, 2013

Implementation of State Law and NFHS Playing Rules Related to Concussion and Concussed Athletes and Return to Play Protocol

Notwithstanding the leading role that the Ohio High School Athletic Association has played in the area of developing policies concerning concussion prevention, recognition and management, in December of 2012, Ohio's Governor Kasich signed into law legislation that was passed by Ohio's 129th General Assembly which incorporated much of what the OHSAA regulations previously mandated. This law adds several aspects to previous OHSAA regulations. Therefore, in order to be fully compliant with this law as signed by our Governor, modifications have been made to OHSAA policy. These modifications are set forth in these updated Concussion Regulations.

It is important for all individuals involved in interscholastic athletics to recognize the potential for catastrophic injury and even death from concussions. Thus it is extremely important that each coach, administrator, contest official and medical support personnel review their responsibilities in protecting students. Further both students and parents have responsibilities in this area as well.

Note: It has always been the ultimate responsibility of the coaching staff, in all sports, to ensure that students are only put into practice or contests if they are physically capable of performing. However, all individuals involved in the conduct of interscholastic competition have responsibilities in this endeavor.

In January 2011, the OHSAA Board of Directors adopted a sports regulation which incorporated the National Federation of State High School Associations (NFHS) playing rules related to concussion recognition and management. On April 26, 2013, legislation adopted by Ohio's General Assembly on concussion and head injuries in youth sports became effective. On February 14, 2013, the OHSAA Board of Directors mandated that these regulations become effective on April 26, 2013 for the remainder of the spring sports season and thereafter. This OHSAA regulation, as amended to incorporate this recent legislation, now reads:

Any student, while practicing for or competing in an interscholastic contest, who exhibits signs, symptoms or behaviors consistent with having sustained a concussion or head injury (such as loss of consciousness, headache, dizziness, confusion or balance problems) shall be immediately removed from the practice or contest by either of the following:

1. The individual who is serving as the student's coach during that practice or competition.
2. An individual who is serving as a contest official or referee during that practice or competition.

RETURN TO PLAY PROTOCOL

If a student is removed from practice or competition due to a suspected concussion or head injury, the coach or referee who removes the student shall not permit the student, **ON THE SAME DAY THE STUDENT IS REMOVED**, to return to that practice or competition or to participate in any other practice or competition for which the coach or contest official is responsible. Thereafter, which means no earlier than the next day, the coach or contest officials shall not permit the student to return to practice or competition until both of the following conditions are satisfied:

1. The student's condition is assessed by either of the following:

- a. A physician, who is a person authorized under Chapter 4731 of the Ohio Revised Code (OCR) to practice medicine and surgery or osteopathic medicine or surgery (M.D. or D.O.)
- b. Any other licensed health care provider that the school district Board of Education, or other governing authority of a chartered or non-chartered non-public school, authorizes to assess the student who has been removed from practice or competition.

2. The student receives **written authorization** that it is safe for the student to return to practice or competition from a physician or other licensed health care provider authorized to grant the clearance. Click here <http://ohsaa.org/medicine/AuthorizationToReenter.pdf> to retrieve the OHSAA's Medical Authorization to Return To Play (RTP) form.

A school district Board of Education or governing authority of a chartered or non-chartered nonpublic school may authorize a licensed health care provider who is NOT a PHYSICIAN to make an assessment and grant authorization for a student to return to participation ONLY if the provider is acting in accordance with one of the following as applicable to the provider's authority to practice in Ohio:

- 1) In consultation with a physician;
- 2) Pursuant to the referral of a physician;
- 3) In collaboration with a physician, or
- 4) Under the supervision of a physician.

Note: A physician or other licensed health care provider who makes an assessment or grants clearance for a student to return to participation may be a volunteer.

COACHES REQUIREMENTS

All coaches, paid and volunteer, must possess a current Department of Education-issued Pupil Activity Program/Coaching Permit. When renewing this permit, the coach will be required to complete an online concussion education course as stipulated in the section entitled **Approved Online Concussion Education Course**. This course is valid for three years and expires at the time the Pupil Activity Program/Coaching Permit expires.

CONTEST OFFICIALS REQUIREMENTS

New legislation signed into law by the Governor provides that no school "shall permit" an individual to referee interscholastic athletic contests unless the individual holds a Pupil Activity Program/Coaching Permit or has successfully completed within the last three years a training program in concussion recognition. Therefore, all OHSAA licensed officials shall possess either a current Department of Education-issued Pupil Activity Program/Coaching Permit or show evidence of completing an approved online concussion education course as stipulated in the section entitled Approved Online Concussion Education Courses. This course is valid for three years from the date of completion.

STUDENT AND PARENT REQUIREMENTS

All students and their parents or legal guardians shall review and sign the "Concussion Information Sheet" which has been developed by the Ohio Department of Health and which shall be distributed by OHSAA member schools to all students and their parents prior to each sports season. Students and parents shall review and sign this form each year and should keep a copy of the form. In addition, parents and students are encouraged to complete an approved concussion education course. The Concussion Information Sheet can be found here: <http://www.healthyohioprogram.org/~media/HealthyOhio/ASSETS/Files/injury%20prevention/concussion/Interscholastic%20Concussion%20Form%20-%20ODH%20Revised%202.ashx>

APPROVED ONLINE CONCUSSION EDUCATION COURSES

The following free online training courses have been approved by the Ohio Department of Health for coaches and contest officials:

National Federation of State High School Associations Concussion in Sports - What you Need to Know:

<http://www.nfhslearn.com/electiveDetail.aspx?courseID=38000>

(This free online course is available through the NFHS. Click the "order here" button, and complete a brief registration form to take the course. Follow these steps to complete the course:

1. Click on the button that says "Please Login to Order." In the window that appears, click "Register Now."
2. When your registration is complete, you may "order" the free concussion course offered along the left-hand side of the page. Continue following prompts. Although it may look like you will be charged for the course, there is no cost.
3. Once you've completed "Checkout," you will be able to take the free online course.
4. When you have completed and passed the course, you have the option of printing a certificate of completion.
5. All Ohio Officials should select this option to print, retain a copy of the certificate and carry it with them to all contests.

Centers for Disease Control and Prevention Heads Up Concussion in Youth Sports On-Line Training Program:

http://www.cdc.gov/concussion/HeadsUp/online_training.html -

PLEASE NOTE: Both courses offer a “certificate of completion” upon successful passage. The NFHS course allows organizations to search for and [track coaches and other individuals such as contest officials who have completed the course](#), while the CDC course does not.

FREQUENTLY ASKED QUESTIONS

1. **What are the “signs, symptoms, or behaviors consistent with a concussion?”** The National Federation rule lists some of the signs, symptoms and behaviors consistent with a concussion. The U.S. Department of Health and Human Services, Centers for Disease Control and Prevention has published the following list of signs, symptoms and behaviors that are consistent with a concussion:

SIGNS OBSERVED BY OTHERS	SYMPTOMS REPORTED BY ATHLETE
<ul style="list-style-type: none"> • Appears dazed or stunned • Is confused about assignment • Forgets plays • Is unsure of game, score, or opponent • Moves clumsily • Answers questions slowly • Loses consciousness • Shows behavior or personality changes • Cannot recall events prior to hit • Cannot recall events after hit 	<ul style="list-style-type: none"> • Headache • Nausea • Balance problems or dizziness • Double or fuzzy vision • Sensitivity to light or noise • Feeling sluggish • Feeling foggy or groggy • Concentration or memory problems • Confusion

2. **Who is responsible for administering this rule?**

All individuals who have responsibilities and duties in the interscholastic athletics environment are responsible: coaches, contest officials, administrators, students, parents and medical personnel.

3. **What is the role of coaches in administering this rule?**

- Coaches are to review and know the signs and symptoms of concussion and to prohibit any athlete who displays these signs or symptoms from participating in a practice or a contest.
- Coaches are not medical professionals and have no authority to determine whether or not a student has sustained a concussion. The coach is responsible for insuring that the student’s parents are notified and the student is referred to a medical professional.
- Coaches shall be aware that any student removed from a practice or a contest due to a suspected concussion or head injury **shall not return to participation on the same day as the removal.**
- Coaches shall possess a current Pupil Activity Program/Coaching Permit and shall take one of the approved online concussion courses upon renewal of the permit.

4. **What is the role of contest officials in administering the rule?**

- Officials are to review and know the signs and symptoms of concussion and to direct immediate removal of any student who displays these signs or symptoms. When informing the head coach about removal of an athlete, the official shall be accompanied by another (second) official if possible.
- An official **shall not permit the athlete who has been removed under this rule to return to competition that same day.**
- If a contest official is aware that a student has been permitted to return to competition on the same day as removal, that official shall immediately stop play and remove that student from competition and report the incident to the OHSAA.
- Note that officials are not medical professionals and have no authority to determine whether or not a student has sustained a concussion. The official is responsible for directing removal when he or she observes signs and symptoms that may indicate a student is concussed.
- All Officials shall possess either a current Pupil Activity Program/Coaching Permit or shall complete one of the online concussion courses which are valid for three years from the date of completion.
- At initial licensure or renewal of the OHSAA officiating permit, the official shall indicate that he or she has either a current Pupil Activity Program/Coaching Permit or has completed one of the approved online concussion courses.
- All officials should carry with them evidence of completion of one of these options at all times while officiating a contest.
- Officials are required to submit to the OHSAA the “OHSAA Concussion Report” within 48 hours whenever a student has been removed from a contest under this regulation.

5. **What are the expectations of student-athletes in concussion management?**

- While all individuals involved in the interscholastic athletics program have a responsibility to recognize the potential for catastrophic injury and even death from concussions, it is also the responsibility of student-athletes to recognize the signs, symptoms and behaviors consistent with a concussion.
- Student-athletes who exhibit symptoms such as loss of consciousness, headache, dizziness, confusion or balance problems, have the responsibility to report these immediately to their coach and/or health care professional. Teammates also share the responsibility to report these symptoms when they are exhibited by a fellow student-athlete.
- Student-athletes shall review and sign, on an annual basis, along with their parents or legal guardians, the Ohio Department of Health’s Concussion Information Sheet found on the OHSAA website and at this link

6. Who decides if an athlete has not been concussed and/or who has recovered from a concussion?

- **Only** an M.D. (Medical Doctor), D.O. (Doctor of Osteopathy), or another health care provider approved by the school's Board of Education or other governing body who is acting in accordance with one of the following as applicable to the provider's authority to practice in Ohio:

- 1) In consultation with a physician;
- 2) Pursuant to the referral of a physician;
- 3) In collaboration with a physician;
- 4) Under the supervision of a physician.

is empowered to make the on-site determination that an athlete has **not** received a concussion. **Even if that determination has been made, however, the student may not return to practice or competition on the same day he/she has been removed from a practice or competition** (see No. 7 below).

- If any one of these physicians or authorized medical providers has answered that "yes" there has been a concussion, that decision is final.

7. Can an athlete return to play on the same day as he/she has been removed from a practice or competition for a suspected concussion?

- No, under no circumstances can that athlete return to play that day.
- No coach or contest official shall allow a student to return to practice or to competition on any day after the initial removal until that student has been assessed and cleared for return with **written authorization** by a physician or licensed health care provider authorized by the school.
- If the event continues over multiple days, then the designated event physician has ultimate authority over return to play decisions.

8. Once the day has concluded, who can issue authorization to return to practice/competition in the sport for a student who has diagnosed with a concussion?

- Once a concussion has been diagnosed by a physician or other approved health care provider, only a physician or approved provider can authorize subsequent Return To Play (RTP), and such authorization shall be in writing to the administration of the school. This written RTP authorization shall be kept at the school indefinitely as a part of that student's permanent record. Click here <http://ohsaa.org/medicine/AuthorizationToReenter.pdf> to access the OHSAA "Medical Authorization to Return to Play" Form.
- School administration shall then notify the coach as to the permission to return to practice or play.

9. What should be done after the student is cleared by an appropriate health care professional?

- After a clearance has been issued, the student's actual return to practice and play should follow a graduated protocol.
- The National Federation of State High School Associations has included the following graduated protocol in its Suggested Guidelines for Management of Concussion in Sports: (**Note:** This is simply a suggested protocol. The appropriate health care professional who issues the clearance may wish to establish a different graduated protocol.)

NFHS SUGGESTED MEDICAL CLEARANCE RETURN TO PLAY PROTOCOL

1. No exertional activity until asymptomatic.
2. When the athlete appears clear, begin low-impact activity such as walking, stationary bike, etc.
3. Initiate aerobic activity fundamental to specific sport such as running or skating, and may also begin progressive strength training activities.
4. Begin non-contact skill drills specific to sport.
5. Full contact in practice setting.
6. Game play/competition.
 - Athlete must remain asymptomatic to progress to the next level. (It is often suggested that an athlete not be allowed to progress more than one level per day.)
 - If symptoms recur, athlete must return to previous level and should be reevaluated by an appropriate health care professional.
 - Medical check should occur before contact. (Final written clearance from the medical professional shall be obtained before the athlete engages in any unrestricted or full contact activity.)

Visit our Concussion webpage on our website for more resources!



OHIO HIGH SCHOOL ATHLETIC ASSOCIATION

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Columbus, Ohio 43214

Telephone: 614-267-2502

www.ohsaa.org

OHSAA CONCUSSION REPORT

State Law, NFHS Rules and OHSAA policy require a student who exhibits signs, symptoms or behaviors associated with concussion to be removed from a contest and not permitted to reenter competition that same day. This form shall serve to document that a student has been removed from a contest in accordance with State Law, NFHS and OHSAA rules due to exhibiting signs, symptoms and/or behaviors consistent with a concussion. The contest official must complete this form and forward it to the OHSAA within 48 hours after the conclusion of the contest. It is recommended that the official keep a copy of this report. In addition, if required by NFHS rule, an appropriate entry shall be made in the scorebook or other document as prescribed.

Student's Name _____ **Date** _____

School Name _____

Sport _____

Level of Contest (Circle One) 7th 8th 9th JV Varsity

Official's Name _____ **OHSAA Permit #** _____

Comments: _____

Please forward the OHSAA within 48 hours.

COMMUNICABLE DISEASE PROCEDURES

Though most schools have a Certified Athletic Trainer present at Varsity contests and all coaches are required to maintain a valid Pupil Activity Certificate through the Ohio Department of Education that includes a Sports' First Aid component, it is important to keep up to date on the remote risk that blood borne infectious diseases can be transmitted during basketball practice and contests. For example, Hepatitis B can be present in blood as well as other bodily fluids. Procedures for reducing the potential transmission of these infectious diseases should include, but should not be limited to the following:

1. The bleeding must be stopped, the open wound covered and if there is an excessive amount of blood on the uniform, it must be changed before the athlete may participate.
2. Routine use of gloves or other precautions to prevent skin and mucous-membrane exposure when contact with blood and other body fluids is anticipated.
3. Immediately wash hands and other skin surfaces if contaminated (in contact) with blood or other body fluids. Wash hands immediately after removing gloves.
4. Clean all contaminated surfaces and equipment with an appropriate disinfectant before competition resumes.
5. Practice proper disposal procedures to prevent injuries caused by needles, scalpels and other sharp instruments or devices.
6. Although saliva has not been implicated in HIV transmission, to minimize the need for emergency mouth-to-mouth resuscitation, mouthpieces, resuscitation bags, or other ventilation devices should be available for use.
7. Athletic trainers/coaches with bleeding or oozing skin conditions should refrain from all direct athletic care until the condition resolves.
8. Contaminated towels should be properly disposed of/disinfected.
9. Follow acceptable guidelines in the immediate control of bleeding and when handling dressings, mouthguards and other articles containing body fluids.

You are encouraged to log on to the OHSAA's website at www.ohsaa.org and refer to the Sports' Medicine dropdown menu for additional information.

H1N1 INFLUENZA POLICY

The OHSAA's Board of Directors approved the following policy with advice from the Ohio Department of Health and shall observe this policy at tournament time in the event of an H1N1 Influenza outbreak.

1. The Ohio Department of Health has advised that it will be the decision of each local health authority in Ohio as to whether or not to close a school or university due to an influenza outbreak; however, at this time the Centers for Disease Control are not recommending closures except in extreme circumstances.
2. In the event schools remain open, competitors and teams shall be expected to play tournament contests on the dates scheduled.
3. In the event schools are closed, the OHSAA and tournament personnel, shall reschedule the tournament contest for the schools thus affected.
4. Please watch the OHSAA web site home page at www.ohsaa.org and the specific sport page on the web site for more information.

HEAT STRESS & ATHLETIC PARTICIPATION

The following information should be reviewed with coaching and sports medicine staff prior to any interscholastic practice where there is a risk of exertional heat illness.

All coaching and medical staff personnel shall observe the following precautions for **all sports competed outdoors and/or in a hot, humid environment.**

- **Stress to participants the importance of properly hydrating** during the day leading up to the contest/training, and to drink 8-to-12 ounces of water or sport drinks 20 minutes prior to the contest or any training session. This procedure can help prevent problems during practice and contests.

- **Schools shall have unlimited amounts of water** and sport drinks on hand during practices and contests, and coaches in team sports should be prepared to play a lot of players rather than just the starters.
- **Contest officials are permitted to establish predetermined breaks** during contests, such as halfway through each period. At that time, players can drink water and remove their equipment, which should also take place at halftime (the more skin that is exposed, the more cooling that can take place). **This provision also applies to all sports.**
- **NFHS football playing rules allow the referee to shorten periods** per mutual agreement by the opposing coaches. In addition, by mutual agreement a game may be terminated at any time.
- **Contest managers are advised to monitor conditions** for others affiliated with the contest, like cheerleaders, band members, coaches, officials and especially spectators.
- **Please review the OHSAA policy on inclement weather and lightning.** In short, upon the first indication that thunderstorm development is within 15 miles of the game site, the activity shall be suspended until 30 minutes after the storm has left this 15-mile zone. Individuals should move to a safe area until the storm has moved away.
- **Know both the Temperature and Humidity.** The greater the humidity the more difficult it is for the body to cool itself. **Test the air prior to practice or a game using a wet bulb, globe, temperature index (WBGT index) which is based on the combined effects of air temperature, relative humidity, radiant heat and air movement and is the recommended standard of care for assessing risk of exertional heat illness.** The following precautions are recommended when using the WBGT Index: (ACSM's Guidelines for the Team Physician, 1991)

Below 64 - Unlimited activity
 65-72 - Moderate risk
 74-82 - High Risk
 82 plus - Very high risk

One other method of measuring the relative humidity is the use of a sling psychrometer, which measures wet bulb temperature. The wet bulb temperature should be measured prior to practice and the intensity and duration of practice adjusted accordingly. Recommendations are as follows:

Under 79.7 F	Normal activities – three separate 3-minute breaks per hour
79.8-84.6 F	Three separate 4-minute breaks per hour
84.7-87.6 F	Maximum practice time of 2 hours; four separate 4-minute breaks per hour; consider postponing practice to later in day
87.8-89.7 F	Maximum of 1 hour of training with four separate 5-minute breaks; no additional conditioning; consider postponing practice to later in day
89.8+ F	No outdoor workouts and no indoor workouts unless air conditioned

The OHSAA advises careful monitoring of the weather and plans to modify training and competition including:

- 1) Modification of equipment, if applicable to the sport
- 2) Allowance for more frequent rest breaks and the use of shaded areas for those breaks
- 3) Modification of practice time
- 4) Availability of water always
- 5) Availability of cold water immersion tubs for onsite cooling
- 6) If exertional heat stroke is suspected, immediate onsite cooling using cold water immersion before transport by EMS
- 7) *Review and practice of the OHSAA's recommended Emergency Action Plan, "Anyone Can a Save A Life," or similar plan for all sports teams with special emphasis on the heat illness section.*



Ohio High School Athletic Association
4080 Roselea Place, Columbus, Ohio 43214
614-267-2502
www.ohsaa.org

INSPECTION OF REGIONAL/STATE TOURNAMENT SITES | VOLLEYBALL

The Board of Directors of the Ohio High School Athletic Association has ruled that all tournament sites should be thoroughly inspected by the manager and/or other competent individuals so as to insure that the facility is safe for tournament participation. This precaution should take place within the week prior to the first tournament game.

After your facilities have been carefully inspected, sign the report and send to the OHSAA.

.....

We the undersigned, hereby certify that we have carefully inspected the floor, premises and facilities of the tournament site and found no apparent defects before the first match of the tournament has been played.

TOURNAMENT SITE _____
Location

DATE _____

RETURN TO EMILY MASON AT THE OHSAA EMAIL AT emason@ohsaa.org