



THIS WEEK IN VOLLEYBALL

Issue 3 | September 23, 2021

REMINDER ON MATCH FORMATS – PLEASE READ

The NFHS Volleyball Rules Book states that a match shall be played in a best three of five format and permits state associations to adopt different protocols for sub-varsity matches and/or for series other than dual Varsity matches. The [OHSAA Volleyball Regulations](#) state the following:

- **Varsity dual matches** shall be played in a best three of five format, with all sets going to 25 points with no cap and the deciding set shall go to 15 points with no cap.
- **Non-varsity matches** (JV, Freshman, etc.) shall be played in a best two of three format, with each set going to 25 points with no cap and the deciding set to 25 with no cap.
- **All 7 & 8 grade matches** shall be played in a best two of three format, with each set going to 25 points with no cap and the deciding set to 25 with no cap.

Schools and leagues/conferences are NOT permitted to alter the match format for any reason*, by both NFHS and OHSAA Regulation. Examples of altering the match format include, but are not limited to:

- Not playing the third/deciding set in a sub-varsity match;
- Playing the third/deciding set to 15 points instead of 25;
- Refusing an official's direction of completing the match.

The only exception is listed in **Volleyball Sport Regulation 1.3, for Varsity regular season matches contested in any format other than a dual, head-to-head format. Please view the Volleyball Sport Regulations for further detail.*

If your team(s) have been altering the match format at any level, we ask that you please revert to the proper match format **immediately**. Should your team(s) continue to alter a match format moving forward, penalties shall apply, as this is a violation of our Volleyball Regulations. This could include forfeiture of the match. OHSAA officials are asked to report any schools not following the proper match protocol to the OHSAA.

As a reminder, if schools would like to see changes to our Volleyball Regulations, please discuss this with your Ohio High School Volleyball Coaches Association (OHSVCA) representative. The OHSVCA may propose changes to our Volleyball Regulations if they feel it has merit to benefit the state of Ohio. Our Volleyball Regulations are voted on and approved by our Board of Directors annually.

NOTE: Modifications were made to a few of our Volleyball Sport Regulations for the 2020 season, as one of the Health Director's Order eliminated matches against multiple opponents on the same day from occurring. Due to the Health Order, many schools began scheduling multiple matches against the same opponent in one day, resulting in the modifications. The communication regarding last year's COVID-19 modifications can be found [HERE](#)—you will see that this mentions these modifications were for **2020 only**.

WARM-UP PROTOCOL

The OHSAA does not set a warm-up period/protocol during regular season and the schools are able to determine a warm-up protocol. However, we do have a warm-up protocol that is required during tournament time only. There has been an update to the warm-up protocol listed in the [Volleyball Tournament Regulations](#) and [Volleyball Manual](#), which were approved at the August 2021 Board of Directors Meeting. Please see the highlighted (in gray) changes below:

Adequate time for warming up shall be provided all competing schools. There will be a 30-minute warm-up on the playing court by both teams. Teams shall be provided 10 minutes of ball handling on their side of the net, prior to the coin toss. Once the coin toss has been conducted, the remaining 20-minute warm-up shall be divided into the following designated times in order:

1. 2 minutes – both teams ball handling on their side of the net
2. 6 minutes – the serving team has the whole court*
3. 6 minutes – the receiving team has the whole court*
4. 3 minutes – the serving team has the whole court*
5. 3 minutes – the receiving team has the whole court*

***NOTE:** There may be no use of volleyballs in the facility while team is not on the court for the designated time. This includes, but is not limited to, auxiliary gyms and hallways.

Again, this is not a required protocol during regular season, but please be aware of this change during the OHSAA postseason tournament at all levels.

THANK YOU!

Volley for the Cure!

Make sure to send in photos from your Volley for the Cure matches—we would love to feature our participating schools!

Final Rules Meeting Deadline

The deadline without penalty for the 2021 Volleyball Rules Meeting was August 20. There is now a \$50 late penalty applied to any school who has not viewed the Rules Meeting. The FINAL deadline is October 4 at 11:59pm. Starting on October 5, the Rules Meeting will no longer be available. The penalty for not completing this requirement is removal from the OHSAA postseason tournament.

Standing Along Bench

A reminder that substitutes are not permitted to stand along the bench or behind the bench. Standing along the bench or behind the bench was a NFHS Rule modification for 2020 only.

Respect
THE
GAME

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