



Ohio High School Athletic Association

THIS WEEK IN VOLLEYBALL | ISSUE 1

July 19, 2023

TO: Volleyball Head Coaches

FR: Emily Mason, Senior Sport Administrator – Volleyball

RE: *This Week in Volleyball – Issue 1*

STATE RULES MEETING

Per *General Sport Regulation 2*, all head volleyball coaches are required to complete the State Rules Meeting. The Volleyball Online Rules Meeting will go live on **Friday, July 21 at 9:00am**—please see the Rules Meeting deadlines below. You **MUST** have a myOHSAA profile to view the Rules Meeting. Please check with your Athletic Director that your myOHSAA email address matches the email address they have listed in your school's Staff Management list in Final Forms. You must be listed as the volleyball coach with the correct email address to receive credit. Please contact Alexis Holderman (aholderman@ohsaa.org) for any questions regarding your myOHSAA profile or Rules Meeting access. Once the Rules Meeting is live on July 21 at 9:00am, you may follow these steps:

1. Login to your myOHSAA account (<http://officials.myohsaa.org/Logon>)
2. Click on the "Rules Meetings" icon
3. Click on "Find a State Rules Meeting"
4. Search for your sport specific State Rules Meeting using the 'Sports' and 'Meeting Type' drop-down menus
5. Click on 'View Meeting' once the State Rules Meeting has gone live

The Volleyball Rules Meeting will be available at any time online from July 21 to **August 19 at 11:59pm without penalty**. Beginning on August 20, there will be a \$50 late fee to view the Rules Meeting. **The final deadline of the Volleyball Rules Meeting is October 2 at 11:59pm.** Beginning at 12:00am on October 3, the Volleyball Rules Meeting is no longer available and the penalty shall apply. Since the Volleyball Rules Meeting is online, the meeting is available for viewing 24/7 from July 21 at 9:00am until October 2 at 11:59pm. *We encourage you to complete the meeting prior to August 19 to avoid paying the \$50 late fee.*

The penalty for not viewing the Volleyball Rules Meeting by October 2 at 11:59pm is **REMOVAL FROM THE POSTSEASON TOURNAMENT.**

REMINDERS ON GENERAL SPORT REGULATION CHANGES

A February issue of *This Week in Volleyball* was sent on February 24, which outlined a few General Sport Regulation changes that affect the sport of Volleyball. Here is a summary of the changes:

2023 FALL SPORT SEASON START DATE – JULY 31

On February 16, the Board of Directors voted unanimously to allow all fall sports to have coaching, tryouts and instruction begin on **July 31** instead of August 1 in 2023. Coaches may begin providing coaching and instruction, as well as hold tryouts, on that Monday (July 31) instead of having to wait until Tuesday of that week. For now, this change will only apply to the 2023 fall sport season.

NOTE: This does not mean that the date of the first match will change. The first match will remain the same and may not take place until Friday, August 18.

Tryouts for the school volleyball team may not take place until July 31, 2023 or after!

CHANGES TO GENERAL SPORT REGULATION 7.5 | SUMMER COACHING DAYS

NOTE: With the start date of coaching for 2023 beginning on July 31 instead of the typical August 1 date, please note that for the sport of Volleyball and for the 2023 season only, the summer period of May 15 – July 31 will be May 15 – July 30. For any reference of July 31 in the May 15 – July 31 time period listed below or throughout any resources, please know that is July 30 for the 2023 Volleyball season.

On February 16, the Board of Directors voted to approve a change to *General Sport Regulation 7.5.1 – Team Sports (10-Day Rule)*, to go into effect immediately. Previously, *GSR 7.5.1* stated members of a school team's coaching staff in team sports may coach any number of students from their teams in excess of the team limit set forth in *GSR 7.3* (3 for the sport of volleyball) outside of the school season, for a maximum of 10 days from June 1 through July 31 and participation may not be mandatory. The Board of Directors approved to change this to a **maximum of 13 days from May 15 through July 31**. There was increase to the number of days (from 10 coaching days to 13 coaching days) a coaching staff may work more than 3 athletes at one time and also an extension of the time period at the beginning (from June 1 to **May 15** through July 31). Previous stipulations within the Regulation will not change.

The language of *General Sport Regulation 7.5.1* would now read:

Members of a school team's coaching staff in the team sports of volleyball (etc.) may coach any number of students from their teams in excess of the team limit set forth in *General Sport Regulation 7.3* (3 for the sport of volleyball), for a maximum of **13 days from May 15** through July 31, and participation cannot be mandatory.

INDIVIDUAL SET LIMITATION INCREASE PROPOSAL APPROVED

The proposal submitted on behalf of the Ohio High School Volleyball Coaches Association to increase the number of sets permitted for each individual to participate in per day against a common opponent, from five (5) sets to **six (6) sets**, was approved by the Board of Directors. This change will be reflected in the 2023-24 OHSAA Handbook, but **Volleyball Regulation 1.6** will now read:

Individual limitations for volleyball players who play in any non-varsity competition on the same day and against the same opponent consist of a maximum of six (6) sets per day per common opponent.

The intent of this increase will allow schools to (hopefully!) field more teams at sub-varsity and varsity levels and allow more opportunities for volleyball athletes to play. Please thank your OHSVCA representatives for working with our office to submit this proposal!

MEDICAL WAIVERS

As a reminder, if you have a student-athlete that requires a medical device, like an insulin pump or cochlear implants, you must receive a waiver from our office for them to wear said device during play. You may send this request, along with a doctor's note, to Emily Mason at emason@ohsaa.org. Officials must see an official waiver from the OHSAA to allow them to wear said devices during play, as these types of devices would not be permitted per NFHS rule without a waiver.

Thank you!