

**To:** OHSAA Wrestling School Athletic Directors and Head Coaches

**From:** Tyler Brooks, Director of Officiating & Sport Management

**Re:** Update on OHSAA Wrestling Season

I am receiving many inquiries on the upcoming wrestling season, and I wanted to share latest information with you, although, there isn't anything that has changed as of the writing of this email.

In a conversation with the Ohio Department of Health (ODH) and the Governor's office today, it was determined that they needed to have additional internal conversations to fully address how the ODH's orders may affect the upcoming wrestling season.

As of the writing of this email there are no confirmed modifications to the upcoming wrestling season in any of the following aspects:

- Season dates (practice, scrimmages, regular season, tournament)
- Type of events (duals, tris, individual tournaments, dual team tournaments)
- Interstate travel for competition both OHSAA wrestlers competing outside of Ohio, and out-of-state wrestlers competing in Ohio

I have no other information to share at this point. I will update the wrestling community once I have had all questions answered by the ODH and Governor's office. There is no timetable established for feedback from the ODH or the Governor's office.

Additionally, there have been no modifications to the OHSAA out-of-season regulations regarding coaches and wrestler's participation in individual skill / coaching instruction, open mats, etc.

If you are seeking guidance on how to more safely conduct out-of-season wrestling activities during this pandemic, I recommend the following resources below:

USA Wrestling: Return to the Mat Guidelines - <https://content.themat.com/covid-19/USAW-Return-to-the-Mat-Guidelines.pdf>

NWCA: Returning to Wrestling - [http://www.nwcaonline.com/wp-content/uploads/2020/07/NWCA\\_Returning-to-Wrestling-Advocacy-Guide\\_FINAL\\_July-7-2020.pdf](http://www.nwcaonline.com/wp-content/uploads/2020/07/NWCA_Returning-to-Wrestling-Advocacy-Guide_FINAL_July-7-2020.pdf)



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