

To: OHSAA Wrestling School Athletic Directors and Head Coaches

From: Tyler Brooks, Director of Officiating & Sport Management

Re: Optional Changes to Weigh-In Procedures

The season is upon us! Best of luck to all teams competing this weekend.

There are many programs across the state that are not able to compete right now due to athletic department pauses, and that is extremely difficult for those coaches and wrestlers. We are one wrestling community, and we will embrace this turbulent season by welcoming all wrestlers back into competition when they are able to do so.

After extensive discussions with wrestling schools and our DOD Toby Dunlap, I am approving two optional changes to the weigh-in process for regular season events this season.

These optional changes below are made for two primary reasons:

- 1 - To reduce the amount of time wrestlers are required to be present in congregate settings with other teams.
- 2 - To give host schools / tournament managers maximum flexibility in conducting their events to provide the safest possible competition environment this season.

These changes have also been included in an updated version of the "requirements and recommendations" document:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/2020-21/WRRequirementsRecommendations.pdf>

1 - Home School Weigh-Ins

At the discretion of the host school / tournament director, an event may permit home school weigh-ins as opposed to participating in on-site weigh-ins in accordance with NFHS rule 4-5.

If a host school / tournament director decides to permit participating schools to conduct home school weigh-ins, it is not required that all participating schools conduct home school weigh-ins. Some participating schools may decide to conduct weigh-ins on site if the host site plans to conduct on-site weigh-ins.

Home school weigh-ins must occur on the day of the competition. The host school / tournament director may dictate the time of day the home weigh-ins take place, or they may leave it up to each participating team. Obviously, home school weigh-ins require unquestionable integrity from every participating school's coaching staff. The OHSAA will not mediate disputes on the accuracy of a home school weigh-in.

Home school weigh-ins will be conducted using Trackwrestling-generated weigh-in forms and must be witnessed and signed by a school administrator / coaching staff / designee. Additionally, the signed weigh-in form shall be presented at the meet prior to the competition. As always, coaches must retain copies of their signed weigh-in forms for the remainder of the season in case a wrestler's scratch weight certification at a weight class should ever come into question.

The OHSAA individual wrestling tournament will be conducted using on-site weigh-ins.

2 - Single Weigh-Ins for One Day, Multi-Session Events

Many events are splitting weight classes across multiple sessions in the same day. Host schools / tournament directors have the ability to allow participants for all sessions of competition to weigh-in prior to the first day's session.

The host school will determine if they are going to conduct weigh-ins ahead of each session or prior to the day's first session of competition. The following has been added to the "2020-21 Wrestling Requirements, Rules Modifications and General Recommendations" document (linked earlier in the email)

- For multiple-session events on a single day, weigh-ins may be conducted in one of two ways:

- Conduct weigh-ins one time prior to the event day beginning for all competitors, acknowledging that competitors competing in a later session will not be in compliance with NFHS rules 4-5-1 or 4-5-2.

- Conduct weigh-ins prior to the beginning of each session at the event to maintain compliance with NFHS rules 4-5-1 or 4-5-2.

3 - Socially Distanced Weigh-In Protocol

Please see document at this link for guidance on how to conduct a socially distanced weigh-in this season:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/2020-21/SociallyDistantWeighInProtocol.pdf>



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