

Skin and Grooming Check Protocol for Home School Weigh-Ins

To reduce the amount of time wrestlers are required to be present in congregate settings with other teams and to give host schools / tournament managers maximum flexibility in conducting their events to provide the safest possible competition environment this season the OHSAA is permitting **Home School Weigh-Ins**.

At the discretion of the host school / tournament director, an event may permit **Home School Weigh-Ins** as opposed to participating in on-site weigh-ins in accordance with NFHS rule 4-5.

If a host school / tournament director decides to permit participating schools to conduct **Home School Weigh-Ins**, it is not required that all participating schools conduct home school weigh-ins. Some participating schools may decide to conduct weigh-ins on site if the host site plans to conduct on-site weigh-ins.

Home School Weigh-Ins must occur on the day of the competition. The host school / tournament director may dictate the time of day the **Home Weigh-Ins** take place, or they may leave it up to each participating team.

The required skin and grooming checks mandated by NFHS rules 3-1-4 (a)-(f) and 3-1-5 (a)-(e) will be conducted by the assigned official(s) **at the host site**. For dual meets and multi-team dual events, it is recommended that skin and grooming checks be conducted a maximum of one-hour before the scheduled start of a dual meet, or a team's first competition each day in a multiple dual meet event. For individual bracketed tournaments, it is recommended that the skin and grooming checks be conducted a maximum of two-hours before the start of the first session of each day.

For efficiency, it is recommended that skin and grooming checks be conducted by team in the order in which each team arrives at the host school site (the host school event management will keep track of team arrival order).

- All skin and grooming checks shall be conducted out of public view and in a socially distanced and hygienic manner.
- It is the coach's responsibility to present skin condition waiver forms to the official (ask the head coach if there are any waiver forms).
- While NFHS rule permits skin and grooming checks in a legal uniform with suitable undergarment(s), it is recommended that "traditional" skin and grooming check protocol utilized past years be maintained.
- Skin and grooming checks for female competitors must be conducted by an adult female (e.g., female trainer, female school administrator, team mom, etc.).
- Skin and grooming checks for transgender competitors shall be handled by the accommodation protocol issued by the OHSAA office.
- The random draw to determine weight class order for dual and multiple dual meet events will take place when all participating teams arrive at the host school site.