

To: OHSAA Wrestling School Athletic Directors and Head Coaches
From: Tyler Brooks, Senior Manager of Officiating & Sport Administration
Re: November Update
Date: Wednesday, November 10, 2021

The wrestling season is upon us!

REMINDER: You have until Thursday, December 2 to complete the online state rules meeting through your myOHSAA profile. After 12/2, you will be charged a \$50 late fee to complete the meeting.

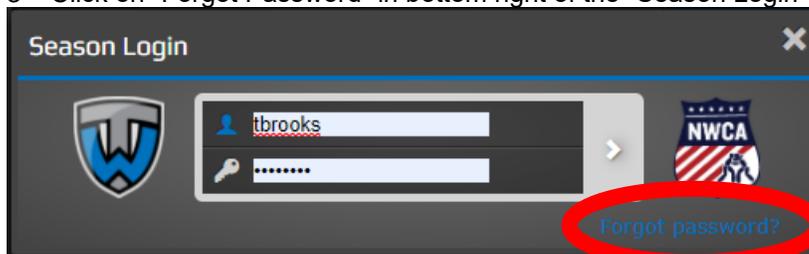
If you completed the meeting online through myOHSAA, always verify that you received credit by clicking on the "Rules Meeting" icon in your myOHSAA profile, then selecting "My State Meeting Attendance". If you completed the meeting online but do not see your credit there, please email me immediately.

If you attended the OHSWCA Coaches Clinic on 10/29 at Ohio State, your credit has already been uploaded. Please confirm with your AD that your school received state meeting credit for attending the clinic. Credit for attending the clinic will not appear in your personal myOHSAA profile like it does if you had completed it online.

1 - Trackwrestling Update

You should have received your Trackwrestling login email on Tuesday 11/3 at 10 AM. If you have not received your login email, please follow these steps:

- 1 – Add noreply@trackwrestling.com to your email's address book / contact list
- 2 – Go to this webpage click "Login" next to "2021-22 High School Boys": [Trackwrestling Login Page](#)
- 3 – Click on "Forgot Password" in bottom right of the "Season Login" window



- 4 – You will receive an email from noreply@trackwrestling.com with instructions on how to login to your account
- 5 - Your Trackwrestling profile uses the email address associated with your myOHSAA profile

If you are new to using Trackwrestling as an OHSAA coach, please review the overview video on YouTube below:

<https://www.youtube.com/watch?v=pBLD7sUcH0E&t=161s>

Reminder, assessments may occur as early as Saturday, November 13.

Also, a reminder, if you are interested in maintaining a separate “girls season” in Trackwrestling in addition to your “boys season”, you will have the opportunity to do this year. The cost is \$10 per school, regardless of the number of admins (coaches, ADs, etc.) with access to the girls season in Trackwrestling. Assessors will enter all wrestlers into the boys season in Trackwrestling as they have done in the past. Any female assessments will be mass copied to the girls season on 11/24. You will receive a login email for the girls season on 11/24 with payment instructions if you wish to utilize weight management in the girls season. This is purely optional. As girls numbers have grown, I have received feedback that it would be helpful to separate the girls wrestlers and events from the boys events.

2 - Non-Interscholastic Date and 7/8 Grade Wrestling

The non-interscholastic date is the final date in the season that a wrestler could compete non-interscholastically and still be eligible to join their school team and compete in the OHSAA tournament. This does not happen often in our sport, but it is important to understand the date. The non-interscholastic date for this season is January 10, 2022.

There is no “non-interscholastic date” for 7/8 grade wrestling because there is no OHSAA tournament for 7/8 grade wrestling. Therefore a 7/8 grade wrestler may compete non-interscholastically as late into the season as he / she would like and still be eligible to join their school team for the remainder of the season. Of course, each school may set a stricter timeline for joining the school team throughout the season.

3 - Cauliflower Ear Survey

I received the following message from the National Wrestling Coaches Association (NWCA) that I would like to pass along:

You are invited to participate in a short (5 minute) survey study on cauliflower ear. This research is being conducted by Harvard Medical School. We anticipate this will be the largest study on cauliflower ear ever conducted. We hope to understand the amount of time and money that are involved in treating these when they arise. In light of this, we have partnered with Beth Israel Deaconess Medical Center and Harvard Medical School to gain a better understanding of the experience of those affected as well as those unaffected by cauliflower ear. Below you will find a link to the survey. Thank you for your participation and we hope you are able to share your thoughts!

Link to Survey: <https://redcap.bidmc.harvard.edu/redcap/surveys/?s=E7HJKLFDLP>

4 - Practice Arrangements

A school with six or fewer weight classes represented on their team may practice with other school teams during the season (wrestling regulation 1.41). These practices do not count as scrimmages. These practice arrangements must be reported to me by email in advance of the practice arrangement beginning. To file a practice arrangement request, the AD simply needs to copy me on an email to the other school's AD outlining the details of the practice arrangement.

5 - Links to Resources

OHSAA Wrestling Webpage - <https://www.ohsaa.org/sports/wrestling>

Wrestling Manual - <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/2021-22/21-22HSMannual-Final.pdf>

Wrestling Regulations - <https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WrestlingRegs.pdf>

Past Updates - <https://www.ohsaa.org/Sports-Tournaments/Wrestling/Athletic-Director-Coach-Updates>



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