

**To:** OHSAA Boys Wrestling School Athletic Directors & Head Coaches  
OHSAA Girls Wrestling School Athletic Directors & Head Coaches

**From:** Tyler Brooks, Senior Manager of Officiating & Sport Administration

**Re:** November 2022 Update – Part 2

**Date:** Friday, November 18, 2022

**1 – Season Dates for Next School Year (2023-24)**

Please note that next season's start is later than the current and previous seasons with practice beginning on November 18 and the regular season beginning on December 7.

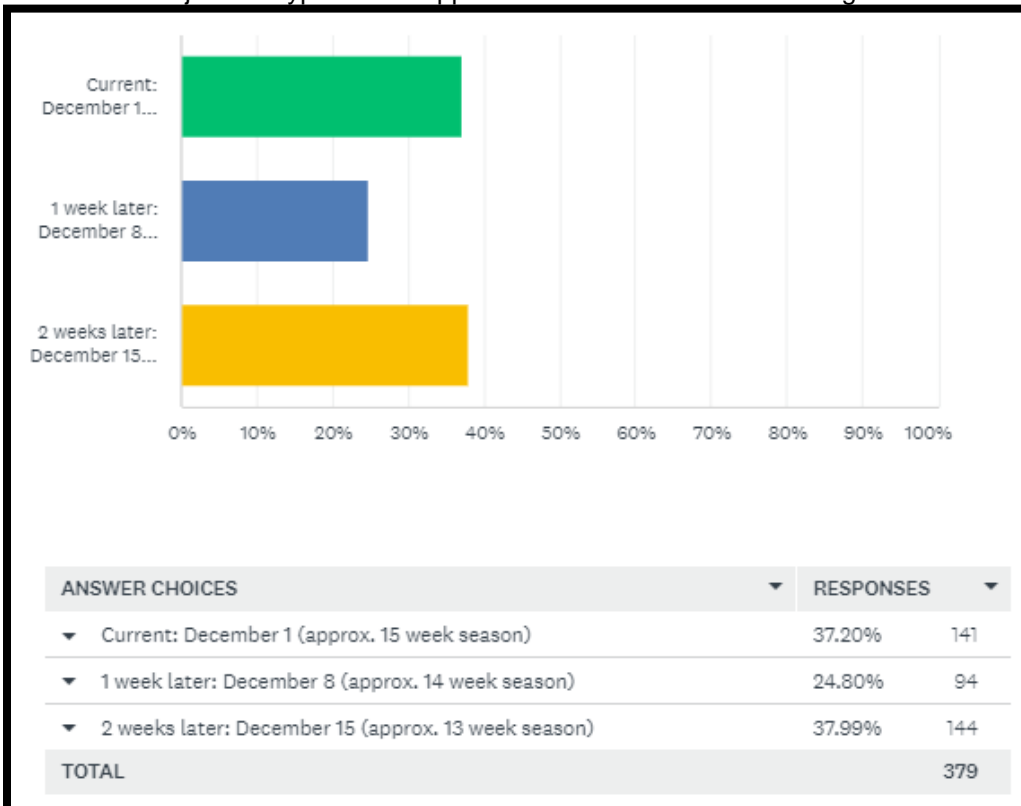
This change to the wrestling calendar reduces our total season length by one week to approximately a 14-week season (from start of regular season through state tournament). This change was made in response to the results from the March 2022 survey that I sent to all wrestling school ADs and head coaches. In the March 2022 survey, 62% of respondents supported shortening our season by at least one week, with 38% supported shortening the season by two weeks.

Future season dates can always be found at the end of the wrestling regulations or from this website:

<https://www.ohsaa.org/calendar/FutureDates#Wrestling>

Please keep this change in season start in mind as you plan for your 2023-24 season.

**NOTE:** The chart below is from the survey and the dates shown are this 22-23 season's dates that were used just for hypothetical application of the season start changes.



## 2 – Weighing-In and Accruing Points

I have received this question recently, “If a wrestler weighs-in for a dual/tri/quad, but does not actually wrestle a match, does that count towards their points?”

The short answer is, no, it does not. In order for a wrestler’s participation in an event to count towards their individual 20-point season limitation, they would need to either compete in a match, accept an opponent’s forfeit, or begin a match and accept an opponent’s medical default. These are same competition scenarios that are required of a wrestler who is wanting to certify at a weight class (wrestling regulation 1.76).

## 3 – Statewide Girls Wrestling Spreadsheet

As in past seasons, leaders from the Ohio High School Wrestling Coaches Association have created a shared document to help connect girls wrestling program with one another for scheduling purposes.

Please see instructions and link below to this document:

*Please enter your team, projected numbers, contact information and tournaments (separate tabs). Change to black when finished. Please DO NOT move or sort columns or delete teams. New tab added: 'Varsity Weight Classes Filled'.*

Link: [https://docs.google.com/spreadsheets/d/12VnEiOUwco9AUzEzGf\\_r-zdk5zUyn0LacMLX9iGXJl/edit?pli=1#gid=0](https://docs.google.com/spreadsheets/d/12VnEiOUwco9AUzEzGf_r-zdk5zUyn0LacMLX9iGXJl/edit?pli=1#gid=0)

If you have any questions about the document, please contact Dave Ressler at [dressler@lutheranwest.com](mailto:dressler@lutheranwest.com).

## Links to Resources

OHSAA Wrestling Webpage:

<https://www.ohsaa.org/sports/wrestling>

Wrestling Regulations:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WrestlingRegulations.pdf>

Past Email Updates:

<https://www.ohsaa.org/Sports-Tournaments/Wrestling/Athletic-Director-Coach-Updates>

Coaches Manual:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WrestlingManual.pdf>

Boys Wrestling Tournament Regulations:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WRindTourneyRegs.pdf>



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