

To: OHSAA Boys Wrestling School Athletic Directors & Head Coaches
OHSAA Girls Wrestling School Athletic Directors & Head Coaches

From: Tyler Brooks, Senior Manager of Officiating & Sport Administration

Re: November 2022 Update

Date: Thursday, November 3, 2022

1 – State Rules Interpretation Meeting Now Available

The mandatory online state rules interpretation meeting for coaches is now available. It went live on Wednesday (10/19) at 9 AM. All head coaches are required to complete this meeting. The penalty for failure to complete the meeting requirement is removal of the school from the individual wrestling tournament.

The meeting must be completed by Thursday, December 1. If the meeting is not completed by 12/1, a \$50 late fee will be incurred. The meeting can be viewed with a late fee until February 6. After February 6, there will be no further opportunities to complete this meeting requirement.

To access online State Rules Meetings:

1. Login to your myOHSAA account (<http://officials.myohsaa.org/Logon>)
2. Click on the “Rules Meetings” icon in the upper right
3. Click on “Find a State Meeting” from left-side menu
4. Search for your sport specific State Rules Meeting using the ‘Sports’ and ‘Meeting Type’ (select “Coach”) drop-down menus
5. Click on ‘View Meeting’

Once you’ve completed the meeting, check your myOHSAA profile immediately for verification of attendance credit. If you do not see meeting credit in your myOHSAA profile under the “Rules Meeting” icon, then “My State Meeting Attendance” screen from the left side menu, please email me immediately to rectify the situation.

NOTE: If you attended the Ohio State Wrestling Coaches Clinic on Friday, October 28 then your credit has already been uploaded. Please check your profile and verify your credit with your AD immediately.

2 – Updates on Girls Wrestling Topics

a) State Rules Meeting Credit

If you are the head coach for both boys wrestling and girls wrestling at your school, please check with your AD to ensure that “girls wrestling” is added to your profile in myOHSAA. If this is done correctly, your state meeting credit will reflect for both boys and girls wrestling in myOHSAA for your school.

If you are the head coach for girls wrestling only, you are also required to view the state rules meeting just as the boys wrestling head coach is required to do.

b) Trackwrestling / Weight Assessment / Weight Management Program

Every girl wrestler will initially have their weight assessment entered into the “2022-23 High School Boys” season on Trackwrestling. This is easier for our OHSAA assessors to enter all wrestlers through one login / location on Trackwrestling.

On Friday, November 25, all female wrestler assessments will be copied from the “boys season” in Trackwrestling into the “2022-23 High School Girls” season in Trackwrestling. This is the same process we used last year.

After 11/25, team admins (coaches, ADs) will be emailed a separate login for a separate profile for use in the “2022-23 High School Girls” season in Trackwrestling. This process is done for any school that would like to maintain a separate “girls season” in Trackwrestling in addition to your “boys season”. There is no cost to the school to use the “girls season” in addition to the “boys season” in Trackwrestling. This is purely optional. As girls numbers have grown, I have received feedback that it would be helpful to separate the girls wrestlers and events from the boys events.

c) Practice Arrangements

As permitted by wrestling regulation A-1-1.41, any school with fewer than 7 weight classes represented on their team may conduct a practice arrangement with another school team. Girls wrestlers may be counted separately from boys wrestlers.

If any school would like to conduct a practice arrangement, I just need to be copied on an email between the two school’s AD stating the details of the arrangement (location(s) and frequency of practices).

d) Tournament Sites, Regulations

The girls wrestling tournament regulations are tentatively scheduled to be approved at the December 1 Board of Directors meeting. Included in the tournament regulations will be the four regional tournament site locations that will be used for the 2023 tournament. No selections have been made at this point and they will not be shared until the tournament regulations are approved.

e) Certifying at a Boys Event

A good question came up last Friday at the Ohio State Coaches Clinic:

“Can a girl certify for a girls weight class while wrestling in a boys wrestling event?”

I had initially answered “no”, but after some follow up discussions I am happy to inform you that yes, a girl wrestler may certify for a girls weight class while weighing-in and competing in a boys event.

As with all certifications, please review wrestling regulation 1.76 to ensure your wrestler has properly certified their weight at an event.

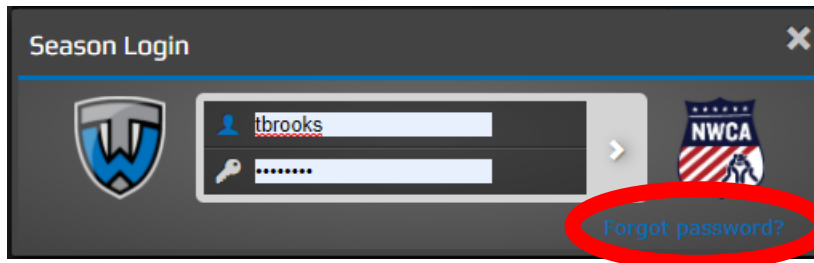
3 – Trackwrestling & Weight Management Program Update

You should have received your Trackwrestling login email on Friday (10/28) around 7 PM. If you have not received your login email, please follow these steps:

1 – Add noreply@trackwrestling.com to your email’s address book / contact list

2 – Go to this webpage click “Login” next to “2022-23 High School Boys”: [Trackwrestling Login Page](#)

3 – Click on “Forgot Password” in bottom right of the “Season Login” window:



4 – You will receive an email from noreply@trackwrestling.com with instructions on how to login to your account

5 - Your Trackwrestling profile uses the email address associated with your myOHSAA profile

If you are new to using Trackwrestling as an OHSAA coach, please review the overview video on YouTube below:

<https://www.youtube.com/watch?v=pBLD7sUcH0E&t=161s>

Reminder, wrestler weight assessments may occur beginning Saturday, November 12.

4 – Boys Wrestling Tournament Regulations Approved

The 2023 OHSAA Boys Wrestling Tournament Regulations were approved at the October 27 Board of Directors Meeting and can be found at the link below:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WRindTourneyRegs.pdf>

5 – Reminders on Practice

a) Practice Arrangements

As permitted by wrestling regulation A-1-1.41, any school with fewer than 7 weight classes represented on their team may conduct a practice arrangement with another school team. Girls wrestlers may be counted separately from boys wrestlers.

If any school would like to conduct a practice arrangement, I just need to be copied on an email between the two school's AD stating the details of the arrangement (location(s) and frequency of practices).

b) No Practicing Between 7/8 and 9-12 Grade (Boys and Girls)

As stated in OHSAA General Sports Regulation 19.3, under no circumstances are 7/8 grade wrestlers permitted to practice against 9-12 grade wrestlers. They may practice in the same facility at the same time, but the two groups cannot come into contact with each other.

7/8 grade program can also conduct practice arrangements with another school just like a high school program.

6 – Reminders on Non-Interscholastic Participation

I have been getting questions related to OHSAA wrestlers being able to participate in non-school / club / college open tournaments during the OHSAA season.

Wrestlers may compete in non-interscholastic competition during the OHSAA season provided they have not "joined their school team" yet for the season. The OHSAA defines "joining the school team" as having

participated in either a scrimmage, regular season contest, preview, etc. Participating in practice with the OHSAA school team does not meet the definition of having “joined the OHSAA school team”.

For high school wrestling, all OHSAA wrestlers must cease any non-interscholastic competition by the “non-interscholastic date” in order to be eligible for the OHSAA tournament. That date is 1/9 for boys wrestling and 1/16 for girls wrestling.

For 7/8 grade wrestling, there is not a “non-interscholastic date” for 7/8 grade wrestling because there is no OHSAA tournament for 7/8 grade wrestlers. As such, a wrestler could join their OHSAA school team at any point in the OHSAA season. Once they’ve joined their school team, they cannot go compete non-interscholastically and be eligible to return to their school team for the remainder of the season.

As always, when in doubt, please check with me before permitting a wrestler to participate in a non-interscholastic competition during the OHSAA season.

7 – Message from Partner: Dick’s Sporting Goods

In partnership with DICK’S Sporting Goods, we are pleased to announce that Friday, November 18th you will receive a special discount for all OHSAA student-athletes, coaches, and athletic departments to use at any DICK’S Sporting Goods location in the state of Ohio. Whether you need to gear up for the season or do some early holiday shopping, DICK’S Sporting Goods can be your one-stop shop! Don’t forget to check your email Friday, November 18th and share with your players, parents, etc. so they have the opportunity to shop all weekend long!

Links to Resources

OHSAA Wrestling Webpage:

<https://www.ohsaa.org/sports/wrestling>

Wrestling Regulations:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WrestlingRegulations.pdf>

Past Email Updates:

<https://www.ohsaa.org/Sports-Tournaments/Wrestling/Athletic-Director-Coach-Updates>

Coaches Manual:

<https://ohsaaweb.blob.core.windows.net/files/Sports/Wrestling/WrestlingManual.pdf>



Tyler Brooks

Senior Manager of Officiating & Sport Administration

Ohio High School Athletic Association

4080 Roselea Place

Columbus, Ohio 43214

tbrooks@ohsaa.org

P: 614-267-2502 x 112

F: 614-267-1677