

Date _____

School _____

Coach _____

Event _____



OFFICIAL MIDDLE SCHOOL WEIGH-IN FORM
This verification of weights must be exchanged prior to competition

| Weight class | Wrestler Name | Actual Weight |
|--------------|---------------|---------------|
| 80 | _____ | _____ |
| 86 | _____ | _____ |
| 92 | _____ | _____ |
| 98 | _____ | _____ |
| 104 | _____ | _____ |
| 110 | _____ | _____ |
| 116 | _____ | _____ |
| 122 | _____ | _____ |
| 128 | _____ | _____ |
| 134 | _____ | _____ |
| 142 | _____ | _____ |
| 150 | _____ | _____ |
| 160 | _____ | _____ |
| 172 | _____ | _____ |
| 205 | _____ | _____ |
| 245 | _____ | _____ |

Authorized Signature: Principal Assistant. Principal AD _____

Note: Minimum weight for the 245 wt. class is 205 lbs. All weight classes subject to growth allowance, including the 245. The minimum weight for HWT will become 207 pounds after Dec. 25th.