OHSAA WRESTLING WEIGHT MANAGEMENT · FOR THE MASTER ASSESSOR

General Assessor Class: What to Print

Class date: _____

Number of trainees: _____

Location: _____

	Form	Copies	Who uses it	Notes
1 · BEFORE THE CLASS · host site and Master				
☐	**General Assessor Training Checklist** File 04	1 for the host site, 1 for the Master	Host site and the Master	Send to the host before the class
2 · EVERY TRAINEE · in the order used in class				
☐	**General Assessor Class Roster** File 05	1 per class	Every trainee signs it at the start	The Master sends it to OHSAA (Monroe Britton)
☐	**Application for Assessors** File 06	1 per trainee	Trainee fills it out; trainee and Master sign	The Master sends it with the roster
☐	**Individual Profile Form** File 07	1 per trainee	Each trainee follows along at check-in (slide 12)	Point out the urine cup # line
☐	**Parent Permission / Urinalysis Form** File 08	1 per trainee	Each trainee follows along at check-in (slide 12)	No signed consent, no assessment
☐	**Assessor Training Worksheet** File 09	1 per trainee	Trainees record practical readings	Used during the practical (slide 33)
3 · OPTIONAL · print if you want paper copies				
☐	**PowerPoint (PPT) training slides** File 02 (or File 13, PowerPoint)	Optional	Note-taking	35 slides
☐	**Assessor Handbook** File 01	Optional	Reference for trainees	Also emailed to every assessor (slide 3)
☐	**Assessment Day Checklist (Hosts and Teams)** File 10	Optional, 1 per trainee	New assessors setting up assessment days	Includes the athlete prep list (slide 10)
☐	**Master Assessor Directory** File 11	Optional, 1 per trainee	Finding a Master for appeals and single teams	Also online (slide 3)
☐	**General Assessor Directory 2025–26** Not in this set · OHSAA website	Optional (10 pages)	Finding a General Assessor near a school	Also online (slide 3)
☐	**Approved BOD POD Sites list** OHSAA (online)	Optional	Appeals	Also online (slide 3)
☐	**Weight Management FAQs** OHSAA (online)	Optional	Common questions	Also online (slide 3)

4 · Bring for the practical (Handbook 9.1): ☐ Lange calipers ☐ Calibration block ☐ Tape measure (optional) ☐ Washable felt pen for marking sites ☐ Pens (all forms in pen)
Emailed to every assessor (slide 3): Assessor Handbook (File 01), Individual Profile Form (File 07), Parent Permission Form (File 08) and Assessor Training Worksheet (File 09).