

Frequently Used Referee Hand Signals: The color wrist band matches the wrestler's color ankle band.



STARTING MATCH



STOPPING THE MATCH



AWARDING POINTS



NEAR FALL



NEUTRAL



NO CONTROL



OUT OF BOUNDS



LOCKED HANDS
GRASPING CLOTHING



REVERSAL



START INJURY TIME



WRESTLER IN CONTROL



ILLEGAL HOLD



POTENTIALLY
DANGEROUS



STOP
BLOOD/INJURY



STALEMATE



STALLING



TECHNICAL VIOLATION



UNSPORTSMANLIKE



UNNECESSARY
ROUGHNESS



FLAGRANT
MISCONDUCT